



**St. Paul's**  
United Methodist Church  
*Journeying Together Since 1885*

FIFTH SUNDAY AFTER THE EPIPHANY & SCOUTING SUNDAY

9:00 AM & 10:30 AM

FEBRUARY 8, 2026

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**Thank you for worshipping with us today.**

*Wherever you are on your spiritual journey, we welcome you to St. Paul's, a Reconciling congregation of the United Methodist Church. All are celebrated here and all are safe. This bulletin will guide our service today. More helpful information can be found following the order of worship.*

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(\* - please stand in body or spirit)

**Gathering for Worship**

Announcements

Rev. Sheridan Allmond

Scouting Remarks (10:30 only)

Doug Bailey, Scoutmaster

Presentation of Colors (10:30 only)

Caleb Baca-Asher

Prelude

*Ubi Caritas* (10:30 AM only)

Norah Duncan, IV

*(Where there is charity and love, there is God)*

\*Call to Worship

Lay Reader

Leader: People of God, why are you here?

**People: We gather to worship with our hearts and our lives.**

Leader: People of God, who do you worship?

**People: We worship God, who loves us and teaches us to love.**

Leader: People of God, how do you worship?

**People: We worship God by breaking the bonds of injustice  
and freeing the oppressed.**

Leader: People of God, come, let us worship God, whose glory surrounds us!

**People: May our worship demonstrate God's glory in our neighborhood,  
community, and the whole earth.**

Opening Prayer for Scout Sunday

Lay Reader

**O God, your will is that all your children should grow into fullness of life.**

**We lift to you the ministry of scouting.**

**We offer you thanks for camping, to teach us that the world is our great home;  
for study and work, to build character;  
for service, to see our responsibility to those in need;  
for encouragement in genuine patriotism and vital faith.**

**Bless the work of scouting, in this place and around the world,  
that, through its efforts, our young people may increase in wisdom,  
and in stature,  
and in favor with you and all people. Amen.**

Pastoral Prayer

Rev. Sheridan Allmond

Invitation to Sunday School

*All students in grades K-5 are invited to transition to Sunday School with their teachers.*

### **Proclamation of the Word**

Isaiah 58:1-12 (NRSVUE) *Pew Bible, Old Testament page 688-689*

Lay Reader

<sup>1</sup>Shout out; do not hold back!

Lift up your voice like a trumpet!

Announce to my people their rebellion,  
to the house of Jacob their sins.

<sup>2</sup>Yet day after day they seek me  
and delight to know my ways,  
as if they were a nation that practiced righteousness  
and did not forsake the ordinance of their God;  
they ask of me righteous judgments;  
they want God on their side.

<sup>3</sup>“Why do we fast, but you do not see?

Why humble ourselves, but you do not notice?”

Look, you serve your own interest on your fast day  
and oppress all your workers.

<sup>4</sup>You fast only to quarrel and to fight  
and to strike with a wicked fist.

Such fasting as you do today  
will not make your voice heard on high.

<sup>5</sup>Is such the fast that I choose,  
a day to humble oneself?

Is it to bow down the head like a bulrush  
and to lie in sackcloth and ashes?

Will you call this a fast,  
a day acceptable to the LORD?

<sup>6</sup>Is not this the fast that I choose:  
to loose the bonds of injustice,  
to undo the straps of the yoke,  
to let the oppressed go free,  
and to break every yoke?

<sup>7</sup>Is it not to share your bread with the hungry  
and bring the homeless poor into your house;  
when you see the naked, to cover them  
and not to hide yourself from your own kin?

<sup>8</sup>Then your light shall break forth like the dawn,  
and your healing shall spring up quickly;  
your vindicator shall go before you;  
the glory of the LORD shall be your rear guard.

<sup>9</sup>Then you shall call, and the LORD will answer;  
you shall cry for help, and he will say, "Here I am."

If you remove the yoke from among you,  
the pointing of the finger, the speaking of evil,

<sup>10</sup>if you offer your food to the hungry  
and satisfy the needs of the afflicted,  
then your light shall rise in the darkness  
and your gloom be like the noonday.

<sup>11</sup>The LORD will guide you continually  
and satisfy your needs in parched places  
and make your bones strong,

and you shall be like a watered garden,  
like a spring of water  
whose waters never fail.

<sup>12</sup>Your ancient ruins shall be rebuilt;  
you shall raise up the foundations of many generations;  
you shall be called the repairer of the breach,  
the restorer of streets to live in.

Leader: This is the Word of the Lord.

**People: Thanks be to God.**

### **Response to the Word**

\*Hymn #581

*Lord, Whose Love Through Humble Service*

Sermon

Rev. Joey Heath-Mason

Invitation to Discipleship and Giving

Rev. Joey Heath-Mason

*Offerings by check may be made out to St. Paul's UMC. Scan the QR code to see one-time and recurring online giving options at [stpaulsk.org](http://stpaulsk.org). Thank you for supporting St. Paul's work engaging in meaningful worship and vibrant ministry in our community.*



Installation of SAM Officers

*Mike Barnes  
Ari Brooks  
Alison Clark  
Anne Dean  
Grace Graham  
Marge Higgins  
Rich Higgins  
Pat Maloney  
Gregg Molander  
Anne Rush  
Jonathan Smith  
Rachel Stalcup  
Bill Stephens*

Offertory (10:30 only)

*Christ, Whose Glory Fills the Skies*  
Sanctuary Choir

T. Frederick H. Candlyn

Christ, whose glory fills the skies, Christ the true, the only light,  
Sun of righteousness arise! Triumph o'er the shades of night:  
Dayspring from on high, be near. Daystar, in my heart appear.

Dark and cheerless is the morn, unaccompanied by thee;  
Joyless is the day's return, till thy mercy's beams I see;  
Till they inward light impart, glad my eyes and warm my heart.

Visit then this soul of mine! Pierce the gloom of sin and grief.  
Fill me, Radiance Divine; scatter all my unbelief.  
More and more thyself display, shining to the perfect day. Amen.

\*Doxology #94

LASST UNS ERFREUEN

\*Prayer of Dedication

Rev. Sheridan Allmond

### The Great Thanksgiving and Communion

The Invitation, Confession & Pardon

UM Hymnal p. 12

**Merciful God, we confess that we have not loved you with our whole heart.  
We have failed to be an obedient church. We have not done your will, we have  
broken your law, we have rebelled against your love, we have not loved our  
neighbors, and we have not heard the cry of the needy. Forgive us, we pray.  
Free us for joyful obedience, through Christ Jesus our Lord. Amen.**

Passing the Peace

The Great Thanksgiving

UM Hymnal p. 13-14

Leader: The Lord be with you.

People: **And also with you.**

Leader: Lift up your hearts.

People: **We lift them up to the Lord.**

Leader: Let us give thanks to the Lord our God.

People: **It is right to give our thanks and praise.**

*The pastor gives thanks, remembering God's acts of salvation and concludes:*

L: And so, with your people on earth and all the company of heaven  
we praise your name and join their unending hymn:

**P: Holy, holy, holy Lord, God of power and might. Heaven and earth are full  
of your glory. Hosanna in the highest. Blessed is the one who comes in the  
name of the Lord. Hosanna in the highest.**

*The pastor continues the thanksgiving and concludes:*

L: And so, in remembrance of these your mighty acts in Jesus Christ, we offer  
ourselves in praise and thanksgiving as a holy and living sacrifice, in union  
with Christ's offering for us, as we proclaim the mystery of faith.

**P: Christ has died; Christ is risen; Christ will come again.**

*The pastor continues and concludes:*

L: All honor and glory is yours, almighty Father, now and for ever.

**P: Amen.**

The Lord's Prayer

UM Hymnal, #895

**Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy  
will be done on earth as it is in heaven. Give us this day our daily bread. And  
forgive us our trespasses, as we forgive those who trespass against us. And  
lead us not into temptation, but deliver us from evil. For thine is the kingdom,  
and the power, and the glory, forever. Amen.**

Breaking the Bread and Giving the Bread & Cup (9:00 AM)

*All communion bread is gluten-free.*

Prayer of Thanksgiving

**Eternal God, we give you thanks for this holy mystery in which you have given  
yourself to us. Grant that we may go into the world in the strength of your Spirit,  
to give ourselves for others, in the name of Jesus Christ our Lord. Amen.**

## Sending Forth

\*Hymn #569

*We've a Story to Tell to the Nations*

\*Benediction and Dismissal

Rev. Joey Heath-Mason



*Please visit the Octagon following the 10:30 worship service for a Sipping Ministry time of coffee, snacks, and fellowship hosted by the Scouts.*



#### SANCTUARY FLOWERS

Flowers are given today by

**Jen Graff and Colby Hauser** in loving memory of **Nancy Graff**;  
by **Shannon Braddock** in celebration of his daughter **Jennifer Falcón** on her birthday;  
and by **Martha Lipscomb** in loving memory of her husband **Jack Lipscomb** on his  
birthday.

#### WORSHIP NEXT WEEK

**Sunday, February 15, 2026**

9:00 AM – Worship with Communion

10:30 AM – Worship with Sanctuary Choir



#### ANNOUNCEMENTS

**Weekly News** – Visit [stpaulsk.org/community/epistle-weekly-news](http://stpaulsk.org/community/epistle-weekly-news) or scan the QR code to find all the announcements, links, and event details shared in our Weekly News. For questions about announcements, please contact Erin Steele in the church office ([stpaulsunited@stpaulsk.org](mailto:stpaulsunited@stpaulsk.org)).



**Welcome!** – **Restrooms** including a family restroom with changing table can be found past the church office, near the water fountain. **Large-print Bibles and Hymnals** are available from our ushers. **T-coil hearing aids** work in our Sanctuary. **Sign in!** Please use the attendance pads in the pews to share your name and note your attendance with us today. Read more at [stpaulsk.org/worship](http://stpaulsk.org/worship).

**Weekday Hours** – The office is typically open for drop-in visits and phone calls Monday.-Thursday, 10:00 AM to 3:00 PM. We encourage appointments since staff hours vary! If you have a pastoral emergency when the office is closed, please call the emergency line for Rev. Sheridan Allmond (410-205-5568) and she will be notified of your call.

**Sunday School Today** – *February 8.* Children in grades K-5 will begin in worship with their families, and will transition to Sunday School following the Scouting recognition portion of the service. Children in Pre-K and younger will be in the Nursery. Grades K-2 meet in Room 200. Grades 3-5 meet in the Parlor. Parents and guardians should pick up at the classroom immediately after worship. For children in worship, Busy Bags with quiet children's activities are available at the Welcome desk.

### **Events, Activities, and Information**

- **Today: No SPY** – There will be NO St. Paul's Youth meeting today, Feb. 8. Enjoy your Super Bowl party plans! All youth in grades 6-12 are invited to join us next Sunday, 7:00-8:30 PM, for faith, friendship, and fun in the Multi-Purpose Room. Late registration is still available for youth to attend the IGNITE youth conference in Ocean City MD this March. For details, visit [stpaulsk.org/community/youth](http://stpaulsk.org/community/youth) or contact Megan Montgomery ([megan.w.montgomery@gmail.com](mailto:megan.w.montgomery@gmail.com)).
- **New! Lenten Study: UMC 101** – *Sundays starting Feb. 22, 12:00-1:00 PM in Room 109.* Pastor Joey will lead this 5-week adult study during Lent. This is the perfect class for new attenders, long-time members, and everyone interested in diving into what it means to be United Methodist. A light soup lunch will be served. Email Pastor Joey ([joeyhm@stpaulsk.org](mailto:joeyhm@stpaulsk.org)) to sign up.
- **Next Week: Taste & Sing** – *Tuesday, Feb. 17, 12:00-1:30 PM.* Come to the Octagon for this monthly hymn sing with Tom Pedersen and Erin Steele. Feel free to request your favorites! Stay for a short program about the stories behind our worship songs, then enjoy fellowship over a tasty lunch prepared by Ginny Hagberg (\$5 donation).
- **Next Week: Ash Wednesday Evening Worship** – *Wednesday, Feb. 18, 7:00 PM.* Join us as we begin the sacred season of Lent with an Ash Wednesday worship service. We will meet at Concord-St. Andrews UMC (5910 Goldsboro Road, Bethesda MD) for a joint service with our fellow Montgomery Southwest UMC Hub churches. This meaningful time of prayer, reflection, and the imposition of ashes invites us to turn our hearts toward God and renew our spirits for the journey ahead. All are welcome — come as you are, bring your neighbors and friends.
- **Next Week: Ash Wednesday Drive-by Ashes** – *Wednesday, Feb. 18.* Weather permitting, our pastors will offer the Imposition of Ashes at St. Paul's, 12:00-1:00 PM in front of the church on Armory Avenue. You may also come into the office for the imposition of ashes during regular office hours (10:00 AM to 3:00 PM).
- **This Month: Marvin Mills in Recital at the National Cathedral** – *Sunday, Feb. 22, 2:00 PM.* Washington National Cathedral (3101 Wisconsin Ave NW, Washington, DC) presents Marvin Mills in recital. This organ recital is free, open to the public, and will be live-streamed. This will be the fourth time the Cathedral has hosted him since 1989.

He has also appeared at the Cathedral as continuo artist for the Cathedral Choral Society and Howard University Choir, and as music director/pianist of the National Spiritual Ensemble. <https://cathedral.org/music/concerts-recitals/>

- **This Month: Bible & Brews** – *Sunday, Feb. 22, 5:00-6:00 PM*. Enjoy interfaith conversations with Pastor Joey, Rabbi Adam, and our neighbors from Temple Emanuel. This month we will at Knowles Station Wine & Co. (10414 Detrick Ave, Kensington, MD). All meetings are family friendly and you may purchase food/beverages as you choose!
- **This Month: Fish for the Hunger Ministry** – This month our donation focus is: *tuna or salmon*, in cans or pouches. These staple items have been hard to find lately through our bulk supply partners. Thank you for these donations, financial support, and for other non-perishables that go into the bins in the Narthex to help us feed our community! St. Paul's signature ministry serves 160 households in our ZIP code every month. We never ask our recipients about their age, employment, or family status. We simply welcome hungry neighbors and provide them with grocery resources. To find out about volunteer opportunities, please reach out to Mr. Pat Maloney at [hunger@stpaulsk.org](mailto:hunger@stpaulsk.org).
- **Ongoing Activities** – *Please contact group leaders directly to confirm meeting times!*
  - **Sanctuary Choir** – *Most Sundays*. Open to grade 7 and up and adult singers. We rehearse each week at 9:30 AM on Sundays in Room 211 and sing for the 10:30 service. Contact Tom Pedersen ([tpedersen@stpaulsk.org](mailto:tpedersen@stpaulsk.org)).
  - **Children's Choir** – *Most Sundays, 11:45-12:30*. Children in grades K-6 will meet in the MPR to prepare music to share in worship. Email Ms. Christina Griffin, director, at [childrenschoir@stpaulsk.org](mailto:childrenschoir@stpaulsk.org), for up to date schedules and info.
  - **Yarn Ministry** – *Mondays twice a month, 7:00-8:30 PM*. Bring your knitting, crochet, or other craft project and craft alongside friends in the church library. We'll meet on Jan 26 and Feb 9 & 23. Contact Karen Codner for meeting info: [KDC811@gmail.com](mailto:KDC811@gmail.com).
  - **Joyful Ringers** – *Wednesdays, 7:00 PM*. A handbell choir for adults that offers fun and fellowship! Contact Tom Pedersen: [tpedersen@stpaulsk.org](mailto:tpedersen@stpaulsk.org)
  - **Prayerwaves** – *Wednesdays, 10:00-10:30 AM*. To pray together by phone, dial 425-436-6326 then enter access code 774042 followed by the # sign. To receive the prayer list by email, please contact Erin at [stpaulsunited@stpaulsk.org](mailto:stpaulsunited@stpaulsk.org).
  - **Sermon Safari** – *Wednesdays, 4:00-5:00 PM*. In this drop-in Zoom study, we watch a video of a sermon by a notable speaker, and then discuss it. Contact Dr. Meg Baker at [megbaker@verizon.net](mailto:megbaker@verizon.net) for the Zoom link.

- **Still Wednesday** – *Wednesdays, 7:00-8:00 PM*. Still Wednesday gathers in either the Sanctuary or the Octagon for a guided time of poetry, scripture, music, and about 20 minutes of silent prayer. Text/call Marty Bartley at 301-873-6630.
- **Lydia Circle Sisters** – *Wednesdays once a month, 2:30-4:00 PM*. All ladies are welcome at Lydia Circle gatherings, usually on the first Wednesday of the month. Contact Susan Schwarz at 301-339-8242 or susan10748@aol.com.
- **Bible & Brews** – *Saturday or Sunday, once a month*. Join us at a local restaurant for family-friendly interfaith conversations with Rabbi Adam and neighbors from Temple Emanuel. Full schedule at [stpaulsk.org/community/calendar-events](http://stpaulsk.org/community/calendar-events) or contact Pastor Joey: [joeyhm@stpaulsk.org](mailto:joeyhm@stpaulsk.org).
- **Pancake Breakfast** – *First Saturday each month*. Meet friends and neighbors and enjoy pancakes, scrambled eggs, sausage, grits, fruit, beverages, and a specialty treat, served 8:00-10:30 AM in the Fellowship Hall. \$20 for a family of four.
- **Stephen Ministers** – Move through difficult seasons of life with a Stephen Minister by your side. Contact Martha Lipscomb (301-518-1642) to be connected to a trained Stephen Minister.
- **Sanctuary Flower Sponsors** – The flower chart for 2026 is available in the church office! Please add your name to the chart to reserve a date, then fill out a yellow form with dedication information. The cost is \$45.
- **Sipping Ministry** – To host this fellowship time with coffee and snacks, sign up on the office bulletin board and take a “how to host” guide.



## SOURCES AND LICENSING

Livestreaming each week at 10:30 AM at [stpaulsk.org/worship/worship-at-home](http://stpaulsk.org/worship/worship-at-home).

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Call to Worship: Written by Dr. Lisa Hancock, *Discipleship Ministries*, July 2025. Used by permission.

\* Hymn: *The Church of Christ, in Every Age*. Words: Fred Pratt Green (1969), copyright 1971 by Hope Publishing. Music: Lee Hastings Bristol (1962), copyright 1962 by Theodore Presser Co.

Opening Prayer: "Prayer for Scout Sunday" by Mark Trotter, alt. UMC Worship Resources, [www.resourceumc.org/-/media/umc-media/2020/01/31/21/15/liturg-y-resources-for-100-year-scout-sunday.ashx](http://www.resourceumc.org/-/media/umc-media/2020/01/31/21/15/liturg-y-resources-for-100-year-scout-sunday.ashx). Used by permission.

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\*\* Hymn: *Lord, Whose Love Through Humble Service*. Words: Albert F. Bayly (1961), copyright 1961, 1988 Oxford University Press. Music: Attr. to B. F. White (1944), harm. by Ronald A. Nelson (1978), copyright 1978 Lutheran Book of Worship.

\*\* Offertory: *Christ, Whose Glory Fills the Skies* by T. Frederick H. Candlyn with text by Charles Wesley. Copyright 1942 by Carl Fischer Inc. All rights reserved.

\*\* Doxology: *Praise God, from Whom All Blessings Flow (LASST UNS ERFREUEN)*. Words: Thomas Ken (1674), adapt. Gilbert H. Vieira (1978). Music: *Geistliche Kirchengesange* (1623), harm. Ralph Vaughan Williams (1906). Adapt. copyright 1989, The United Methodist Publishing House.

Hymn: *We've a Story to Tell to the Nations*. Words & Music: H. Ernest Nichol (1896). Public domain.

\*\* Postlude: *V. Epilogue (Joyfully)*, by Craig Phillips from *Suite Breve*, copyright 2009 Selah Publishing Co., Inc.. All rights reserved.





## LEADING AND SERVING

**Senior Pastor:** Rev. Sheridan Allmond, [sallmond@stpaulsk.org](mailto:sallmond@stpaulsk.org)

**Associate Pastor:** Rev. Joey Heath-Mason, [joeyhm@stpaulsk.org](mailto:joeyhm@stpaulsk.org)

**Music Director:** Mr. N. Thomas Pedersen, [tpedersen@stpaulsk.org](mailto:tpedersen@stpaulsk.org)

**Organist:** Mr. Marvin Mills, [mmills@stpaulsk.org](mailto:mmills@stpaulsk.org)

**Bookkeeping & Facilities:** Ms. Tracey Furman, [tfurman@stpaulsk.org](mailto:tfurman@stpaulsk.org)

**Communications & Administration:** Dr. Erin Bone Steele, [stpaulsunited@stpaulsk.org](mailto:stpaulsunited@stpaulsk.org)

**A/V Team:** John & Biljana Regan

**Children's Choir Director:** Christina Griffin

**Lay Leader:** Anne Dean

**Usher Coordinator:** Nathan Bazawada

**Lay Readers:** Deanna Hodgson (9:00 AM); Megan Montgomery (10:30 AM)



*We, the community of St. Paul's United Methodist Church, Kensington, welcome you in love. Jesus Christ accepts all, excluding none. So we welcome and affirm you who are gay, straight, lesbian, bisexual, transgender, or queer. We welcome you without regard to your sexual orientation, gender identity or expression, national origin, culture, race, ethnicity, ability, education, or age. We welcome you no matter your immigration, marital, or economic status. Wherever you are on your spiritual journey, we welcome and affirm you as one of God's children into our community of God's unbounded love. All are celebrated here and all are safe.*

