



# St. Paul's

United Methodist Church

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*Hush  
Hush*



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March 5, 2023

9:00 & 10:30 AM

## SECOND SUNDAY IN LENT

ORDER OF WORSHIP

MARCH 5, 2023

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**Thank you for worshipping with us today.**

*Welcome to St. Paul's, a Reconciling congregation of the United Methodist Church. Wherever you are on your spiritual journey, we invite and affirm you as one of God's children into our community of God's unbounded love. All are celebrated here and all are safe. Announcements and helpful information can be found on the pages following the order of worship.*

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### **Gathering for Worship**

*(\* - please stand in body or spirit)*

Announcements

Lay Leader

Prelude (10:30 AM only)

*Kyrie/Dialogue*

André Raison

Call to Worship (9:00 & 10:30)

Lay Reader

Leader: Come, all who need help.

**All: Our help comes from God, the one who made heaven and earth.**

Leader: Come, all who desire blessing!

**All: Our blessing comes from God, the God of Abraham, the God of the ages.**

Leader: Come, all who long for salvation!

**All: Our salvation comes from Jesus Christ,  
the one sent by God to save the world.**

\*Hymn #269 (9:00 & 10:30) Lord, Who Throughout These Forty Days

Opening Prayer (9:00 & 10:30)

Lay Reader

**God of grace and mercy, Nicodemus came to Jesus at night, seeking to know your truth. We come in the day, still seeking. Bring to light our questions, our wondering, and our hunger for you. Speak to us, that your Spirit may breathe through us today. Amen.**

Naming of Names & Intercessory Lenten Prayer (9:00 & 10:30)

*During this moment of worship, you may speak aloud the names of persons whom you wish our prayers to support. You are also invited to submit a written prayer request for yourself, others, or the world by coming forward to place it in our wooden prayer bowl. Please feel welcome to kneel at the chancel rail at any time during this time of prayer.*

Pastoral Prayer (9:00 & 10:30)

Rev. Joey Heath-Mason

Children's Message (10:30 AM only)

Dr. Meg Baker

Prayer of Confession (9:00 & 10:30)

Lay Reader

**Almighty One, we confess that we do not like to be vulnerable. We do not want to appear as weak. We do not want anyone to see our faults and failures.**

**Yet You are the one who made us, and You know every fault, every crack, and You call us beloved, made in Your image.**

**Help us to show grace and mercy to ourselves, O God. May we be tender-hearted in our care of our bodies, minds, and souls, and grant mercy and grace to one another. Deliver us from the ways of this world that cause us to compare and compete, and instead, open us to receive one another and our own selves, with humility, courage, and peace.**

**In the name of Jesus Christ, who cried with the mourners, who feared his own death, who lamented in loneliness, and yet rose again, we pray. Amen.**

\*Hymn #292 (9:00 & 10:30)

What Wondrous Love Is This

## **Proclamation of the Word**

John 3:1-17 (9:00 & 10:30)

Lay Reader

<sup>1</sup>Now there was a Pharisee named Nicodemus, a leader of the Jews. <sup>2</sup>He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God, for no one can do these signs that you do unless God is with that person."

<sup>3</sup>Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." <sup>4</sup>Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" <sup>5</sup>Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. <sup>6</sup>What is born of the flesh is flesh, and what is born of the Spirit is spirit. <sup>7</sup>Do not be astonished that I said to you, 'You must be born from above.' <sup>8</sup>The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." <sup>9</sup>Nicodemus said to him, "How can these things be?" <sup>10</sup>Jesus answered him, "Are you the teacher of Israel, and yet you do not understand these things?"

<sup>11</sup>“Very truly, I tell you, we speak of what we know and testify to what we have seen, yet you do not receive our testimony. <sup>12</sup>If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? <sup>13</sup>No one has ascended into heaven except the one who descended from heaven, the Son of Man. <sup>14</sup>And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, <sup>15</sup>that whoever believes in him may have eternal life.

<sup>16</sup>“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

<sup>17</sup>“Indeed, God did not send the Son into the world to condemn the world but in order that the world might be saved through him.”

Leader: The Word of God for the people of God.

**People: Thanks be to God.**

Sermon (9:00 & 10:30)

“Heart to Hearts: Hush-Hush”

Rev. Joey Heath-Mason

### **Response to the Word**

Invitation to Giving (9:00 & 10:30)

Rev. Joey Heath-Mason

*Offerings by check may be made out to St. Paul's UMC. Scan the QR code to see one-time and recurring online giving options at [stpaulsk.org](http://stpaulsk.org). Thank you for supporting all of St. Paul's efforts to engage in meaningful worship and vibrant ministry in our community.*



Offertory (10:30 AM only)

*Psalm 84: Cantique de Jean Racine*  
Sanctuary Choir

Gabriel Fauré, arr. Hopson

O Lord of Hosts, how lovely are thy dwellings.

My soul longs for thy courts, O Lord.

How lovely are thy dwellings, O Lord of Hosts.

My heart and flesh cry out; O Lord, for thee my heart and flesh cry out.

O blest are they whose hope is forever in thee;

Who praise thy name, who sing their songs within thy holy house.

O Lord, incline thine ear; look down, my spirit longs for thee.

A Sun and Shield is the Shield of the Lord of Hosts.

O hear my prayer. O Lord, hear my prayer.

\*Doxology #95 (9:00 & 10:30)

OLD 100<sup>TH</sup>

\*Prayer of Dedication (9:00 & 10:30)

Rev. Joey Heath-Mason

## The Great Thanksgiving and Communion (9:00 & 10:30)

*Responses at 9:00 AM worship will be spoken.*

*Responses at 10:30 AM will be sung using the United Methodist Hymnal starting on p. 17 (Musical Setting A).*

### The Invitation

### The Great Thanksgiving

Leader: The Lord be with you.

**People: And also with you.**

L: Lift up your hearts.

**P: We lift them up to the Lord.**

L: Let us give thanks to the Lord our God.

**P: It is right to give our thanks and praise.**

*The pastor gives thanks, remembering God's acts of salvation and concludes:*

L: And so, with your people on earth and all the company of heaven  
we praise your name and join their unending hymn:

**P: (Hymnal p. 17) Holy, holy, holy Lord, God of power and might.**

**Heaven and earth are full of your glory. Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

*The pastor continues the thanksgiving and concludes:*

L: And so, in remembrance of these your mighty acts in Jesus Christ, we offer  
ourselves in praise and thanksgiving as a holy and living sacrifice, in union  
with Christ's offering for us, as we proclaim the mystery of faith.

**P: (Hymnal p. 18) Christ has died; Christ is risen; Christ will come again.**

*The pastor continues and concludes:*

L: All honor and glory is yours, almighty Father, now and for ever.

**P: (Hymnal p. 18) Amen.**

### The Lord's Prayer (9:00 & 10:30)

The United Methodist Hymnal, #895

**Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy  
will be done on earth as it is in heaven. Give us this day our daily bread.**

**And forgive us our trespasses, as we forgive those who trespass against us.**

**And lead us not into temptation, but deliver us from evil. For thine is the  
kingdom, and the power, and the glory, forever. Amen.**

Breaking the Bread and Giving the Bread & Cup (9:00 & 10:30)

*All St. Paul's communion bread is gluten-free.*

Prayer after Receiving (9:00 & 10:30)

**Eternal God, we give you thanks for this holy mystery in which you have given yourself to us. Grant that we may go into the world in the strength of your Spirit, to give ourselves for others, in the name of Jesus Christ our Lord. Amen.**

### **Sending Forth**

\*Hymn #617 (9:00 & 10:30)

I Come with Joy

\*Benediction and Dismissal (9:00 & 10:30)

Rev. Joey Heath-Mason

Postlude (10:30 AM only)

*Fugue in f minor*

J. S. Bach



NEXT WEEK: MARCH 12, 2023

9:00 AM & 10:30 AM in the Sanctuary

10:30 AM livestreaming through [stpaulsk.org](https://stpaulsk.org)

WORSHIP ATTENDANCE LAST WEEK

9:00 AM – 38    10:30 AM – 102    online – 58    Total: 198

SANCTUARY FLOWERS

Flowers today are given by **Pastor Pat & Ed Allen**  
in celebration of their 37<sup>th</sup> wedding anniversary.

SYMPATHY

We share our deepest sympathies with the family of  
**Jan Heins** following her death on February 22, 2023.



### **Sources and Licensing Information**

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Opening Prayer: Steve Garnaas-Holmes, *unfoldinglight.net*. Used by permission.

Prayer of Confession: Rev. Mindi Welton-Mitchell, <http://rev-o-lution.org/worship-resources-for-march-5-2023-second-sunday-in-lent/>. Used by permission.

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Offertory: *Psalm 84: Cantique de Jean Racine*. Music by Gabriel Fauré, arr. Hal Hopson. Copyright 1978 by Carl Fischer Inc. Permission to stream this music obtained from ONE LICENSE, License #735990-A. All rights reserved.

Doxology: *Praise God, from Whom All Blessings Flow* (OLD 100TH). Words: Thomas Ken (1674). Music: Attr. to Louis Bourgeois (1551). Public domain.

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Postlude: *Fugue in f minor, BWV 534* by J. S. Bach. Public domain.



## **Postludes during Lent**

*Marvin Mills, organist*

Though J. S. Bach was revered as the leading organist of his time, he was seen as old fashioned in his compositional style. This was partly due to his use of older forms, but particularly to the emergence of a new style (the *style gallant*) which signaled the end of the Baroque and the beginnings of the Classical Period. This new style moved away from a contrapuntal (linear) method of composing, as exemplified by Bach, to a more homophonic (vertical) one. The music of Bach represents the apex of the Baroque Period; synthesizing national (Italian, French, and German) and regional (North and South Germanic) influences into a crystalline style which yields outward display while achieving intense contemplation.

Bach's prelude and fugue compositions reached a unique peak of refinement and brilliance during his time as court organist in Weimar (1708-1717). The fugal form can be traced back to the Middle Ages where canons and simple imitative parts evolved in works that were often interchangeable vocally or instrumentally. By the middle Renaissance the fugue had become a distinct form, attesting to the skill of a composer in his crafting of the counterpoint between voices.

Why focus on fugues in minor keys during Lent? The conversational nature of fugue engenders reflection and study, an apropos posture during the season. The tonality of minor keys provides ample opportunity to explore a richer harmonic palette.

Soli Deo Gloria!

March 5 – Fugue in f, BWV 534b  
March 12 – Fugue in b, BWV 544b  
March 19 – Fugue in e, BWV 548b  
March 26 – Fugue in a, BWV 543b



## NEWS & ANNOUNCEMENTS

**Announcements** – News of events and activities at St. Paul's are shared through our Weekly News message. Read the latest message at [stpaulsk.org/community/epistle-weekly-news](http://stpaulsk.org/community/epistle-weekly-news).

**Welcome Visitors!** – Thank you for joining us. **Restrooms** including a family restroom with changing table can be found past the church office and down the hall near the water fountain. **Large print Bibles and Hymnals** are available from our ushers. **T-coil hearing aids** work in our Sanctuary and ushers can provide headsets. **Attendance pads** in the pews provide a space to share your name and, if you wish, contact information so we may welcome you. **Masks** are now optional in almost all St. Paul's spaces. You can read more at [stpaulsk.org/worship](http://stpaulsk.org/worship).

**Today: Sunday School & Nursery** – *Sunday, March 5*. Children will be in worship with their families in the Sanctuary. There are no Sunday School classes today. Children's "busy bags" are available at the Welcome Desk, and care for infants and toddlers is available in the Nursery during the 10:30 worship service. Families with young children who need a break are also welcome to make use of the Octagon room opposite the Sanctuary doors. To receive emails updates about children's programming, contact Dr. Meg Baker ([mbaker@stpaulsk.org](mailto:mbaker@stpaulsk.org)).

**Today: Prom Clothes Collection** – *now-March 12*. Donate your gently used formal wear! Montgomery Co. Recreation's "Project Prom Dress" provides gently used and new prom



dresses, tuxedos, suits, and accessories to enable all county high school students to attend their prom. Bring your items to the Narthex and the Justice & Compassion Team will take them to the county drop-off for dry cleaning and display in the free special boutique.

**Today: St. Paul's Family Dinners** – *Sunday, March 5*. In order to offer more opportunities for fellowship, three St. Paul's families will be hosting dinners at their homes. Sign-up using the sheet in the Narthex. For questions, contact Gregg Molander (greggmolander@gmail.com).

**Today: Palm Sunday Children's Choir** – *Sunday, March 5*. Singers in grades K-5 are invited to prepare a Palm Sunday song. Rehearsals will be held Sundays 11:45-12:30, leading up to Palm Sunday April 2. Join us today or register at <https://tinyurl.com/329xydzs>.

**Today: Pastor Vacation** – Pastor Pat will be on vacation Feb. 27 - March 5. She will return to work on Monday March 6, 2023. Pastor Joey will lead St. Paul's in her absence.

**This Week: Zoom Lent Study** – *Wednesdays, 4:00-5:00 PM*. The Wednesday Bible Study group is currently following a six-week Lent study, "Luke: Jesus and the Outsiders, Outcasts, & Outlaws." For more info or receive the Zoom link, contact Meg Baker at mbaker@stpaulsk.org.

**This Week: Pancake Breakfast** – *Saturday, March 4*. The UMM-led community breakfast will be serving pancakes and other breakfast foods, 8:00-10:30 AM in the Fellowship Hall. Read more at [stpaulsk.org/community/pancake-breakfast](http://stpaulsk.org/community/pancake-breakfast).

**Next Week: Interfaith Hoppy Hour with Temple Emanuel** – *Saturday, March 18, 5:00-6:00 PM*. Come for engaging conversation about the Bible and related topics from different faith contexts, and to build relationships with our Temple Emanuel neighbors down the street. Location TBA. Contact Pastor Joey for more info: joeyhm@stpaulsk.org.

**Next Month: UMC 101, New & Renewing Members Class** – *Sundays, April 16-May 21, 12:00-1:00 PM*. Open to everyone regardless of membership status! Over the course of 5 sessions, we will share information and discussions to refresh or learn for the first time about the UMC and what makes this denomination distinctive. Contact Pastor Joey to find out more: joeyhm@stpaulsk.org.

**Lenten Resources** – To help us journey through the Lenten season of reflection and repentance, we have several resources available in the Narthex, including:

- *Seeking: Honest Questions for Deeper Faith* is a weekly devotional from Sanctified Art with commentary, poems, reflections, and more.
- *The Sanctuary for Lent* published by Abingdon Press contains brief readings for each day based on the revised common lectionary.
- *What is Lent?* is a coloring and activities book designed for ages 6-9.

## ONGOING

**Hunger Ministry** – This signature ministry serves over 100 households each month with pantry staples, grocery store gift cards, and take-away meals. Please donate any of the following items as you are able: canned fruit/applesauce, cold cereal, instant oatmeal, soup, rice, beans, pasta, pasta sauce in cans or plastic bottles, mac & cheese, canned fish, canned chicken, canned vegetables, ground coffee, cooking oil. Kindly note that we cannot give out “expired” food or glass jars. Financial support and volunteer hours are also appreciated! Read more at [stpaulsk.org/service/hunger-ministry](http://stpaulsk.org/service/hunger-ministry).

**SPY News** – *Sundays, 4:30-6:00 PM*. All youth in grades 6-12 are welcome to join St. Paul’s Youth for fun and fellowship. Enter the Multi-Purpose Room using the back door on Fawcett Street. Questions? Contact Mr. Micah Smartt ([msmartt@stpaulsk.org](mailto:msmartt@stpaulsk.org)).

**Still Wednesday** – *Wednesdays, 7:00-8:00 PM*. Gather in-person most Wednesdays in the Sanctuary for quiet prayer and contemplative, creative reflection. For the latest updates on meetings, contact Kenzie Raulin at 301-237-1520 or [Kenzie@krdesign.net](mailto:Kenzie@krdesign.net).

**Prayerwaves** – *Wednesdays, 10:00 AM*. All are welcome at this time of prayer by conference-call over the phone. Dial 425-436-6326, then use the access code 774042 followed by the # sign. To receive the prayer list by email contact Meg Baker ([mbaker@stpaulsk.org](mailto:mbaker@stpaulsk.org)).

**Daily Breath** – *Wednesdays, 9:00 AM*. Enjoy about 10-20 minutes of sharing, prayer, or music led by St. Paul’s clergy, staff, or volunteer leaders. Go to [facebook.com/stpaulskensington](https://facebook.com/stpaulskensington).

**Taste & Sing** – *Third Tuesday of each month, 12:00-1:00 PM*. Come to the Octagon for a casual hymn-sing, short program exploring the stories behind some of our worship songs, and lunch. No musical expertise necessary!

**Tuesday with Friends** – *Third Tuesday of each month, 11:00 AM*. This group, open to all men and women, meets for fellowship and interesting lessons. Those who would like to stay for Taste & Sing enjoy lunch afterwards. Contact Ginny Hagberg: 301-770-7624.

**Lydia Circle** – *First Wednesday of each month, 2:30 PM*. Ladies interested in joining the Lydia Circle sisters should contact Susan Schwarz at [susan10748@aol.com](mailto:susan10748@aol.com) or 301-339-8242.

**Yarn Ministry** – Knit, crochet, or craft along with friends, over Zoom during winter. Find the schedule at [stpaulsk.org/community/calendar-events](http://stpaulsk.org/community/calendar-events). Contact Karen Codner for details: [kdc811@gmail.com](mailto:kdc811@gmail.com).

**Read-Thru-the-Bible** – The pastors offer reflection questions to guide your journey through the Bible. Go to [stpaulsk.org/community/adult-education](http://stpaulsk.org/community/adult-education) and read along. Jump in at any time!

**Altar Flowers in 2023** – The flower chart for 2023 is now available on the bulletin board in the church office. Reserve a date and use the yellow form to sponsor the Sanctuary flowers.

**UMM Driver Service** – Volunteer drivers are available to take adult St. Paul’s members to medical appointments around the Montgomery County area. Find the list of drivers on the bulletin board in the church office or request a copy by emailing [stpaulsunited@stpaulsk.org](mailto:stpaulsunited@stpaulsk.org).

**Communion Bread** – In order that all people in worship are welcome to partake of communion as one body sharing one loaf, all St. Paul’s communion bread is now gluten-free.

**Stephen Ministers** – We offer a listening ear to those going through a difficult situation or life change. Contact Meg Baker ([mbaker@stpaulsk.org](mailto:mbaker@stpaulsk.org)) or Virginia Bickford (301-598-5496).

**Pastor News** – On February 5, 2023, Pastor Pat announced that she has requested and been approved to retire effective July 1, 2024. To read or view the full announcement, visit The Pastors’ Page at [stpaulsk.org/we-are-all-about/the-pastors-page](http://stpaulsk.org/we-are-all-about/the-pastors-page).



**Visitor Information**

Thank you for joining us! You are invited to tear out this section and leave this form with the offerings to let us know a little about yourself, or how we might be in touch. You may also email the office ([stpaulsunited@stpaulsk.org](mailto:stpaulsunited@stpaulsk.org)) or staff to say hello!

Name(s):

Email:

Phone:

Home Address:

How did you find us? (circle all that apply)

*Family/friend.      Passing by.      Internet search.      Other:*

Are you interested in learning more about St. Paul's? (circle all that apply)

*No, just visiting.      Maybe; I have questions.      Please tell me about joining St. Paul's.*

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# St. Paul's Staff

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## **Senior Pastor**

Rev. Dr. Patricia Allen  
pallen@stpaulsk.org

## **Associate Pastor**

Rev. Joey Heath-Mason  
joeyhm@stpaulsk.org

## **Minister of Spiritual Care and Formation**

Dr. Meg Baker  
mbaker@stpaulsk.org

## **Director of Communications and Administration**

Dr. Erin Bone Steele  
stpaulsunited@stpaulsk.org

## **Director of Music**

Mr. N. Thomas Pedersen  
tpedersen@stpaulsk.org

## **Organist**

Mr. Marvin Mills  
mmills@stpaulsk.org

## **Minister of Youth and Design**

Mr. Micah Smartt  
msmartt@stpaulsk.org

## **Facilities Manager**

Ms. Tracey Furman  
tfurman@stpaulsk.org

## **Facilities Maintenance**

Mr. Marco Palma

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# Assisting with Worship

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## **Tech Team**

John & Biljana Regan  
John Stephens & Thomas Stephens

## **Lay Readers**

Meg Baker - 9:00 AM  
Lorraine Stalcup - 10:30 AM

## **Usher Coordinator**

Nathan Bazawada

## **Lay Leader**

Marge Higgins

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Office Hours: Monday-Thursday, 10:00 AM - 3:00 PM  
Appointments Encouraged

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