

# Enough

Discovering Joy Through Simplicity and Generosity



## Week #1- "K.I.S.S."

### Devotions & Notes- September 30-October 6

#### Monday, September 30 Read 2 Corinthians 9:6-7

We've all heard the phrase, "you get out of it what you put into it." In what ways does that apply, as defined in this scripture, to our faith lives? \_\_\_\_\_

Another way to look at it is to ask where and to what we do give bountifully of our time, energy and resources and what we reap as a result. How is that questioned answered for you? \_\_\_\_\_

Do some prayerful evaluation of your own life on this point.

#### Tuesday October 1 Read Proverbs 27:23-24

You may not have herds and flocks but there are many things, people and activities for which we are responsible and with which we have been entrusted. How carefully do you manage and spend your resources? \_\_\_\_\_

Do you have a budget and how does it reflect the things that are truly important in your life? \_\_\_\_\_

#### Wednesday, October 2 Read Matthew 6:19-33

In what ways might these ancient words be speaking directly to the stresses and strains we face in modern American living? \_\_\_\_\_

\_\_\_\_\_ Look closely at v.24. A 'master' is one who dictates what we do, how and when we do it and where. Think back on the last week and answer this question: what master do you serve? (who or what gets the lion's share of your time, talent, resources and energy?) \_\_\_\_\_

Where does God fit into this? Remember, another word for 'master' is 'lord.' \_\_\_\_\_

# Week #1 "K.I.S.S."



## **Thursday, October 3 Read 1 Timothy 6:9-12**

In what ways does the pursuit of money, status and luxury distract us from the things that are really important in our lives? \_\_\_\_\_

Note that the scriptures does not say that money itself is evil but the priority we place up-on its gain and possession is. Do you have resources set aside for really important things or for emergencies or are you trapped in an endless chase after cash? \_\_\_\_\_

## **Friday, October 4 Read Proverbs 22:7**

This rather uncomfortable truth gets to the heart of what it means to be in debt. How does easy credit and the feeling that we *need* things *now* put us into helpless bondage?

What is your plan to get yourself out of debt? \_\_\_\_\_

\_\_\_\_\_ In what ways are you helping to get your church family out of debt? \_\_\_\_\_

## **Saturday, October 5 Read Luke 14:25-33**

In what ways do you 'count the cost' by practicing long range savings and investment habits? \_\_\_\_\_

If you don't, what are some of the ways you can begin? \_\_\_\_\_

If you already do, how can you help someone who does not learn to be more fiscally responsible? \_\_\_\_\_

### **Sermon Notes for September 29, 2019 "K.I.S.S."**

1. We were created to find security and fulfillment in God. Instead we more often seek those things through possessions and status.

2. With the help of God we can:  
**A. Simplify our lives**

*"What does it profit a man to gain the whole world and forfeit his soul?" -Mark 8:36*

**B. Live counter-culturally, below rather than above our means**

*"As for what fell among the thorns, these are the ones who hear [the Word of God; but as they soon their way they are choked by the cares and riches and pleasures of life, and their fruit does not mature." -Luke 8:14*

**C. Build into our budgets what we need to live generously and faithfully**

*"But strive for the Kingdom of God and His righteousness, and all these things will be given to you as well." -Matthew 6:33*

# Enough

## Small Group Discussion Guide



### Part 1: What Are We Here For?

1. Read Matthew 6:19-33 aloud to the group. If possible, share a couple of different translations, including a paraphrase like The Living Bible or The Message (go to [www.biblegateway.com](http://www.biblegateway.com) for different translations). Discuss the following questions:
2. In Sunday's sermon, the pastor made the following point:

*We were created to find security and fulfillment in God. Instead we more often seek those things through possessions and status.*

- Do you agree with this statement? Why or why not?
- Read 1 Timothy 6:9-12. How would you define "the love of money?" How is our quest for security in material things the same thing? How is it different?
- What are some examples of ways we can find security in God?

### Part 2: Keep It Simple, Stupid!

1. Read Proverbs 27:23-24 and Luke 14:28. Discuss: How might the first step in simplifying our lives be in taking stock of what we have and what our purpose is? How and why do we often miss this step? Give some examples.
2. Look at these points from Sunday's message and read the scripture that goes along with each. Then discuss the following questions with your group.

*With the help of God we can:*

#### *A. Simplify our lives*

*"What does it profit a man to gain the whole world and forfeit his soul?" -Mark 8:36*

- Share some areas where your life is needlessly complicated and discuss some of the ways we can simplify them. How does the passage from Mark 8 both illustrate our situation and sound a warning?

#### *B. Live counter-culturally, below rather than above our means*

*"As for what fell among the thorns, these are the ones who hear the Word of God; but as they soon their way they are choked by the cares and riches and pleasures of life, and their fruit does not mature." -Luke 8:14*

- How does the drive for earthly success often cripple our spiritual growth? Can you think of some examples?

#### *C. Build into our budgets what we need to live generously and faithfully*

*"But strive for the Kingdom of God and His righteousness, and all these things will be given to you as well." -Matthew 6:33*

- Read 2 Corinthians 9:6-7. Is being generous crippling or liberating to our lives? Why?

3. Preparing for next week: Encourage the group to spend the week reflecting on points A-B above and challenge one another to share some concrete ways they plan on living into these challenges.