

Intergenerational DISCIPLESHIP

A Parent Worksheet

Intergenerational discipleship happens when different generations come together to encourage and disciple each other. Our teens need older, wiser voices in their lives who can model what it means to live a life of faith.

As teenagers grow and develop, they need at least five significant adults in their lives who encourage them in their faith. Who are the 5 in your teen's life?

A row of five light blue circles, each containing a white number from 1 to 5, intended for listing significant adults in a teen's life.

If you can't identify 5 or would like to add more, **who is someone you would like to connect your child to?** How might you facilitate that connection?

Do you see **opportunities at your church** for your teenager to spend time with people from different generations? If so, what are they?

Are there any **older family members who are living a life of faith** that you could ask to pour into your teen? How might you facilitate these interactions and conversations?

Are you encouraging other teens in your church or community? If not, what are some ways that you can get involved to help another child?

What are some **specific prayers you can pray for your teenager** as you attempt to put them in situations where intergenerational discipleship can become a normal part of their life?