

SMALL GROUP QUESTIONS

Demolishing Strongholds | 2 Corinthians 10:3-5

Tune-in Your Soul

Reminders so far about prayer.

Intent. Relationship

Meditation. Memorize to put on the mind of God

Contemplation. Obedient listening leading to obedient living

1. The three categories of distractions presented this week were boredom, busyness, and pride. Note: this is not an exhaustive list of prayer distractions and barriers.
 - a. What distractions do you face when it comes to prayer? What would you add to this list?

2. Read 2 Corinthians 10:1-6.
 - a. As you consider distractions to prayer. Which distraction are physical in nature, which are emotional, which are mental?

 - b. What types of distractions to communion with God is Paul addressing?

 - c. Do the physical, emotional, and mental distractions we face all have spiritual ramifications?

 - d. If “yes,” what does that mean about the stakes of waging a battle against these distractions? (If “no,” you may have misread the question...). How does Paul address what is at stake?

3. How can you take Paul's words and the counsel of Scripture and wage a battle against your prayer strongholds this week?*

Pray

Be still and take a few moments of silence to call upon the Lord. Then present yourselves to God as a people ready to receive more of the mind of God.

News

Remember, the Spring small group season will run from April 8 until the week of May 27. Our primary option for groups will be **Immerse: Beginnings**. We will move slowly through Genesis and Exodus in that time. It will be like the Community Bible Experience, but slower. Other options will be available for established groups – remember to only choose one of the options (if you wonder why, ask Pastor Evan, he seems nice).

Week 1	February 4
Week 2	February 11
Week 3	February 18
Week 4	February 25
Week 5	March 4
Week 6	March 11
Week 7	March 18

*As you answer this question, you may consider Jesus' experience in the desert in Matthew 4:1-11.