

## SMALL GROUP QUESTIONS

Awake My Soul | 1 Corinthians 14:14-15

### Tune-in Your Soul

To contemplate is to listen clearly for God's voice.

The world will not stop for you to hear God. You need to do the proper soul work so you can hear God in spite of the noise. Read Psalm 57 and consider what soul work David needed for his trials and tribulations.

1. What is your understanding of the depth of David's life problems? Have you experienced anything similar?
2. David sprinkles in plenty of praise for God in the midst of his cry to God. How does that confirm or challenge your understanding of prayer?
3. To hear God, you need to listen. How does the language of David indicate that he is tuned in to God; that he is ready to listen?

St. John of Dalyatha (690-780 AD) says: "Hush your tongue that your heart may speak [which is meditation], and hush your heart that the Spirit may speak [which is contemplation]."

4. In meditating on Scripture, we take in God's word to let it indwell and interpret us. Contemplation is the next step, where we let God's word stir our soul that we would repent and move further in obedience.
  - a. In what way(s) do you believe you still need to quiet your heart this week so you can hear God clearly?
  - b. What challenges do you still see to moving forward in contemplation (listening) to God this week?

- c. How will you take the usual distractions of the week that block you from God and lay them down at God feet so you can draw closer in communion with God?

## *Pray*

Once again, take a few moments of silence to call upon the Lord. Then present yourselves to God as a people ready to receive more of the mind of God.

## *News*

Brent and Patty will be here next Sunday, March 11 at 9:00 am to finish our prayer focus for Lent.

Also, the Spring small group season will run from April 8 until the week of May 27. Our primary option for groups will be Immerse: Beginnings. We will move slowly through Genesis and Exodus in that time. It will be like the Community Bible Experience, but slower. Other options will be available for established groups – remember to only choose one of the options (if you wonder why, ask Pastor Evan, he seems nice).

Week 1	February 4
Week 2	February 11
Week 3	February 18
Week 4	February 25
<b>Week 5</b>	<b>March 4</b>
Week 6	March 11
Week 7	March 18