



SMALL GROUP LEADER GUIDE

The Good Life / Week 1

PRELUDE

SOCIAL

WORSHIP

STORY

GROUPS

HOME

LEADER PREP

BOTTOM LINE

If you want the good life, seek wisdom.

SCRIPTURE

Trust GOD from the bottom of your heart; don't try to figure out everything on your own (Proverbs 3:5 MSG).

Listen for GOD's voice in everything you do, everywhere you go; he's the one who will keep you on track (Proverbs 3:6 MSG).

GOAL OF SMALL GROUP

To help students begin to seek wisdom from God and apply it to the choices they make.

THINK ABOUT THIS

Remember that your middle schoolers are concrete thinkers. That means an abstract concept like living "the good life" might be hard for them to grasp. Because of that, they may tend to associate the phrase with things that are tangible to them—things like money, possessions, status, fame—rather than things of God—things like wisdom, love, kindness, and more. And honestly, that's okay! Your job as a SGL isn't to correct their thinking, but to simply help direct their thinking toward what it really means to live God's best for their lives.

CONVERSATION GUIDE

This guide is a suggestion, not a formula. Adjust the questions and activities as needed, and don't feel like you need to do, or ask, everything you see here.

JUST FOR FUN

What's one thing your "good life" has to include?

DISCUSSION QUESTIONS

1. In your opinion, what do you think it means to live "the good life"?
2. What do you think it takes to get the good life?
3. What's one thing that gets in the way of living the good life?
4. On a scale of 1 to 10, how much control do you think you have over living the good life? (1 being no control and 10 having complete control.)
5. What's one thing that makes it difficult to make good choices?
6. How would you define wisdom?
7. How might seeking wisdom help you make good choices or live the good life?
8. What's one place you can look to find wisdom?

XP (EXPERIENCE)

As a group, identify areas in which middle schoolers need to seek wisdom. Write your ideas down on a poster board with markers. After your group has listed all the areas they can think of, take your students through the process of how they can seek out wisdom by using their Bibles. Use the examples from the poster board to demonstrate how to use a subject index to look up topics in the Bible, and then write down specific verses that provide wisdom under each area they've identified. End by challenging your few to use the provided devotionals or the YouVersion App to find a Bible reading plan to help them seek wisdom in their daily lives.