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Dear Parents and Students,

I am very excited about this year of athletics at Mt. Calvary. I wanted to take this opportunity to say “thank you” from myself and the other coaching staff, for helping us have a great athletic program. God has blessed me with the opportunity to be a part of the lives of teens and pre-teens for whom I have such a tremendous burden. Our students, now more than ever, need people in their lives who will point them in the right way spiritually, academically, and even athletically. We all know how important athletics is in the lives of our young people, and that is why I am committed to having the best possible program for all of our students. We look forward to working with your students in our sports program. With your cooperation and God’s blessing, I know we can have a fantastic year!

Bradley Dixon
Athletic Director

MT. CALVARY CHRISTIAN ACADEMY ATHLETICS

Athletics can teach young people many lessons that can help them in their Christian lives. It is the goal of MCCA that its students exemplify Christ-likeness in everything they do. The purpose of this handbook is to maintain consistency and standards for our athletic program.

In light of the information that follows, we would ask parents and students to prayerfully consider the commitment involved, and we welcome all those who seek the challenges and fun that lie ahead. MCCA requires parents as well as athletes to read this handbook. Knowing the expectations of MCCA's athletic program will best equip students involved in athletics as well as help parents properly support the school.

We praise God for each participant, for the privilege we have to work with each one, and for all God is doing to teach us about ourselves, each other, and most of all, Himself this year! Thank you for your support!

Serving Christ through Athletics,

Rev. Frank Rice, Pastor

Mrs. Marlene Kennedy, Middle/High School Supervisor

Mr. Bradley Dixon, Athletic Director

A CHRISTIAN PHILOSOPHY OF ATHLETICS

“And Jesus increased in wisdom and stature, and in favor with God and man.” Luke 2:52

Christian school athletics exist for the purpose of giving to the Christian athlete a positive Christian atmosphere in which he may develop in physical competition. As this purpose is carried out, it is understood that the athlete is to allow the Holy Spirit to be in control, guiding his spiritual as well as his physical development. Ultimately, a Christian athletic program should produce an enhanced Christian character in the participant as well as in the spectator.

MCCA is committed to the spiritual development of the whole person. Every part of the student's being is included in God's plan for his life. Competing with one's peers in interscholastic competition provides an important opportunity for growth, both physically and spiritually. The desire to win is a legitimate aspect of any athletic endeavor, because winning indicates a level of self-discipline and accomplishment. It is a fruit of effort, but it is not the only reward, nor the most important one. If one has maximized his athletic potential, glorified Christ, done his best, and given all the credit to the Lord, the reward will be a more gratifying relationship with Him as well as a

ATHLETIC ELIGIBILITY

Any student desiring to be a member of any sports team or cheerleading squad must meet certain eligibility requirements. They are as follows:

1. Maintain a passing grade (NO "F" s) and no more than 2 D's any course. Grades will be reviewed every nine weeks. In the event a student fails

to meet the requirements, he/she will be placed on a three week academic probation. During this probation, the student will not be allowed to participate in any games; however, the student will still be required to attend all practices, as well as sit with the team at all games, unless approved by the coach. After a 3 week probation period, the student's grades will be reevaluated. If that student has all passing grades, he/she will be allowed to participate in all games. If the student has not met the requirement, that student must serve another three week probation period. After the second probation period, if the student still has an "F", or more than 2 D's he/she will be removed from the team. Academic probation begins the day that report cards are issued.

2. Accumulate no more than 25 demerits within a year. Once an athlete has accumulated 25 demerits, he will be suspended the next regular season game but will still be expected to support his/her team by sitting on the bench. If 40 demerits accumulate, the student will be removed from the team.

GAME/PRACTICE ATTENDANCE GUIDELINES

1. Once an athlete has joined a team, he/she is committed to that team until the last game is completed. After a student is on the team for 4 weeks and he quits, he/she cannot play the next sport unless there are extenuating circumstances. Only students in 5th-12th grade can be on a sports team.
2. Players must be at every practice or game unless excused for the one of the following reasons:
 - A. Doctor/Dental appointment
 - B. Personal sickness
 - C. Death in family
 - D. Previously scheduled church commitment.
 - E. College Visit
3. Please let the coach know if a player is going to miss practice or part of a practice, a game or part of a game, whether he/she is excused or unexcused.
4. Each player must be on time to all practices and games. All coaches will announce their discipline procedures.
5. An athlete who receives a detention that forces him/her to miss practice, must serve that detention. Coaches will discipline players who are late or miss practice for detentions.
6. For an athlete to play in a game he/she must be present at school before 11:45 am.
7. If extenuating circumstances arise that make it impossible for an athlete to be present, the administrator may waive the attendance requirement. Under no circumstances would tiredness, studying, homework, or similar excused be accepted.
8. Parents, please do not discipline your children by not allowing them to participate in a game because it hurts the entire team.

ATHLETIC DRESS GUIDELINES

Practice Attire:

Student athletes must wear appropriate shorts and shirts. Practice shorts may be purchased in the school office.

***All athletes must wear compression shorts under their uniforms! These may be purchased in the school office.**

UNIFORMS AND EQUIPMENT

1. Athletes are held responsible to return in good condition any uniforms or equipment issued to them.
2. Lost or damaged equipment will be charged to the athlete.
3. All uniforms must be returned to the coach or athletic director within one week after the end of the season.
4. Any athlete who does not return uniforms or equipment may have costs added to their school bill.

ATHLETIC PARTICIPATION/DEPOSIT FEE

During the course of the season, various expenses are incurred transporting players to and from games. As a result, each athlete will pay a non-refundable \$50 participation fee for each sport they participate in during the course of the school year.

This fee must be paid at the beginning of each sport season. There is a \$75 uniform deposit that must be paid at the beginning of a season. The deposit will be rolled over to the next sport, or it can be refunded at the end of the season.

SPORTS PHYSICALS

Before participating in any sport of the athletic program of MCCA, students must have a physical examination and permission to participate from a physician and parent/legal guardians. Only one physical is required for each year.

TRAVEL POLICY

1. Boys and girls are not permitted to sit together.
2. No headphones, ipods, etc.
3. A team member may ride home from an off campus game with his/her parents or legal guardian provided that the coach has been notified by written or verbal communications from the parents/legal guardian prior to leaving the game.
4. An athlete may ride home from an away game with a friend's parents if the athlete's parents have provided the coach with signed or verbal authorization.

The key is communication with the coach!

5. If the bus returns from an away game and is not back to school until after midnight, the students may wait until 10:00 A.M. to arrive to school the next day.

THANK YOU FOR YOUR HELP!

Please sign and return this page to the Athletic Director.

I have read the Athletic Handbook in its entirety and understand that I am responsible for what I have read.

Student Athlete's Signature

Date_____Grade_____

Parent's Signature