DATE CHAPTER ✓	DATE CHAPTER ✓	DATE CHAPTER ✓
Week 37 Apr 21-27	Week 42 May 26-Jun 1	Week 48 Jun 7-13
1 Timothy 1	John 1	
	Week 43 Jun 2-8	Revelation
Week 38 Apr 28-May 4		1
2 Timothy	7	Week 49 Jul 14-20
4 L	11 □	
Week 39 May 5-11 Titus 1		Week 50 Jul 21-27
1 John	Week 45 Jun 16-22	10 11 12
1	17	Week 51 Jul 28-Aug 3
Week 40 May 12-18		13 □
3	Week 46 Jun 23-29	
1 🗆	1 Thessalonians	Week 52 Aug 4-10
3 John 1 □ Week 41 May 19-25	2	
1 Peter	5	©2005 by The Navigators. All Rights Reserved. Adapted from the Discipleship Journal 5x5x5 Bible Reading Plan. Reprints: Permission is granted to reprint unlimited copies of the Navigators 5x5x5 New Testament Bible Reading Plan for



information must be retained

Navigators Discipleship Tool



New Testament Bible Reading Plan

Read through the New Testament in (5) days a week, (5) minutes a day.

5 MINUTES A DAY

If you're not used to reading the Bible daily, start with this easy to use tool to read a chapter of the New Testament in 5 minutes a day. This reading plan will take you through all 260 chapters of the New Testament, one chapter per day. The Gospels are read throughout the year to weave in the story of Christ all year long.

5 DAYS A WEEK

Determine a time and location to spend 5 minutes a day for 5 days a week. It is best to have a consistent time and a quiet place where you can regularly meet with the Lord.

5 WAYS TO DIG DEEPER

Pause in your reading to dig into the Bible. Below are 5 different ways to dig deeper each day. These exercises will encourage meditation. Try a single idea for a week to find what works best for you. Remember to keep a pen and paper ready to capture God's insights.

- ① Underline or highlight key words or phrases in the Bible passage. Use a pen or highlighter to mark new discoveries from the text.
- 2 Put it in your own words. Read the passage or verse slowly, then rewrite each phrase or sentence using your own words.
- 3 Ask and answer questions. Questions unlock new discoveries and meanings. Ask questions about the passage using these words: who, what, why, when, where, or how. Jot down your answers to these questions.
- ① Capture the big idea. God's Word communicates big ideas. Periodically ask: What's the big idea in this sentence, paragraph, or chapter?
- ⑤ Personalize the meaning. Respond as God speaks to you through the Scriptures. Ask: How could my life be different today as I respond to what I'm reading?



The Navigators		New Testament Reading Plan			
DATE CHAPTER ✓	DATE CHAPTER ✓	DATE CHAPTER ✓	DATE CHAPTER ✓	DATE CHAPTER ✓	DATE CHAPTER ✓
Week 1 Aug 13-19 Mark	Week 7 Sep 24-30	Week 13 Nov 5-11 4 □ 5 □ 6 □	Week 19 Dec 17-23 23	Week 25 Jan 28-Feb 3 3	Week 31 Mar 10-16 24 □ 1 Corinthians
4 □ 5 □ Week 2 Aug 20-26	19 ☐ Week 8 Oct 1-7	James 1	27 ☐ Week 20 Dec 24-30	—————————————————————————————————————	
	20	3	28	4	Week 32 Mar 17-23 5 6 7 8 9
Week 3 Aug 27- Sep 2	25	2	Week 21 Dec 31- Jan 6		Week 33 Mar 24-30
Week 4 Sep 3-9 16 □ Acts 1 □ 2 □ 3 □ 4 □	Week 10 Oct 15-21	Week 16 Nov 26-Dec 2	Week 22 Jan 7-13	Week 28 Feb 18-24 — 9	Week 34Mar 31-Apr 6 15
Week 5 Sep 10-16	7	Week 17 Dec 3-9	15	Week 29 Feb 25-Mar 2	Week 35 Apr 7-13