

THIS WEEK'S MESSAGE

QUIETNESS IS THE STARTING PLACE

Message Notes

1 Kings 19:4-15

⁴ But he himself went a day's journey into the wilderness and came and sat down under a solitary broom tree. He asked that he might die, "It is enough; now, O LORD, take away my life, for I am no better than my ancestors." ⁵ Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat." ⁶ He looked, and there at his head was a cake baked on hot stones and a jar of water. He ate and drank and lay down again. ⁷ The angel of the LORD came a second time, touched him, and said, "Get up and eat, or the journey will be too much for you." ⁸ He got up and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God. ⁹ At that place he came to a cave and spent the night there.

Then the word of the LORD came to him, saying, "What are you doing here, Elijah?" ¹⁰ He answered, "I have been very zealous for the LORD, the God of hosts, for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away."

¹¹ He said, "Go out and stand on the mountain before the LORD, for the LORD is about to pass by." Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the LORD, but the LORD was not in the wind, and after the wind an earthquake, but the LORD was not in the earthquake, ¹² and after the earthquake a fire, but the LORD was not in the fire, and after the fire a sound of sheer silence. ¹³ When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, "What are you doing here, Elijah?" ¹⁴ He answered, "I have been very zealous for the LORD, the God of hosts, for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away." ¹⁵ Then the LORD said to him, "Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram. "



WHO WE ARE

If you've been wondering if there's a place where people are more important than dogma, where people are warm and welcoming, thoughtful, and gentle, and where grace is a verb, University Heights Baptist Church might just be the place for you.

We are a church that believes worship doesn't end with a benediction, but spills out into classrooms, neighborhoods, shelters, hospital rooms, dinner tables, and streets, right here in Springfield.

UHBC is a faith community that is going to encourage deep thinking, generous grace and compassion, and encourage everyone, men and women, to lead and to serve.

There's room at the table for you.

UHBC is affiliated with both Cooperative Baptist Fellowship & American Baptist Churches.

THIS WEEK:

Sunday, 2/8 9:15am Life Groups/Sun School; 10:30am worship with Communion

Wednesday, 2/11 5:45pm Supper; 6:30pm Bible Study/Kids/Youth

Sunday, 2/15 9:15am Life Groups/Sunday School; 10:30am worship

THIS MONTH:

2/11 Youth Bowling, 6pm

2/15 Baptism
Youth Bake Sale
Kid's Valentine Party
Youth/Mentor event

2/18 Ash Wednesday Service

MENU this Wednesday

Meatball Stew, Cornbread, Salad and Dessert

University Heights Baptist Church

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Dr. Nolan Porter Senior Pastor
Joe Miller Associate Pastor
Chris Brammer Worship Pastor
Heather Twibell Youth Pastor
Alicyn Jennings Children's Pastor

ORDER OF SERVICE

February 8, 2026

Holy Water

Baptism Preston Hake

Left It In The Water

The King is in the Room

Scripture Reading Roxy Prickett

1 Kings 19:4-15

The Goodness of God

Offertory Prayer Jay Miller

Offertory
I Know a Name

Children's Message Chris Brammer

**After the children's message, children K-5th grade will be escorted to the 3rd floor Treehouse Room to participate & enjoy children's church the rest of morning worship. Parents, please pick up your children there after worship.

To God Be the Glory

Message Dr. Pam Durso
Quietness is the Starting Place

Lord's Supper

Song of Response
I Know A Name

Closing Thoughts

Doxology



University Heights Baptist Church

A Church of Thoughtful, Gentle Grace



Youth and Mentors—
Don't Miss Game Night!




Shed the winter
"blahs!"
There's fun to be
had!



Bring the
whole family
and go
bowling with
us!

THE B-I-B-L-E

Making sense of the pocket-sized library we call Scripture



Wednesdays at 6:30pm

In these sessions we will cover how we got the Bible (since the Gideons didn't deliver it to us), Old Testament, New Testament, the Bible and relationships, the Bible and science, violence and suffering in the Bible, and we will wrap it up with a session dedicated to your Big Questions!

Paperback Spanish-Language Book Collection

Bob Perry is part of a ministry to the ICE detainees at the Greene County Jail. We are collecting Spanish-language PAPERBACK books to provide to the detainees, as they are often in isolation, with minimal resources. (A few months ago, UHBC provided Spanish-language bibles and copies of "The Purpose-driven Life.") If you have paperbacks that you can donate (they MUST be paperback—hardcovers are not permitted at the jail), please drop them in the bin at the back of the fellowship hall.

TELL US YOUR FAITH STORY!

As you may know, we've started a new feature in the Corner Crier — "Road Work" — where members of our church family can share stories of their faith journeys. We're blessed by hearing what God has done in the lives of others. In the January issue, Gail Smart graciously shared a little about the journey she has been and continues on.

If you would be willing to share little about what God's doing in your life, or the journey He has brought you through, please contact **Teresa in the office**. We're not (necessarily) looking for professional writers or someone with a dramatic movie-of-the-week story—just someone who can testify to God's faithfulness in their lives.

And you don't have to start from scratch—we'll provide you with some writing prompts to help you get started!

Join us for a very meaningful service as we enter the 40 day season of Lent that leads us toward the heart of our faith—the death and resurrection of Jesus Christ.



NEXT STEPS

"When we make space for solitude and silence in our lives, we discover that God has not abandoned us—in the quietness, God meets us with rest, compassion, and love."

Commit this week to one small act of physical self-care each day:

- Drink more water and stay hydrated
- Take a short nap
- Turn the TV off and eat your dinner slowly and notice what you are eating
- Go to bed 30 minutes earlier

Practice intentional silence this week:

- Set aside 10-15 minutes once a day for silence.
- Turn off your phone, TV, radio
- Sit, breathe, and be fully present to God

Pray: "God, I am here. I am listening."

Find spaces of quietness in your day:

- Drive in silence
- Walk without earbuds
- Drink your coffee without scrolling
- Sit quietly before bed, focus on your breathing

Pray: "God, quiet my mind so I can hear you."