

# Prayer Guide

## August - Week Three

### SUNDAY: August 21st

**Scripture: James 4:7-8** So humble yourselves before God. Resist the devil, and he will flee from you. Come close to God, and God will come close to you. Wash your hands, you sinners; purify your hearts, for your loyalty is divided between God and the world.

**Suggested Prayer:** “Heavenly Father, you have promised that if I draw near to you, you will draw near to me. I need more of your presence today, and I am drawing near to you through prayer, worship and reading your Word. I open my heart to you and ask you to be near to me and change me to be more like you.” Amen.

### MONDAY: August 22nd

**Scripture: Matthew 6:33** Seek the Kingdom of God[a] above all else, and live righteously, and he will give you everything you need.

**Suggested Prayer:** ‘Your Word tells me that if I seek first your kingdom and your righteousness, you will lead me to a life of blessing, purpose, and freedom. I am yours today, God, and I give this day to you. Help me to focus on your priorities first, sharing your love and making your name known. I know that by focusing on you rather than myself, I will receive joy and peace.’ Amen.

### TUESDAY: August 23rd

**Scripture: PSALM 139:23-24** Search me, O God, and know my heart; test me and know my anxious thoughts. Point out anything in me that offends you, and lead me along the path of everlasting life.

**Suggested Prayer:** “Father God, I ask you to search my heart. If you find anything in me that is offensive, please show me and help me remove it from my life. Lead me to live a life that draws people to you. Help me live my life on earth in a way that impacts eternity.” Amen.

### WEDNESDAY: August 24th

**Scripture: Psalm 62:8** O my people, trust in him at all times. Pour out your heart to him, for God is our refuge.

**Suggested Prayer:** “Father, in your Word you invite me to pour out my heart to you. You are my refuge, and I know that anything I think, feel or do is OK to bring to you. Knowing that you are a safe place for me, I come to you and give you everything on my heart (talk to God about the specific things that are on your heart today). From what is worrying me to what is delighting me, what I hope for to what I’m afraid of, I bring it all to you because I know I can trust you. Help me and guide me in every area, in Jesus’ name.” Amen.

### THURSDAY: August 25th

**Scripture: Philippians 4:6-7** Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. 7 Then you will experience God’s peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

**Suggested Prayer:** “LORD, my heart feels anxious (tell God what is giving you anxiety). I don’t like this feeling, but I’m thankful I can come to you and receive peace. You invite me to replace my anxiety with prayer, and even though my mind and heart are racing, I’m coming to you knowing that you provide healing and calm for my soul. Thank you for giving me breath and life. I thank you that I am fearfully and wonderfully made in your image. I lay down all worries, all my physical and mental anxiety, and any attempt at trying to control it all (tell him the things you are laying down right now). I surrender it all to you. I need you. I need your peace that transcends my human understanding. Even if things are unstable around me, I pray that your peace will be evident in my heart and my life. Guard my heart and mind, God. I trust that you are faithful, and I receive your peace in my life today.” Amen.

### FRIDAY: August 26th

**Scripture: Deuteronomy 31:8** Do not be afraid or discouraged, for the LORD will personally go ahead of you. He will be with you; he will neither fail you nor abandon you.”

**Suggested Prayer:** LORD, I know you are going before me and are always with me. Amen.

### SATURDAY: August 27th

**Scripture: 2 Timothy 1:7** For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline.

Suggested Prayer: LORD, thank you for YOUR Spirit which is within me so I can live life in YOUR power, LOVE, and self-discipline. Especially in this time of decision making.