



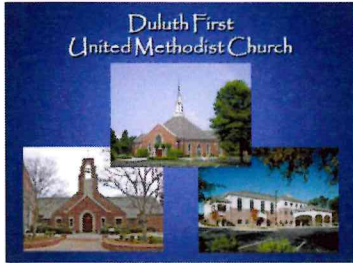
The Sunday Supplement



FEBRUARY 22, 2026

Welcome to Duluth First United Methodist Church!

We are glad that you came to worship with us today. The mission of Duluth First United Methodist Church is to make disciples of Jesus Christ. If you are looking for more information about Duluth First United Methodist Church and its ministries, Bible studies, and other programs and events, please be sure to visit our church's website at www.duluthumc.org.



To join Duluth First United Methodist Church, please come forward as we sing the song that follows the Invitation to Church Membership.

If you have any questions regarding membership or you are visiting and would like additional information, please contact Rev. Dr. AnnaKate Rawles, Associate Pastor, by e-mail at arawles@duluthumc.org, or call 770-476-3776, ext. 128.

Prayer Concerns



- Connie Barrett's husband, Jimmy • Jack Brannon • Lorraine Day
- Ivy Doss' mother, Linda Dekle • Ann Fleming • Jeff Greene
- Jeanine Gullett • Rosemary Hall • Shamain Hallett
- John Hammons • Mary Hawker's daughter, Rhonda Hollison
- Glenda King • Jessica Parrish's mother, Judy Lockerman
- Frank & Linda Loose's daughter-in-law, Robin • Jean Lowry
- Stephanie Minschwaner • Ann Odum • Ethel Sales • Bill Swisher
- Dale VanPelt • Christy Wolfe's father, Gus Dozier • Amy Worthington
- Ken Willi & family in the death of his aunt.



Want someone to talk to?

Stephen Ministers are there for you.

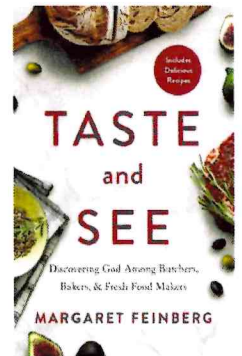
For more information or to request the support and care of a Stephen Minister, contact Rev. Dr. C. Kay Fuino by e-mail at ckfuino@duluthumc.org or call Stephen Leader Ann Fleming at 678-644-9108.



"Taste and See" Lenten Study: Begins Today!

Everyone is invited to participate in Lenten study, based on the book **Taste and See** by Margaret Feinberg, beginning today, Sunday, February 22nd. The study, led by Rev. Dr. AnnaKate Rawles, will meet on Sundays through March 29th, from 2:00 to 3:00 p.m. in room F145, located on the 1st floor of the Sheldon Family Life Center.

Taste and See will be a different type of Lenten study – it will be one about feasting and "discovering God among butchers, bakers, and fresh food makers." We will discuss where we can find God and that we are all invited to **"Taste and See"** that God is good. We will also sample some of the dishes that the author discusses! The cost of the class is \$20 is per person to cover the cost of the book and food samples. Childcare will be available by request. To register and for more information, please contact Rev. Dr. AnnaKate Rawles by e-mail at arawles@duluthumc.org, or call 770-476-3776, ext. 128



Youth Ministry Sunday Night Gatherings for February

Students in the 6th through 12th grades are invited to join us on Sunday nights for **Sunday Night Gatherings** from 5:30 to 7:30 p.m. in the Youth Center ("The Fish Tank"), located on the 1st floor of the Sheldon Family Life Center. **Sunday Night Gatherings** include great dinners, fun games, amazing worship, inspirational and relevant messages and life-changing small groups.

Our schedule for the month of February is:

- **Sunday, February 22nd:** Sunday Night Gathering at 5:30 p.m. in the Youth Center ("The Fish Tank").



Please visit the **Youth Ministry's** website at <https://dfumcstudents.org> for more information. If you have any questions, please contact Rev. Min Lee, Director of Youth Ministries, by e-mail at mlee@duluthumc.org, or call 770-476-3776, ext. 119.

Ancient Christianities - The First Five Hundred Years:

A New Study Group Begins on February 24th and 25th

Join us for a new small group class opportunity that will discuss the first five hundred years of Christianity. Beginning Tuesday, February 24th, and Wednesday, February 25th, this class will meet twice each week for 20 weeks and participants may attend either class. Classes will be held on:

- Tuesdays from 10:00 to 11:30 a.m., rooms F153/154, 1st floor of Sheldon Family Life Center;
- Wednesdays from 5:45 to 7:15 p.m., rooms F145/146, 1st floor of Sheldon Family Life Center;

The subject matter will be based on **Ancient Christianities: The First Five Hundred Years**, a series of 20 lectures by Paula Fredriksen, Professor of Scripture Emerita at Boston University and Professor Emerita of Comparative Religion at the Hebrew University of Jerusalem. Dr. Fredriksen, and author of numerous books and a widely sought-after speaker, is a worldwide recognized scholar of early Christianity. A former Catholic, Fredriksen converted to Judaism several years ago.

The class, led by Pete Fleming, will consist of 20 fifty-minute lectures by Dr. Fredriksen which will follow her latest book. Participants are not required to purchase the book, but they may wish to. Classes will be augmented with weekly summaries of the material plus optional additional readings and bibliographies. If you would like to participate in this new study or have questions, please contact Pete Fleming by e-mail at lfleming3832@att.net or Rev. Dr. AnnaKate Rawles by e-mail at arawles@duluthumc.org. Please let them know which day of the week you will most likely be attending the class so that classroom space can be planned for.

Wednesday Night Dinner in Hinton Hall: February 25th

Our **Food Ministry** staff, along with our amazing **Dinner Belles and Beaus** volunteers, prepare excellent meals at very reasonable prices. Enjoy fellowship around the table with family and friends. **The menu for Wednesday, February 25th, is chicken pot pie, green beans, corn on the cob, biscuits, and dessert. For the kids – chicken tenders and French fries.** Dinner service hours are 5 to 6:30 p.m., with to-go boxes available from 6 to 6:30 p.m.



The prices for Wednesday Night Dinners are:

- \$10.00 for adults (including seniors and from 11 years up);
- \$7.00 for children 10 years and younger;
- \$30.00 for family meals (nuclear family members only – husband, wife, and their children under 18 years);
- \$7.00 for salad bar only, which includes the salad bar, a choice of baked potato or sweet potato, dessert and a drink.

Credit/debit card payments, as well as cash and checks, are accepted.

Wednesday Night Food Drive: February 25th

The **Wednesday Night Food Drive** at Duluth First UMC for the **Hands of Christ Duluth Co-Op** is our weekly mission project, combined with the many Wednesday evening activities offered at the church. **On February 25th we ask you to bring cans of diced tomatoes.** A table for donated items will be located outside of the main entrance to Hinton Hall.



Join us for a delicious dinner and fellowship in Hinton Hall, pick up a to-go dinner for your family, join us for any of our Wednesday evening activities, and drop off food items to help other families in need. We thank you for your support.

Lenten Devotional Videos: Beginning Wednesday, February 25th

The season of Lent will soon be underway, and students in our church's **Youth Ministry** are excited to share their Lenten devotional videos with you! Every Wednesday, from February 25th through April 1st, we will post a short devotional video created by one of our students on our **Youth Ministry** YouTube channel, **dfumcstudents**, as well as on the church's website, **duluthumc.org**.

We would love for you to journey with us this Lenten season by watching and sharing these videos with others. Please also be sure to subscribe to the **Youth Ministry's** YouTube channel to receive notifications whenever new content is posted.



Volunteers Needed During Month of March at Hands of Christ Duluth Co-op

March is Duluth First UMC's month to volunteer at the **Hands of Christ Duluth Cooperative Ministry**. Duluth First UMC was one of the founding members of **Hands of Christ Duluth Co-op**, created more than 30 years ago to help with food insufficiency in the 30096 and 30097 zip codes. Volunteers stock pantry shelves, divide bulk food items into smaller packages, and fill orders. An experienced "captain" for the day guides you.

Choose to work a 2-hour shift from 10 a.m. to noon, or noon to 2 p.m. on a Monday, Wednesday, or Friday during the month March. **Hands of Christ Duluth Co-op** is located at 3649 Rogers Bridge Road in Duluth. To volunteer please scan the QR code located to the right with your smart phone or tablet. If you have any questions, please contact Rev. David Burchett by e-mail at **dburchett@duluthumc.org**.



Greeters Needed for 8:30 and 11:00 Worship Services

We need **YOU** to be a greeter at our brand-new **Welcome Center** located in the Veterans Memorial Gathering Room on Sunday mornings. People attend churches where they feel like they are warmly received and welcomed, and we want to be sure every visitor at Duluth First United Methodist Church experiences that!



Greeters are needed for the 8:30 and 11:00 worship services. Please sign up to volunteer and be at the new **Welcome Center** one service and one Sunday each month to help us welcome those who have walked through our doors. It's simple and a wonderful way to serve our church!

To sign up and/or get more information, please contact Rev. Dr. AnnaKate Rawles by e-mail at **arawles@duluthumc.org** or call 770-476-3776, ext. 128.

Road Runners Visiting Booth Western Art Museum in Cartersville: Tuesday, March 24th

The **Road Runners** invite you to join them as they re-launch on Tuesday, March 24th, and travel to Cartersville to visit the Booth Western Art Museum. The group will leave the church's front parking lot at 9:00 a.m. The cost is \$35 per person and includes entry into the museum and transportation via a 15-person van (please see notes below). The cost of lunch will be on your own.

PLEASE NOTE:

- In order to attend you must be able to get in and out of a 15-passenger van and be healthy enough to travel several hours by car.
- We must have a minimum of 12 people to sign up in order to rent a van, otherwise travel will be via caravan.



To register please scan the QR code located to the right with your smart phone or tablet, or contact Rev. Dr. AnnaKate Rawles by e-mail at **arawles@duluthumc.org**. All registrations must be received by Tuesday, March 10th.

Register Now for the Christian Beginnings Preschool & Kindergarten 2026-2027 School Year

Registration for **Christian Beginnings Preschool & Kindergarten's** 2026-2027 school year is open and spots will go fast! We are an award-winning program that nurtures students learning in a loving, Christian environment. If you are interested in registering your little one or you would like to set up a tour, please contact Pat Szathmary by e-mail at pszathmary@duluthumc.org or call 770-497-1743.

Volunteer Opportunities to Partner with Coleman Middle School

Are you looking for a meaningful way to serve our community? If so, there are a few upcoming volunteer opportunities at Coleman Middle School, and we'd love for you to join us! Volunteer opportunities include:

- **Lunch Duty for Teachers:** A team of volunteers is needed on the days when duty-free lunch is offered to teachers, between 11:20 a.m. to 2:00 p.m.
- **Walk-N-Talk Celebrations:** Volunteers assist staff with snack sales (keeping the students in line, handing the snacks to students who have paid, etc.). The next Walk-N-Talk days are Monday, March 9th, and Thursday, May 7th, from 11:15 a.m. to 12:30 p.m. and 2:45 p.m. to 4:00 p.m.
- **Teacher Appreciation Week in May:** Volunteers are needed to monitor the cafeteria so teachers can have duty-free lunch on 2 days during the week of Monday, May 4th, through Friday, May 8th.



If you're interested in serving or would like more details, please contact Rev. Min Lee, Director of Youth Ministries, by e-mail at mlee@duluthumc.org. Thank you for being the hands and feet of Christ in our community!



Duluth First United Methodist Church



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Website: www.duluthumc.org

Facebook: DuluthFirstUMC • Instagram: duluthfirstumc

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