



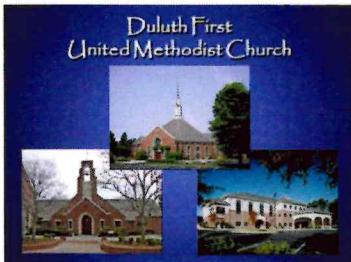
# The Sunday Supplement



FEBRUARY 1, 2026

## Welcome to Duluth First United Methodist Church!

We are glad that you came to worship with us today. The mission of Duluth First United Methodist Church is to make disciples of Jesus Christ. If you are looking for more information about Duluth First United Methodist Church and its ministries, Bible studies, and other programs and events, please be sure to visit our church's website at [www.duluthumc.org](http://www.duluthumc.org).



To join Duluth First United Methodist Church, please come forward as we sing the song that follows the Invitation to Church Membership.

If you have any questions regarding membership or you are visiting and would like additional information, please contact Rev. Dr. AnnaKate Rawles, Associate Pastor, by e-mail at [arawles@duluthumc.org](mailto:arawles@duluthumc.org), or call 770-476-3776, ext. 128.

### Prayer Concerns

- Kathy Anderson   • Tracy Balkcom   • Jack Brannon   • Larry Bunten   • Lorraine Day
- Ann Fleming   • Sue French   • Jeff Greene   • Jeanine Gullett   • Rosemary Hall
- Shamain Hallett   • John Hammons   • Dick Hartlett   • Carol Hitchcock   • Carol Johnson
- Linton Jones   • Stephanie Munschwaner   • Dottie Moor   • Cheryl Otto   • Jewell Parsons
- Charlie Pierce   • Ethel Sales   • Charlotte Schlubach   • Dale VanPelt   • Amy Worthington
- Shirley Guy & family in the death of her brother.
- Shirley Knox & family in the death of her cousin.
- Lucie Lee & family in the death of her aunts (her father's sisters).
- The family of Henry Pettus in his death.



### WE ARE A STEPHEN MINISTRY CONGREGATION.

Duluth First UMC Stephen Ministers provide confidential, one-to-one emotional care and support to those in our church and community who are hurting.



Contact Rev. Dr. C. Kay Fuino by e-mail at [ckfuino@duluthumc.org](mailto:ckfuino@duluthumc.org) or call Stephen Leader Ann Fleming at 678-644-9108 for more information.

### This Morning's Communion Offering: Homeless Offering

Any gifts left on the altar rail or communion table will go toward this morning's communion offering, the Homeless Offering through the North Georgia Conference of the United Methodist Church. The Housing and Homeless Council distributes all Homeless Offering gifts as grants to churches and ministries that provide services and housing to poor and homeless persons through our Conference. The communion offering is in addition to your regular giving to the Church.

**Learn More about Duluth First United Methodist Church at Information Station:**

**Sunday Mornings - Today and February 8<sup>th</sup>**

Are you new to Duluth First UMC as a guest or new member? Have you wondered about the United Methodist Church and our church's history? Are you looking for groups to get involved in? Join us for **Information Station** on Sunday mornings, today and February 8<sup>th</sup>, from 9:30 to 10:30 a.m. in the Conference Room, located on the 3<sup>rd</sup> floor of the Sheldon Family Life Center. We will drink coffee, talk about the church, and discuss ways you can get involved!

For additional information or to RSVP, please contact Rev. Dr. AnnaKate Rawles, Associate Pastor, by e-mail at [arawles@duluthumc.org](mailto:arawles@duluthumc.org).

OVER

## Youth Ministry Sunday Night Gatherings for February

Students in the 6<sup>th</sup> through 12<sup>th</sup> grades are invited to join us on Sunday nights for **Sunday Night Gatherings** from 5:30 to 7:30 p.m. in the Youth Center ("The Fish Tank"), located on the 1<sup>st</sup> floor of the Sheldon Family Life Center. **Sunday Night Gatherings** include great dinners, fun games, amazing worship, inspirational and relevant messages and life-changing small groups.

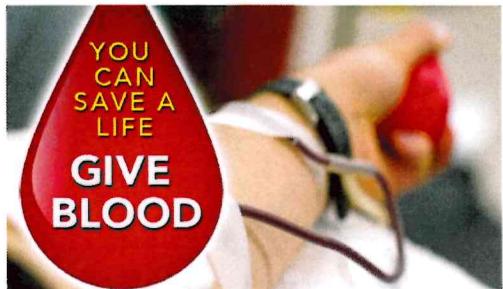
Our schedule for the month of February is:

- **Sunday, February 1<sup>st</sup>:** Sunday Night Gathering at 5:30 p.m. in the Youth Center ("The Fish Tank");
- **Sunday, February 8<sup>th</sup>:** Super Bowl Party at 5:30 p.m. in the Youth Center ("The Fish Tank");
- **Sunday, February 15<sup>th</sup>:** Sunday Night Gathering at 5:30 p.m. in the Youth Center ("The Fish Tank");
- **Sunday, February 22<sup>nd</sup>:** Sunday Night Gathering at 5:30 p.m. in the Youth Center ("The Fish Tank").



Please visit the Youth Ministry's website at <https://dfumcstudents.org> for more information. If you have any questions, please contact Rev. Min Lee, Director of Youth Ministries, by e-mail at [mlee@duluthumc.org](mailto:mlee@duluthumc.org), or call 770-476-3776, ext. 119.

## Donate Blood at Duluth First UMC on Wednesday, February 4<sup>th</sup>



Every 2 seconds, someone in the U.S. needs blood. All blood types are needed now to help save lives. Spring into action and give patients a fighting chance by donating blood.

An American Red Cross Blood Drive will be held at Duluth First UMC from 3 to 7 p.m. on Wednesday, February 4<sup>th</sup>, in the Dorothy L. Rainey Fellowship Hall. Please consider donating blood as winter weather across the country is causing a decline in donations. With more severe weather predicted, blood donors (especially type O) are needed to give to prevent a shortage. Patients need your help now! **To schedule a blood donation appointment:**

- Visit [www.redcrossblood.org](http://www.redcrossblood.org) and enter the sponsor code **dufumc**;
- Call 1-800-RED-CROSS (1-800-733-2767);
- Contact Tracy Brinker by e-mail at [tbrinker@duluthumc.org](mailto:tbrinker@duluthumc.org), or call 770-476-3776, ext. 112.
- Last, but not least, be a "walk-in" on Blood Drive Day.

## Wednesday Night Dinner in Hinton Hall: February 4<sup>th</sup>

Our Food Ministry staff, along with our amazing **Dinner Belles** and **Beaus** volunteers, prepare excellent meals at very reasonable prices. Enjoy fellowship around the table with family and friends. The menu for Wednesday, February 4<sup>th</sup>, is **Chicken Alfredo**, penne pasta, broccoli, zucchini, garlic breadsticks, and dessert. For the kids – the same. Dinner service hours are 5 to 6:30 p.m., with to-go boxes available from 6 to 6:30 p.m.



The prices for Wednesday Night Dinners are:

- \$10.00 for adults (including seniors and from 11 years up);
- \$7.00 for children 10 years and younger;
- \$30.00 for family meals (nuclear family members only – husband, wife, and their children under 18 years);
- \$7.00 for salad bar only, which includes the salad bar, a choice of baked potato or sweet potato, dessert and a drink.

Credit/debit card payments, as well as cash and checks, are accepted.

## Wednesday Night Food Drive: February 4<sup>th</sup>

The **Wednesday Night Food Drive** at Duluth First UMC for the **Hands of Christ Duluth Co-Op** is our weekly mission project, combined with the many Wednesday evening activities offered at the church. **On February 4<sup>th</sup> we ask you to bring macaroni and cheese.** A table for donated items will be located outside of the main entrance to Hinton Hall.

Join us for a delicious dinner and fellowship in Hinton Hall, pick up a to-go dinner for your family, join us for any of our Wednesday evening activities, and drop off food items to help other families in need. We thank you for your support.



## Register Now for the Christian Beginnings Preschool & Kindergarten 2026-2027 School Year

Registration for Christian Beginnings Preschool & Kindergarten's 2026-2027 school year is open and spots will go fast! We are an award-winning program that nurtures students learning in a loving, Christian environment. If you are interested in registering your little one or you would like to set up a tour, please contact Pat Szathmary by e-mail at [pszathmary@duluthumc.org](mailto:pszathmary@duluthumc.org) or call 770-497-1743.

### Celebrating Black History Month

February is **Black History Month**, a time to celebrate the unique contributions of African Americans to the American history. Whatever your heritage or background, black history is part of everyone's history.



The General Commission on Religion and Race has compiled 29 suggestions to help United Methodists celebrate **Black History Month** during this year. Some ways to celebrate may include educating yourself on black history or the various African American Methodist movements. You might also support local

African American businesses/charities or participate in local advocacy. You can also explore black literature, film and music that convey the unique voices and experiences of the culture.

Please scan the QR code located to the right with your smart phone or tablet to learn more about how you can participate in **Black History Month**.



### Human Trafficking Is a Serious Issue: Please Wear Blue Next Sunday, February 8<sup>th</sup>

Human trafficking is a serious problem worldwide. Often, we think it is not here in the United States, but trafficking is in all 50 states and right here in our own community. Human trafficking comes in many forms. It can be coerced labor such as hotel workers, farm workers or restaurant workers, as well as sexual exploitation. It can affect persons at any age. Sometimes sexual exploitation occurs with a family member or a known trusted person.



If you suspect something, the best idea is to call the hotline to get advice about what to do. Do not confront the people directly as that could put the victim at risk. The hotline phone number is 888-373-7888.

The State of Georgia has passed many laws that make sexual trafficking more difficult for the traffickers, and releasing the victim from prostitution charges, plus helping the victims to rehabilitate.

Many organizations in our community are working to put an end to human trafficking, and to help rescue victims. For example, **Street Grace** works to protect children and youth from sexual exploitation and **Wellspring Living**'s mission is transforming lives of those at risk or victimized by sexual exploitation.

Anytime there is a big event, whether it be sport related, concerts or conventions, human trafficking increases. It's time to put a **STOP** to human trafficking. **So, when you join us for our worship services next Sunday, February 8<sup>th</sup>, which is also Super Bowl Sunday, the United Women in Faith are asking you to please wear something BLUE which is the international color of Human Trafficking Awareness.**

### United Women in Faith Are Raising Funds to Help Put an End to Human Trafficking:

#### Sunday, February 8<sup>th</sup>

On Sunday, February 8<sup>th</sup>, the **United Women in Faith** will be selling chocolate candies and goodies just in time for Valentine's Day. All the proceeds will go to **Street Grace**, an organization that **fights human trafficking**. Founded in 2008, **Street Grace** been chasing one ambitious vision - **ending the sexual exploitation of children**. Thanks to the help of their generous partners and supporters, they are making serious progress.

**Street Grace** works on four areas to make changes:

- **PREVENTION** to help all of us recognize and stop exploitation before it starts;
- **PROTECTION** to make survival sustainable;
- **PURSUIT** to help law enforcement identify predators, protect victims and prevent future crimes;
- **POLICY** which makes safety the standard, shapes laws, training and systems that protect children long before a crisis begins.

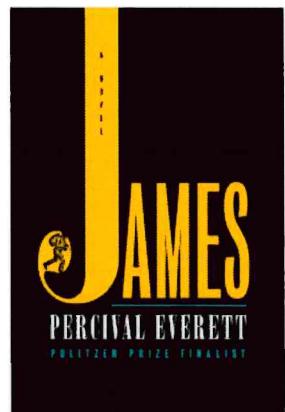
So won't you say **YES** because change begins with you! Come to the Dorothy L. Rainey Fellowship Hall on Sunday, February 8<sup>th</sup>, buy chocolates, and help put an end to human trafficking! Brooke Ruffin from **Street Grace** will be in the Fellowship Hall to answer any questions. For additional information about **Street Grace**, please visit their website at [www.streetgrace.org](http://www.streetgrace.org).

**Library Book Club to Discuss "James" by Percival Everett:**  
**Monday, February 9<sup>th</sup>**

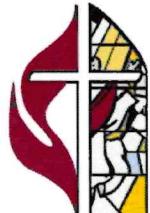
The Library Book Club will meet on Monday, February 9<sup>th</sup>, from 10 to 11:30 a.m. in room F145 (located on the 1<sup>st</sup> floor of the Sheldon Family Life Center) to discuss the book **James** by Percival Everett with a discussion led by Amy Burk. **James**, a brilliant, action-packed reimagining of **Adventures of Huckleberry Finn**, both harrowing and darkly humorous, is told from the enslaved Jim's point of view.

When Jim overhears that he is about to be sold to a man in New Orleans, separated from his wife and daughter forever, he runs away until he can formulate a plan. Meanwhile, Huck has faked his own death to escape his violent father. As all readers of American literature know, thus begins the dangerous and transcendent journey by raft down the Mississippi River toward the elusive and unreliable promise of the Free States and beyond.

Brimming with the electrifying humor and lacerating observations that have made author Percival Everett a literary icon, this brilliant and tender novel radically illuminates Jim's agency, intelligence, and compassion as never before.



## Duluth First United Methodist Church



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