

EIGHTH SUNDAY AFTER PENTECOST

JULY 19, 2026
8:30 A.M.



✠ Rise in body or in spirit.
The congregation speaks/
sings the text in **bold** type.



For information about the ministries, mission, and activities of Duluth First UMC, please visit duluthumc.org.

ENTRANCE

Prelude

Seoyoung Lee, *Pianist*

Welcome & Announcements

Verena Lucía Anders,
Minister of Music & Worship Arts



Children are welcome in worship!

Children's activity sheets & crayons are available at the main entrance to help guide them in active participation of worship.

Children newborn through Pre-K are invited to go to **Childcare Corner**, near the Gathering Room.

✠ Call to Worship

Today, we gather to join our voices with winds and seas, sunshine and rain, mountains and grassy plains to worship God, our Creator.

We gather as children of God, stewards of God's creation.

We gather to join our hearts with creatures who creep and crawl, slither and squirm, swim and soar, to worship God, our Creator.

We gather as children of God, stewards of God's creation.

We gather as witnesses of the harm that has been done to God's creation, to the groanings of the earth and all the earth's inhabitants who long for peace and flourishing.

We gather as children of God, stewards of God's creation.

Come, let us worship God who strengthens and equips us, guiding us to live out our faith as good stewards of God's good creation.

**Come, let us worship God who inspires and empowers us to be stewards of hope and redemption in a wounded and hurting world!
Amen.**



Listening devices are available during all worship services. Please see an usher or greeter for assistance.

✠ Hymn 400 | *Come, Thou Fount of Every Blessing* – NETTLETON

WORD & RESPONSE

Common English Bible

✠ Scripture | Romans 8:12-25

Harold Hickam

¹² So then, brothers and sisters, we have an obligation, but it isn't an obligation to ourselves to live our lives on the basis of selfishness.

¹³ If you live on the basis of selfishness, you are going to die. But if by the Spirit you put to death the actions of the body, you will live. ¹⁴ All who are led by God's Spirit are God's sons and daughters. ¹⁵ You didn't receive a spirit of slavery to lead you back again into fear, but you received a Spirit that shows you are adopted as his children. With this Spirit, we cry, "Abba, Father." ¹⁶ The same Spirit agrees with our spirit, that we are God's children. ¹⁷ But if we are children, we are also heirs. We are God's heirs and fellow heirs with Christ, if we really suffer with him so that we can also be glorified with him.

¹⁸ I believe that the present suffering is nothing compared to the coming glory that is going to be revealed to us. ¹⁹ The whole creation waits breathless with anticipation for the revelation of God's sons and daughters. ²⁰ Creation was subjected to frustration, not by its own choice—it was the choice of the one who subjected it—but in the hope ²¹ that the creation itself will be set free from slavery to decay and brought into the glorious freedom of God's children. ²² We know that the whole creation is groaning together and suffering labor pains up until now. ²³ And it's not only the creation. We ourselves who have the Spirit as the first crop of the harvest also groan inside as we wait to be adopted and for our bodies to be set free. ²⁴ We were saved in hope. If we see what we hope for, that isn't hope. Who hopes for what they already see? ²⁵ But if we hope for what we don't see, we wait for it with patience.

The Word of God for the people of God.
Thanks be to God.

Sermon | *Waiting and Longing*

Rev. Dr. C. Kay Fuino
Associate Pastor

Prayer of Confession & Assurance of Pardon

Hymnal pg. 12

✠ Sharing of the Peace of Christ

Ministry Moment | *Music Ministry*

Receiving God's Tithe & Our Offering

Offertory | *Hymn to the Cross* - arr. Joseph Martin

Kristin, Marin & Clare Shappert, *Vocalists*; Seoyoung Lee, *Pianist*



Your giving is the sole support of the ministries of Duluth First UMC.

For online giving, go to duluthumc.org/online-giving, or scan the QR code with your mobile device.



Prayer after Communion

Eternal God, we give you thanks for this holy mystery in which you have given yourself to us. Grant that we may go into the world in the strength of your Spirit, to give ourselves for others, in the name of Jesus Christ our Lord. Amen.

For questions regarding membership, contact
Rev. Dr. AnnaKate Rawles –
arawles@duluthumc.org
or 770.476.3776, x. 128.

Those who wish to join the church today are invited to come forward as we sing the final hymn.

Invitation to Christian Discipleship & Church Membership

SENDING

✠ Hymn 110 | *A Mighty Fortress Is Our God* – EIN' FESTE BURG
verses 1 & 2

Reception of New Members (as applicable)

Hymnal, pgs. 34, 38

We give thanks for all that God has already given you and we welcome you in Christian love. As members together with you in the body of Christ and in this congregation of The United Methodist Church, we renew our covenant faithfully to participate in the ministries of the church by our prayers, our presence, our gifts, our service, and our witness, that in everything God may be glorified through Jesus Christ.

ALSO SERVING IN WORSHIP TODAY

Audio/Visual Team:
Tabitha Lee
Ian Toole
Johnathan Ancell

Usher Captains:
David Burleson
Charlie Doerlich

Flower Team:
Jenny Masterson

✠ Benediction

✠ Postlude

• • •

CHANCEL FLOWERS

are given to the glory of God in loving memory of Marion Harley
from the family of the Minnesota Funderburk's.

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DULUTH FIRST UNITED METHODIST CHURCH

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Office Phone: 770-476-3776

Website: www.duluthumc.org

YouTube: DuluthFirstUMCWorship

Facebook: DuluthFirstUMC • Instagram: duluthfirstumc



✠ Doxology | *Praise God, from Whom all Blessings Flow* – OLD 100TH

**Praise God from whom all blessings flow;
praise him, all creatures here below;
praise him above, ye heavenly host;
praise Father, Son and Holy Ghost. Amen.**

THANKSGIVING

✠ The Great Thanksgiving

The Lord be with you. **And also with you.**
Lift up your hearts. **We lift them up to the Lord.**
Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

...

And so, with your people on earth and all the company of heaven
we praise your name and join their unending hymn:
**Holy, holy, holy, Lord, God of power and might,
heaven and earth are full of your glory. Hosanna in the highest.
Blessed is the One who comes in the name of the Lord.
Hosanna in the highest.**

...

And so, in remembrance of these your mighty acts in Jesus Christ,
we offer our ourselves in praise and thanksgiving,
as a holy and living sacrifice, in union with Christ's offering for us,
as we proclaim the mystery of faith.
Christ has died; Christ is risen; Christ will come again.

...

All honor and glory is yours, Almighty God, now and forever.
Amen.

The Lord's Prayer

**Our Father, who art in heaven, hallowed be thy name. Thy kingdom
come, thy will be done on earth as it is in heaven. Give us this day
our daily bread. And forgive us our trespasses, as we forgive those
who trespass against us. And lead us not into temptation, but deliver
us from evil. For thine is the kingdom, and the power, and the glory,
forever. Amen.**

Breaking the Bread, Receiving the Bread & Cup



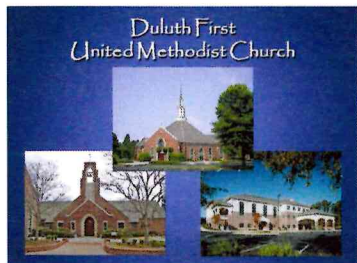
The Sunday Supplement



JULY 19, 2026

Welcome to Duluth First United Methodist Church!

We are glad that you came to worship with us today. The mission of Duluth First United Methodist Church is to make disciples of Jesus Christ. If you are looking for more information about Duluth First United Methodist Church and its ministries, Bible studies, and other programs and events, please be sure to visit our church's website at www.duluthumc.org.



To join Duluth First United Methodist Church, please come forward as we sing the song that follows the Invitation to Church Membership.

If you have any questions regarding membership or you are visiting and would like additional information, please contact Rev. Dr. AnnaKate Rawles, Associate Pastor, by e-mail at arawles@duluthumc.org, or call 770-476-3776, ext. 128.

Prayer Concerns



- Pat Brannon • Lorraine Day • Ann Fleming
- Shamain Hallett • Tim Heard • Luke Livingston
- Bette Pickin • Jan Rawls • Jeff Schulz
- Donald Southerland • Pam Tuggle
- The family of Marion Harley in his death.
- John Otwell & family in the death of his wife, Kaye.



STEPHEN MINISTRY

HELP — HOPE — HEALING

Stephen Ministers are here for you when life gets difficult.

For more information or to request the support and care of a Stephen Minister, contact Rev. Dr. C. Kay Fuino by e-mail at ckfuino@duluthumc.org.



Youth Ministry Sunday Night Gatherings

Students in the 6th through 12th grades are invited to join us on Sunday nights for **Sunday Night Gatherings** from 5:30 to 7:30 p.m. in the Youth Center ("The Fish Tank"), located on the 1st floor of the Sheldon Family Life Center. **Sunday Night Gatherings** include great dinners, fun games, amazing worship, inspirational and relevant messages and life-changing small groups.

The **Sunday Night Gathering** schedule for July is:

- Sunday, July 19th: 2026 FIFA World Cup Final Watch Party at 3:00 p.m. in the Youth Center ("The Fish Tank") - please note earlier beginning time;
- Sunday, July 26th: **Sunday Night Gathering** at 5:30 p.m. in the Youth Center ("The Fish Tank").

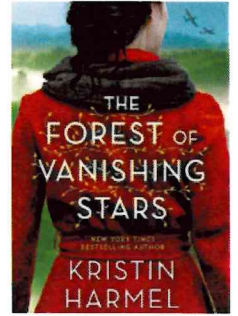


Please visit the Youth Ministry's website at <https://dfumcstudents.org> for more information. If you have any questions, please contact Rev. Min Lee, Director of Youth Ministries, by e-mail at mlee@duluthumc.org, or call 770-476-3776, ext. 119.

Library Book Club to Discuss "The Forest of Vanishing Stars": Monday, July 20th

The **Library Book Club** will meet on Monday, July 20th, at 10:00 a.m. in room F145, located on the 1st floor of the Sheldon Family Life Center, to discuss **The Forest of Vanishing Stars** by Kristin Harmel.

The **Forest of Vanishing Stars** is a World War II historical fiction novel about a young woman, Yona, who was kidnapped as a child and raised in the forests of Eastern Europe, learning to survive off the land. After her kidnapper dies, she encounters Jewish refugees fleeing the Nazis and uses her wilderness skills to help them survive, while they teach her about love and community, all while she grapples with her past and identity. The story is inspired by true accounts of Jewish partisans and survival groups during the war.



Senior Adult Coffee Hour: Wednesday, August 12th

Senior adults are invited to join us once a month this summer for a time of coffee, conversations, and fellowship. Bring a game, something you want to discuss, or just show up to enjoy time together!

We will meet on Wednesday, August 12th, at 9:30 a.m. in the cul-da-sac area outside of the offices on the 1st floor of the Sheldon Family Life Center. If you have any questions, please contact Rev. AnnaKate Rawles, Associate Pastor, by e-mail at arawles@duluthumc.org. We look forward to seeing you there!

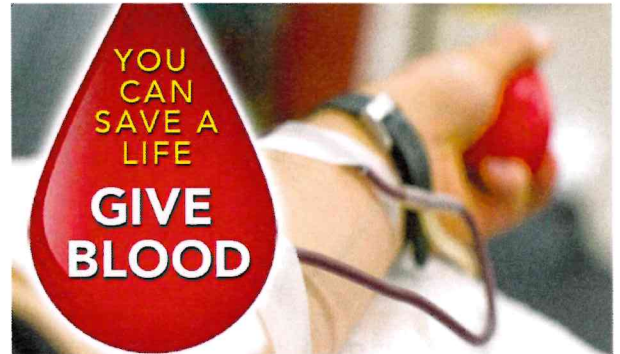


Blood Drive at Duluth First UMC on Wednesday, August 12th

The need for blood doesn't take a summer break! **Every 2 seconds, someone in the U.S. needs blood.** The American Red Cross is declaring an emergency blood shortage as the blood supply fell nearly 25% in June. The shortage is especially serious for types O positive and B negative blood and platelets. Donors are urgently needed to give now to help ensure patients receive lifesaving medical care without delay.

An American Red Cross Blood Drive will be held at Duluth First UMC on **Wednesday, August 12th**, from 3 to 7 p.m. in the Dorothy L. Rainey Fellowship Hall. **To schedule an appointment:**

- Visit www.redcrossblood.org and enter the sponsor code **dufumc**;
- Call 1-800-RED-CROSS (1-800-733-2767);
- Contact Tracy Brinker by e-mail at tbrinker@duluthumc.org, or call 770-476-3776, ext. 112.
- Last, but not least, be a "walk-in" on Blood Drive Day.

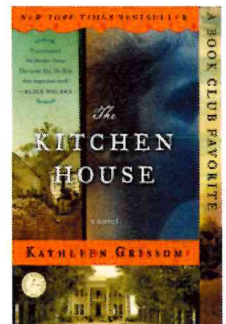


Don't wait - schedule your appointment today. Don't be afraid to save someone's life!

Library Book Club to Discuss "The Kitchen House": Monday, August 17th

The **Library Book Club** will meet on Monday, August 17th, at 10:00 a.m. in room F145, located on the 1st floor of the Sheldon Family Life Center, to discuss **The Kitchen House** by Kathleen Grissom.

The Kitchen House is a historical fiction novel set on a Virginia plantation before the Civil War, following orphaned Irish girl Lavinia who becomes an indentured servant and is raised by the plantation's enslaved people, particularly Belle, the master's illegitimate daughter. The story explores themes of race, class, family, and loyalty as Lavinia straddles the worlds of the kitchen and the big house, leading to tragic events that expose the harsh realities of slavery and the bonds between the characters.



Share Your 250th Anniversary of Independence Day Celebration at Duluth First UMC Photos

If you joined us on Sunday, June 28th, for our **250th Anniversary of Independence Day Celebration**, a time filled with delicious food, wonderful fellowship, and excellent music, and took photos of the event, we would like it if you could share a few of your favorite photos with the church. Please e-mail your favorite photos (5 max) from the event to Ken Willi, Director of Communications, by e-mail at kwilli@duluthumc.org. Thank you!

"Simply Something" Classes Resume on Tuesday, August 18th

Our **Simply Something** classes are simply moving on to new things this year. In August we will begin to study the book of Ruth. Ruth is one of only two books in the Bible named after a woman, a woman named in the lineage of Jesus Christ. This short but



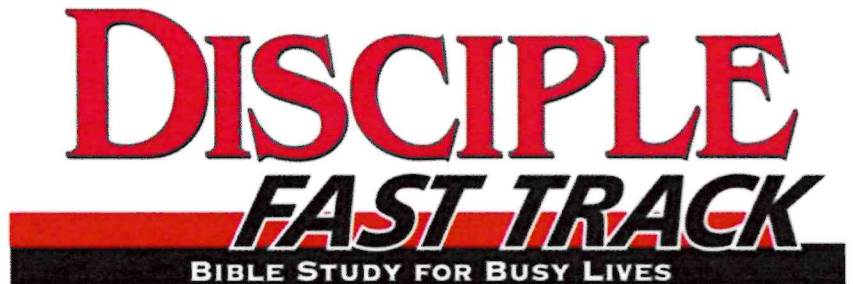
important book has some interesting themes of honor, love, and commitment. If you want to know more, then **Simply Something** is just the place to be. Join Rev. Dr. C. Kay Fuino for **Simply Something** on the 1st and 3rd Tuesday mornings at 10:00 a.m., **beginning on August 18th**, in room F147, located on the 1st floor of the Sheldon Family Life Center.

Please bring your Bible and handouts will be provided. Come with your coffee, tea or water, and your open mind to learn from each other. Childcare in **Childcare Corner** will be available. For more information, please contact Rev. Dr. C. Kay Fuino, Associate Pastor, by e-mail at ckfuino@duluthumc.org or call 770-476-3776, ext. 117.

Disciple Fast Track Bible Study Begins August 19th

Join us on Wednesday evenings, beginning August 19th, for 12 weeks of studying the Old Testament with **Disciple Fast Track**, an overview of the books of the Bible in a shortened study. Have you wanted to learn more about the substance of the Bible but could not commit to a long-term study with lots of reading during the week? Does thirty-four weeks of study seem like an eternity? Your body just cannot sit through a 2 ½ hour class no matter how good it is? Then **Disciple Fast Track** is just what you are looking for to learn about what it means to be a disciple by learning the biblical narratives of our faith.

This new format for **Disciple Bible Study** is perfect for busy people. It uses much of the content of the original **Disciple Bible Study**, a small group study that has made a difference in thousands of lives since 1987. The class time and study time have been adjusted to fit our busy lives today. We are scheduling the sessions to fit a time when your youth are also involved in their activities and childcare is available for younger children.



The cost is \$20 per person for the study book. You will also need a study Bible. The class will meet from 6 to 7 p.m. (classroom to be determined). **A minimum number of people must be registered in order for the class to occur.** Please sign up by Monday, August 10th, by e-mailing Rev. Dr. AnnaKate Rawles, Associate Pastor, at arawles@duluthumc.org.

GriefShare Support Group Meetings Begin Wednesday, August 26th

GriefShare Support Group, led by the church's **Stephen Ministers**, will walk alongside you through the loss of a loved one. **GriefShare** is a safe, welcoming place where people understand the difficult emotions of grief. Through this 13-week session,



you'll discover what to expect in the days ahead and what's "normal" in grief. Since there are no neat, orderly stages of grief, you'll learn helpful ways of coping with grief, in all its unpredictability—and gain solid support each step of the way.

Our next session of **GriefShare Support Group** classes will begin on Wednesday, August 26th, and continue through Wednesday, December 2nd, from 6:30 to 8:30 p.m. in room F153, located on the 1st floor of the Sheldon Family Life Center. Gain access to valuable resources to help you through your grief. **GriefShare** also offers **Bereavement Candlelight Services** the Monday (November 23rd) before Thanksgiving, and a **"Surviving the Holidays"** class on Wednesday, November 18th.

For more information, please visit the **GriefShare** website at griefshare.org, or contact Tracy Brinker, Bereavement Coordinator, by e-mail at tbrinker@duluthumc.org, or call 770-476-3776.

Crafts, Pieces of Art, and Baked Goods Needed for "Bundle Up for Buffalo" Annual Fundraiser:

November 14th & 15th

Crafters, potters, artists, and bakers of all kinds – your talents will be needed in November! It may seem a long time from now, but it really isn't and it is not too soon to be thinking about our annual missions fundraiser, **Bundle Up for Buffalo**, on Saturday, November 14th, and Sunday, November 15th. All proceeds from the **Bundle Up for Buffalo** fundraiser help our sister church, Seneca Street United Methodist Church in Buffalo, NY, keep the heat on their facility during the winter months which fall from October 2026 through April 2027. This helps provide a safe, warm, after-school location for neighborhood children to go to.

You have been so faithful in prayer for this "pocket of poverty" in the North for many years. Please consider what you can make, and something that others would enjoy purchasing. Thank you for your support.



Duluth First United Methodist Church



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Website: www.duluthumc.org

Facebook: DuluthFirstUMC • Instagram: duluthfirstumc

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Christian Beginnings Preschool & Kindergarten

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