



# FIFTH SUNDAY AFTER THE EPIPHANY

February 8,  
2026  
11:00 AM

✠ Rise in body or in spirit.  
The congregation speaks /  
sings the text in **bold** type.



For information about the  
ministries, mission, and  
activities of Duluth First  
United Methodist Church,  
please visit [duluthumc.org](http://duluthumc.org).



Children of all ages are  
welcome in worship.

Children's activity sheets  
& crayons are available at  
the main entrance to the  
sanctuary to help guide  
them in active participation  
of worship.

Children newborn through  
Pre-K are invited to go to  
Childcare Corner, near the  
Gathering Room.



Listening devices are available  
during all worship services.  
Please see an usher or greeter  
for assistance.

## GATHERING

Chiming the Trinity

Presentation of the Colors, Pledge of Allegiance

Scouting Color Guard

✠ Welcome, Greeting One Another

Rev. Dr. AnnaKate Rawles  
*Associate Pastor*

Attendance Registration, Announcements

Voluntary | *Breve Toccata* – Paul Fey

Seoyoung Lee, *Organist*

✠ Call to Worship

We give our praise:  
**For God so loved the world;  
Enough to become one of us,  
enough to suffer along with us,  
enough to offer new life for us.  
For God so loved the world;  
Let us worship God!**

## PRAISE & THANKSGIVING

✠ Hymn 384 | *Love Divine, All Loves Excelling* – BEECHER

✠ Affirmation of Faith | *The Apostle's Creed*

**I believe in God the Father Almighty, maker of heaven and earth; and in Jesus Christ his only Son our Lord: who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, dead, and buried; he descended into hell; the third day he rose from the dead; he ascended into heaven, and sitteth at the right hand of God the Father Almighty; from thence he shall come to judge the quick and the dead. I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

✠ Response 70 | *Glory Be to the Father* – MEINEKE

Anthem | *God Be in My Head* – John Rutter

Chamber Chorale

Ministry Moment | *Scouting Ministries*



Your giving is the sole support of the ministries of Duluth First UMC.

For online giving, go to [duluthumc.org/online-giving](http://duluthumc.org/online-giving), or scan the QR code.



## Receiving God's Tithe and Our Offering

### Prayer of Thanksgiving

Offertory | *John 3:16* – B.E. Boykin

Chamber Chorale

✠ Doxology 94 | *Praise God, from Whom All Blessings Flow* – LASST UNS ERFREUEN

Praise God, from whom all bless - ings flow; praise  
God, all crea-tures here be - low: Al - le - lu - ia! Al - le -  
lu - ia! Praise God, the source of all our gifts! Praise  
Je-sus Christ, whose power up-lifts! Praise the Spi - rit, Ho-ly  
Spi - rit! Al - le - lu - ia! Al - le -  
lu - ia! Al - le - lu - ia!

## WORD & RESPONSE

Hymn | *Where Children Belong* – RITCHIE

This, this is where chil-dren be-long, wel-come as part of the  
wor-ship-ping throng. Wa - ter, God's Word, bread and  
cup, prayer, and song: This is where chil-dren be - long.

And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, <sup>15</sup> that whoever believes in him may have eternal life.

<sup>16</sup> "For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

<sup>17</sup> "Indeed, God did not send the Son into the world to condemn the world but in order that the world might be saved through him. <sup>18</sup> Those who believe in him are not condemned, but those who do not believe are condemned already because they have not believed in the name of the only Son of God. <sup>19</sup> And this is the judgment, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. <sup>20</sup> For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. <sup>21</sup> But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God."

The Word of God for the people of God.  
**Thanks be to God.**

Sermon | *Stop Hitting Your Shins on the Coffee Table*

Hymn 364 | *Because He Lives* – RESURRECTION

Prayers of the People

The Lord's Prayer

**Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.**

Invitation to Christian Discipleship & Church Membership

For questions regarding  
membership, contact  
Rev. Dr. AnnaKate Rawles –  
arawles@duluthumc.org  
or 770.476.3776, x. 128.

Those who wish to join  
the church today are  
invited to come forward  
as we sing the final hymn.

## ALSO SERVING IN WORSHIP TODAY

*Acolyte & Cross Bearer:*

Gus Wolfe  
James Dykes

*Audio/Visual Team:*

James Lee  
Frank Loose  
Lee Castleberry

*Usher Captains:*

David Burleson  
Charlie Doerlich

## SENDING

✠ Hymn 77 | *How Great Thou Art* – HOW GREAT THOU ART

Reception of New Members (as applicable)

Hymnal, pgs. 34, 38

**We give thanks for all that God has already given you and we welcome you in Christian love. As members together with you in the body of Christ and in this congregation of The United Methodist Church, we renew our covenant faithfully to participate in the ministries of the church by our prayers, our presence, our gifts, our service, and our witness, that in everything God may be glorified through Jesus Christ.**

✠ Benediction

✠ Postlude

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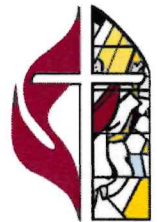
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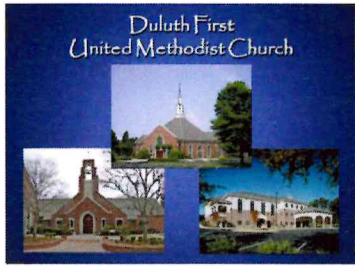
# The Sunday Supplement



FEBRUARY 8, 2026

## Welcome to Duluth First United Methodist Church!

We are glad that you came to worship with us today. The mission of Duluth First United Methodist Church is to make disciples of Jesus Christ. If you are looking for more information about Duluth First United Methodist Church and its ministries, Bible studies, and other programs and events, please be sure to visit our church's website at [www.duluthumc.org](http://www.duluthumc.org).



To join Duluth First United Methodist Church, please come forward as we sing the song that follows the Invitation to Church Membership.

If you have any questions regarding membership or you are visiting and would like additional information, please contact Rev. Dr. AnnaKate Rawles, Associate Pastor, by e-mail at [arawles@duluthumc.org](mailto:arawles@duluthumc.org), or call 770-476-3776, ext. 128.

## Prayer Concerns

- Kathy Anderson • Jack Brannon • Lorraine Day • Ann Fleming • Sue French • Jeff Greene
  - Jeanine Gullett • Rosemary Hall • Shamain Hallett • John Hammons • Carol Hitchcock • Linton Jones
  - ShirleyGrace Madajewski • Stephanie Minschwaner • Dottie Moor • Ann Odum • Charlie Pierce
  - Ethel Sales • Charlotte Schlubach • Abbie Stein's nephew, Alphie • Dale VanPelt • Amy Worthington
- Paulette Hartlett & family in the death of her husband, Dick.
    - Cheryl Otto & family in the death of her husband.
  - Randy Yokeley & family in the death of his brother-in-law.

## STEPHEN MINISTRY

### HELP — HOPE — HEALING

Stephen Ministers are here for you when life gets difficult.

For more information or to request the support and care of a Stephen Minister, contact Rev. Dr. C. Kay Fuino by e-mail at [ckfuino@duluthumc.org](mailto:ckfuino@duluthumc.org) or call Stephen Leader Ann Fleming at 678-644-9108.



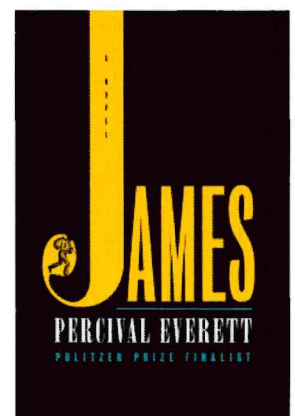
## Library Book Club to Discuss "James" by Percival Everett:

Monday, February 9<sup>th</sup>

The Library Book Club will meet on Monday, February 9<sup>th</sup>, from 10 to 11:30 a.m. in room F145 (located on the 1<sup>st</sup> floor of the Sheldon Family Life Center) to discuss the book **James** by Percival Everett with a discussion led by Amy Burk. **James**, a brilliant, action-packed reimagining of **Adventures of Huckleberry Finn**, both harrowing and darkly humorous, is told from the enslaved Jim's point of view.

When Jim overhears that he is about to be sold to a man in New Orleans, separated from his wife and daughter forever, he runs away until he can formulate a plan. Meanwhile, Huck has faked his own death to escape his violent father. As all readers of American literature know, thus begins the dangerous and transcendent journey by raft down the Mississippi River toward the elusive and unreliable promise of the Free States and beyond.

Brimming with the electrifying humor and lacerating observations that have made author Percival Everett a literary icon, this brilliant and tender novel radically illuminates Jim's agency, intelligence, and compassion as never before.





## **Youth Ministry Sunday Night Gatherings for February**

Students in the 6<sup>th</sup> through 12<sup>th</sup> grades are invited to join us on Sunday nights for **Sunday Night Gatherings** from 5:30 to 7:30 p.m. in the Youth Center ("The Fish Tank"), located on the 1<sup>st</sup> floor of the Sheldon Family Life Center. **Sunday Night Gatherings** include great dinners, fun games, amazing worship, inspirational and relevant messages and life-changing small groups.

Our schedule for the month of February is:

- **Sunday, February 8<sup>th</sup>:** Super Bowl Party at 5:30 p.m. in the Youth Center ("The Fish Tank");
- **Sunday, February 15<sup>th</sup>:** Sunday Night Gathering at 5:30 p.m. in the Youth Center ("The Fish Tank");
- **Sunday, February 22<sup>nd</sup>:** Sunday Night Gathering at 5:30 p.m. in the Youth Center ("The Fish Tank").

Please visit the **Youth Ministry's** website at <https://dfumcstudents.org> for more information. If you have any questions, please contact Rev. Min Lee, Director of Youth Ministries, by e-mail at [mlee@duluthumc.org](mailto:mlee@duluthumc.org), or call 770-476-3776, ext. 119.



## **Wednesday Night Dinner in Hinton Hall: February 11<sup>th</sup>**

Our **Food Ministry** staff, along with our amazing **Dinner Belles and Beaus** volunteers, prepare excellent meals at very reasonable prices. Enjoy fellowship around the table with family and friends. **The menu for Wednesday, February 11<sup>th</sup>, is pulled pork BBQ on a bun, sweet potato fries, baked beans, slaw, and dessert. For the kids – hot dogs and sweet potatoes fries.** Dinner service hours are 5 to 6:30 p.m., with to-go boxes available from 6 to 6:30 p.m.



The prices for Wednesday Night Dinners are:

- \$10.00 for adults (including seniors and from 11 years up);
- \$7.00 for children 10 years and younger;
- \$30.00 for family meals (nuclear family members only – husband, wife, and their children under 18 years);
- \$7.00 for salad bar only, which includes the salad bar, a choice of baked potato or sweet potato, dessert and a drink.

Credit/debit card payments, as well as cash and checks, are accepted.

## **Wednesday Night Food Drive: February 11<sup>th</sup>**

The **Wednesday Night Food Drive** at Duluth First UMC for the **Hands of Christ Duluth Co-Op** is our weekly mission project, combined with the many Wednesday evening activities offered at the church. **On February 11<sup>th</sup> we ask you to bring cereal.** A table for donated items will be located outside of the main entrance to Hinton Hall.

Join us for a delicious dinner and fellowship in Hinton Hall, pick up a to-go dinner for your family, join us for any of our Wednesday evening activities, and drop off food items to help other families in need. We thank you for your support.



## **Pancake Supper: Tuesday, February 17<sup>th</sup>**

Make plans to join with your family and friends and attend a **FREE** pancake supper on Tuesday, February 17<sup>th</sup>, from 5 to 6:30 p.m. in the Dorothy L. Rainey Fellowship Hall. There will also be sausage, bacon, coffee, juice, milk, and water.

Supper is **FREE**, but donations are appreciated! Proceeds will benefit Duluth First UMC's **Music & Worship Arts Ministry**.



## **Ash Wednesday Service: February 18<sup>th</sup>**

Ash Wednesday will be observed on Wednesday, February 18<sup>th</sup>, with a short service beginning at 6 p.m. in Hinton Hall, located in the Sheldon Family Life Center. During the service ashes will be placed on foreheads as we confront our own mortality and confess our sin before God within our community of faith.

**PLEASE NOTE: The service will take place during our regular Wednesday evening supper format, so plan to arrive early and receive your food before the service begins.** Dinner is served beginning at 5 p.m. Food service will be stopped while the Ash Wednesday service is taking place. It will resume at the conclusion of the service.



### **Greeters Needed for 8:30 and 11:00 Worship Services**

We need **YOU** to be a greeter at our brand-new **Welcome Center** located in the Veterans Memorial Gathering Room on Sunday mornings. People attend churches where they feel like they are warmly received and welcomed, and we want to be sure every visitor at Duluth First United Methodist Church experiences that!



Greeters are needed for the 8:30 and 11:00 worship services. Please sign up to volunteer and be at the new **Welcome Center** one service and one Sunday each month to help us welcome those who have walked through our doors. It's simple and a wonderful way to serve our church!

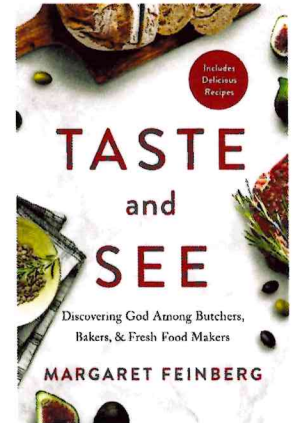
To sign up and/or get more information, please contact Rev. Dr. AnnaKate Rawles by e-mail at [arawles@duluthumc.org](mailto:arawles@duluthumc.org) or call 770-476-3776, ext. 128.

### **"Taste and See" Lenten Study: Begins Sunday, February 22<sup>nd</sup>**

Everyone is invited to participate in Lenten study, based on the book **Taste and See** by Margaret Feinberg, beginning Sunday, February 22<sup>nd</sup>. The study, led by Rev. Dr. AnnaKate Rawles, will meet on Sundays, February 22<sup>nd</sup> through March 29<sup>th</sup>, from 2:00 to 3:00 p.m. in room F145, located on the 1<sup>st</sup> floor of the Sheldon Family Life Center.

**Taste and See** will be a different type of Lenten study – it will be one about feasting and “discovering God among butchers, bakers, and fresh food makers.” We will discuss where we can find God and that we are all invited to “**Taste and See**” that God is good. We will also sample some of the dishes that the author discusses!

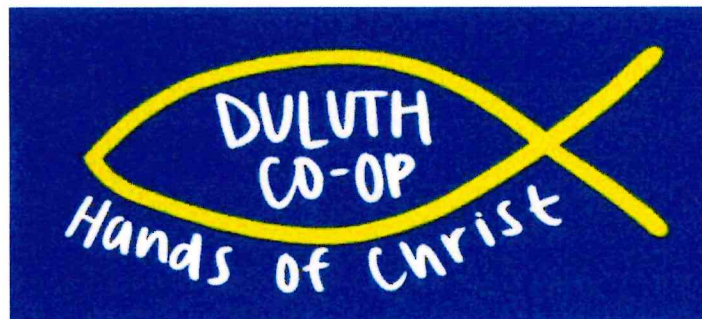
The cost of the class is \$20 is per person to cover the cost of the book and food samples. Childcare will be available by request. To register and for more information, please contact Rev. Dr. AnnaKate Rawles by e-mail at [arawles@duluthumc.org](mailto:arawles@duluthumc.org), or call 770-476-3776, ext. 128



### **Volunteers Needed During Month of March at Hands of Christ Duluth Co-op**

March is Duluth First UMC's month to volunteer at the **Hands of Christ Duluth Cooperative Ministry**. Duluth First UMC was one of the founding members of **Hands of Christ Duluth Co-op**, created more than 30 years ago to help with food insufficiency in the 30096 and 30097 zip codes. Volunteers stock pantry shelves, divide bulk food items into smaller packages, and fill orders. An experienced “captain” for the day guides you.

Choose to work a 2-hour shift from 10 a.m. to noon, or noon to 2 p.m. on a Monday, Wednesday, or Friday during the month March. **Hands of Christ Duluth Co-op** is located at 3649 Rogers Bridge Road in Duluth. To volunteer please scan the QR code located to the right with your smart phone or tablet. If you have any questions, please contact Rev. David Burchett by e-mail at [dburchett@duluthumc.org](mailto:dburchett@duluthumc.org).



### **Register Now for the Christian Beginnings Preschool & Kindergarten 2026-2027 School Year**

Registration for **Christian Beginnings Preschool & Kindergarten's** 2026-2027 school year is open and spots will go fast! We are an award-winning program that nurtures students learning in a loving, Christian environment. If you are interested in registering your little one or you would like to set up a tour, please contact Pat Szathmary by e-mail at [pszathmary@duluthumc.org](mailto:pszathmary@duluthumc.org) or call 770-497-1743.



**Ancient Christianities - The First Five Hundred Years:**  
**A New Study Group Begins on February 24<sup>th</sup> and 25<sup>th</sup>**

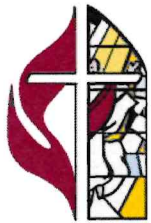
Join us for a new small group class opportunity that will discuss the first five hundred years of Christianity. Beginning Tuesday, February 24<sup>th</sup>, and Wednesday, February 25<sup>th</sup>, this class will meet twice each week for 20 weeks and participants may attend either class. Classes will be held on:

- Tuesdays from 10:00 to 11:30 a.m., rooms F153/154, 1<sup>st</sup> floor of Sheldon Family Life Center;
- Wednesdays from 5:45 to 7:15 p.m., rooms F145/146, 1<sup>st</sup> floor of Sheldon Family Life Center;.

The subject matter will be based on **Ancient Christianities: The First Five Hundred Years**, a series of 20 lectures by Paula Fredriksen, Professor of Scripture Emerita at Boston University and Professor Emerita of Comparative Religion at the Hebrew University of Jerusalem. Dr. Fredriksen, and author of numerous books and a widely sought-after speaker, is a worldwide recognized scholar of early Christianity. A former Catholic, Fredriksen converted to Judaism several years ago.

The class, led by Pete Fleming, will consist of 20 fifty-minute lectures by Dr. Fredriksen which will follow her latest book. Participants are not required to purchase the book, but they may wish to. Classes will be augmented with weekly summaries of the material plus optional additional readings and bibliographies.

If you would like to participate in this new study or have questions, please contact Pete Fleming by e-mail at [lfleming3832@att.net](mailto:lfleming3832@att.net) or Rev. Dr. AnnaKate Rawles by e-mail at [arawles@duluthumc.org](mailto:arawles@duluthumc.org). Please let them know which day of the week you will most likely be attending the class so that classroom space can be planned for.



# Duluth First United Methodist Church



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Office Phone: 770-476-3776 • Fax: 770-623-8511

Website: [www.duluthumc.org](http://www.duluthumc.org)

Facebook: DuluthFirstUMC • Instagram: duluthfirstumc

## **Church Staff Directory**

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**Seoyoung Lee, Organist**

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**Louise McDaniel Memorial Church Library**  
[library@duluthumc.org](mailto:library@duluthumc.org)

**Christian Beginnings Preschool & Kindergarten**  
Office Phone: 770-497-1743



# Human Trafficking Awareness Day: Sunday, February 8<sup>th</sup>

## **Human Trafficking Is a Serious Issue**

Human trafficking is a serious problem worldwide. Often, we think it is not here in the United States, but trafficking is in all 50 states and right here in our own community. Human trafficking comes in many forms. It can be coerced labor such as hotel workers, farm workers or restaurant workers, as well as sexual exploitation. It can affect persons at any age. Sometimes sexual exploitation occurs with a family member or a known trusted person.

If you suspect something, the best idea is to call the hotline to get advice about what to do. Do not confront the people directly as that could put the victim at risk. The hotline phone number is 888-373-7888.

The State of Georgia has passed many laws that make sexual trafficking more difficult for the traffickers, and releasing the victim from prostitution charges, plus helping the victims to rehabilitate.

Many organizations in our community are working to put an end to human trafficking, and to help rescue victims. For example, **Street Grace** works to protect children and youth from sexual exploitation and **Wellspring Living's** mission is transforming lives of those at risk or victimized by sexual exploitation.

Anytime there is a big event, whether it be sport related, concerts or conventions, human trafficking increases. It's time to put a **STOP** to human trafficking. **Today, which is also Super Bowl Sunday, the United Women in Faith have asked people to please wear BLUE** which is the international color of Human Trafficking Awareness.



## **United Women in Faith Are Raising Funds to Help Put an End to Human Trafficking: Today, February 8<sup>th</sup>**

Today the **United Women in Faith** will be selling chocolate candies and goodies just in time for Valentine's Day. All the proceeds will go to **Street Grace**, an organization that **fight**s human trafficking. Founded in 2008, **Street Grace** been chasing one ambitious vision - **ending the sexual exploitation of children**. Thanks to the help of their generous partners and supporters, they are making serious progress.

**Street Grace** works on four areas to make changes:

- **PREVENTION** to help all of us recognize and stop exploitation before it starts;
- **PROTECTION** to make survival sustainable;
- **PURSUIT** to help law enforcement identify predators, protect victims and prevent future crimes;
- **POLICY** which makes safety the standard, shapes laws, training and systems that protect children long before a crisis begins.



So won't you say **YES** because change begins with you! Come to the Dorothy L. Rainey Fellowship Hall today, buy chocolates, and help put an end to human trafficking! Brooke Ruffin from **Street Grace** will be in the Fellowship Hall to answer any questions. For additional information about **Street Grace**, please visit their website at [www.streetgrace.org](http://www.streetgrace.org).

# Human Trafficking Awareness Day: Sunday, February 8<sup>th</sup>

## Human Trafficking “Did You Know?”

Today - Sunday, February 8<sup>th</sup> - is Human Trafficking Awareness Day. Did you know that:

- The United States State Department says that there are 27.6 million victims of human trafficking worldwide at any given time.
- Human trafficking is the exploitation of a person's labor by coercion, power or control. Coercion can be done through drugs and/or a love belonging issue.
- If you suspect human trafficking, the best idea is to call the hotline at 888-373-7888 to get advice about what to do. Do not confront the people directly as that could put the victim in more risk.
- In 27 states children can be charged as prostitutes. **The State of Georgia is NOT one of them.** In 19 states sexual trafficking is not considered child abuse, So the victim is criminalized.
- 40% of human traffickers use black women and girls because they think they will get less jail time if the victim is black.
- Many victims of human trafficking deal with post-traumatic stress disorder (PTSD), nightmares and the shame blanket that weighs them down. Most victims say the issue that causes them the most stress is sexual trauma before the age of 13. Victims need to be rewired as their body is the scene of the crime.

**How can we help?** We need to work inward first and deal with our biases. We need to be intentional and educate ourselves and others about human trafficking. We need to have redemptive vision. We need to share our stories. Secrecy is what enables trafficking.

**STOP**  
  
**Human Trafficking**

## Human Trafficking

### Reporting and Resources

#### **NATIONAL HUMAN TRAFFICKING HOTLINE (24/7 Confidential)**

- 1-888-373-7888
- Text: 233733

#### **YOUR LOCAL POLICE DEPARTMENT (911)**

#### **GEORGIA CARES**

- Georgia Cares is the single point of entry for anyone seeking help for actual or suspected victims under the age of 18 of child sexual exploitation and/or child sex trafficking.
- 24 Hour Hotline: 1-844-8GA-DMST

#### **GA DEPARTMENT OF FAMILY & SERVICE (24-Hours, 7 Days a Week)**

- Reports of child abuse and neglect can be made to 1-855-GA CHILD (1-855-422-4453)

#### **NATIONAL CENTER FOR MISSING & EXPLOITED CHILDREN**

- The Cyber Tipline: 1-800-THE-LOST (1-800-843-5678)

#### **PREVENT CHILD ABUSE GA (Parenting is hard. Let someone help you.)**

- Help Line: 1-800-CHILDREN

#### **OUT OF DARKNESS (GEORGIA)**

- Rescue Line: 404-941-6024 (24/7 hotline—age 18 and older)

#### **TAPESTRI (Serving immigrant and refugee communities in Georgia)**

- For immediate help, call 404-299-2185.

### Information Resources

#### **POLARIS PROJECT**

- <https://polarisproject.org/human-trafficking-recognize-signs>

#### **ECPAT-USA (End Child Prostitution and Trafficking)**

- <https://www.ecpatusa.org>

#### **U.S. OFFICE OF THE ADMINISTRATION FOR CHILDREN AND FAMILIES — OFFICE ON TRAFFICKING IN PERSONS**

- <https://www.acf.hhs.gov/otip/training/nhttac>

#### **INTERNATIONAL HUMAN TRAFFICKING INSTITUTE (Center for Civil and Human Rights Museum, Atlanta)**

- <https://www.ihatinstitute.org>
- Leverages the collective efforts of private, public, educational, faith-based, and civic organizations to accelerate local, national and global movements to end the trafficking of persons.