

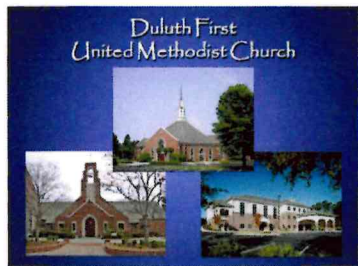
The Sunday Supplement



JANUARY 4, 2026

Welcome to Duluth First United Methodist Church!

We are glad that you came to worship with us today. The mission of Duluth First United Methodist Church is to make disciples of Jesus Christ. If you are looking for more information about Duluth First United Methodist Church and its ministries, Bible studies, and other programs and events, please be sure to visit our church's website at www.duluthumc.org.



To join Duluth First United Methodist Church, please come forward as we sing the song that follows the Invitation to Church Membership.

If you have any questions regarding membership or you are visiting and would like additional information, please contact Rev. Dr. AnnaKate Rawles, Associate Pastor, by e-mail at arawles@duluthumc.org, or call 770-476-3776, ext. 128.

Prayer Concerns



- Kathy Anderson • Tracy Balkcom • Lorraine Day
- Don Greene • Rosemary Hall • Shamain Hallett
- Carol Hitchcock • Carol Johnson • Linton Jones
- Cheryl Otto • Charlie Pierce • Lin Ramstead
- Ann Reifert • Ethel Sales • Clara Truesdell • Dale VanPelt



Want someone to talk to? **Stephen Ministers are there for you.**



For more information or to request the support and care of a Stephen Minister, contact Rev. Dr. C. Kay Fuino by e-mail at ckfuino@duluthumc.org or call Stephen Leader Ann Fleming at 678-644-9108.



This Morning's Communion Offering: Human Relations Sunday Offering



Any gifts left on the altar rail or communion table will go toward this morning's communion offering, the **Human Relations Day Sunday Offering**. Because of your gift, lives are changed through social justice ministries and outreach through Community Developers, Volunteer Service and Youth Offender Rehabilitation Programs.

The communion offering is in addition to your regular giving to the Church.

Help Needed in Taking Down Christmas Decorations: Today

If you have a few free minutes to spare after this morning's 11:00 worship services, the Worship Committee could use your help in taking down the Christmas decorations around the church. Many hands should make quick work of this project. Thank you for your help!

The Stars Come Down on Wednesday, January 7th

If you have some free time to spare on the morning of Wednesday, January 7th, volunteers are needed to help down take the stars in the front of the church. We will meet at 10 a.m. If you would like to volunteer, please contact Rev. Dr. AnnaKate Rawles by e-mail at arawles@duluthumc.org.

Youth Ministry Sunday Night Gatherings for January

Students in the 6th through 12th grades are invited to join us on Sunday nights for **Sunday Night Gatherings** from 5:30 to 7:30 p.m. in the Youth Center ("The Fish Tank"), located on the 1st floor of the Sheldon Family Life Center. **Sunday Night Gatherings** include great dinners, fun games, amazing worship, inspirational and relevant messages and life-changing small groups.

Our schedule for the month of January is:

- **Sunday, January 4th:** Sunday Night Gathering at 5:30 p.m. in the Youth Center ("The Fish Tank");
- **Sunday, January 11th:** Sunday Night Gathering at 5:30 p.m. in the Youth Center ("The Fish Tank");
- **Sunday, January 18th:** Sunday Night Gathering at 5:30 p.m. in the Youth Center ("The Fish Tank");
- **Sunday, January 25th:** Sunday Night Gathering at 5:30 p.m. in the Youth Center ("The Fish Tank").



Please visit the **Youth Ministry's** website at <https://dfumcstudents.org> for more information. If you have any questions, please contact Rev. Min Lee, Director of Youth Ministries, by e-mail at mlee@duluthumc.org, or call 770-476-3776, ext. 119.

Wednesday Night Dinner in Hinton Hall: January 7th

Our **Food Ministry** staff, along with our amazing **Dinner Belles and Beaus** volunteers, prepare excellent meals at very reasonable prices. Enjoy fellowship around the table with family and friends. **The menu for Wednesday, January 7th, is herb-roasted chicken, mashed potatoes, green beans, squash, rolls, and dessert. For the kids – chicken tenders and fries.** Dinner service hours are 5 to 6:30 p.m., with to-go boxes available from 6 to 6:30 p.m.

The prices for Wednesday Night Dinners are:

- \$10.00 for adults (including seniors and from 11 years up);
- \$7.00 for children 10 years and younger;
- \$30.00 for family meals (nuclear family members only – husband, wife, their children under 18 years);
- \$7.00 for salad bar only, which includes the salad bar, a choice of baked potato or sweet potato, dessert and a drink.



Credit/debit card payments, as well as cash and checks, are accepted.

Wednesday Night Food Drive: January 7th

The **Wednesday Night Food Drive** at Duluth First UMC for the **Hands of Christ Duluth Co-Op** is our weekly mission project, combined with the many Wednesday evening activities offered at the church. **On January 7th we ask you to bring peanut butter and jelly.** A table for donated items will be located outside of the main entrance to Hinton Hall.

Join us for a delicious dinner and fellowship in Hinton Hall, pick up a to-go dinner for your family, join us for any of our Wednesday evening activities, and drop off food items to help other families in need. We thank you for your support.



GriefShare Support Group to Begin a New Series of Classes on January 7th

GriefShare Support Group, led by the church's Stephen Ministers, will walk alongside you through the loss of a loved one. Our next session of weekly classes will start on Wednesday, January 7th. Meeting each week from 6:30 to 8 p.m. in room F153, located on the 1st floor of the Sheldon Family Life Center, you will gain access to valuable **GriefShare** resources to help you through your grief.

For more information, please visit the **GriefShare** website at griefshare.org, or contact Tracy Brinker by e-mail at tbrinker@duluthumc.org, or call 770-476-3776.





Wednesday Night Activities Resume on January 7th

Join us on Wednesday, January 7th, as the following evening activities resume at Duluth First UMC:

- **Book Bunch for kids (ages 3 – 4):** 6:15 to 6:30 p.m. in The Louise McDaniel Memorial Library, 2nd floor of the Sheldon Family Life Center;
- **DuluthKids (ages Kindergarten through 5th grade):** 5:45 to 7 p.m. in the Dorothy L. Rainey Fellowship Hall;
- **Youth Bible Study (grades 6 – 12):** 6 to 7 p.m. in room F149, 1st floor of the Sheldon Family Life Center;
- **Parent Connection Group:** 6 to 7 p.m., room F207, 2nd floor of the Sheldon Family Life Center;
- **“The History and Archaeology of the Bible” Class for Adults:** 6:00 to 7:30 p.m. in room F145, 1st floor of the Sheldon Family Life Center;
- **Yarn Art Ministry:** 6 to 7 p.m. in room F205, 2nd floor of the Sheldon Family Life Center;
- **Happy Sacks:** 6 to 6:15 p.m. in room F152, 1st floor of the Sheldon Family Life Center;
- **Handbell Ensemble Rehearsal:** 6 to 7 p.m. in the Sanctuary;
- **Chancel Choir Rehearsal:** 7 to 8:30 p.m. in the Don Lee Music Suite.

United Women in Faith One-Day Retreat - “How the Stars Get in Your Bones”:

Saturday, January 10th

What is it that allowed Mary to say, “Let it be?” Do you remember a time when you received a blessing that helped you be present to a change that arrived? The **United Women in Faith** invite **all women** to join them on Saturday, January 10th, from 10:00 a.m. to 3:00 p.m. to take time for one day, after Christmas and during Epiphany, to find a place where other women see you, welcome you and help you to be there for what comes next.

This casual retreat is an opportunity to relax after all the Christmas activities. Lunch, drinks, and snacks will be provided. We will meet from 10:00 a.m. to 3:00 p.m. in the Dorothy L. Rainey Fellowship Hall. Please sign-up during December at the **United Women in Faith** information tables located around the church to help us prepare for handouts and lunch. Please bring a pint size clear glass jar/Ball jar to use for one of the art projects.

The retreat will include readings and art from Jan Richardson’s book **How the Stars Get in Your Bones**. You may bring a donation of \$7 to be sent to Jan Richardson for “Sanctuary of Women” to be shared with the A21 Campaign, an organization devoted to ending human trafficking and providing sanctuary and healing for those rescued from slavery.

Look at the stars of your world, your life, your family and see how they get into your bones. Look around to see another who might need a blessing from you. We will come together with art, readings, comfort, and a challenge to find something of sabbath rest to find the stars of your life. Perhaps there will be something that stretches you to a new place or invites you to think in a direction of an uncharted sky for your spirit. We will delight in blessings and prayers, share in a meal and in conversations of laughter, concern, sighs, and joys.

Blessings and joy for advent as you prepare the way for the Christ child to shine in your heart, to see the stars and count your blessings. Celebrate all you have done with a retreat together on January 10th to find your blessing. For additional information contact Terrie Adkins by e-mail at ttadkins@sprynet.com.



United
Women
in Faith

Library Book Club to Discuss “Ashes” by Sharon Gloger Friedman: Monday, January 12th

The **Library Book Club** will meet on Monday, January 12th, at 10:00 a.m. in room F145, located on the 1st floor of the Sheldon Family Life Center, to discuss the book **Ashes** by Sharon Gloger Friedman. Sharon will be here in person to discuss her book **Ashes**, the story of a Jewish family flees persecution in Russia to New York, where their daughter works at the Triangle Shirtwaist Factory and becomes involved in the workers’ rights movement.

New Titles in Our Church Library for Winter Reading

Cozy up with a good book this winter from **The Louise McDaniel Memorial Church Library**, located on the 2nd floor of the Sheldon Family Life Center, where you can find your next great read!

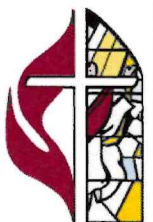
The Life We Bury by Allen Eskens (adult fiction). A college student interviews a dying Vietnam veteran and convicted murderer for a writing assignment, leading him on a quest to uncover the truth about the crime and confront his own personal demons.

Mixed Blessings by Barbara Brown Taylor (inspirational). In this new edition of her earliest collection of sermons, Barbara Brown Taylor brings her down-to-earth wisdom and keen perspective to the Bible readings of the lectionary cycle. Originally preached for the congregation of All Saints' Episcopal Church in downtown Atlanta, the topics of these sermons range from conversations with Abraham and Moses in the texts of the Hebrew scriptures to our awareness of the communion of saints and how to recognize a miracle when one comes our way.

For Those Who Are Lost by Julia Bryan Thomas (adult historical fiction). Inspired by true events, **For Those Who Are Lost** begins on the eve of the Nazi invasion of the island of Guernsey, when terrified parents have a choice to make: send their children alone to England, or keep the family together and risk whatever may come to their villages.



Duluth First United Methodist Church



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