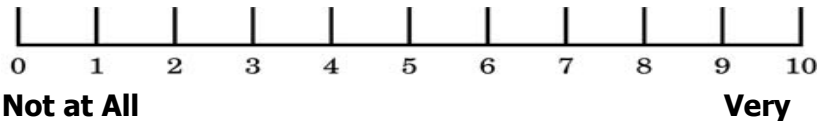


Evaluation – Fruit of the Spirit

One of the primary indicators of spiritual progress is the presence of the fruit of the Spirit in your life. As you grow spiritually, these qualities should become increasingly evident in your life. Below you will find each characteristic of the fruit of the Spirit. Evaluate where you feel you are on each continuum.

Love - selfless, sacrificial love for others, as demonstrated by Jesus Christ.



Joy - a deep sense of contentment and gladness independent of circumstances.



Peace - inner peace, reconciliation with God, and living in harmony with others.



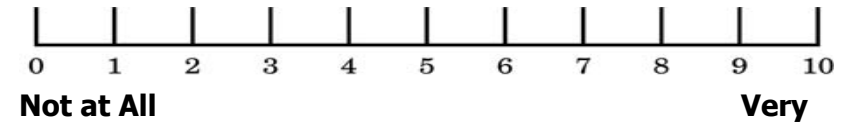
Patience - slow to anger, showing forbearance towards others, even in challenging situations.



Kindness - the quality of being friendly, generous, and considerate towards others, often putting their needs before one's own.



Goodness - moral excellence and integrity in character and actions



Faithfulness - loyalty, reliability, and trustworthiness in one's commitments and relationships.



Gentleness - having a gentle and humble spirit, showing humility and compassion towards others.



Self-control - The ability to exercise discipline and restraint over one's desires and behaviors, particularly in the face of temptation.



So, What Might You Do with That?

Support the conditions that promote spiritual growth:

1. Get lots of sunlight. (Read, meditate on, and live out God's Word.)
2. Stay freshly watered. (Fullness of the Spirit.)
3. Brace yourself to Christ. (House on the rock!)
4. Protect from pests! (Be spiritually vigilant.)
5. Practice pruning. (Caring for the soul.)