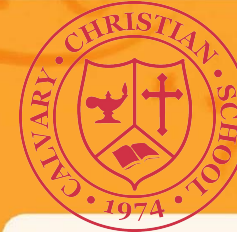




October is National Apple Month. Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?



LUNCH

MONDAY



Entree: Guthrie's Sandwich or Tender Box
Gluten Free: Chicken Tenders

06

TUESDAY



Entree: Taco Salad, Walking Taco
Sides: Orange Slices, Salsa, Sour Cream, Tortilla Chips
GF: All Items

07

WEDNESDAY

Wing It! Day

Entree: Boneless BBQ Wings, Traditional Wings - BBQ or Mild
Sides: Celery Sticks and Applesauce
GF: Traditional Wings, Celery and Applesauce

01

THURSDAY

Entree: BLT Salad, Potato Soup (shredded cheese available)
Sides: Mandarin Oranges
GF: All items

02

FRIDAY

Entree: Donato's Cheese, Cauliflower, Pepperoni, and GF Pizza
GF: Cauliflower (VEG), GF-both are cheese.

03

Entree: Guthrie's Sandwich or Tender Box
Gluten Free: Chicken Tenders

06

Entree: Taco Salad, Walking Taco
Sides: Orange Slices, Salsa, Sour Cream, Tortilla Chips
GF: All Items

07

Entree: Donato's Cheese, Cauliflower, Pepperoni, and GF Pizza
Sides: Apple Slices
GF: Cauliflower (VEG), GF-both are cheese.

08



No School

10

No School

13

Entree: Chick-Fil-A: 8ct Nugget, Original Sandwich, Spicy Sandwich
GF: Chicken Tenders (3)

14

Entree: Buffalo Chicken Wrap, GF Peanut Butter & Honey Sandwich
Sides: Grapes, Tossed Salad
GF: Peanut Butter & Honey Sandwich

15

Try It! Thursday

Entree: Turkey with Swiss & Bacon on Toasted Bagel
Sides: Strawberry Cup, Tossed Salad, Hard Boiled Eggs
GF: GF Bagel-Turkey with Swiss & Bacon

16

Entree: Donato's Cheese, Cauliflower, Pepperoni, and GF Pizza
GF: Cauliflower (VEG), GF-both are cheese.

17

Entree: Guthrie's Sandwich or Tender Box
Gluten Free: Chicken Tenders

20

Entree: Chicken Quesadilla
Sides: Banana, Salsa, Sour Cream, Tortilla Chips
GF: Cheese Quesadilla, Sour Cream, Salsa, Banana

21

Retro Wednesday!
Entree: Meatloaf and Mashed Potatoes
Sides: Apple Slices with Peanut Butter, Tossed Salad, Fruit Cocktail
GF: Tossed Salad, Apples & Peanut Butter, Fruit Cocktail

22

Entree: Donato's Cheese, Cauliflower, Pepperoni, and GF Pizza
GF: Cauliflower (VEG), GF-both are cheese.

23

No School
Parent Teacher
Conference Day

24

Entree: Guthrie's Sandwich or Tender Box
Gluten Free: Chicken Tenders

27

National Chocolate Day!
Entree: Soft Taco, Taco Salad
Sides: Orange Slices, Salsa, Tortilla Chips
GF: GF Soft Taco, Taco Salad
Treat!: Chocolate Brownie

28

Entree: Hot Dog
Sides: Tossed Salad, Applesauce
GF: Hot Dog on GF Bun

29

Breakfast For Lunch!
Entree: Breakfast Pizza -Sausage or Bacon
Sides: Blueberry Muffin, Banana
GF: Chocolate Chip Oatmeal

30

Entree: Donato's Cheese, Cauliflower, Pepperoni, and GF Pizza
GF: Cauliflower (VEG), GF-both are cheese.

31

GF = Gluten Free
VEG = Vegetarian

Items Offered Everyday

Drinks: Chocolate Milk, White Milk, Apple Juice
Sides: Plain Lays+GF, Assorted Fruits and/or Vegetables.
AlaCarte Items are available daily and from \$.50 to \$2.00
CASH ONLY

Some items are subject to change based on availability

All juice served are GF and Dye Free

**Tossed Salad+GF: Lettuce, Shredded Cheese, Cucumber-choice of dressings. Unless otherwise noted.

**Taco Salad-Frito's, lettuce, shred cheddar, sour cream, taco meat, salsa, dressing

OCTOBER 2025

