

Manchaca UMC CDC Newsletter

February 2020

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Month at a Glance

13th & 14th Valentine Celebrations
17th & 18th 2020-2021
Registration begins
17th & 18th CDC Closed/
Parent Conferences

Upcoming Events

*March 2nd Community Registration
*March 9th Night Staff Meeting
*March 16th-20th Spring Break- CDC Closed

Bad Weather Reminder

Please refer to the CDC website- manchacaumccdc.com for information about possible school closings due to inclement weather. Please look at the Parent Pages tab. Pull down to the Severe Weather Update. I will post closings or delayed starts there. Hopefully the weather won't get too bad.

Summer School Week Off

This year the CDC will be closed July 14-17 for Vacation Bible School. This is the perfect time to schedule your vacation and not miss any school days.



Parent/Teacher Conferences

Conference days are **Monday, February 17th and Tuesday, February 18th**. The center will be closed on these two days. Your child's teacher will be sharing your child's growth through the developmental milestones and portfolio that are used in the classroom. Here are a few items to help conference day run smoothly:

- Childcare will only be provided for your child that is enrolled in the CDC during the conference. Alternate care should be arranged for siblings.
- Please make sure that you arrive five minutes before your scheduled time.
- Take your child to the scheduled room for childcare **before** your parent conference time.
- Conferences are scheduled for a maximum of 20 minutes. It is important that conferences start and stop on time to ensure everyone stays on schedule.
- If additional time is needed, the teacher may ask to schedule a conference with you for another day.

Childcare rooms and Teacher room assignments:

- | | |
|----------------------------|---------------------------------|
| • <u>Childcare</u> | <u>Teacher Conference Rooms</u> |
| • Nursery Rm. 15 | Ms. Carlie/Ms. Rebekah Rm.7 |
| • Toddlers and Twos Rm. 17 | Ms. Kim/Ms. Lacy Rm. 16 |
| • Threes and Fours Rm. 21 | Ms. Merrideth Choral Suite |
| | Ms. Shawnda Rm. 18 |
| | Ms. Anna Rm. 19 |
| | Ms. Amanda Rm. 9 |
| | Ms. Lisa/Brandi Rm. 22 |
| | Ms. Meagan Rm. 23 |
| | Ms. Deanne Rm. 24 |

Knock Knock

Who's there?

Luke

Luke who?

Luke who got a Valentine!



Summer & Fall Registration

At parent conferences, current families will have the opportunity to receive the "save the space" registration forms for summer 2020 and fall 2020-2021 school year. Families in our program re-register each year by submitting the registration page and the \$75 registration fee. This process provides an opportunity for any changes to be made such as moving from Tuesday/Thursday to Monday/Wednesday/Friday or Monday-Friday.

MUMC CDC guarantees a place for every child in our program. However, because of the shift from certain days, occasionally, there is an issue with meeting all requested changes. If registering a sibling that is not currently enrolled, you may pick up an additional registration form in the office.

All forms must be completed and returned with the \$75 fall registration fee/\$30 summer registration fee by February 26th to be processed before community registration.

Registration is opened to the community for any remaining openings. If you have friends interested in registering their child for the fall, please have them call beginning March 2nd at 8:00 a.m.

Positive Parenting Pointers

Guidelines for **MANNERS** *to teach kids*

IN GENERAL

Say hello & good-bye	Be on time
Say please & thank you	Know how to make a phone call
Hold the door open for people	Sit properly
If you bump into someone say sorry	Be appreciative
Cover your mouth when you sneeze	Clean up after you make a mess

WITH ADULTS WITH FRIENDS

Look people in the eye	Wait your turn
Use respect when talking to adults	Don't make fun of anyone
Don't interrupt	Give compliments
Say "excuse me" to get attention	Use kind words
No foul language	

AT THE DINNER TABLE

Wash your hands before food	Wipe your mouth with your napkin
Place your napkin on your lap	Lean over your plate
Chew with your mouth closed	Use the right utensils
Don't talk with your mouth full	Learn to set the table appropriately
Don't slurp	Say please & thank you

Please and thank you are still magic words.

WWW.THIRTYHANDMADEDAYS.COM

Before School Care Arrival and Classroom Arrival

Please make sure to take your child to the restroom to potty and wash their hands at arrival. Children must be supervised while in the restroom. Toilets are tempting to play in and standing on a step stool can be dangerous.

Cut off is 9:30 am. Fobs may not work after 9:30. Thank you!

Backpacks and Diaper Bags kept at school in cubbies

Please take items out such as hand sanitizer, lotions, ointments, etc. These items are considered medications and must be kept out of the reach of children. Your child may know not to touch but other children don't. We don't want anyone to get sick from ingesting these items.

UPDATED WELL CHECKS AND SHOT RECORDS

Please bring documentation to the CDC office following a doctor visit if it included immunizations or an official well-check. These forms are required from the Health Department and Licensing. Children who are four years old or turning four are required to have vision and hearing screening.

The more you love your children, the more they learn to love others.

-A.D. Williams

EmilyQuotes.com



Front Entrance

I received word from the construction crew that we will no longer have the front entrance at 1626 and Manchaca Road. Please use the entrance at Lowden Lane or Deane Road.



Nutrition Bite by Ms. Lyn

One of our goals at the CDC is to encourage our children to develop healthy eating habits. Our bodies need a wide variety of foods in order to take in the nutrients we need to grow, and think. We want to provide you with suggestions, tips and ideas to help you guide your children toward eating a variety of healthy, nutrient-dense foods.

Please serve your child a good breakfast, including a protein source, every morning. This is especially important before coming to school. A full belly makes your child more comfortable, gives them energy to play and learn, while helping with smooth transitions. A snack can be defined as a 'small bite'. Most classes serve their snack between 10:00 and 10:15 each morning.

Our menu each month contains a balance of protein, vegetables, fruit, and grain-based foods. In our classrooms, the children are encouraged to try each food. If a new food is introduced, the children are encouraged to try it by taking a 'no thank you' bite rather than not tasting it at all. No child is expected to 'eat everything'. Some classes discuss textures, tastes, and similarities to other foods. Some classes explore the whole item (such as a butternut squash) when snack is sent in a cut form, other classes chart how many children enjoy a certain food!

At home, please encourage your child to taste an unfamiliar food, when offered. Welcome your child into the kitchen to help you prepare a dish, or allow them to choose vegetables they would like to try while at the grocery store. Be persistent! It can take up to 12-15 offerings before the food is accepted and a taste palate is developed.

Let me know if you have specific questions (such as introducing foods, portion sizes, or safe foods for toddlers), I'll be happy to help!

Chapel Chat with Ms. Lyn

This month in chapel, our stories will include the story of the Feeding of the 5000, Blind Bartemaeus, and the Parable of the Good Shepherd. In the 3 and 4-year-old classes, we'll discussion about what a 'parable' is (an earthly story with a heavenly meaning).

We are preparing for our MUMC Food Pantry Mission. The MUMC Food Pantry distributes 30 - 40 bags of food each week, in addition to children and youth from Menchaca Elementary and Akins High Schools. Our collection will run from February 11 - March 6, 2020.

We've begun learning new songs in chapel. *Love One Another* (Yancy: Little Praise Party) reminds us that love and kindness are the foundation of Jesus' ministry.

Love, love, love one another
And be kind, be kind to each other

Love, love, love one another
And be kind, be kind to each other

Jesus told us to love Him
And to love everyone
Jesus told us to love Him
And to love everyone
So let your light shine

Another new favorite is *God is Love/ the Love Round*. This is a campfire style round song, author unknown, is based on a 16th century English Carol. The children enjoy singing it as a 'getting ready song' used to quiet our bodies before hearing our Chapel story.

Love, love, love, love
Christians this is your call
Love your neighbor as yourself
For God loves all.

Peace be with you,
Ms. Lyn

Mission Project:

MUMC Food Pantry



The Children of MUMC -CDC:
Being Jesus' Hands and Feet in the World

In chapel, we learn Jesus said the two most important rules are to (1) Love God, and (2) Love Others. Beginning February 11th, we will 'love others' in a tangible way - by collecting nutritious, non-perishable food items for the MUMC food pantry.



Currently, the food pantry supports

- ❖ 30-40 bags of food each month to families in need. Each bag contains enough food for three basic meals. **During November 2019; 19 bags were given out in 5 days!**
- ❖ 12 families (for a total of 32 children) from Menchaca Elementary School who receive a backpack filled with food for their children each weekend
- ❖ 35 homeless students attend Akins High School this school year and are provided snacks. Any of these teens may request bags of food and toiletries monthly. Typically 5-7 are taken to the school each month.
- ❖ The Blessing Box by the West entrance of the church is filled prior to each weekend for community needs.



Our chapel lesson for February 11th and 12th will include a visit to and discussion of the mission of the food pantry. Please see the lists of the most needed items below. Our collection will conclude March 6th. Monetary donations may be made in the form of HEB gift cards or checks payable to MUMC (note food pantry on memo) and left with Ms. Mary in the CDC office. Thank you for your help in feeding those who are hungry in the South Austin - Buda - Kyle area.

Preferred Food Pantry Items

****When possible, please purchase cans with tabs.****

- Peanut Butter (18 oz jar)
- Oatmeal (18 oz box)
- Saltine Crackers (1 pound box)
- Canned Protein, (12 oz cans)
 - Tuna
 - Chicken Breast
- Dried Pinto Beans (1 pound bag)
- Canned chili (15 oz)
- Canned Broth-based Soup (10 oz)
- Canned Cream Soup
 - Chicken
 - Mushroom
 - Celery
- Macaroni & Cheese (7.25 oz)
- Canned fruit in own juice (15 oz)
- Canned vegetables (15 oz)

- Tomato Sauce (8oz or larger)
- Canned green beans (15 oz)
- Canned Corn (15 oz)
- Individual fruit or applesauce cups
- Individual mac & cheese or pasta cups
- 100% Juice Box Drinks
- Cheerios (12 oz boxes)
- Peanut butter cracker packs
- Protein in small tabbed cans:
 - Tuna
 - Chicken
 - Vienna Sausages
- Rice (1 pound bag or larger)
- Toilet Paper (4 pack)
- Paper Towels (2 pack)
- Liquid Dish Soap
- Bar Bath Soap