

Recommended Books

1. **A Celebration of Sex** by Dr. Douglas Rosenau
A Christian textbook that covers everything from communication to how to have an orgasm.
2. **The Sexually Confident Wife** by Shannon Ethridge
A secular book by a Christian author. This book will take you from confronting your past to realizing your sexual potential as a woman.
3. **Intimacy Ignited** by Dr. Joseph & Linda Dillow and Dr. Peter & Lorriane Pintus
A couples eight week Bible study on the Song of Songs including real life application for your marriage.
4. **Creating an Intimate Marriage** by Jim Burns
A Christian book filled with practical strategies to create intimacy which then makes everything else easier.
5. **Talking to Your Kids about Sex** by Mark Laaser
A Christian book about how to have a lifetime of age-appropriate conversations with your kids about healthy sexuality.
6. **Clean: A Proven Method for Men Committed to Sexual Integrity** by Douglas Weiss
A Christian book filled with practical ways to retrain your mind and body as you journey to break free from lust or pornography.
7. **Faithful: A Theology of Sex** by Beth Felker Jones
A Christian book sketches a theology of sexuality that demonstrates sex is not about legalistic morals with no basis in reality but rather about the God who is faithful to us. This book is part of the Wheaton College's Ordinary Theology series.

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