



JAIRUS' DAUGHTER ~ *Winning Over Worry*

Luke 8:40-56 -- March 23 & 24, 2019

Lent is the 40 days, not counting Sundays, that lead us to Easter.

Worry GROWS with you.

Worry GOES with you.

Remember when you're in a setback, it's hard to see reality. So,

REALITY CHECK #1:

1. _____ to Jesus with your worry.

When you worry, make Jesus your favorite place.

REALITY CHECK #2:

2. _____ Jesus about your worry.

REALITY CHECK #3:

3. _____ Jesus with your worry.

Philippians 4:6-7

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your request to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

You are invited to use this paper to take notes during the worship experience on the message and then study it at home or in a small group.

Connect Guide

Discuss:

1. Experts say that the fine line between worry and fear is that a fear is long term and a worry is short term. What are some of your worries? How have your worries grown, subsided or changed through the years? Whether you're a self-professed worrier or not. Is it possible not to worry?
2. Read through Luke 8:40-56. Describe the scene as you imagine it. What is happening with the crowd? How is Jesus distracted from the conversation with Jairus? How are the people responding to Jesus, Jairus and the disciples?
3. Why was Jairus worried? What can you learn from his boldness in this situation? What did he 'do' with his worry? What can you 'do' with your worries?
4. The author Luke shares with us yet another resurrection story from the Bible. In what ways or areas of your life do you need resurrection? Have you had a set back this week? Did you experience God rushing in someplace unexpected?
5. How do you move from worrying to enjoying? Look up the following scriptures. Matthew 6: 25-34, 1 Peter 5:7, Psalm 55:22, Philippians 4:6-7. What do these verses say about worrying?

Apply:

If you are experiencing a set-back and need to talk to someone at the church, contact the Pastor of Community Care Jerrad Peterman at JPeterman@CommunityUMChurch.com.

Prayer:

God, you know us and love us. You provide and perfect us. Resurrect our body, spirit and mind in ways that reflect your power, glory and honor. Amen.