



U R – Lent Week 2

Connect Guide February 24 and 25

Take this paper and take the sermon home with you. Reflect on the passage and discussion questions. Consider how to apply the message to your life. Study alone or gather a group. This guide will enrich and encourage you on your path to discipleship and deepen your relationship with God

Scripture

Romans 8: 5-13 ... *Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace. The mind governed by the flesh is hostile to God; it does not submit to God's law, nor can it do so. Those who are in the realm of the flesh cannot please God. You, however, are not in the realm of the flesh but are in the realm of the Spirit, if indeed the Spirit of God lives in you. And if anyone does not have the Spirit of Christ, they do not belong to Christ. But if Christ is in you, then even though your body is subject to death because of sin, the Spirit gives life because of righteousness. And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies because of his Spirit who lives in you. Therefore, brothers and sisters, we have an obligation—but it is not to the flesh, to live according to it. For if you live according to the flesh, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live.*



Discuss

1. Go around your group and declare some encouraging “U R” statements about each person present. Take time to positively affirm and describe good things about one another.
2. Read Romans chapter 8 in its entirety. This sermon series will dig deep into studying this powerful passage. What are some things you learned last week about your identity?
3. Paul, the writer of Romans, asserts that all people have two distinct natures. What are characteristics of the physical nature? Are these characteristics good or bad? Positive or destructive? Temporary or eternal?
4. What are characteristics of the spiritual nature? Are these characteristics good or bad? Positive or destructive? Temporary or eternal?
5. How does this passage outline a better course of action and higher calling to living? Does it seem possible today?
6. Read Acts 1:14. If you are praying at 1:14 for our church, consider this week praying for our STUDY. Our study includes (but, is not limited to), ministry staff, Disciple and small group leaders and participants, CLASS 101 participants, those using this guide, for each person to have a personal devotional time.

Apply

God knows your identity; the real you, the best you. And He's waiting for you to live into it. The physical and spiritual natures within you often are hostile to each other. Most of us would easily agree that we often experience conflict with what seems to come naturally to us and what we believe to be a better course of action, a higher calling. Have you noticed this to be true in your life? What action do you need to let go of this week? What action needs to be taken up?

Prayer

God, this is us. We confess that we have not always lived into your standards or purposes. Lord, we acknowledge that you are the Way, the Truth and the Life. Thank you for loving us just as we are. Teach and guide us as we journey through the season of Lent to find, know and proclaim our identity in YOU and you alone. In Jesus Name, Amen.