

# Well Grounded

Keeping up with the parents - Series

Ps. Waweru – 7 May 2017

LG Discussion Guide



## Question of the Day.

**What is one quality you look for in a well-grounded friend?**

**Read Isaiah 61:3**

An Oak tree – How is an oak tree comparable to a well-grounded personality, what do you understand by oaks of righteousness?

## The crisis of child directed families.

Why are child directed families a potential problem in the society today?

How do we raise up such strong children whose values

- Will not be swayed by the winds of change?
- Who will be resilient, because they have deep rooted, God-fearing roots?
- Whose morals will not be eaten away by the pests of hedonism, or secularism?
- Who'll not cave-in under the attack of this world's pressure to conform?
- But who will define and command every space they enter, and every job they serve in?

**Discuss:**

## Question 1: What does successful parenting look like?

How do you define success in parenting and exactly what are you aiming for?

When it comes to successful parenting, what does God himself measure? What if his standards are not the same as ours? What if he's measuring something else and we've got it all wrong.

*Mal 2:15 says - Has not God made you? You belong to him in body and spirit. And what does the one God seek? Godly offspring.*

## Question 2: whose report will you believe?

What society or popular psychology says, or what God says? We have to raise them up by God's standards, not the child-rearing psychologist's standards.

There are many theories on parenting. Give some that you know of.

*Prov 22:4 - True humility and the fear of the Lord lead to riches, honor, and long life.*

Humility and the fear of the Lord are the key to riches, honor and long-life . . . the very things we want for our children!

**Prov 13:24** "Whoever spares the rod hates their children, but the one who loves their children is careful to discipline them."

**Prov 23:13 -14** *Saying Do not withhold discipline from a child; if you punish them with the rod, they will not die. Punish them with the rod and save them from death.*

### Question 3: What is your model of parenting?

There are five things our parenting and raising kids should impart into the kids' lives.

1. **A healthy self-esteem** – Being able to view themselves as God does.
2. **A sense of personal competence** – They have something to offer the world.
3. **Relational skills** or what is called emotional and relational intelligence
4. **Personal Integrity** – in the character of the child
5. **Spiritual godliness**- A fear of the Lord, and a desire to obey his commands.

So how do you develop a healthy self-esteem in children? It's by –

1. Building a deep sense within the child that they are valuable and respected.
2. Convincing them that they really matter.
3. Helping them see that they are worthy of respect
- 4 simple, easy things you can do in this line.

- **Your word: affirm them.**
- **Your look: Look them in the eye.**
- **Your touch: The third key to communicate self-esteem and value is touch.**
- **Your marriage: Give them a safe place to grow in.**

**Question 4: What practical lessons have you learnt about parenting from the sermon?**