

BATTLE OF THE SEXES

Ps. Waweru Njenga – 18 September 2016
How to Stay in Love, Singles Edition
LG Discussion Guide



Gender differences have been touted as the ultimate relationship challenge and the source of constant frustration among people in relationships. Many people have settled for stereotypes and thus ended up branding men as 'this' or women as 'that'. But our differences are not a bad thing, instead our differences are meant to help us and motivate us to learn how to serve and bless one each other.

READ & DISCUSS: Psalms 139:13-14 & Galatians 5:13-15

We are called to serve one another, in other words, to look out for one another. The true power of our genders is fully expressed when we serve one another. Instead of focusing on what we can GET from others, we need to focus on how we can BETTER others. The truth is, true happiness never comes from getting, BUT always from SERVING! Everybody wins when we serve each other.

QUESTION: What are some ways that you have tried to GET from or use others for your own advantage in the past? How is God leading you away from the "GETTING" mentality and into the "SERVING" mentality instead?

In order to understand ourselves better, we need to face up to some facts if we are willing to be a healthy community. So, what do we as men and women really want??

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| 1. Men want Respect | 1. Women want TLC (Tender, Loving, Care) |
| 2. Men want Sex | 2. Women want Security |
| 3. Emotional Safety | 3. Women want Good leadership |
| 4. Validation | 4. Women want Freedom of Expression |

QUESTION: What do you think of this list? Do you think it represents what you personally want or are there things you would add or subtract from the list? Why?

What should we as great men and women strive to do?

GREAT MEN:

1. Protect Themselves & the Women in their lives
2. Live aware of their sexual weakness
3. Live aware of their need for God
4. Live aware of their need to be influenced right
5. Provide leadership that unashamed

GREAT WOMEN:

1. Live aware of the power of their sexuality
2. Live aware of their need to control
3. Live aware of their emotional fragility
4. Nurture rather than Steal potential
5. Follow and influence in the same measure

QUESTION: How would our society and our own communities change if men and women actually lived like this? How can you help one another/ hold each other accountable to a higher standard in your interactions with people from the opposite sex?

CHURCH INVOLVEMENT:

- WORSHIP NIGHT is this Friday at KPS 7pm-10pm. Please invite a non-believing friend!
- Fasting concludes this week, Sept. 21st. Please share your testimonies with us of what God did during your fasting time on our website: www.mavunokampala.org under the "CONTACT US" share a testimony link.