

# Embracing Authenticity



## Facing Giants – Series

Ps. Waweru– 9<sup>th</sup> July 2017

### LG Discussions

Welcome to our new series: **Facing Giants**. This week's topic is Embracing **Authenticity**. We will be calling each other to being more honest about our struggles with each other, and most importantly, with God.

Why is authenticity with other Christians absolutely essential to the spiritual life?

#### READ: 1 John 1:8-2:2

- 1. We All Struggle** (1 John 1:8) - God calls us to authenticity because none of us are free from our struggle against sin.
- 2. Confession Brings Cleansing** (1 John 1:9) -God calls us to authenticity because our confession brings us cleansing from our sins. Read Proverbs 28:13 and Psalm 32:4-5
- 3. God Knows Our Past** (1 John 1:10) - God calls us to authenticity with each other because god knows all the details of our past. Read Galatians 1:13 and 1 Tim 1:13
- 4. Jesus Is Enough** (1 John 2:1-2) - God calls us to authenticity with each other because Jesus Christ is God's provision for all sin.

#### Discuss

- Why is it necessary for us to let down our guards and open up our lives in honesty?
- Why do you think Christians work hard to keep up fake appearances in church and outside?
- Why is authenticity with each other in the context of the Church absolutely essential to the spiritual journey?
- Are there biblical examples that we can name in line with this weeks topic?
- How can we as a community create an environment that allows people to be real?
- How can I as an individual step out and be real to those around me? What stops me from doing this?

#### Conclusion

At Mavuno, we say that we are real people with real issues, with real failures coming before a real God. We need to remember that God cannot reach us or transform us as long as we are still hiding behind masks. Let's pray for the Spirit of God to help us to step out of our bondages into freedom in Him.