

## MISSIONARIES

**David**  
Café 1040

**The Bookers**  
Amazima Ministries

## SUNDAY SERVICES

**Blended Worship**  
8:30 a.m. in the Music Suite  
**Modern Worship**  
9:45 a.m. in the Ministry Center  
(Live-Streamed & Archived on our  
Facebook page: @foresthillsmacon)  
**Traditional Worship**  
11:00 a.m. in the Sanctuary

## NEWSLETTER DEADLINE

If you would like to include information in our next newsletter, your information must be submitted by the third Wednesday of the month. You may email Stephanie Davis with your announcement at [stephdavisdesigns@gmail.com](mailto:stephdavisdesigns@gmail.com).



**Forest Hills United Methodist Church**  
1217 Forest Hill Road  
Macon, Georgia 31210

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## JULY BIRTHDAYS

1 Andy Wilson  
Becca Prather  
Cannon McClain

3 Amy Poland  
Charles David

4 Shirley Pritchett  
Dane Morgan

5 Amelia Jones  
Chris Young

6 Carole Ann Moses  
Sally Hemingway  
Brice Corum

7 Jeremy Timmerman  
Linda Mosteller

8 Fabianne Perofsky  
Ron Clark

9 Larry Cowart  
Julie Anne Jones

10 Madison Dorminey

11 Mary McInvale  
Kim Johnson  
Catie Beth Stejskal

12 Dianne Clark  
Paula Johnson  
Fran Christianson  
Denise Sorkness

14 Bruce Holleman  
Bill Lewis  
JoJo Murphy

15 Judy Sudderth  
Anna Saxton

17 Randall Herndon  
Aiden Jones  
Amanda Turner  
Kristi Hilliard

19 Irene Williams  
Madison Monk

20 Bob Morgan  
Bill Meriwether  
Ciara Long  
Landon Tyson

21 Frank Duncan Morgan  
Mendez

22 Tucker Poupard  
Taylor Johnson  
Henry Jenkins  
Pam Carswell

23 Anita Smith  
24 Taylor Wilson  
25 Barbara Head

27 Johnny Wingers  
Bobby Noegel  
Andy Martin

29 Glenda Elliott  
Kem Sanderson  
Carter Hays

30 Kate Perofsky  
Gary Sparks  
Sam Marshall

31 Skip Holloway  
Nate Rushing  
Peyton Turner  
Sarah Hilliard

July 2018

# CONNECT

## FOREST HILLS UNITED METHODIST CHURCH

Helping each other take our NEXT STEP closer to Christ

## SUMMER IS FOR



Calling all adults and youth! You are needed in one of the most important, most rewarding and most appreciated roles you will ever fulfill: a VOLUNTEER. In the month of July, **River of Life** and **Vacation Bible School** both need adult and youth (VBS) volunteers to make them possible. You can serve in simple ways that help to change our community with the power of the Gospel message of love.

Maybe you want to connect with **Backpack Ministry** when school starts back or serving lunch at **Macon Outreach** with our team each month? How about serving breakfast at **Centenary** with our youth? Are you interested in doing something at **Daybreak Day Shelter**? Would you like to visit members of our community who are home bound? There is a place for everyone to fulfill the role of a lifetime: VOLUNTEER.

Now you might be thinking...how do I connect? You can sign up to volunteer for VBS or River of Life on the church website or through the office. Brenda Lambert would love to get you connected to Backpack Ministry. Our missions team can help you get started with Macon Outreach and Centenary ministries. I can help you connect with Daybreak Shelter or with visitation ministries.

So what are you waiting for? This summer let's VOLUNTEER to serve the people of God here and everywhere in love. We are blessed to be a blessing.

Let's be a blessing together,  
Teresa Edwards



## UPCOMING EVENTS

### July 8

River of Life Setup & Pool Party  
4:00 - 8:00 p.m., Ministry Center

One Step Worship Service  
6:00 p.m., Ridge Campus

### July 11-15

River of Life

### July 22

Combined Youth  
3:30 - 5:00 p.m., Youth Room

### July 22-26

\*Vacation Bible School  
5:30 - 8:00 p.m., Ministry Center

### July 24

Voting Precinct, Forest Hills Narthex

### July 26

5th Grade Pool Party

### July 27-28

\*UMW Summer Mission Project  
9:00 a.m. - 4:00 p.m., Ministry Center

### July 28

\*Junior High Lake Day  
10:30 a.m. - 9:00 p.m.

### July 29

Promotion Sunday

\*Senior High Lake Day  
11:00 a.m. - 9:00 p.m.

\*Registration Required at  
[www.foresthillsmacon.com](http://www.foresthillsmacon.com)

# TIPS ON READING THE BIBLE

Compiled by your friends at Forward Movement

## Choose a Bible that you enjoy reading.

Visit a bookstore that sells lots of Bibles, and read different translations until you find your favorite. Choose one that has looks you like, so you'll enjoy seeing it and want to read it. If you already have one, great - but if you don't enjoy reading it, it's time to find another one. Try another translation. If you like NRSV, try CEB. The differences can deepen your understanding and spark conversation. Not sure? Go online to a Bible webpage like [www.biblegateway.com](http://www.biblegateway.com). Search for your favorite passage and read it in several translations.

## Get to know your Bible.

Explore the table of contents, historical information, maps - discover the special features of your Bible.

## Locate your favorite parts of the Bible.

Mark your favorite scriptures, prayers, and people with a ribbon, bookmark, or sticky-note. Keep adhesive flags on hand for marking passages you want to revisit.

## Remember that the Bible isn't one book.

It's a library, with lots of books in one place. Start with the parts that interest you most. You don't have to read it in order, and if you do, it won't be a linear story. That's okay!

## Pick a consistent time of day you'd like to read.

Many find it easy to link reading the Bible to prayer time, either before or after.

## Be patient with yourself, and the Bible.

Get help if there are parts you don't understand. Study Bibles offer commentary and explanations of the text. Online resources can offer in-depth questions and answers. At church, ask questions of your clergy and laypeople who are knowledgeable about the Bible. Find more resources at [www.thegoodbookclub.org/resources](http://www.thegoodbookclub.org/resources).

## After you read, ask yourself these questions:

- What happened? What does the text say?
- What excited or surprised you? Any other emotions arise?
- What does the text mean?
- How does what you read apply to you?

## Read the Bible with others.

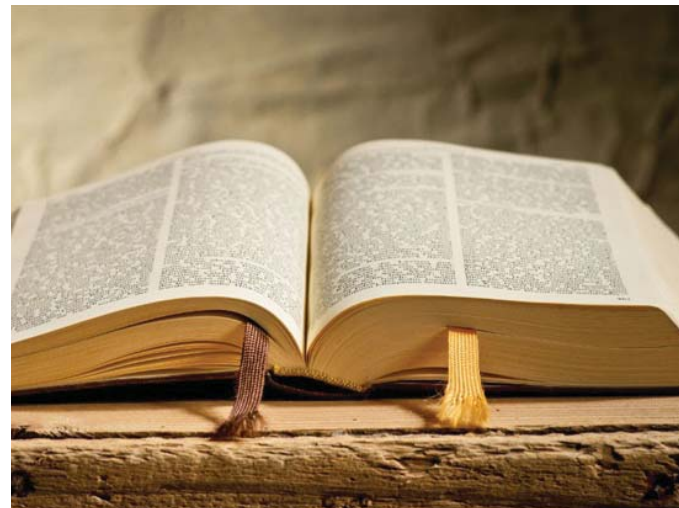
As you continue to read, you may have questions or the desire to talk about what you've read. Find or create a Bible study group! Forward Movement can help with resources for group bible studies; visit [www.forwardmovement.org](http://www.forwardmovement.org) to learn more.

## Dig into the history of the Bible.

Your Bible may have historical information, or you can find it online. Find a current map of the region and compare it to a map of the time the Bible was written.

## Read the Bible out loud.

Reading out loud engages your senses differently, and can lead to new understandings and meanings to what you read silently. Read aloud with a friend, spouse, family member, or pets.



# WAYS TO Keep Faith Alive

Choose one of the four Gospels: Matthew, Mark, Luke or John. Read this gospel throughout the month.

# Backpack ministry

by Brenda Lambert

Many thanks to all our volunteers. We are grateful for our community volunteers but could not have the Ministry without our "Forest Hills Family" volunteers.

Thank you, thank you, thank you for the hours you commit to the Ministry. Hebrews 6:10 says "God is not unjust; he will not forget your work and the love you have shown Him as you have helped His people and continue to help them."

Enjoy your summer break and continue to pray for our children, teachers and schools.



# UMW AND FRIENDS SUMMER MISSION PROJECT

**When:** Friday and Saturday, July 27-28 from 9:00 a.m. - 4:00 p.m., both days

**Where:** Ministry Center

Forest Hills United Methodist Women invites all church women to join us in a time of hands-on ministry and fellowship. This summer we will continue to work on parts of the Days for Girls hygiene kits and we will also make "Feel Good" bags for Lighthouse for Families, the community counseling arm of the Methodist Children's Home.

The Days4Girls Hygiene bags project requires some sewing and participants in this project are asked to bring sewing machines, scissors, cutting tools, measuring tape, pins, bobbins, and seam rippers if you have them. We need measurers, cutters and pinners as well as those manning sewing machines.

The "Feel Good" bags for Lighthouse for Families are for counselors to give to children with anxieties related to family issues. These are small gift bags filled with items that would be comforting to handle or play with. Children are taught when they are feeling anxious to reach into their bag and get something to hold. Some ideas are balloons filled with flour to make squeeze balls, pieces of ribbon or cloth of different textures, pipe cleaners to twist and bend, fidget toys, smooth rocks/stones, mini-sized stuffed animals, finger puppets, yarn dolls . . . use your



imagination! Objects may be purchased or hand made, and new or used. Participants in this project may bring craft materials if you have them on hand that we might use to create appropriate items, or small purchased items to add. Another need they have is for coloring sheets and children's books, preschool to grade 2.

## Everyone needs to bring:

- a sack lunch and an optional beverage or snack to share if you like
- a heart for girls and families in need and a desire to serve them

**How do I sign up?** Call Sally Hemingway 258-8766 or Charlene McAleer 747-1381 or e-mail us at [sahemingway@gmail.com](mailto:sahemingway@gmail.com) or [cnmcaleer@gmail.com](mailto:cnmcaleer@gmail.com). You may sign up for just one day or both days, as you wish.



Macon Outreach is collecting **SMALL BOXES OR INDIVIDUAL PACKETS OF GRITS OR OATMEAL** for those in need. If you are able to donate, please place your items in the Missions Cabinet at the canopy entrance.

**GREETERS**

(continued)

**JULY 29**

9:45 AM - Narthex - Patsy McCarty

9:45 AM - Canopy  
Amy & Andy Martin

9:45 AM - Ministry Center  
Carolyn Hurley & Marianne Johnson

9:45 AM - Ministry Center Back Door  
Ann Crawford

11:00 AM - Canopy - Needed

11:00 AM - Narthex  
Tommie & Milly Lewis

**ONE STEP... WORSHIP SERVICE**

Join us on the **second Sunday, July 8**, at our Ridge campus for our regular One Step service at 6:00 PM. The Singing Saints and Trice Burger surprised us with two special pieces of music last month. You never know what surprises God has in store when we fellowship together.

**COME TO THE GARDEN**

No monthly meeting during July for Come to the Garden.



**Centenary Community Ministries, Inc.**

**MISSIONS OFFERING**

by Sherie Moses

For the month of July our Missions offering will focus on Centenary Community Ministries, Inc. They are a 501 (c) 3 that works in partnership with Centenary Church to find solutions to specific needs that arise within our community. One of their main focuses - CCMI runs a transitional house for men getting out of homelessness and working on self-sufficiency with a 9-12 month structured residential recovery program. CCMI believes that no individual is beyond God's grasp and that transformation is always possible. CCMI walks alongside individuals from all walks of life.

Part of CCMI's commitment to the community involves feeding the homeless, working poor, and others a hot breakfast on the weekend, when other options aren't open. Folks from Forest Hills help them with their Sunday breakfasts, so let the church know if you want to help. Third, CCMI also works with the Beall's Hill community on their Shalom Zone and shares a community garden with them that is worked by members of the church and members of the community. Fresh fruits and vegetables are made more readily available. Their fourth focus is Financial Assistance for people in crisis but they also work to help them address the underlying issues. They also founded the Recycle Macon Bike Program, where donated bicycles are repaired and given to people in need of transportation. One of their newest programs is After School Tutoring at Alexander II to help students catch up to their peers. There are many opportunities for volunteering and helping financially at Centenary Community Ministries.

For more information about the work of CCMI, contact them at [office@centenarymacon.org](mailto:office@centenarymacon.org) or check out their website at [centenarycommunityministries.org](http://centenarycommunityministries.org). It's a fascinating organization.

**FINANCIAL REPORT**

**For the Month of May 2018:**

Monthly Budget .....	\$91,211.15
May Revenue .....	\$67,021.09
May Expenses .....	\$77,829.08
2018 YTD Surplus/(Deficit) .....	(\$26,177.94)
May Apportionments paid .....	\$9,185.41
2018 Apportionments paid .....	\$45,927.05

**2020 Debt Elimination:**

Original Bldg Loan Amount .....	\$1,834,899.90
Monthly Bldg Loan Payment (6/1/18) .....	\$5,500.00
Bldg Loan Balance (6/1/18) .....	\$74,501.42

**FH KIDS MINISTRY**



**VACATION BIBLE SCHOOL**

Sunday, July 22 - Thursday, July 26  
5:30 - 8:00pm

For all students who have completed 4K-5th Grade for the 2017-2018 school year.

At Shipwrecked VBS, kids will dive into a world that reaffirms who Jesus is! They will be reminded each day that Jesus is with them when they are scared, worried, lonely, sad, or anxious. These truths will be taught each day through Bible Stories, music, games, and small group time. Be sure to register TODAY for Shipwrecked Vacation Bible School!

**WE WANT YOU TO VOLUNTEER AT VBS!!**

Everyone has different gifts and talents to share! We would love for you to share your gifts with us by serving at VBS this year. Go online and sign up today!

**5TH GRADE POOL PARTY**

July 26, Mark your calendars!!

**PROMOTION SUNDAY**

July 29

**DAD JOKES**

I don't know why Marvel hasn't tried to put advertisements on the Hulk. He's basically a giant banner.

I don't often tell dad jokes, but when I do he laughs.

I gave all my dead batteries away...free of charge.

Do I enjoy courthouse puns? Guilty.

Submit your favorite dad jokes for next month's newsletter to [jessitimmerman@foresthillsmacon.com](mailto:jessitimmerman@foresthillsmacon.com).

**Busy Moms Recipe** *Shepherds Pie*

**ingredients:**

1 lb ground beef	1 can carrots, drained
1/4 onion, chopped	6 servings instant mashed potatoes
1 can green peas, drained	2 cups shredded cheddar cheese

**directions:** Preheat oven to 350 degrees. Brown ground beef in a skillet with onions. Prepare instant mashed potatoes. In a 9x13 inch casserole dish, layer ground beef and onions, then carrots and peas, then mashed potatoes and the cheese on top layer. Bake in oven for 20 minutes.

**KIDS MINISTRY VOLUNTEERS**

**JULY 1**

Barbara Ricks  
Carolyn Hurley  
Sherie Moses  
Jill Cole  
Beth Walker

**JULY 8**

Gail Mendez  
Melanie Bentley  
Brenda Lambert  
Stephanie Martinek  
Kay Hefner

**JULY 15**

Marnai Boose  
Andy Martin  
Diana Hullings  
Brandi Groebner  
Kaly Shreve  
Laura Heacox

**JULY 22**

Brian Utley  
Andy Wilson  
Ginny Dopson  
Andy Martin  
Rennata Wilson

**JULY 29**

Volunteers Needed

**THIS MONTH IN KIDS CHURCH:**

**Life App: CONFIDENCE**

Living like you believe what God says is true.

**Memory Verse:**

"God began a good work in you. And I am sure that He will carry it on until it's completed. That will be on the day that Christ Jesus returns." Philippians 1:6

## JUST A REMINDER

### Committee Meetings:

- Trustees - 2nd Monday, 6:30PM, Conf. Rm.
- Staff Parish - 2nd Thursday, 6PM, Conf. Rm.
- Finance - 3rd Monday, 6:30PM, Conf. Rm.

### Women's Ministry:

- Ruth Circle: 1st Monday, 2:30PM (call church for location)
- Martha Circle - 2nd Thursday, 10AM, Rm. 97
- Esther Circle – 2nd Thursday, 7:30PM, Bride's Rm
- Joyce Pyles Bible Study - Tuesdays, 4PM, Bride's Rm

### Men's Ministry:

- Prayer Breakfast - Every Tuesday, 7AM, Min. Ctr.

### Children:

- Kids Connect (3K-5TH Grade) Every Wednesday, 5-6PM, Kids Hall (Excluding Summer)

### Youth:

- Jr. High - Every Sunday, 4PM, Min. Ctr.
- Sr. High - Every Sunday, 5:30PM, Min. Ctr.
- 17:11 (Jr. & Sr. High) - Every Wednesday, 6PM, Youth Rm.

### Older Adult:

- Singing Saints - Every Tuesday, 11AM, Music Suite
- Game Day - Every Tuesday, 12PM, Min. Ctr.

# {FHUMC YOUTH}

**JULY 1** - Regular youth.

**JULY 8** - River of Life set up followed by a pool party at The Wilsons. Set up will start at 4:00pm and we will wrap up at the Wilsons at 8:00pm. We will move students to the Wilsons, but parents will need to pick them up from there (4754 Oxford Rd, Macon, 31210).

**JULY 15** - No youth, as River of Life will just have ended.

**JULY 22** - Combined youth from 3:30pm-5:00pm followed by dinner and VBS.

**JULY 28 - JH Lake Day.** We'll meet at the church at 10:30am to leave by 11am. We'll return by 9:00pm. Registration required online.

**JULY 29 - SH Lake Day.** We'll leave after the 9:45am service and return by 9:00pm. Registration required online.



Mark your calendar now for fellowship and growth with women of all ages. Hear about the influence of women in mission, here and around the world.

**Tuesday, August 7, 2018**  
**Gathering time and sign in:** 6:00 pm.  
**Meal and program begins:** 6:15, plan to be finished before dark  
**Keynote speaker:** Cindy Ricker

Cindy Ricker is an entertaining and provocative speaker with experience in international missions. Come be blessed and learn with us. Registration cards will be in the bulletin soon, or you may register online in July.

A nursery will be provided. We will need to know the number of children and their ages when you register. There is no charge for the event.

A light sandwich and salad supper will be provided by the United Methodist Women.



## MEMORIALS AND HONORARIUMS

Forest Hills UMC receives many donations given in memory or in honor of loved ones. Acknowledgment of Forest Hills' gratitude is sent to each person who makes a donation. A letter of recognition identifying who gave a donation is also sent to the person or the family of the person who was honored/remembered. Here is a list of all who have been honored and remembered through a donation to FHUMC this past month:

**In Memory Of:**  
 Christine Rogers  
 Barbara Head  
 Sonny Yearty

Helen Love  
 Zoeie Palmiter  
 Helen Smith  
 Wade Carter

**In Honor Of:**  
 Brenda Lambert



### Assignment One: Read the book of Ephesians

This book is where the main text for Baxter's summer series on the Armor of God comes from and will serve as a foundation for our reading.

### Assignment Two: Read the book of Esther

This book tells an exciting story about a woman that chooses to put on her spiritual armor and let God use her to save her people.

### Assignment Three: Read daily from the Psalms

This book directs us to the heart and will of God. The words within invite us into a relationship with our Creator and give us images of what that relationship looks like in daily life and all circumstances. Read a psalm or part of a psalm each day of the summer.

Before you read, take a moment to pray and ask God to open your mind and heart to the scriptures. Make notes in your Bible or journal about what speaks to you. Pray after reading or the Spirit to make this reading come alive in your life as you witness to the love of Christ in your daily choices and adventures.



## VOTING PRECINCT

As a service to our community, our facility will be used as a voting precinct on **July 24, 2018** (Forest Hills Narthex).

## PRAYER CONCERNS

Charlotte & Asbury Stembridge, Sr., Dillon Lewis, Betty Farr, Kate & Danny Rockwell and Family, Dr. Edsel Davis, Candice Hancock, Wayne Smith, and Bridget Obley.

**Those serving in the military:** Payton Smith (Army), Matt Parrish (Army), Chris Allen, Chris Belvin, Sgt. Daniel Brennan, Jeffrey Dyson, Rob Hunt, Justin Layman, Matthew Nylund, 1st Lt. Jamie Peacock, Kelley Sanders, SSgt. Stephanie Wammock, Bryan Caldon (Navy), Capt. Hunter Curl (Air Force), Zachary Dickson (Army), and Col. Frank & Susie Stanco.

**Names will be removed after four weeks.**

## GREETERS

### JULY 1

- 9:45 AM - Narthex - Carolyn Gibson
- 9:45 AM - Canopy  
Trice & Juanita Burger
- 9:45 AM - Ministry Center  
Judy Whitley & Linda Brooks
- 9:45 AM - Ministry Center Back Door  
Fran Christianson
- 11:00 AM - Canopy - Needed
- 11:00 AM - Narthex  
Barbara Coon & Frances Daniell

### JULY 8

- 9:45 AM - Narthex - Sara Johnson
- 9:45 AM - Canopy  
Margaret Ann Hunt
- 9:45 AM - Ministry Center  
Amy David & Brenda Lambert
- 9:45 AM - Ministry Center Back Door  
Barbara Wolfe
- 11:00 AM - Canopy - Cathy Hanson
- 11:00 AM - Narthex  
Gerald & Teresa Stuart

### JULY 15

- 9:45 AM - Narthex  
Carolyn Scarborough
- 9:45 AM - Canopy  
Dot & Randy Rowland
- 9:45 AM - Ministry Center  
Rob Gibson & Judy Fountain
- 9:45 AM - Ministry Center Back Door  
Kay Hefner
- 11:00 AM - Canopy  
Bill & Lillian James
- 11:00 AM - Narthex  
Sue Hummel & Carole Newberry

### JULY 22

- 9:45 AM - Narthex  
Stephanie Martinek
  - 9:45 AM - Canopy  
Bob & Linda Brown
  - 9:45 AM - Ministry Center  
Ron & Dianne Clark
  - 9:45 AM - Ministry Center Back Door  
Barbara Ricks
  - 11:00 AM - Canopy - Needed
  - 11:00 AM - Narthex  
Sheri Allen & Keith Hollingsworth
- (continued on next page)