

# UNCURED MAPLE HONEY HAM

## DESCRIPTION

Our **Uncured Maple Honey Ham** is marinated in maple syrup, honey and a delicate blend of spices, then slow cooked and smoked using real wood chips, this Maple Honey Ham is simply delicious.

The result is a tender and moist ham with just the right amount of sweetness, ideal for sandwiches or the perfect party tray.

## INGREDIENTS

**PORK, WATER, VINEGAR, MAPLE SYRUP, KOSHER SALT, HONEY, CELERY POWDER, SPICE EXTRACTIVES.**

<b>Nutrition Facts</b>				
Serving Size 2 Ounces (56 grams)				
Servings Per Container varied				
Amount Per Serving				
<b>Calories 70</b>	Calories from Fat 10			
% Daily Value*				
<b>Total Fat 1g</b>		<b>2%</b>		
Saturated Fat 0g		<b>0%</b>		
Trans Fat 0g				
<b>Cholesterol 35mg</b>		<b>12%</b>		
<b>Sodium 470mg</b>		<b>19%</b>		
<b>Total Carbohydrate 2g</b>		<b>1%</b>		
Dietary Fiber 0g		<b>0%</b>		
Sugars 2g				
<b>Protein 12g</b>		<b>24%</b>		
Vitamin A 0%	•	Vitamin C 0%		
Calcium 0%	•	Iron 4%		
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:				
	Calories	2,000	2,500	
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	
Calories per gram:				
Fat 9	•	Carbohydrate 4	•	Protein 4

**98% LEAN  
GLUTEN-FREE  
DAIRY-FREE  
ALLERGEN-FREE  
HEART HEALTHY  
NO ADDED  
NITRATES OR NITRITES**



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