

Welcome to 21 Days of Prayer  
at The Rock Church.

Prayer is not a performance.  
It's not about finding the perfect  
words or having long spiritual  
moments. Prayer is simply  
creating space for God.

Over the next 21 days, we're  
inviting our church family to  
pause each day just a few  
minutes and intentionally turn  
our hearts toward God.

Some days prayer will feel  
meaningful. Other days it may  
feel quiet or even awkward.  
That's okay. God meets us in all  
of it. If you miss a day, don't  
quit. Just begin again.

Our prayer is that this season  
doesn't just fill 21 days but that  
it starts a rhythm that carries  
into everyday life.

Let's begin together.



“More things are  
wrought by prayer  
than this world  
dreams of.”

Alfred Lord Tennyson

Be sure to watch the short daily  
devotionals on our Facebook &  
Instagram pages that correspond  
with this prayer guide.



21-DAY CHURCH-WIDE  
PRAYER CHALLENGE

January 11-31, 2026



A church-wide invitation to  
slow down, seek God, and grow  
a lasting rhythm of prayer.



**DAY 1 – Just Showing Up**

Focus: Beginning prayer without pressure

Scripture: Matthew 6:6 - “But when you pray, go into your room, close the door and pray to your Father, who is unseen.”

**DAY 2 – Listening Before Talking**

Focus: Silence in prayer

Scripture: 1 Samuel 3:10 - “Speak, Lord, for Your servant is listening.”

**DAY 3 – Honest Prayer**

Focus: Authenticity

Scripture: Psalm 62:8 - “Trust in Him at all times, you people; pour out your hearts to Him, for God is our refuge.””

**DAY 4 – Gratitude Changes the Atmosphere**

Focus: Giving thanks

Scripture: 1 Thessalonians 5:18 - “Give thanks in all circumstances; for this is God’s will for you in Christ Jesus.”

**DAY 5 – Praying When You’re Anxious**

Focus: Anxiety

Scripture: Philippians 4:6-7 - “Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.”

**DAY 6 – Finding Joy Amidst Trials**

Focus: Joy in adversity

Scripture: James 1:2-3 - “Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds.”

**DAY 7 – Prayer for Guidance**

Focus: Seeking direction

Scripture: Isaiah 30:21 - “Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, ‘This is the way; walk in it.’”



**DAY 8 – Strength in Weakness**

Focus: God’s strength in our weakness

Scripture: 2 Corinthians 12:9 - “My grace is sufficient for you, for my power is made perfect in weakness.”

**DAY 9 – The Gift of Community**

Focus: Importance of fellowship

Scripture: Hebrews 10:24-25 - “And let us consider how we may spur one another on toward love and good deeds.”

**DAY 10 – Changing Someone’s Destiny**

Focus: Leading people to faith in Jesus.

Scripture: 2 Corinthians 5:17 - “Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.”

**DAY 11 – Embracing Patience**

Focus: Trusting God’s timing

Scripture: Psalm 27:14 - “Wait for the Lord; be strong and take heart and wait for the Lord.”

**DAY 12 – Praying Scripture**

Focus: Using the Bible in prayer

Scripture: Psalm 119:105 - ‘Your word is a lamp for my feet and a light for my path.’

**DAY 13 – Living with Purpose**

Focus: Discovering God’s purpose for our lives

Scripture: Jeremiah 29:11 - “For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.”

**DAY 14 – Sharing the Love of Christ**

Focus: Being a light to others

Scripture: Matthew 5:16 - “In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.”



**DAY 15 – The Power of Forgiveness**

Focus: Learning to forgive as we’ve been forgiven

Scripture: Ephesians 4:32 - “Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.”

**DAY 16 – Praying for Wisdom**

Focus: Guidance

Scripture: James 1:5 - “If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you.”

**DAY 17 – The Joy of Serving**

Focus: Finding joy in Christian service

Scripture: Galatians 5:13 - “For you were called to freedom, brothers. Only do not use your freedom as an opportunity for the flesh, but through love serve one another.”

**DAY 18 – Surrender**

Focus: Letting go

Scripture: Luke 22:42 - “Father, if you are willing, take this cup from me; yet not my will, but yours be done.”

**DAY 19 – Trusting God in Uncertainty**

Focus: Faith in difficult times

Scripture: Proverbs 3:5-6 - “Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths.”

**DAY 20 – The Beauty of Rest**

Focus: Embracing rest in God

Scripture: Matthew 11:28 - “Come to me, all who labor and are heavy laden, and I will give you rest.”

**DAY 21 – The Importance of Prayer**

Focus: Dedication to prayer

Scripture: Romans 12:12 - “Be joyful in hope, patient in affliction, faithful in prayer.”

