

Welcome to 21 Days of Prayer at The Rock Church.

Prayer is not a performance. It's not about finding the perfect words or having long spiritual moments. Prayer is simply creating space for God.

Over the next 21 days, we're inviting our church family to pause each day just a few minutes and intentionally turn our hearts toward God.

Some days prayer will feel meaningful. Other days it may feel quiet or even awkward. That's okay. God meets us in all of it. If you miss a day, don't quit. Just begin again.

Our prayer is that this season doesn't just fill 21 days but that it starts a rhythm that carries into everyday life.

Let's begin together.



“More things are wrought by prayer than this world dreams of.”

Alfred Lord Tennyson

Be sure to watch the short daily devotionals on our Facebook & Instagram pages that correspond with this prayer guide.



21-DAY CHURCH-WIDE PRAYER CHALLENGE

January 11-31, 2026



A church-wide invitation to slow down, seek God, and grow a lasting rhythm of prayer.



DAY 1 – Just Showing Up

Focus: Beginning prayer without pressure

Scripture: Matthew 6:6 - "But when you pray, go into your room, close the door and pray to your Father, who is unseen."

DAY 2 – Listening Before Talking

Focus: Silence in prayer

Scripture: 1 Samuel 3:10 - "Speak, Lord, for Your servant is listening."

DAY 3 – Honest Prayer

Focus: Authenticity

Scripture: Psalm 62:8 - "Trust in Him at all times, you people; pour out your hearts to Him, for God is our refuge."

DAY 4 – Gratitude Changes the Atmosphere

Focus: Giving thanks

Scripture: 1 Thessalonians 5:18 - "Give thanks in all circumstances; for this is God's will for you in Christ Jesus."

DAY 5 – Praying When You're Anxious

Focus: Anxiety

Scripture: Philippians 4:6-7 - "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God."

DAY 6 – Finding Joy Amidst Trials

Focus: Joy in adversity

Scripture: James 1:2-3 - "Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds."

DAY 7 – Prayer for Guidance

Focus: Seeking direction

Scripture: Isaiah 30:21 - "Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, 'This is the way; walk in it.'"

DAY 8 – Strength in Weakness

Focus: God's strength in our weakness

Scripture: 2 Corinthians 12:9 - "My grace is sufficient for you, for my power is made perfect in weakness."

DAY 9 – The Gift of Community

Focus: Importance of fellowship

Scripture: Hebrews 10:24-25 - "And let us consider how we may spur one another on toward love and good deeds."

DAY 10 – Changing Someone's Destiny

Focus: Leading people to faith in Jesus.

Scripture: 2 Corinthians 5:17 - "Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come."

DAY 11 – Embracing Patience

Focus: Trusting God's timing

Scripture: Psalm 27:14 - "Wait for the Lord; be strong and take heart and wait for the Lord."

DAY 12 – Praying Scripture

Focus: Using the Bible in prayer

Scripture: Psalm 119:105 - 'Your word is a lamp for my feet and a light for my path.'

DAY 13 – Living with Purpose

Focus: Discovering God's purpose for our lives

Scripture: Jeremiah 29:11 - "For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."

DAY 14 – Sharing the Love of Christ

Focus: Being a light to others

Scripture: Matthew 5:16 - "In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven."

DAY 15 – The Power of Forgiveness

Focus: Learning to forgive as we've been forgiven

Scripture: Ephesians 4:32 - "Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you."

DAY 16 – Praying for Wisdom

Focus: Guidance

Scripture: James 1:5 - "If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you."

DAY 17 – The Joy of Serving

Focus: Finding joy in Christian service

Scripture: Galatians 5:13 - "For you were called to freedom, brothers. Only do not use your freedom as an opportunity for the flesh, but through love serve one another."

DAY 18 – Surrender

Focus: Letting go

Scripture: Luke 22:42 - "Father, if you are willing, take this cup from me; yet not my will, but yours be done."

DAY 19 – Trusting God in Uncertainty

Focus: Faith in difficult times

Scripture: Proverbs 3:5-6 - "Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths."

DAY 20 – The Beauty of Rest

Focus: Embracing rest in God

Scripture: Matthew 11:28 - "Come to me, all who labor and are heavy laden, and I will give you rest."

DAY 21 – The Importance of Prayer

Focus: Dedication to prayer

Scripture: Romans 12:12 - "Be joyful in hope, patient in affliction, faithful in prayer."

