

## Freedom

### Two Key Questions

1) \_\_\_\_\_ You \_\_\_\_\_ ... In \_\_\_\_\_?

John 4:34/John 5:19-20/John 6:38/John 8:29/John 14:31

No matter how much you talk to yourself, read, study, or practice, *you can't develop or set boundaries apart from supportive relationships with God and others.* Don't even try to start setting limits until you have entered into deep, abiding attachments with people who will love you no matter what.

(Henry Cloud & John Townsend, *Boundaries*)

2) \_\_\_\_\_ You \_\_\_\_\_ ... \_\_\_\_\_?

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## Freedom

### *Living It & Giving It*

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### Family Politics

### Loving People

### *Doing Relationships A Whole New Way*

All passages, unless otherwise noted, are from the New International Version of the Bible.  
You can download the free YouVersion Bible app that includes the NIV translation at your favorite app store.

## Loving People

### *Living It & Giving It*

1) We're \_\_\_\_\_ . . . For \_\_\_\_\_.

Mark 3:1-6 & Matthew 23/John 6:60-71/John 7:1-9/Mark 3:20-34  
Matthew 16:21-28

It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery. (Galatians 5:1)

⇒ Freedom Is The Ability To . . .

\_\_\_\_\_ Our Own \_\_\_\_\_ . . .

\_\_\_\_\_ Our Own \_\_\_\_\_ . . .

\_\_\_\_\_ Our Own \_\_\_\_\_ . . .

Without Outside \_\_\_\_\_,

\_\_\_\_\_

Or \_\_\_\_\_.

Respect is a necessary element for any couple to grow in love. Each person needs to feel that they are respected by the person they are getting to know. This involves having esteem or regard for all aspects of the other. . . . When respect is present, the other person feels that he can be free to be who he is. He can be honest, and still feel connected and safe. He doesn't worry that he will be attacked, humiliated, or treated poorly. When respect is absent, many people will find themselves controlled, neglected, or injured by someone who doesn't care about their needs and feelings. . . . It means things like the following:

- Your opinion is heard and valued.
- Your differences and disagreeing are validated.
- Your choices are esteemed, even the wrong ones.
- Your feelings are regarded.
- When you are wrong, you feel confronted respectfully, not talked down to nor babied. . . .

Respecting someone doesn't mean that you agree with them. Nor does it mean you will comply with what they want. It means that their feelings matter because those emotions belong to a person who matters.  
(Henry Cloud & John Townsend, *Boundaries in Dating*)

2) \_\_\_\_\_ . . . \_\_\_\_\_.

John 7:1-10/Matthew 16:21-28

When his family heard about this, they went to take charge of him, for they said, "He is out of his mind." (Mark 3:21)

Jesus looked at him and loved him. (Mark 10:21)

3) With \_\_\_\_\_ . . . \_\_\_\_\_.

1 Corinthians 5/2 Thessalonians 3:6-10/Titus 3:10-11

Better is open rebuke than hidden love.  
Wounds from a friend can be trusted, but an enemy multiplies kisses. (Proverbs 27:5-6)

We urge you, brothers and sisters, warn those who are idle and disruptive, encourage the disheartened, help the weak, be patient with everyone. (1 Thessalonians 5:14)

If your brother sins against you, go and show him his fault, just between the two of you. If he listens to you, you have won your brother over. But if he will not listen, take one or two others along. . . . If he refuses to listen to them, tell it to the church; and if he refuses to listen even to the church, treat him as you would a pagan or a tax collector. (Matthew 18:15-17)