

## List of Suggested Food Donations:

canned fruit  
canned soup  
canned vegetables  
baked beans  
canned potatoes or yams  
spaghetti sauce  
spaghetti pasta  
assorted kinds of plain pasta  
instant mashed potatoes  
Jello and pudding mix  
gravy and broth  
mac and cheese  
rice – white or brown  
flavored rice or pasta mixes  
helpers (hamburger, chicken, tuna)  
mini-meals for children (spaghetti o's, ravioli, etc.)  
peanut butter and jelly  
ketchup, mustard and mayo  
breakfast cereal – hot or cold  
pancake mix and syrup  
crackers, granola bars and dried fruit  
juice for children (apple, cranberry, grape)  
tea/coffee/hot chocolate

toilet paper  
paper towels  
facial tissues  
shampoo and conditioner  
toothpaste and toothbrushes  
bar soap  
dishwashing liquid  
liquid laundry detergent

***Please check "best used by" dates on items you are considering for donation. Items should be no more than six months past the "best used by" date. Glass is accepted but plastic is preferred.***