

# His Name Is... The Bread of Life

John 6:26-35, 57-58

## QUICK REVIEW

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- 1** Looking back at your notes from this week's teaching, was there anything you heard for the first time or something that caught your attention, challenged, or confused you?

## MY STORY

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- 2** Jesus met a crowd whose stomachs were full but whose deeper spiritual hunger remained. We can also expect created things - even good things - to satisfy needs they were never meant to fill.

**What is something you have looked to for lasting satisfaction that eventually left you wanting more? What did that experience teach you?**

- 3** In Jesus' day, bread was essential to life, available to everyone, shared in fellowship, and a reminder of God's presence.

**Which of those pictures most helps you understand what Jesus means when He calls Himself the Bread of Life? Why?**

## DIGGING DEEPER

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- 4** **READ JOHN 6:26-27**

Jesus exposed that the crowd was pursuing Him because they had eaten their fill, not because they understood the sign or recognized who He was.

**How can even religious activity become a way of seeking what Jesus can give us rather than seeking Jesus Himself?**

- 5** **READ JOHN 6:28-29**

The crowd asked what works God required. Jesus answered by pointing them to belief in the One God had sent.

**What does it mean to believe in Jesus? How does His answer confront our instinct to earn God's favor?**

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## DIGGING DEEPER - CONTINUED

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### 6 READ EXODUS 3:14-15 AND JOHN 6:35

When Jesus says, 'I am the Bread of Life,' He identifies Himself with the great I AM and declares His deity.

**How should this change the way we approach Jesus - not merely as a provider, but as the Lord who is worthy of our awe?**

### 7 READ JOHN 6:35, 51, 57-58

Physical food sustains us temporarily. Jesus gives life now and promises eternal life to all who come to Him and believe.

**How does coming to Jesus and believing in Him help explain what it means to 'feed on' the Bread of Life? How can we depend on Him continually?**

## NEXT STEPS

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### 8 Jesus alone can fill the spiritual emptiness caused by sin. He invites us to come, believe, and receive the life that only He can give.

**Where is Jesus inviting you to respond?**

- Release a temporary substitute you have expected to satisfy you
- Reorder your daily life to seek Jesus first
- Point someone else to the Bread of Life

### 9 What one specific step will you take this week to seek Jesus first, depend on Him, or point someone else to the Bread of Life?

## PRAY TOGETHER

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**Who or what can you be praying for this week?**