

Day School Covid Guidelines September 2023

1. **Exposed staff and children** may attend school as long as they remain asymptomatic.

Those who are able to wear a mask should do so until day 10, and should test on day 6 of exposure.

2. **Children and staff who test positive** must isolate for at least 5 days. If they are asymptomatic or symptoms are resolving and they have been fever free without the use of fever-reducing medicine for 24 hours, they may return after day 5 and should wear a high-quality mask through day 10.

- If the individual is able to mask, they must do so through day 10.

. If the individual has a negative test on day 5 or later, they do not need to mask.

. If the individual is unable to mask, they may return with a negative test on day 5 or later.

3. Children and staff who develop symptoms while at school will be sent home and are able to return with a negative test.

Symptoms to monitor for:

- Fever (100.0° Fahrenheit or higher), chills, or shaking chills
- Difficulty breathing or shortness of breath
- New loss of taste or smell
- Muscle aches or body aches
- Cough (not due to other known cause, such as chronic cough)
- Sore throat, *when in combination with other symptoms*
- Nausea, vomiting, *when in combination with other symptoms*
- Headache, *when in combination with other symptoms*
- Fatigue, *when in combination with other symptoms*
- Nasal congestion or runny nose (not due to other known causes, such as allergies), *when in combination with other symptoms*