

Prayer Experiment: The Big Rocks Prayer

You've probably seen the illustration before: begin with an empty jar or bucket. Fill it with small rocks and gravel, and then try to add some large rocks after the fact. It doesn't work so well.

The big, heavy, and important things have to go into your bucket first if you want to get them in at all. Then you can add the rest.

Prayer can be like that. We can spend all of our time in prayer on a long list and find, when it's time to say amen, we never really brought up the big, heavy, and important stuff. There just wasn't time.

Experiment with the Big Rocks Prayer on the following page and see if it helps you spend more time on the things that need the most attention.

Add prayer requests to the large rocks first. Then add smaller concerns to the smaller rocks. Anything else can be prayed about another time.

Pray as you color in the rocks, beginning with the biggest ones and working your way down. You have room to add words to the largest of the rocks if you wish; let the label be enough for the smaller rocks.

Once you have finished coloring the rocks, use a pen or marker or pencil to add "sand," tiny dots that fill the space between the rocks. Keep praying.

Finally, use blue to cover the whole thing in "water" as you pray for the Spirit to cover your prayers. Your bucket is full. And Jesus now carries your rocks, big and small. You can leave them in His hands. Be at peace.

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CAN WE FIND A FRIEND SO FAITHFUL
Who will all our sorrows share?



Jesus knows our every weakness
TAKE IT TO THE LORD IN PRAYER