

IFC YOUTH RETREAT 2026 Registration Form (Gr. 6-12)

THURSDAY, AUGUST 20TH – SUNDAY AUGUST 23RD

Mount Zion Retreat Centre - Gilmour, Ontario

ABOUT THE RETREAT:

The Junior High and Youth Ministry of IFC Church will be hosting a joint retreat trip for students grades 6-12 this summer! It will be a time fully dedicated to nurturing the heart and minds of our youth into the ways of Jesus Christ. Our aim is to practically teach them how to develop a daily, personal relationship with Jesus that will last them a lifetime. With the encouragement of their leaders and pastors, they will feel emboldened to live for Christ in their schools, homes and communities.

COST: FREE per registered child | REGISTRATION DUE BY JULY 12TH, 2026

DROP-OFF TIME: Bus departs at 5:00 PM on Thursday, Aug. 20th – Students to arrive 20 mins prior.

PICK-UP TIME: Bus arrives between 7:00-7:30 PM on Sunday, Aug. 23rd

FOOD/DRINKS:

IFC Church will be fully providing for all meals and drinks for the duration of the retreat. Students will not need to bring any food items with them. Please detail any allergies on the next page.

CLOTHING:

Please send your children with the necessary amount of clothing needed for 1 night and 3 full days of activities. It is recommended to have a mix of breathable clothing for the day and something warmer for the evenings. If your child would like to make use of the lake, they may bring modest swim attire (T-shirt for torso and swimsuit for bottoms). Please ensure each child has proper running shoes for the outdoors.

TOILETRIES & BEDDING:

Children will need to bring their own toiletry items for the duration of the trip. Sunscreen and bug spray are a must. Each child **MUST** bring their own towels, pillow, pillowcase, bedding and blanket.

DAILY SCHEDULE:

Each day we will have focused times where we can pray, worship, engage in small group discussions, share testimonies and learn the Bible from our leaders. The retreat has been specially designed to equip and engage our youth in authentic Christian discipleship. There will also be much time spent in building spiritual friendships with each other through conversation, games and outdoor activities.

CELL-PHONE USE:

Children may bring their cellphones on the trip but be advised that ALL cellphones will be kept with the leaders for the majority of each day. If a student needs to check-in with a parent, they can inform a leader. The purpose of this is to ensure each student is intentional about connecting with the Lord undistracted.

SAFETY INFORMATION:

This 4-day retreat will be operating under the full supervision of Pastor Janna, Pastor Raheem, Darius and various screened leaders from our youth ministry. We will also be taking some extra adults for additional supervision.

Mount Zion Retreat Centre is a privately owned space. However, it is still situated around a lake. Terrain is mostly grass and rocky landscape with various hills. Children must be cautious when navigating themselves around the area.

**Contact: Pastor Raheem | raheem@ifcchurch.ca – Pastor Janna | janna@ifcchurch.ca
Youth Leader Darius | darius@ifcchurch.ca**

YOUTH RETREAT CHECKLIST

- Physical Bible, Notebook, Pen/Pencil/Highlighter
- Luggage with enough clothing for 4 Days
- Toiletry Items (Toothbrush, Toothpaste, Shampoo/Conditioner/Soap, Lotion etc.)
- Towels & Cloths
- Sunscreen
- Bug spray
- Running Shoes
- Necessary Medication
- Bedding (Pillow, Pillowcase, Sheets & Blanket)
- Swim Attire if needed (T-shirts & Swimsuits)
- Hat if needed

Please fill out this form in its entirety.

CHILD/CHILDREN INFORMATION:

Please print clearly.

Full Name:	
Sex:	<input type="checkbox"/> Male <input type="checkbox"/> Female
Date of Birth:	
Current Grade & Age:	

Full Name:	
Sex:	<input type="checkbox"/> Male <input type="checkbox"/> Female
Date of Birth:	
Current Grade & Age:	

Full Name:	
Sex:	<input type="checkbox"/> Male <input type="checkbox"/> Female
Date of Birth:	
Current Grade & Age:	

PARENT INFORMATION:

Please provide the contact information of the parent who will be the main point of contact.

Parent/Guardian Full Name:	
Relationship to Child:	
Cell Phone:	
Address:	
Email:	

ADDITIONAL EMERGENCY CONTACT:

Parent/Guardian Full Name:	
Relationship to Child:	
Cell Phone:	
Address:	
Email:	

HEALTH INFORMATION:

Please be as specific as possible.

Allergies/Medical Conditions:	
Please indicate if your child carries any medication with them:	
Does your child require assistance administering their medication? Please explain:	

**Do you grant us permission to assist your child in administering their provided medication?
(Parent/Guardian must provide detailed instructions for administering)**

Yes N/A

Signature: _____

Mental Health, Behavioral, Emotional Concerns:	
Please add if any additional support is necessary for your child's participation:	

Any other important information about your child:	
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IFC CHURCH: PARENT CONSENT AND RELEASE

Please carefully read all information below and provide your signature.

CODE OF CONDUCT:

Safe and moral conduct is mandatory for every participant at every event. The overseeing Pastor/Leader is responsible for maintaining such behavior in the group and has authority to direct offenders to be picked up by their parent/guardian. The parent/guardian will bear all expenses for picking up their child. Behavior that is not tolerated includes, but may not be limited to:

- Fighting, harassment, continued coarse speech or behavior
- Possession of any weapon or dangerous object
- Possession of tobacco, alcohol, or controlled substances
- Males are not allowed in females' rooms and females are not allowed in males' rooms at anytime
- No child is permitted to leave children's ministry premises unless accompanied by a Leader or authorized parent/guardian. In the event that someone becomes separated by accident, they must make every effort to immediately rejoin the group
- Respect for and compliance for facility items and rules

I consent to abiding by the code of conduct outlined above and understand fully its implications on my child.

MEDIA CONSENT:

At IFC Church there may be instances in which photos/videos will be captured of the children's ministry activities. Do you grant permission to IFC Church to capture and/or publish photos/videos of your child for the sole use of church publication? This may include social media, webpage, print publications, slideshow media etc.

I grant full permission to IFC Church to capture photos/videos of my child during the camp

LIABILITY RELEASE:

In consideration of IFC Church allowing the Participant to participate in children's ministry, I, the undersigned, do hereby release, forever discharge and agree to hold harmless IFC Church, its pastors, directors, employees, volunteers and teachers (collectively herein the "Church") from any and all liability, claims or demands for accidental personal injury, sickness or death, as well as property damage and expenses, of any nature whatsoever which may be incurred by the undersigned and the Participant while involved in the ministry activities and childcare. I the parent or legal guardian of this Participant hereby grant my permission for the Participant to participate fully in children's ministry activities on the church premises. Furthermore, I, on behalf of my minor Participant, hereby assume all risk of accidental personal injury, sickness, death, damage and expense as a result of participation in all activities involved therein. The undersigned further hereby agrees to hold harmless and indemnify said Church for any liability sustained by said Church as the result of the negligent, willful or intentional acts of said Participant, including expenses incurred attendant thereto.

Child/Children's Name(s)

Primary Parent/Guardian Signature

Date