



Blood, Sweat and Tears

Part 2

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Luke 22:41-44 “He, [Jesus] withdrew about a stone’s throw beyond them, knelt down and prayed, ⁴²“Father, if you are willing, take this cup from me; yet not my will, but yours be done.” ⁴³An angel from heaven appeared to him and strengthened him. ⁴⁴And being in anguish, he prayed more earnestly, and his sweat was like drops of blood falling to the ground.”

- Your _____ reveals your _____.
- Your _____ reveals your _____.
- Your _____ reveal your _____.

Just as in physical childbirth, to be _____ born again requires blood, sweat and tears.

1. _____ for it

Genesis 3:19 ESV “By the sweat of your face you shall eat bread, till you return to the ground, for out of it you were taken; for you are dust, and to dust you shall return.”

You sweat for what you want to _____ at. Success comes with sweat.

- a. _____ for Jesus – Triumphal Entry

Matthew 21:1-3 “As they approached Jerusalem and came to Bethphage on the Mount of Olives, Jesus sent two disciples, ²saying to them, “Go to the village ahead of you, and at once you will find a donkey tied there, with her colt by her. Untie them and bring them to me. ³If anyone says anything to you, say that the Lord needs them, and he will send them right away.”

- b. Work out your _____

Philippians 2:12 “Therefore, my dear friends, as you have always obeyed—not only in my presence, but now much more in

my absence—continue to work out your salvation with fear and trembling.”

To “**work out**” means “to _____ work to bring something to completion or fruition.”

Philippians 3:13-14 “Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and **straining** toward what is ahead, ¹⁴**I press on** toward the goal to win the prize for which God has called me heavenward in Christ Jesus.”

- c. With _____ and trembling

Psalms 2:11 “Serve the Lord with fear and **celebrate** his rule with trembling.”

2. Jesus’ sweat for _____

Luke 22:44 “And being in anguish, he prayed more earnestly, and his sweat was like drops of blood falling to the ground.”

Hematidrosis – a rare, but very real, medical condition where one’s sweat will contain blood. The cause—_____ **anguish**.

John 18:4 “Jesus, **knowing all that was going to happen to him**, went out and asked them, “Who is it you want?”

Excruciating – literally means “from the _____.”

Luke 22:42 “Father, if you are willing, **take this cup from me...**”

2 Corinthians 5:21 “God made him who had no sin to be sin for us, so that in him we might become the righteousness of God.”

Luke 22:42b “...**yet not my will, but yours be done.**”