



diabetes UNDONE

— INTERACTIVE WORKSHOP —

1 in 3 Americans has diabetes or prediabetes.
That doesn't have to be your story.

Join Dr. Wes Youngberg, lifestyle expert and author of *Goodbye Diabetes*, and Brenda Davis, world-renowned author and plant-based dietician, as they guide you through a hope-filled 8-session video course to reverse diabetes and reclaim your health.

\$50 PARTICIPANT KIT INCLUDES:

- ★ Inspiring wellness talks
- ★ Expert advice
- ★ Group support
- ★ Cooking demos & samples
- ★ Diabetes Undone Workbook
- ★ Diabetes Undone Cookbook
- ★ 8 Laws of Health DVD
- ★ Access to the video course



JOIN US OPENING DAY, TUESDAY AUGUST 20, 2019 6:30 P

DATES

8 SESSIONS: FROM AUG. 20 THROUGH OCT. 8, 2019
6:30 pm to 8:00 pm

VENUE

FELLOWSHIP HALL @FAIRMONT SEVENTH-DAY ADVENTIST CHURCH
730 W. Fairmont Ave., Lodi, California 95240

CONTACT

CHURCH OFFICE MON-THUR 9 AM-1 PM
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