



SEPTEMBER 3, 2023

# CAPITAL CITY

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## PRACTICES & CONVERSATIONS

*A resource to help you engage in a regular rhythm of spiritual practices and a tool to encourage conversation with God and others as you encounter Jesus, become like Jesus, and love like Jesus*

### Part 1: Practice

Spiritual practices help us create space to open ourselves to God.

In this week's practice, we're going to practice sharing the story of our faith Journey. One way to share what Jesus has done in your life is to think about completing these three prompts:

1. I once was... (lost, rebellious, far from God, prideful, focused only on myself, etc.)
2. Then Jesus...(saved me, forgave me of my sin changed my heart, rescued me, gave me a new life, etc.)
3. And now... (I belong to the family of God, I walk with Jesus, I love God and others, I am different, etc.)

Our testimonies are powerful! Spend a little time with God this week thinking about how you could use these three prompts to share what Jesus has done for you.

### Part 2: Conversations between you and God

**Spend some time with God this week, considering these questions:**

1. Our response to God should come from the overflow of love we have for him, not from a place of duty or obligation. Take a moment to talk to God about the motivation behind your obedience to him. Why do you obey the commands of God and follow the way of Jesus?
2. Some questions Louis gave us to consider are: What is sin? What did Jesus do? What is repentance? What is confession? What is faith? What is belief? What is baptism? Who is the Holy Spirit? What does it mean to obey God? What does it mean to be a disciple who makes disciples? How would you answer those questions?
3. Read Matthew 28:18-20. How might God be inviting you to share the good news of the gospel and/or to share what you've learned through this series?

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### Part 3: Conversations with others

1. In what ways have you been going through the motions of your Christian walk? How might you be more intentional about following Jesus?
2. Read Matthew 18:1-5. Jesus often used children to demonstrate the kind of faith we should have. Think about a child. What characteristics of children is Jesus calling us to have when he calls for child-like faith?
3. Read Ephesians 4:3-6. What do you notice about how God calls us to live together as baptized believers within the family of God?