



APRIL 5, 2026

CAPITAL CITY

PRACTICES & CONVERSATIONS

A resource to help you engage in a regular rhythm of spiritual practices and a tool to encourage conversation with God and others as you encounter Jesus, become like Jesus, and love like Jesus

Part 1: Practice

In this week's practice, begin each day with clarity on who Jesus is in your life. You might pray a prayer like this at the start of each morning, "Jesus, you are King of Kings and Lord of Lords. You rule and rein in my life. Help me to trust you and to follow you fully today. Amen."

Part 2: Conversations between you and God

1. Where in your life have you experienced death or something that feels like death? (relationships, dreams, finances, grief, etc?) Bring those areas to Jesus.
2. Jesus moves us from confusion to clarity. Where have you experienced this in your life?
3. Who is someone that needs to hear the truth about Jesus? Pray for them.

Part 3: Conversations with others

1. Think about the morning of the Resurrection (Luke 24:1-12) and the different responses the people had. Why was their such a vast array of responses? Put yourself in the scene. How would you have responded?
2. How did the truth about Jesus' life, death, resurrection, and eternal reign bring clarity to your life?
3. What is one truth about God that you're clinging to in this season to bring clarity to the confusion you feel?

Part 4: Scriptures to Meditate on This Week

Luke 24:1-12, Romans 8:11

Part 5: Conversations from 365 in the Word

1. What characteristics do you notice in King Saul that led him away from God and experience consequences?
2. What characteristics do you notice in David that caused him to draw near to God and experience blessing?
3. What can you learn from the life of Samuel?