



FEBRUARY 22, 2026

# CAPITAL CITY

---

## PRACTICES & CONVERSATIONS

*A resource to help you engage in a regular rhythm of spiritual practices and a tool to encourage conversation with God and others as you encounter Jesus, become like Jesus, and love like Jesus*

### **Part 1: Practice**

Give something away that you enjoy. Do you have something that could be a blessing to someone else? Give it to them.

Pause before your purchases this week and pray, "Who am I serving?"

### **Part 2: Conversations between you and God**

1. In what areas and in what ways do you notice greed creeping in to your life?
2. Read Matthew 6:21. Where are your treasures? Where do you spend, invest, and give your financial resources?
3. How is God inviting you to practice simplicity in your life?

### **Part 3: Conversations with others**

1. Read Matthew 6:19-24. What is Jesus teaching in this passage?
2. Consider the life of Jesus. In what ways did he model simplicity?
3. How does simplicity push back against our consumer and comparing culture?

### **Part 4: Scriptures to Meditate on This Week**

Luke 12:15-21, Matthew 6:19-24

### **Part 5: Conversations from 365 in the Word**

1. The laws were often for the good of the community and the benefit of the people. How might you live with the well-being of others in mind?
2. Read Deuteronomy 23:23. What vows have you made to the Lord? How are you walking those out?
3. On Feb 27, in Deuteronomy 17:14-15, we read of the God's awareness that the people would ask for a king to rule over them instead of being content with God's rule. In what ways do you lean in to God's rule in your life. In what ways do you rebel?