



JANUARY 04, 2026

CAPITAL CITY

PRACTICES & CONVERSATIONS

A resource to help you engage in a regular rhythm of spiritual practices and a tool to encourage conversation with God and others as you encounter Jesus, become like Jesus, and love like Jesus

Part 1: Practice

In this week's practice, set a plan to make a daily habit for scripture intake. Where, when, and how will that look each day?

Part 2: Conversations between you and God

1. What is your plan to be formed into the image of Jesus through scripture reading? Do you have one?
2. Do you engage with the Bible as information transfer or as an opportunity for transformational relationship? What's the difference?
3. What is one step you can take today to make scripture intake a part of your daily habit?

Part 3: Conversations with others

1. What does this quote mean, "We take in scripture not to master in but to be mastered by it."
2. What are some of the things that make the Bible unique?
3. How are you prioritizing hearing God's word, reading God's word, and studying God's word? How might you build in a regular rhythm of these three practices this year?

Part 4: Scriptures to Meditate on This Week

Acts 17:27, 2 Timothy 3:16, John 14:16, Luke 11:28, Romans 10:17, Nehemiah 8:5-8, Matthew 19:4, Revelation 1:3

Part 5: Conversations from 365 in the Word

1. The next time you are faced with temptation, how will you ensure that you choose what is good instead of what seems good to you in the moment?
2. Do you trust God enough to leave your comfort zone and step into uncomfortable places in obedience to him? What might those places be in your life?
3. Is there an area in your life where you are desperately trying to make things happen instead of trusting that God is in control and is working out his plan? How can you practice patient trust instead?