

September LIFT 2018-19

Level 1-3 Home Assignment

Directions: Work with your child through the take home assignment. It isn't a writing assignment but an opportunity to experience together what we discussed at LIFT. Jot down notes about the things you talk about and email me a summary to dremaley@holyeucharist.org.

Theme: I Believe in God, the Father Almighty creator of heaven and earth

- Objectives:**
1. Consider what it means to believe in something
 2. Be able to retell the creation story and consider what it explains about how and why we were created.
 3. Know that they are created by God in His image and are loved by God
 4. Know that by virtue of their baptism, they are adopted sons and daughters of God

Activities

Liturgical Calendar Connection

Questions to consider: Explain that the church uses different colors to show what church (liturgical) time of year we are in. What color did we see in church today and on the vestments (clothes) of the priest and deacon? (green)

What is the liturgical time of year we are in? (Ordinary Time) Ordinary usually means "regular" or "plain" but the way that we are using it here means "order" as in the order of counted weeks.

What Does it Mean to Believe?

What does it mean to believe something? [Things they might say: to accept something as true, to have trust, to have faith, to hope with confidence]

Another word for believing is trusting. We are going to do a trust walk to see how this works. [One person closes their eyes and is lead by the other for 2-3 minutes around the room; then have them switch.]

Questions to consider when you are seated again:

- When you had your eyes closed, how did you feel? Were you confident? Worried? Why?
- Was it hard to trust? If so, why?

Human beings can fail even when they are doing their best and we know this to be true. But there is only One who we should place all of our trust in...and that is God.

We have a prayer that we use to begin and end prayer and to remind us that everything that we do has a beginning and an end in God. It is called the Sign of the Cross.

Introduce or remind them how to do the Sign of the Cross. “In the name of the Father and the Son and the Holy Spirit. Amen” (A way to explain this is that: God is the Father, the Creator. He loves us so much that he sent his Son to us to teach us and be an example to us. The Father and Son sent us the Holy Spirit so that we can continue to move towards God even when we can't see Jesus. Also, remind them that they will touch their left shoulder first and then the right...just like we read from left to right.)

Apostle's Creed Introduction

This year we are going to learn about a prayer that we say in church called the Apostle's Creed. It is what we believe as Catholic Christians.

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

Today, we are going to concentrate on the first line “I believe in God, the Father almighty, creator of heaven and earth.”

Creation Artwork

God created all the animals that live on the earth. God did not use anything to make His creation. Only God can create something out of nothing.

Pretend that God has given you the job of creating a brand new animal for Him. Draw a picture of your animal on the paper provided and give it a name. Where would it live and what would it like to eat?

[Something to mention...when they were making the movie Avatar they had to “create” or design different types of animals and plants. The people on the creative team really thought that they were designing animals and plants that were never thought of before. As they did more research, they discovered that many of the animals that they “created” already existed here on earth.]

Closing Prayer
Pray together the "Our Father"