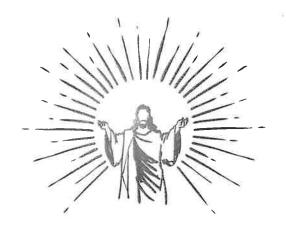
## LIVING IN FAITH TOGETHER 2025-2026

Level 8



	B	*:					
					Ü		
			×				
						25	
8							
				12			



at Church of the Holy Eucharist September 2025-2026

Level 8

#### Chapter 1: In God's Image—covered in September LIFT

• If you didn't attend the September LIFT: Read Chapter I in your Alive in Christ book, p. 51 and complete the Chapter I activity master in this packet.

#### Chapter 2: Revelation and Faith

Read Chapter 2 in your <u>Alive in Christ</u> book, p. 63.

• Complete the Chapter 2 activity master in this packet.

## Have fun! Remember: write on the activity master and not in the book. :)

Prayer Corner: Our Father

Prayer the "Our Father" prayer everyday until we meet again:

Our Father, Who art in heaven,

Hallowed be Thy Name. Thy Kingdom come,

Thy Will be done, On earth as it is in Heaven.

Give us this day, our daily bread,

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil. Amen

#### Chapter 1 Activity Master, Level 8

#### Read Chapter 1.

Match each description in Column A with the correct term in Column B.

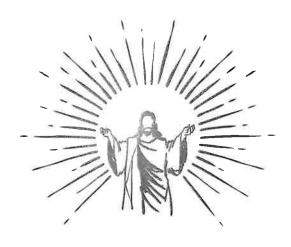
Col	umn A	Column B
	acred promise or agreement between od and humans	a. Decalogue
2. Te	n Commandments	b. covenant
	piritual principle of a human that will ist for ever	c. soul
	od-given freedom and ability to choose and make decisions	d. free will
True or fa	lse	
making ch	5. Natural law, like the Ten Command	lments, guides us in
God would	6. The prophet Noah constantly remind take away their hardened hearts and rep	
reason, ar	7. It is your soul that makes it possible and judge.	e for you to think,
 gave him	8. God chose Moses to lead His peop the Ten Commandments.	ole out of Egypt and

#### Charles 2 Activity Making Level 1

#### Read Chapter 2.

In the yellow box on Page 63, St. James in his letter says that "So also of faith itself, if it does not have works, it is dead." In other words, if we say we have faith, but we do nothing to show it through our actions, our faith is dead. What are some actions that kids your age can do to show that you have a living faith?
What are the two sources of God's Revelation to us? How do these two sources help us to learn about the faith and hand it on to others?

	3	
	\$7.	



at Church of the Holy Eucharist October 2025-2026

Level 8

#### Chapter 4: The Trinity Made Known—October LIFT

• If you didn't attend the October LIFT: Read Chapter 4 in your Alive in Christ book, p. 91 and complete the Chapter 4 activity master in this packet.

#### Chapter 5: The Holy Family

- Read Chapter 5 in your <u>Alive in Christ</u> book, p. 103.
- Complete the Chapter 5 activity master in this packet.

#### Family Life: Unit 1

- Read Unit 1 in your Family Life book, p. 9-18.
- Complete the Unit I activity master in this packet.

#### **Prayer Corner: Hail Mary**

Pray the "Hail Mary" prayer as well as the "Our Father" prayer every day until next month:

Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Name Date				
Name			D-4-	
	Namo		Date	

#### **My Family Tree**

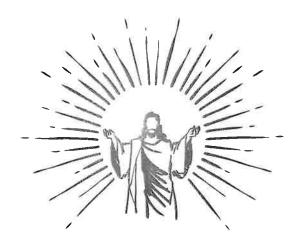
A family tree is a record of family members and relationships. Work with your parents/guardians or other family members to fill in the details of your family tree. Add more boxes where needed. Ignore boxes that don't apply to your family.

	CE. LINE DE		
	N. I promption of the last of	>1 -x - x - x - x	2 3 - x 000 tax-0 x X
F_TRF-v/e			
	M Fan Tre	rily	

My Name

## LIFT October Level 8 Family Life Unit 1, Response Sheet

7	Thinking It Through
1	. What do families today need most to be happy:
2.	What can families do to help young people make good moral decisions?
3.	What are some important ways to form your conscience correctly?
	To the state of th



at Church of the Holy Eucharist November 2025-2026

Level 8

#### Chapter 7: Encountering Christ—November LIFT

• If you didn't attend the November LIFT: Read Chapter 7 in your Alive in Christ book, p. 131 and complete the Chapter 7 activity master in this packet.

#### Chapter 8: Life in Christ

- Read Chapter 8 in your <u>Alive in Christ</u> book, p. 143.
- Complete the Chapter 8 activity master in this packet.

#### Family Life: Unit 2

- Read Unit 2 in your Family Life book, p. 21-30.
- Complete the Unit 2 activity master in this packet.

#### Prayer Corner: Glory Be

Pray the "Glory Be" prayer as well as the "Our Father" and "Hail Mary" prayers every day until next month:

Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world without end.

Amen.

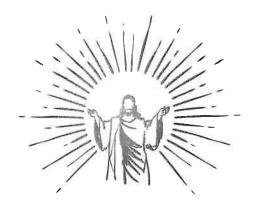
Name	Date
Clique or Community?	
	of and describe what makes it a positive experience of coup in your neighborhood or school, or even friends
Think about some of the cliques in school or in you they have in common.	r neighborhood and then describe the characteristics
- P	
Label the following words as characteristics of eith	er a "clique" or a "community."
Powerful	
Trusting	
Forgiving	
Controlling	
Respectful	
Open	
Exclusive	
Under the column titled "Community," place the wo In the second column titled "Cliques," place the wo words may fit under both columns.	ords you used in this activity to describe community. rds you used in this activity to describe cliques. Some
Community	Cliques

D	ate
Name Da	
Change of Heart	
Look through newspapers and magazines (print or online versions) to find a story of cont the article you chose to this paper and answer the following questions about the story.	
What change of heart did the person experience?	
What prompted the conversion?	
In what way did the person turn from sin?	
How has the person's life changed since the conversion?	
Flow has the persons me changed since and	
What was the impact of the conversion on other people?	
Think about a time when you experienced conversion. What was the change like? What change have on your family and friends?	impact did the

## LIFT November Level 8 Family Life Unit 2, Response Sheet

#### Thinking It Through

1.	How can you work to overcome negative influences or obstacles?
2.	How is self-control a sign of maturity?
3.	Why is understanding your emotions important in relating with others and respecting yourself?



at Church of the Holy Eucharist December 2025-2026

Level 8

Please complete the following assignment if you were NOT at the December LIFT session.

If you were present at the December LIFT session, there is NO assignment due at this time.



#### Advent: Our Lady of Guadalupe

 Read the chapter on the Feast of Our Lady of Guadalupe in your <u>Alive in Christ</u> book, p. 26

#### **Christmas: The Word Made Flesh**

- Read the chapter on Christmas in your <u>Alive in Christ</u> book, p. 30
- Complete the December activity master.

Have a Merry Christmas and a Happy New Year!

## LIFT December Level 8 Response Sheet

The Feast of Our Lady of Guadalupe falls during Advent on Decemb	er 12
Name one miracle that happened through Juan Diego's interactions	with
Mary, the Blessed Mother.	*****

What do we celebrate at Christmas?

Why did God promise to send Jesus to us?

What is your favorite family tradition at Christmas?



at Church of the Holy Eucharist January 2025-2026

Level 8

#### Chapter 10: The Church is Apostolic

• If you did not attend the January LIFT, read Chapter 10 in your Alive in Christ book, p. 171 and complete the Chapter 10 activity master in this packet.

#### Chapter 11: The Church is Catholic

- Read Chapter II in your <u>Alive in Christ\_book</u>, p. 183
- Complete the Chapter 11 activity master in this packet.

#### Family Life: Unit 3

- Read Lessons 5 and 6 in your <u>Family Life</u> book, p 33-42.
- Complete the Unit 3 activity master in this packet

#### Prayer Corner: Up your prayer game!

What can you do this month to up your prayer game? Here are some ideas:

- If you are already praying at night, start praying in the morning before school too.
- If you pray for 5 minutes each day, try to stretch it to 10 minutes a day.
- Introduce saying grace before meals.
- Pull out a children's Bible and read a story before prayer.
- Pray a decade of the rosary each day as a family.



#### The tries of Assistance Market Cover China Co

Read Chapter 10. Then, answer the following question: What is one thing that stood out for you? Write down the page number where you found something that stood out for you and then write 3-4 sentences about it.

Page: \_\_\_\_\_\_

Page:		
Page:		

Date \_\_\_\_\_

#### The Church Is Catholic and Apostolic

Refer to Chapters 10 and 11 to fill in each blank below. When a line has a number beneath it, transfer that letter to the blank marked with that number at the bottom of the page. When you are finished, the transferred letters will spell an important message.

1. Handing down the authority to lead the Church from Saint Peter to the Pope and bishops today:

 $---\frac{10}{10}$ 

4. The Pope, as successor to Saint Peter and leader of the universal Church, is called the

7. The Four Evangelists, listed in the order in which their Gospels appear in the Bible, are

THE MESSAGE:

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19

20 21 22 23 24 25 26 27 28 29 30

# LIFT January Level 8 Family Life Unit 3, Response Sheet

#### Thinking It Through

1.	What are the greatest threats to God's gift of life and how can they be overcome?
2.	How does valuing and showing respect for the dignity of every person affect medical and health-care decisions?
	v
3.	How would you communicate to other teenagers the dangers of substance abuse?



at Church of the Holy Eucharist February 2025-2026

Level 8

#### **Chapter 13: Honoring God**

• If you did not attend the February LIFT, read Chapter 13 in your Alive in Christ book, p. 211 and complete the Chapter 13 activity master in this packet.

#### **Chapter 14: Honoring the Family**

- Read Chapter 14 in your <u>Alive in Christ</u> book, p. 223
- Complete the Chapter 14 activity master in this packet.

#### Family Life: Unit 4

- Read Lesson 7 and Lesson 8 in your <u>Family Life</u> book, p, 45-54.
- Complete the Unit 4 activity master in the packet.

#### Prayer Corner: Preparing for Lent

How do we prepare for Lent? Almsgiving, Fasting, Prayer.

- Almsgiving giving money to the poor.
- **Fasting** fasting literally means not eating but you can also fast from foods (ice cream, dessert, pizza) or fast from activities like playing video games or scrolling on Tik Tok.
- **Prayer** For Lent, we can up our prayer game. Maybe if you pray as a family at night, add the morning as well. Consider saying grace together at dinner, if you don't already. Maybe if you are doing all of this, consider beginning to say the rosary.

What will you do as a family to observe Lent this year?

Name	Date
Advice Column	
You've been asked to write the "Wise Person" column for the Provide advice that is based on the First and Second Comma	
Dear Wise Person,	
My mom refuses to take me to a concert after hearing me grounded me. Don't you think she's overreacting?	swear at my friends yesterday. She also
Sad Kid	
Dear Sad Kid,	
-	
	The second secon
Dear Wise Person,	
I'm a Catholic girl who goes to 10 a.m. Mass every Sunday really like. He wants me to go to a ball game next Sunday that my religion is really important to me?	
Singing in the Choir	
Dear Singing in the Choir,	

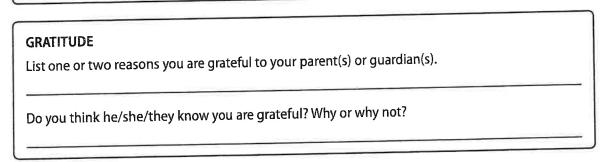
	Data
	Date
ame	

#### **Filial Respect**

In order to keep the Fourth Commandment—"Honor your father and your mother"—we need to respond to our parents in four ways. This fourfold response is called "filial respect." The four responses are: obedience, respect, gratitude, and assistance. Use the following interview questions to record your own attitudes about filial respect and to poll your classmates and others. Use additional paper as needed.

<b>DBEDIENCE</b> Give an example o	f how your parent(s) or guardian(s) expect you to obey.	
	or difficult to obey? Why?	

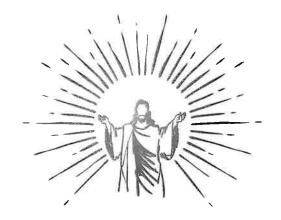
RESPECT	
Describe how you think a person can show respect.	
List some things you respect about your parent(s) or guardian(s).	



SISTANCE	
escribe a time when you assisted one or both parents or guardians.	
low can you provide your parent(s) or guardian(s) with more assistance in the	future?

# LIFT February Level 8 Family Life Unit 4, Response Sheet

	hinking It Through  How is it possible for boys and girls to be friends:
2.	How do you define true Christian love?
3.	What are the benefits a married couple receives in the Sacrament of Matrimony?



at Church of the Holy Eucharist March 2025-2026

Level 8

If you were present at the March LIFT session, there is no assignment due at this time. Please complete the following assignment if you were not at the March LIFT session.

#### Lent: Go Toward the Light

Read the chapter on Lent in your <u>Alive in Christ</u> book, p. 34

#### **Easter: New Freedom**

- Read the chapter on Easter in your <u>Alive in Christ</u> book, p. 42
- Complete the March response sheet that covers both chapters.

Have a Happy Easter! He is risen, indeed!



## LIFT March Level 8 Response Sheet

What sacrament is helpful during Lent to confront the darkness and sinfulness of our lives?

What is self-control? How can we develop this in our lives?

How long do we celebrate the season of Easter?

What is your favorite family tradition at Easter?



at Church of the Holy Eucharist April 2025-2026

Level 8

#### Chapter 16: Worship and Grace

- If you did not attend the April LIFT, please read Chapter 16 in your Alive in Christ book, p. 251.
- Complete the Chapter 16 activity master in this packet.

#### Chapter 17: Faithful Living

- Read Chapter 17 in your <u>Alive in Christ</u> book, p. 263.
- Complete the Chapter 17 activity master in this packet

#### Family Life: Unit 5

- Read Lesson 9 in your <u>Family Life</u> book, p. 57-62.
- Read Lesson 10 in your <u>Family Life</u> book, p. 63-66.
- Complete the Unit 5 activity master in this packet

#### **Prayer Corner: Aspirations**

The Catholic Church has a tradition of short prayers called aspirations. Aspirations can help us to focus on God, to deal with an anxious moment, to fall asleep, to still our busy minds. Try using aspirations this month as a family. Here are some favorites:

- Lord Jesus Christ, Son of the Living God, have mercy on me a sinner.
- Jesus, come.
- Jesus, I trust in You.
- Jesus, I surrender myself to you, take care of everything.

Name	. Date
Moments of Grace	
God's grace comes to us in many ways. Certainly participating in the Sacrame	ents is primary.
We also receive God's grace in ordinary ways outside of the Sacraments. Here	are a few examples:
• Moments of confrontation when our actions, words, and attitudes are chal	lenged to improve.
Moments of blessing when we are helped, strengthened, or connected.	
<ul> <li>Moments of vulnerability when we are at our weakest or saddest.</li> </ul>	
Moments of discovery when we "see" and understand.	
<ul> <li>Moments related to special events and places when we sense the sacred.</li> </ul>	
<ul> <li>Identify which moments of grace you have experienced recently. Write a pyour experience. Make sure to address the following questions:</li> <li>Who was part of my moment of grace?</li> <li>How did I feel before my moment of grace? After?</li> <li>How did this moment affect my life?</li> <li>Did my moment have any impact on others?</li> </ul>	paragraph on
What did I learn about God in this moment?	

Name	Date
Name	Date

#### What About It?

Every Catholic young person should explore all the possible ways God may be calling him/her. Do you have a vocation to be married? Do you have a vocation to join a religious community? If you are a boy, is God calling you to be a priest? These questions cannot be answered quickly or lightly. It takes time to discover what God is calling you to do. It takes a process of discernment—listening to the Holy Spirit when you pray, listening to trusted spiritual guides, listening to your own heart.

The First Thing It Takes: Total honesty about yourself!

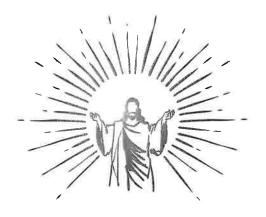
- Can you see what your strengths AND your weaknesses are?
- Can you see how they make you the totally unique human being you are?
- Can you see how God loves you as you are?

Spend a few minutes sometime this week, alone in a quiet place, reading and answering the questions below. Pray as you do this, asking the Holy Spirit to guide you.

•	What things do you enjoy doing most?
9	What talents or skills do you possess?
•	What qualities do you possess as a person?
٠	Are there any particular causes that are most important to you?
	What are some ways that you would like to help others?
	What experiences helping others have you had in the past that you enjoyed?
•	What do you think God is calling you to do?
•	How can you prepare yourself to do the work that you think God is calling you to do?

## Level 8 Family Life Unit 5, Response Sheet

	hinking It Through Which groups or communities have the most positive influences on your life?
2.	How would you mentor, or what advice would you give to a sixth-grader toward achieving healthy and holy growth?
3.	Why is it important to understand that your life has meaning and purpose?



at Church of the Holy Eucharist May 2025-2026 Level 8

Please complete the following assignment if you were not at the May LIFT session.

#### **Chapter 19: The Communion of Saints**

- Read Chapter 19 in your Alive in Christ book, p. 291.
- · Complete the activity master in your packet.

Once you have completed the assignment, please return your <u>Alive in Christ</u> and <u>Family Life</u> books to the Faith Formation Office. Thank you and enjoy your summer!

#### A Prayer for Summer

Father, Creator of all, thank you for summer! Thank you for the warmth of the sun and the increased daylight. Thank You for the beauty I see all around me and for the opportunity to be outside and enjoy your Creation. Thank You for the increased time I have to be with my friends and family, and for the more casual pace of the summer season. Draw me closer to You this summer. Teach me how to pray no matter where I am or what I am doing. Warm my soul with the awareness of Your presence and light my path with Your Word and Wisdom. As I enjoy Your creation, create in me a pure heart and a hunger and a thirst for you! Amen.

Name	Date
Sacramentals in My Life Fill out the information about two sacramentals that you use or that are in your hor	
A sacramental that I use or that is present in my home:	
I/We received it when:	
I use it when [or] it helps me to:	
A question about this sacramental that I would like to research is:	
It is important to me because:	
A sacramental that I use or that is present in my home:	
I/We received it when:	
I use it when [or] it helps me to:	

A question about this sacramental that I would like to research is:

It is important to me because: \_\_\_\_\_