

LIVING IN FAITH TOGETHER 2025-2026

Level 4



LIVING IN FAITH TOGETHER



at Church
of the
Holy Eucharist
September
2025-2026

Level 4

Chapter 1: God's Providence—covered in September LIFT

- If you didn't attend the September LIFT: Read Chapter 1 in your Alive in Christ book, p. 53 and complete the Chapter 1 activity master in this packet.

Chapter 2: God is Faithful

- Read Chapter 2 in your Alive in Christ book, p. 63.
- Complete the Chapter 2 activity master in this packet.

Have fun! Remember: write on your activity master and not in your book. :)

Prayer Corner: Our Father

Prayer the "Our Father" prayer everyday until we meet again:

Our Father, Who art in heaven,

Hallowed be Thy Name. Thy Kingdom come,

Thy Will be done, On earth as it is in Heaven.

Give us this day, our daily bread,

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil. Amen

Name _____

Date _____

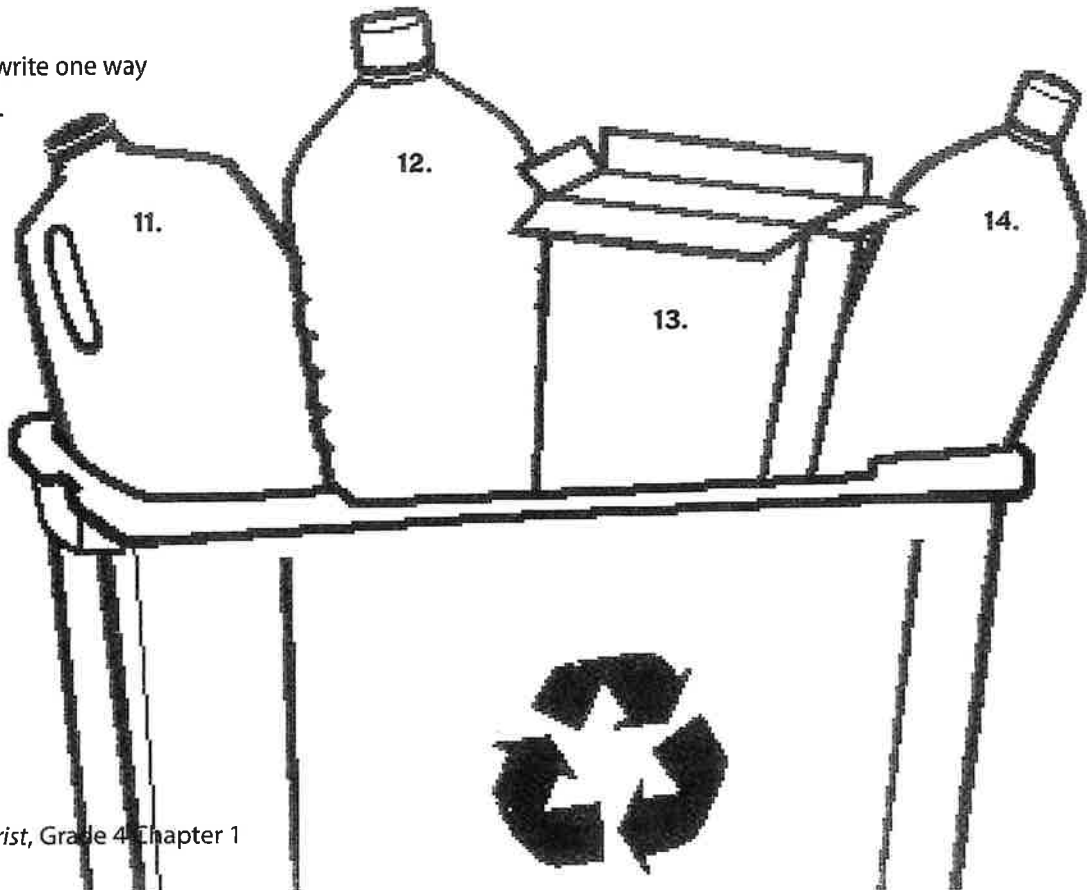
Caring for Creation

Read the statements below. Put a plus sign (+) in front of ways that respect creation.

Put a minus sign (-) in front of ways that destroy or harm creation.

1. ____ You throw garbage from a car window.
2. ____ You write graffiti on your school desk.
3. ____ You recycle aluminum cans.
4. ____ You use household products that will not harm the environment.
5. ____ You save food that is not eaten for another meal.
6. ____ You destroy a bird's nest.
7. ____ You leave lights on as you leave a room.
8. ____ You let the water run when you are not using it.
9. ____ You care for the needs of your pet.
10. ____ You care for the feelings of others.

In each container, write one way to respect creation.



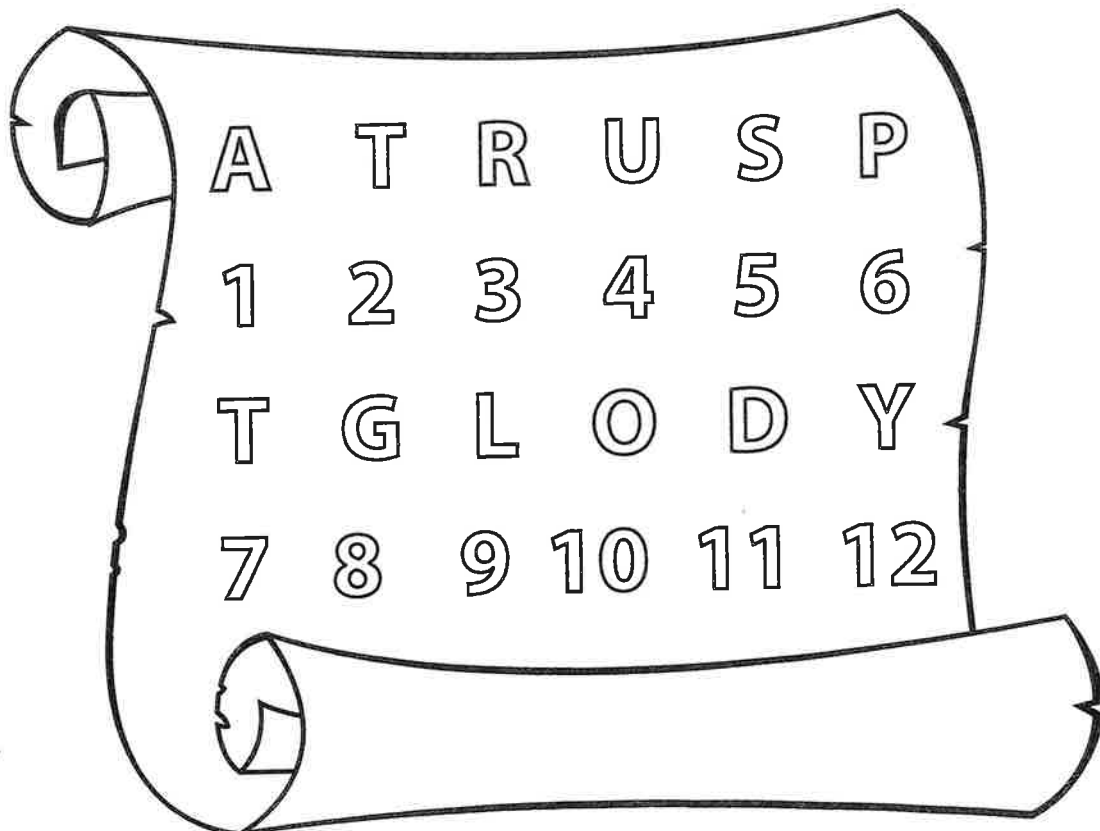
Name _____

Date _____

Being Faithful

Read each statement. If the sentence tells of faithfulness, color the letter that has the sentence number beneath it. The colored letters will reveal a secret message.

1. Eve chose to disobey God.
2. God continues to love our first parents, called Adam and Eve.
3. Abram offers thanksgiving to the Lord.
4. God promises Abram the land of Canaan.
5. God promises Abraham and Sarah many descendants.
6. You make fun of someone.
7. God continues to love humans.
8. You remember to pray.
9. You spread a rumor about another person.
10. God creates a beautiful world.
11. You go out of your way to help others.
12. You disobey your parents.



LIVING IN FAITH TOGETHER



at Church
of the
Holy Eucharist
October
2025-2026

Level 4

Chapter 4: In God's Image—covered in our October LIFT

- If you didn't attend the October LIFT: Read Chapter 4 in your Alive in Christ book, p. 87 and complete the Chapter 4 activity master in this packet.

Chapter 5: Living in Community

- Read Chapter 5 in your Alive in Christ book, p. 97.
- Complete the Chapter 5 activity master in this packet.

Family Life: Unit 1

- Read Unit 1 in your Family Life book, p. 9-18.
- Complete the Unit 1 activity master in this packet.

Prayer Corner: Hail Mary

Pray the "Hail Mary" prayer as well as the "Our Father" prayer every day until next month:

Hail, Mary, full of grace,
the Lord is with thee.

Blessed art thou amongst women
and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners,
now and at the hour of our death. Amen.

Name _____ Date _____

Human Dignity and Scripture

Every person is created in God's image and is worthy of respect. Jesus respected the dignity of everyone he met, especially the outcasts of society.

Look up and read the Bible verses listed below, and complete the chart.

Scripture	Whom did Jesus treat with dignity?	How did Jesus show that he respected the person?
1. Matthew 8:14		
2. Mark 2:13-17		
3. Luke 7:36-50		
4. Luke 19:1-10		
5. John 4:4-42		

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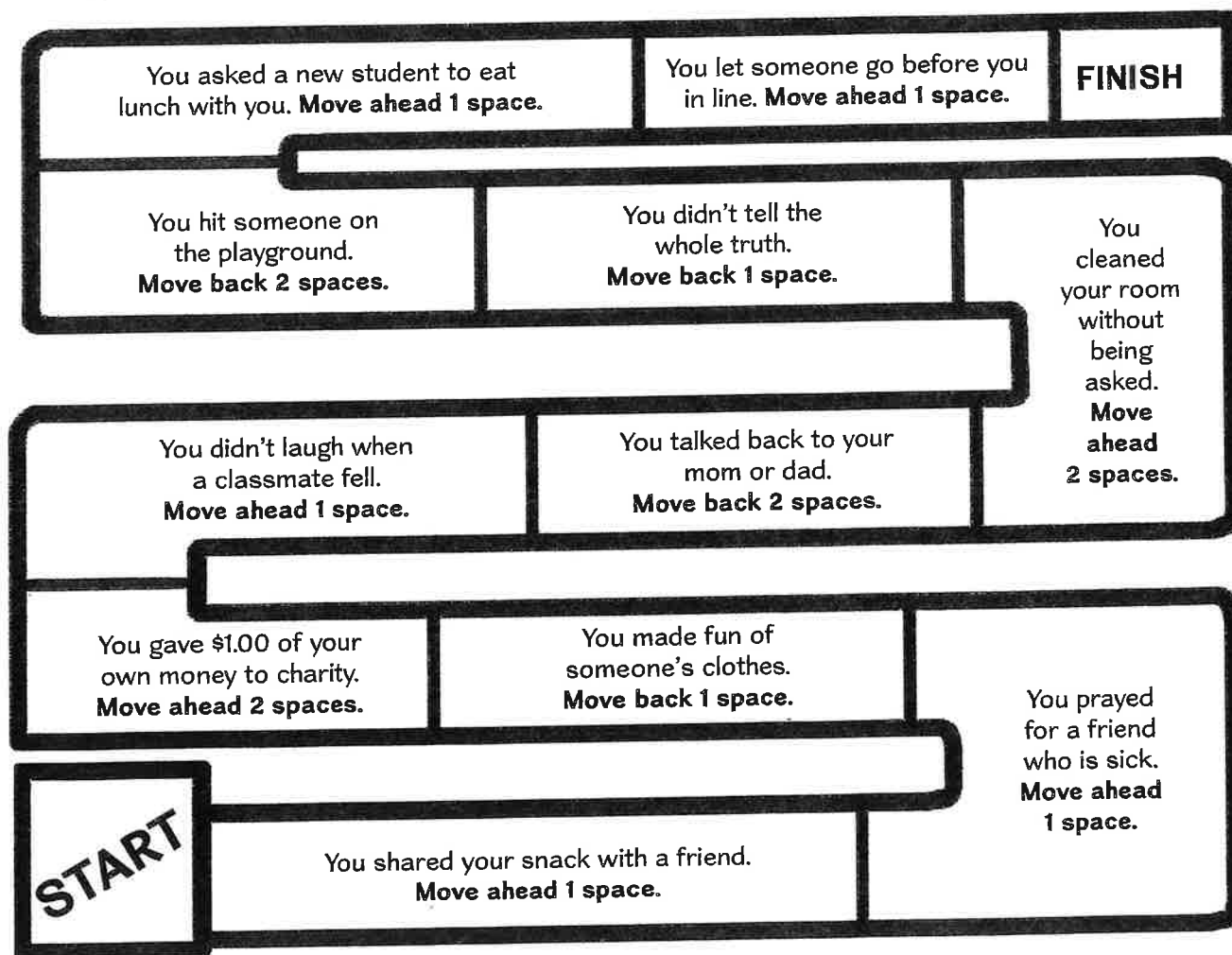
Name _____

Date _____

Board Game

Instructions

Make or find a game piece for each person playing the board game. You will need one dice to play the game. Then, one at a time, each player rolls the dice, moves the appropriate number of spaces, and then gives an example of how, when or if they followed what is described in the space. The first player to reach "Finish" wins.



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LIFT October

Level 4

Family Life Unit 1, Response Sheet

1. Name one important rule your family has:

2. Why is it important for you to obey that family rule?

3. What do you need to do to obey that family rule?

4. What will you do to obey that family rule?

LIVING IN FAITH TOGETHER



at Church
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November
2025-2026

Level 4

Chapter 7: The Beatitudes—covered in our Nov LIFT

- If you didn't attend the November LIFT: Read Chapter 7 in your Alive in Christ book, p. 121 and complete the Chapter 7 activity master in this packet.

Chapter 8: Love God and Neighbor

- Read Chapter 8 in your Alive in Christ book, p. 131.
- Complete the Chapter 8 activity master in this packet.

Family Life: Unit 2

- Read Unit 2 in your Family Life book, p. 21-30.
- Complete the Unit 2 activity master in this packet.

Prayer Corner: Glory Be

Pray the "Glory Be" prayer as well as the "Our Father" and "Hail Mary" prayers every day until next month:

Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world without end.

Amen.

Name _____

Date _____

Being a Blessing

For each of the following situations, think of at least two ways that you could be a blessing for others.

Your mother has had a hard day at work and is tired. She is making dinner now, but the phone keeps ringing and your younger brother wants attention.

1. _____
2. _____

Mr. Hatsumi, who lives next door, has a broken leg. He has a hard time walking his dog and taking his trash to the curb. No one ever visits him.

3. _____
4. _____

Your best friend is sad and upset because his hamster died. He doesn't want to play or talk on the phone.

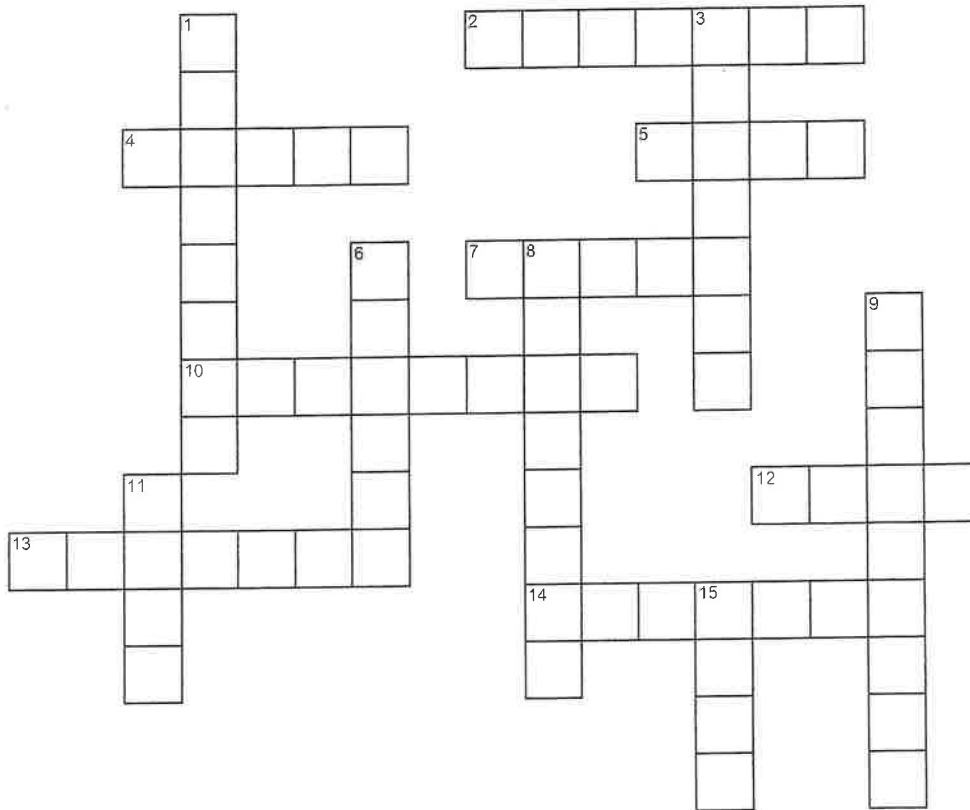
5. _____
6. _____

Your teacher introduces a new student, Bryn, to your class. Bryn doesn't know anyone to sit with at lunch and doesn't know where to catch the bus to go home.

7. _____
8. _____

Works of Mercy Catholic Crossword

Chapter 8 Activity Master



ACROSS

- 2 ___ the doubtful; this means to advise others on how they can love and serve God.
- 4 Give ___ to the thirsty
- 5 ___ wrongs patiently; this means to be patient, even when others hurt us.
- 7 ___ the sick and imprisoned (these are two works of mercy)
- 10 ___ the sinner; this means to lovingly express warning or disapproval of a person's sin.
- 12 ___ the dead
- 13 ___ all injuries
- 14 ___ the sorrowful

DOWN

- 1 Helping other people in their bodily needs is called a ___ work of mercy; there are seven of these works of mercy.
- 3 ___ the homeless
- 6 ___ the naked
- 8 ___ the ignorant; this means to teach others the truths of the Faith.
- 9 Helping other people in the needs of their soul is called a ___ work of mercy; there are seven of these works of mercy.
- 11 ___ for the living and the dead
- 15 ___ the hungry

LIFT November

Level 4

Family Life Unit 2, Response Sheet

1. Today is your birthday. Your family has planned a celebration. Some cousins and friends are waiting for you. You didn't know they were coming. You arrive and ...

In this moment, I feel ...

And I choose to ...

2. You are playing during recess outside with friends. You notice two older boys tease and push a student. You see this student begin to cry and ...

In this moment, I feel ...

And I choose to ...

3. It is your first night at camp. The sky is starry and the moon is full. You hear the sound of frogs croaking and ...

In this moment, I feel ...

And I choose to ...

LIVING IN FAITH TOGETHER



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Please complete the following assignment if you were NOT at the December LIFT session.

If you were present at the December LIFT session, there is NO assignment due at this time.



Advent: Prepare for Jesus

- Read the chapter on Advent in your Alive in Christ book, p. 15

Christmas: Glory to God

- Read the chapter on Christmas in your Alive in Christ book, p. 21
- Complete the December activity master.

Have a Merry Christmas and a Happy New Year!

LIFT December Level 4 Response Sheet

What are we preparing for during the season of Advent?

What changes can you make to “straighten your path” and bring you closer to Jesus?

What do we remember on the Feast of the Epiphany?

The Magi brought three gifts to the Infant Jesus. What can kids your age do to worship Jesus?

What is your favorite family tradition at Christmas?

LIVING IN FAITH TOGETHER



at Church
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January
2025-2026

Level 4

Chapter 10: Called to Serve

- If you did not attend the January **LIFT**, read Chapter 10 in your Alive in Christ book, p. 155 and complete the Chapter 10 activity master in this packet.

Chapter 11: Models of Virtue

- Read Chapter 11 in your Alive in Christ book, p. 165
- Complete the Chapter 11 activity master in this packet.

Family Life: Unit 3

- Read Lessons 5 and 6 in your Family Life book, p 33-42.
- Complete the Unit 3 activity master in this packet.

Prayer Corner: Up your prayer game!

What can you do this month to up your prayer game? Here are some ideas:

- If you are already praying at night, start praying in the morning before school too.
- If you pray for 5 minutes each day, try to stretch it to 10 minutes a day.
- Introduce saying grace before meals.
- Pull out a children's Bible and read a story before prayer.
- Pray a decade of the rosary each day as a family.



Name _____

Date _____

People of God

Fill in the missing letters to discover some of the roles that the People of God serve in the Church. Inside the church shape, fill in the name of someone who serves this role in your parish. Use a parish bulletin to help you.

1. C A T H I

2. M I C N

3. S E E

4. D A N

5. L C T R

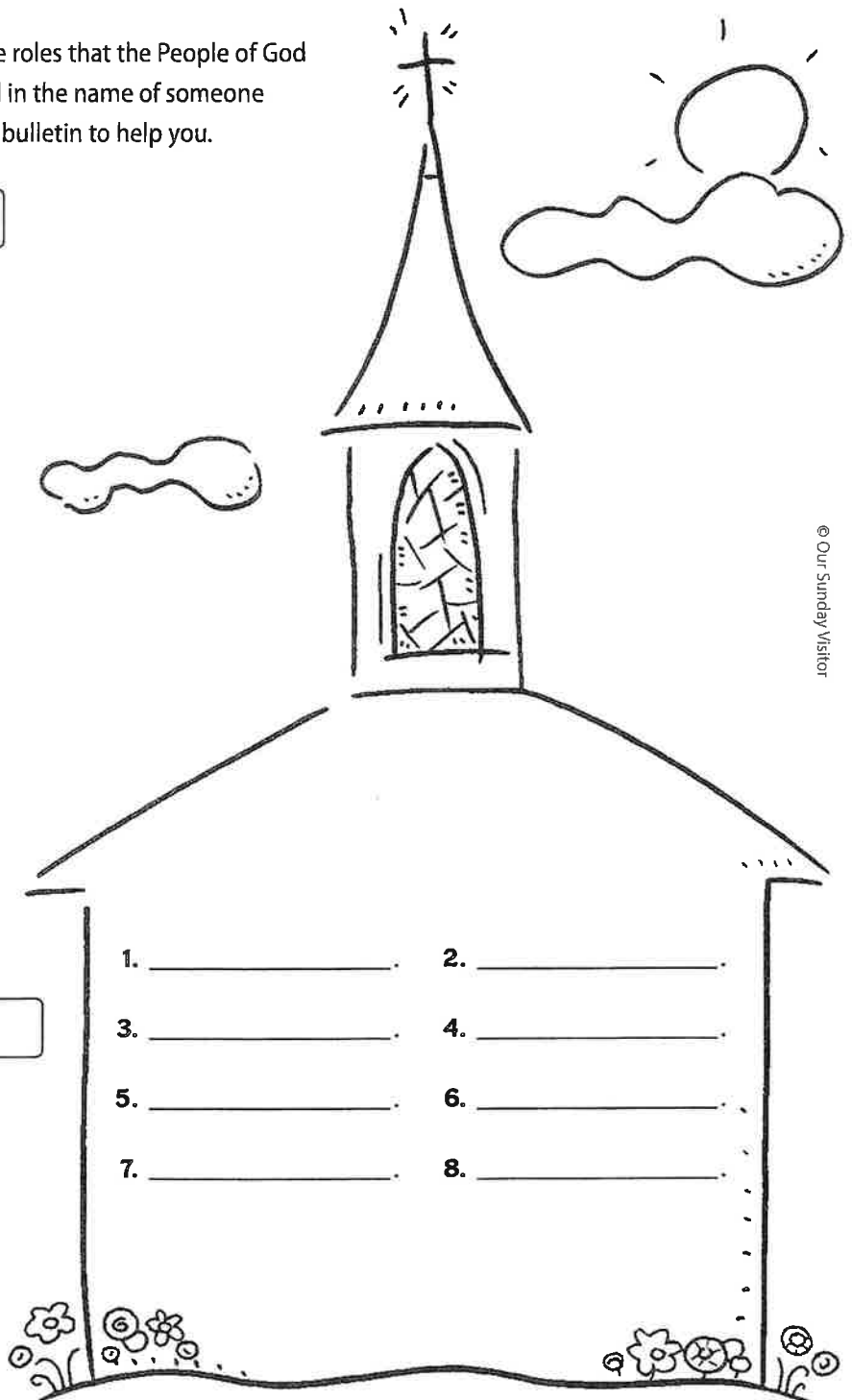
6. Y T H

M I I S T

7. P E S

8. R E G I

L I F E



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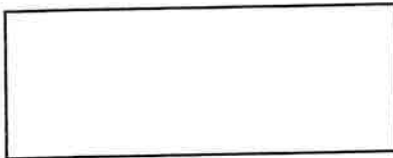
Name _____

Date _____

Saints and Symbols

Saints come from many cultures, and their lives of holiness are sometimes identified with particular images. See how many of these symbols you can recognize.

Saint Nicholas
December 6



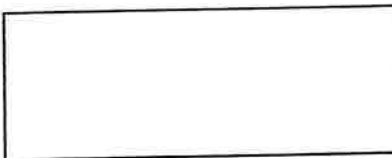
Saint Blaise
February 2



Saint Peter
June 29



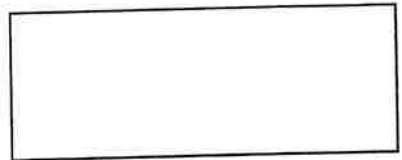
Saint Patrick
March 17



Saint Kateri Tekakwitha
April 17



Catherine of Siena
April 29



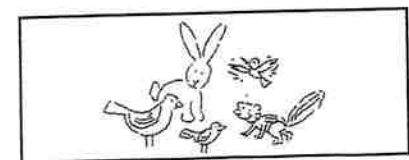
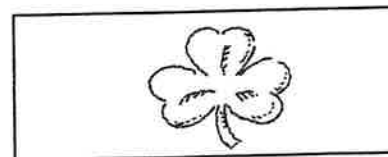
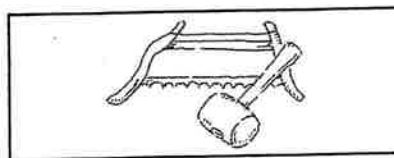
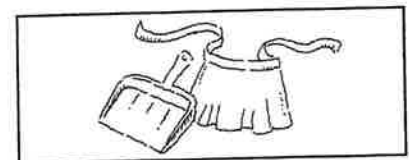
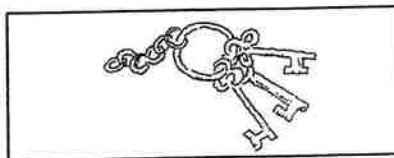
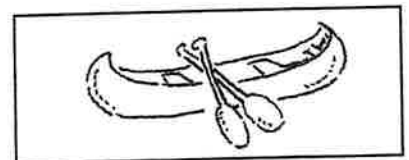
Saint Joseph
March 19



Saint Francis of Assisi
October 4



Saint Martha
July 29



LIFT January

Level 4

Family Life Unit 3, Response Sheet

Tell how you will respond, body and soul:

1. When I see someone who is sad, I will

2. When I see or hear about someone in need, I will

3. When I see someone hurting another person,
I will

LIVING IN FAITH TOGETHER



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February
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Level 4

Chapter 13: Family Love

- If you did not attend the February **LIFT**, read Chapter 13 in your Alive in Christ book, p. 189 and complete the Chapter 13 activity master in this packet.

Chapter 14: Respect Life

- Read Chapter 14 in your Alive in Christ book, p. 199
- Complete the Chapter 14 activity master in this packet.

Family Life: Unit 4

- Read Lesson 7 and Lesson 8 in your Family Life book, p. 45-54.
- Complete the Unit 4 activity master in the packet.

Prayer Corner: Preparing for Lent

How do we prepare for Lent? Almsgiving, Fasting, Prayer.

- **Almsgiving** – giving money to the poor.
- **Fasting** - fasting literally means not eating but you can also fast from foods (ice cream, dessert, pizza) or fast from activities like playing video games or scrolling on Tik Tok.
- **Prayer** – For Lent, we can up our prayer game. Maybe if you pray as a family at night, add the morning as well. Consider saying grace together at dinner, if you don't already. Maybe if you are doing all of this, consider beginning to say the rosary.

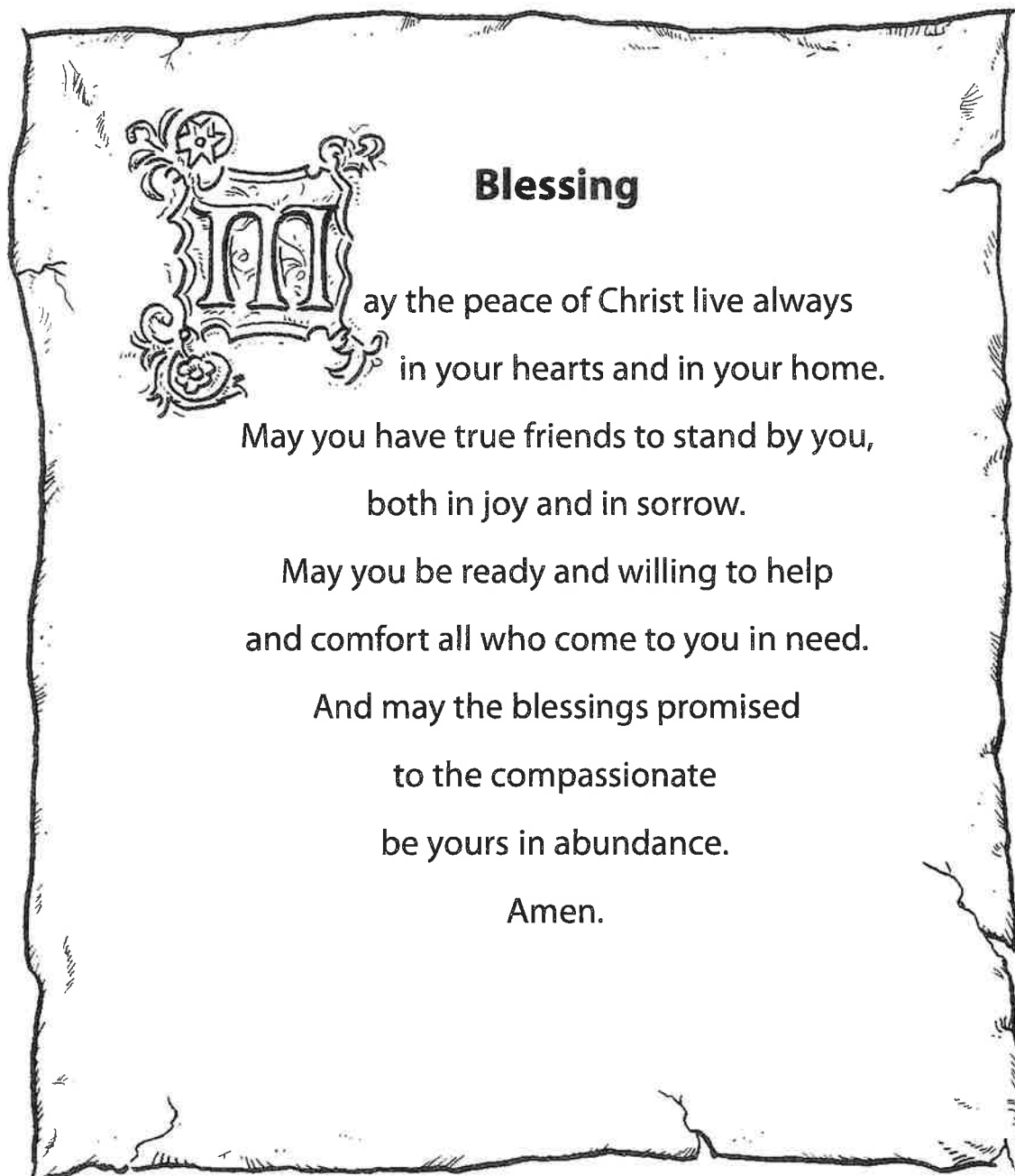
What will you do as a family to observe Lent this year?

Name _____

Date _____

Blessing Prayer

This prayer is the closing blessing from the *Rite of Marriage*. Decorate the prayer with a colorful border.



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Name _____

Date _____

Respect Your Body

Think about the things that can harm your body. Draw a symbol for each of the following items, and then draw and color the barred circle "No" symbol over each drawing. Next, write a personal pledge saying what you will do to show respect for your body.

Junk food

Smoking

Not using safety equipment

Fighting

Staying up too late

Alcohol

I will respect my body by

Signed _____

LIFT February

Level 4

Family Life Unit 4, Response Sheet



Times and Ways I Have Grown

Signs of My Growth

LIVING IN FAITH TOGETHER



at Church
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March
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If you were present at the March LIFT session, there is no assignment due at this time. Please complete the following assignment if you were not at the March LIFT session.

Lent: A Time to Pray

- Read the chapter on Lent in your Alive in Christ book, p. 25

Easter: He Lives

- Read the second chapter on Easter in your Alive in Christ book, p. 37
- Complete the March response sheet that covers both chapters.

Have a Happy Easter!
He is risen, indeed!



LIFT March Level 4 Response Sheet

How can we produce good “fruit” in our lives during the season of Lent?

What do we celebrate on Easter?

Why is Jesus called the Light of the World?

What is your favorite family tradition at Easter?

LIVING IN FAITH TOGETHER



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April
2025-2026

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Chapter 16: The Liturgical Year

- If you did not attend the April LIFT, please read Chapter 16 in your Alive in Christ book, p. 223.
- Complete the Chapter 16 activity master in this packet.

Chapter 17: The Seven Sacraments

- Read Chapter 17 in your Alive in Christ book, p. 233.
- Complete the Chapter 17 activity master in this packet

Family Life: Unit 5

- Read Lesson 9 in your Family Life book, p. 57-62.
- Read Lesson 10 in your Family Life book, p. 63-66.
- Complete the Unit 5 activity master in this packet

Prayer Corner: Aspirations

The Catholic Church has a tradition of short prayers called aspirations. Aspirations can help us to focus on God, to deal with an anxious moment, to fall asleep, to still our busy minds. Try using aspirations this month as a family. Here are some favorites:

- Lord Jesus Christ, Son of the Living God, have mercy on me a sinner.
- Jesus, come.
- Jesus, I trust in You.
- Jesus, I surrender myself to you, take care of everything.

Name _____ Date _____

Seasons and Feast Days

Place the feast day (special day) in its correct season by writing it beneath the name of the season. Refer to a liturgical calendar if you have difficulty placing some feasts.

Advent

Christmas

Lent

Triduum

Easter

Ordinary Time

Immaculate Conception
Christ the King
Ascension
Epiphany
Holy Family
Saint Nicholas
Holy Thursday

Assumption of Mary
Ash Wednesday
Baptism of Jesus
Pentecost
Good Friday
Holy Saturday

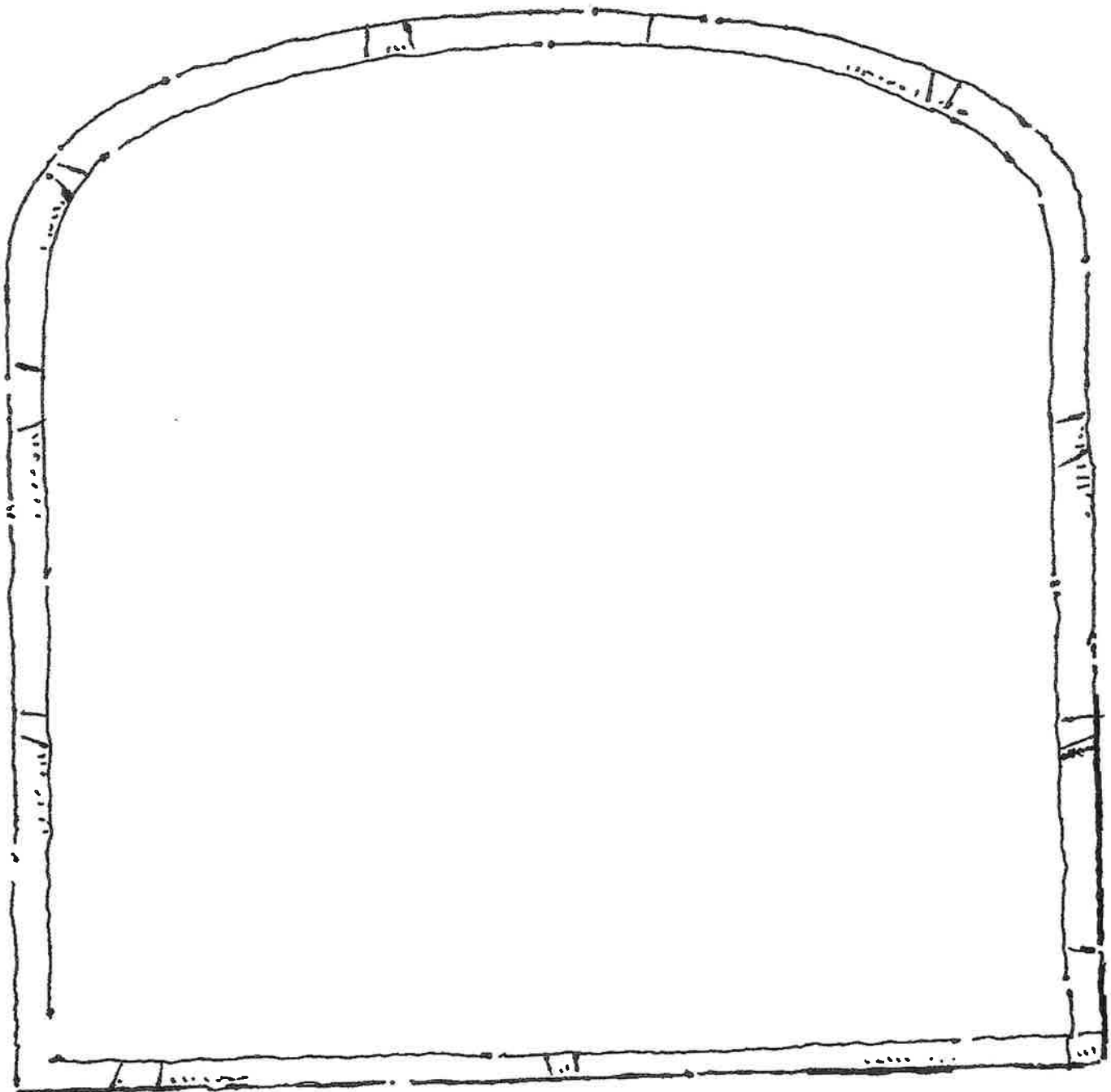


Name _____

Date _____

Seven Sacraments

Design a stained-glass window that represents the Seven Sacraments. Divide this outline of a stained-glass window into seven parts. In each part, create a colorful symbol for one of the Seven Sacraments.



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Level 4

Family Life Unit 5, Response Sheet

Thinking It Through

1. What gifts or abilities do I appreciate in members of my family? What gifts do I bring to my family?

2. In what ways do I feel excluded? Can I do anything to change this?

3. In what ways am I thoughtful of others? How are others thoughtful of me?

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May
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Please complete the following assignment if you were NOT at the May LIFT session.

Chapter 19: A Generous Spirit

- Read Chapter 19 in your Alive in Christ book, p. 257.
- Complete the activity master in your packet.

Once you have completed the assignment, please return your Alive in Christ and Family Life books to the Faith Formation Office. Thank you and enjoy your summer!



A Prayer for Summer

Father, Creator of all, thank you for summer! Thank you for the warmth of the sun and the increased daylight. Thank You for the beauty I see all around me and for the opportunity to be outside and enjoy your Creation. Thank You for the increased time I have to be with my friends and family, and for the more casual pace of the summer season. Draw me closer to You this summer. Teach me how to pray no matter where I am or what I am doing. Warm my soul with the awareness of Your presence and light my path with Your Word and Wisdom. As I enjoy Your creation, create in me a pure heart and a hunger and a thirst for you! Amen.

Name _____ Date _____

Good Stewards

Fill in the chart to show the gifts that God has given you, why each gift is important, and how you are taking care of it or using it for good. You can include material gifts, such as water, clothing, and toys, as well as spiritual gifts, such as virtues and talents.

My Gift	Why it Is Important	How I Care for It

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Now draw a picture of yourself being a good steward of one of these gifts.

