

LIVING IN FAITH TOGETHER 2025-2026

Level 3



LIVING IN FAITH TOGETHER



at Church
of the
Holy Eucharist
September
2025-2026

Level 3

Chapter 1: The Creator's Work—covered in Sept LIFT

- If you didn't attend the September LIFT: Read Chapter 1 in your Alive in Christ book, p. 53 and complete the Chapter 1 activity master in this packet.

Chapter 2: The Church Gathered

- Read Chapter 2 in your Alive in Christ book, p. 63.
- Complete the Chapter 2 activity master in this packet.

Have fun! Remember: write on your activity master not in your book. :)

Prayer Corner: Our Father

Prayer the "Our Father" prayer everyday until we meet again:

Our Father, Who art in heaven,
Hallowed be Thy Name. Thy Kingdom come,
Thy Will be done, On earth as it is in Heaven.

Give us this day, our daily bread,
And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil. Amen

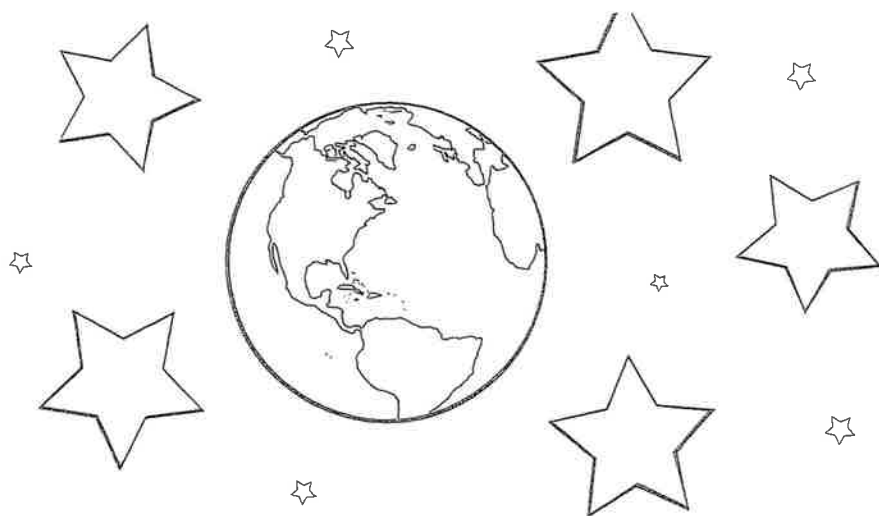
Chapter 1 Activity Master

Name _____

Date _____

Colorful Creation

What are your favorite parts of creation?



Write a thank-you prayer. Tell God how you will help care for creation.

Chapter 2 Activity Master

Name _____

Date _____

Communities in Action

Below are pictures of communities of people that are cooperating. Choose your favorite, and write or tell a story about it.



Illustrations by [illegible]

LIVING IN FAITH TOGETHER



at Church
of the
Holy Eucharist
October
2025-2026

Level 3

Chapter 4: The Holy Trinity—covered in our October LIFT

- If you didn't attend the October LIFT: Read Chapter 4 in your Alive in Christ book, p. 81 and complete the Chapter 4 activity master in this packet.

Chapter 5: The Church Celebrates

- Read Chapter 5 in your Alive in Christ book, p. 97.
- Complete the Chapter 5 activity master in this packet.

Family Life: Unit 1

- Read Unit 1 in your Family Life book, p. 9-18.
- Complete the Unit 1 activity master in this packet.

Prayer Corner: Hail Mary

Pray the "Hail Mary" prayer and the "Our Father" prayer every day until next month:

Hail, Mary, full of grace,
the Lord is with thee.

Blessed art thou amongst women
and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners,
now and at the hour of our death. Amen.

Chapter 4 Activity Master

Name _____

Date _____

Trinity Puzzle

Solve this puzzle by unscrambling the words. Write each message correctly on the lines below each puzzle. Then find the message below the stem.

GOD
The Father

ETAR SCE

The Son

EV SAS and
SHECATE



The Holy Spirit

UDIGES

The three Divine Persons of the

OHYL NTIIRYT

Chapter 5 Activity Master

Name _____

Date _____

Invitation to Worship

In the space below, write an invitation to worship with your parish community. Include the name, address, and Mass times for your parish church. Illustrate the invitation with a picture of your church. Ask family members to help you choose someone to whom you can send the invitation, or post the invitation where it will remind your family to attend.

Welcome to Our Church	You Are Invited!
	To _____ Name of Church
	Address _____ _____ _____
	Date _____
	Mass Times _____ _____ _____ _____
	My Personal Message _____ _____ _____ _____ _____

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LIFT October

Level 3

Family Life Unit 1, Response Sheet

REVIEWING UNIT 1

Name

Thinking It Through

Read each question. Then write a short response. Share your answers.

1. What do you most enjoy doing with your family?

2. What events have you celebrated with your family?

3. What events have you and your family celebrated with the Church?

LIVING IN FAITH TOGETHER



at Church
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November
2025-2026

Level 3

Chapter 7: The Good News—November LIFT

- If you didn't attend the November LIFT: Read Chapter 7 in your Alive in Christ book, p. 121 and complete the Chapter 7 activity master in this packet.

Chapter 8: The Paschal Mystery

- Read Chapter 8 in your Alive in Christ book, p. 131.
- Complete the Chapter 8 activity master in this packet.

Family Life: Unit 2

- Read Unit 2 in your Family Life book, p. 21-30.
- Complete the Unit 2 activity master in this packet.

Prayer Corner: Glory Be

Pray the "Glory Be" prayer as well as the "Our Father" and "Hail Mary" prayers every day until next month:

Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world without end.

Amen.

Chapter 7 Activity Master

Name _____

Date _____

Crossword Puzzle

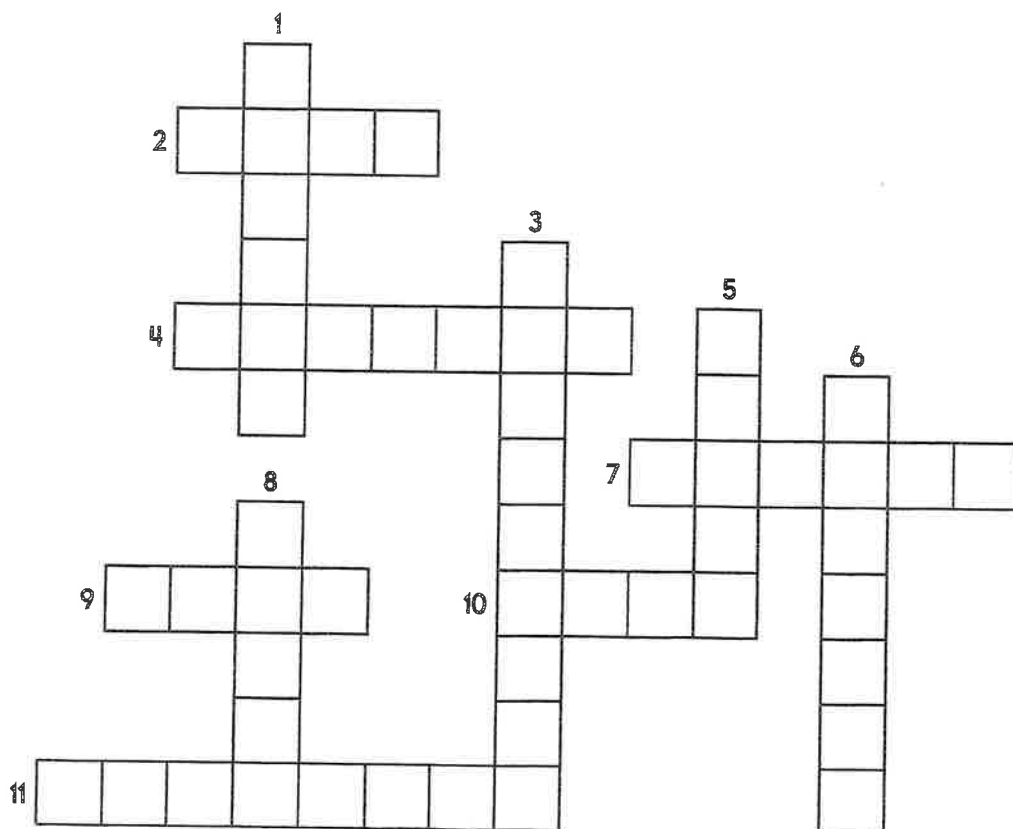
This crossword puzzle contains many words that have to do with God's Good News. Use the Word Bank to complete the puzzle.

Across

2. one Gospel is named for him
4. the promised or anointed one
7. an Old Testament writer
9. _____ news makes people happy.
10. The word *Gospel* means "Good _____."
11. Twelve of Jesus' followers

Down

1. Church members _____ to worship.
3. God's Kingdom is full of this feeling.
5. God the Son
6. Humans are part of the _____ of God.
8. God _____ everyone.



Word Bank

.....

Apostles
gather
good
happiness
Isaiah
Jesus
Kingdom
loves
Mark
Messiah
News

Chapter 8 Activity Master

Name _____

Date _____

Word Search

In the puzzle below, find and circle the words from the Word Bank. The words may appear vertically or horizontally. All of the words are related to Jesus' sacrifice.

Word Bank

Ascension	Courage	Cross	Giving	Heaven
Loving	Mystery	Paschal	Passover	Praise
Promise	Risen	Suffering	Unselfish	

F	J	G	H	E	S	I	A	R	P
N	O	I	S	N	E	C	S	A	A
E	Y	U	I	N	Y	G	H	E	S
S	U	F	F	E	R	I	N	G	S
I	N	S	L	V	E	V	L	A	O
M	E	S	E	A	T	I	O	R	V
O	S	O	S	E	S	N	V	U	E
R	I	R	N	H	Y	G	I	O	R
P	R	C	U	R	M	N	N	C	S
L	A	H	C	S	A	P	G	V	R

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LIFT November

Level 3

Family Life Unit 2, Response Sheet

REVIEWING UNIT 2

Name

Thinking It Through

Read each question. Then write a short response. Share your answers.

1. What is one good choice you made recently?

2. How has listening to your feelings helped you today?

3. What are three choices you can make to keep yourself safe?

LIVING IN FAITH TOGETHER



at Church
of the
Holy Eucharist
December
2025-2026

Level 3

Please complete the following assignment if you were NOT at the December LIFT session.

If you were present at the December LIFT session, there is NO assignment due at this time.



Advent: Our Lady of Guadalupe

- Read the chapter on Advent in your Alive in Christ book, p. 19

Christmas: Glory to God

- Read the chapter on Christmas in your Alive in Christ book, p. 23
- Complete the December activity master

Have a Merry Christmas and a Happy New Year!

LIFT December Level 3 Response Sheet

What did Our Lady of Guadalupe want Juan Diego to do?

What was special about the roses that Juan Diego found and presented to the bishop?

What do we celebrate on Christmas?

Christmas is not just one day. When does the Christmas season end?

What is your favorite family tradition at Christmas?

LIVING IN FAITH TOGETHER



at Church
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January
2025-2026

Level 3

Chapter 10: Church Leaders

- If you did not attend the January **LIFT**, read Chapter 10 in your Alive in Christ book, p. 155 and complete the Chapter 10 activity master in this packet.

Chapter 11: One and Holy

- Read Chapter 11 in your Alive in Christ book, p. 165.
- Complete the Chapter 11 activity master in this packet.

Family Life: Unit 3

- Read Lessons 5 and 6 in your Family Life book, p 33-42.
- Complete the Unit 3 activity master in this packet.

Prayer Corner: Up your prayer game!

What can you do this month to up your prayer game? Here are some ideas:

- If you are already praying at night, start praying in the morning before school too.
- If you pray for 5 minutes each day, try to stretch it to 10 minutes a day.
- Introduce saying grace before meals.
- Pull out a children's Bible and read a story before prayer.
- Pray a decade of the rosary each day as a family.



Name _____ Date _____

Fill in the Blanks

Fill in the blanks to complete the sentences.

1. A bishop heads a .
2. _____ take the place of the Apostles in today's world.
3. A diocese is made up of many .
4. The Pope is the bishop of _____ .
5. A _____ crowed, and Peter remembered Jesus' words.
6. Jesus asked Peter to feed his _____ and sheep.
7. The word *bishop* means _____ .

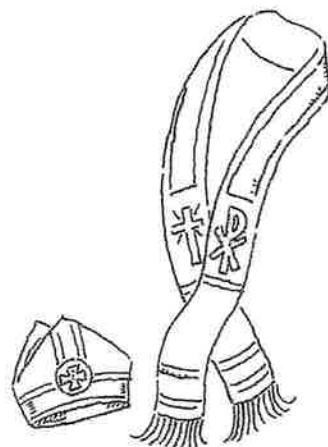


Illustration: © 2007 by A. J. J.

Use the letters in the boxes above to complete the statement below. Use the numbers of the sentences below each blank to help you.

Pastors, bishops, and the Pope _____ and

6 4 3 1

_____ God's People.

2 4 5 7 4

Name _____

Date _____

Create a Haiku

A haiku is a special form of poem from the Japanese tradition. The first line of the poem must have five syllables. For example, syl - la - bles has three syllables. The second line must have seven syllables, and the third line must have five syllables.

Use the words from the Word Bank to fill in the blanks in the first haiku. Then see whether you can write your own haiku. Use the Idea Box to help.

Word Bank

.....

fire

love

Pentecost

unity

world

Idea Box

.....

Communion
of Saints

differences

holy

Holy Spirit

tapestry

one

weaving

A HAIKU

The _____ of your _____

Filled the _____ at _____

Bringing _____

YOUR HAIKU

LIFT January

Level 3

Family Life Unit 3, Response Sheet

REVIEWING UNIT 3

Name

Thinking It Through

Read each question. Then write a short response. Share your answers.

1. How can I show my thanks to God for the gift of life?

2. How are human beings different than other mammals?

3. What do you remember about the Story of Creation in the Bible?

LIVING IN FAITH TOGETHER



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February
2025-2026

Level 3

Chapter 13: Choose Love

- If you did not attend the February **LIFT**, read Chapter 13 in your Alive in Christ book, p. 189 and complete the Chapter 13 activity master in this packet.

Chapter 14: Live in the Light

- Read Chapter 14 in your Alive in Christ book, p. 199
- Complete the Chapter 14 activity master in this packet.

Family Life: Unit 4

- Read Lesson 7 and Lesson 8 in your Family Life book, p. 45-54.
- Complete the Unit 4 activity master in the packet.

Prayer Corner: Preparing for Lent

How do we prepare for Lent? Almsgiving, Fasting, Prayer.

- **Almsgiving** – giving money to the poor.
- **Fasting** - fasting literally means not eating but you can also fast from foods (ice cream, dessert, pizza) or fast from activities like playing video games or scrolling on Tik Tok.
- **Prayer** – For Lent, we can up our prayer game. Maybe if you pray as a family at night, add the morning as well. Consider saying grace together at dinner, if you don't already. Maybe if you are doing all of this, consider beginning to say the rosary.

What will you do as a family to observe Lent this year?

Chapter 13 Activity Master

Name _____

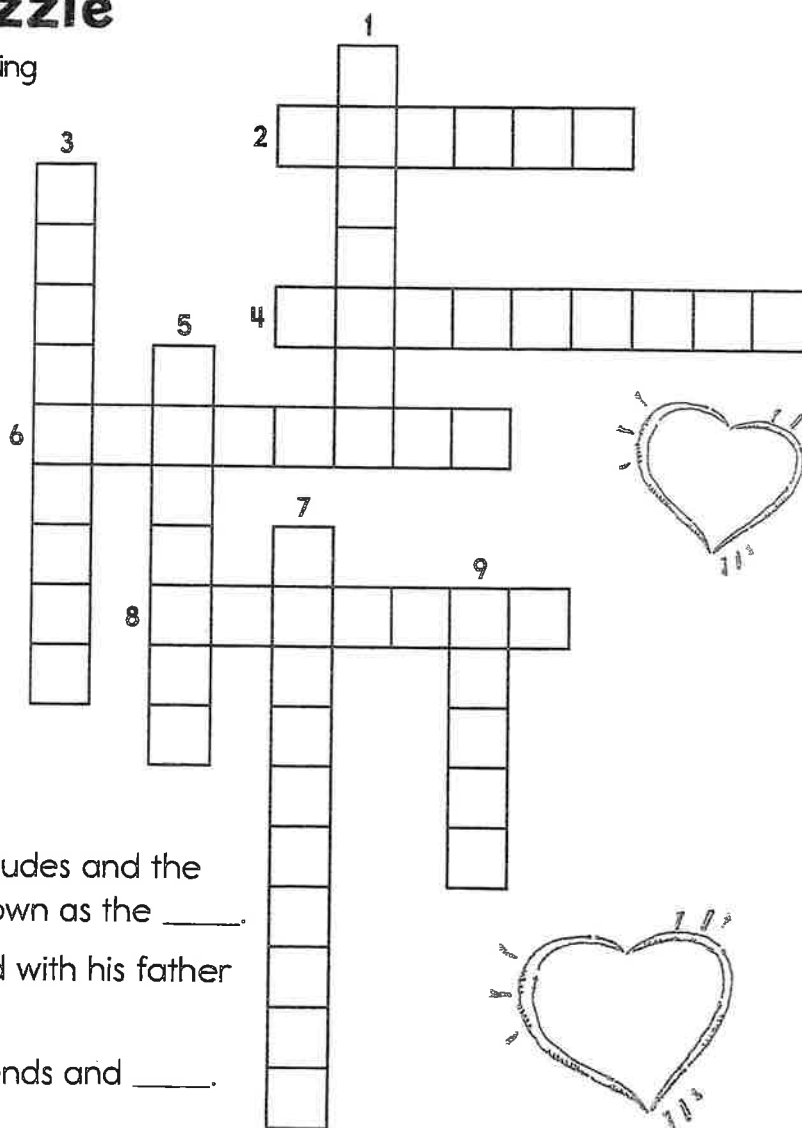
Date _____

Crossword Puzzle

Complete the crossword puzzle using words in the Word Bank.

Word Bank

Beatitudes Joseph
decisions law of love
Egypt perfect
enemies shepherd
forgave

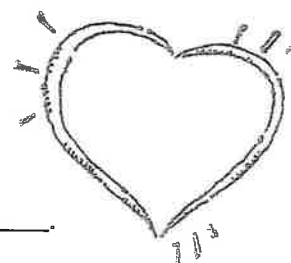
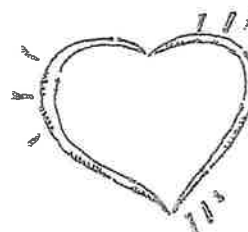
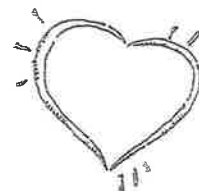


Across

2. The brother who was sold as a slave was _____.
4. The summary of the Beatitudes and the Ten Commandments is known as the _____.
6. Joseph's job when he lived with his father was that of a _____.
8. Jesus said to love both friends and _____.

Down

1. Joseph _____ his brothers for selling him.
3. Jesus' law of love can help you make good _____.
5. You must try to be perfect as God is _____.
7. Teachings of Jesus that show the way to happiness are called _____.
9. After Joseph was sold, he lived in _____.



Chapter 14 Activity Master

Name _____

Date _____

Virtues

Virtues are gifts from God. We grow close to God when we practice habits of faith, hope, and charity (love).

Next to each box, write one way that you can practice that virtue.

Faith

Hope

Charity



LIFT February

Level 3

Family Life Unit 4, Response Sheet

REVIEWING UNIT 4

Name

Thinking It Through

Read each question. Then write a short response. Share your answers.

1. What are some of your favorite plants and animals? Why?

2. How do you feel when you take care of plants or animals?

3. Why do you think God created such variety in creation?

LIVING IN FAITH TOGETHER



at Church
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Holy Eucharist
March
2025-2026

Level 3

If you were present at the March LIFT session, there is no assignment due at this time. Please complete the following assignment if you were not at the March LIFT session.

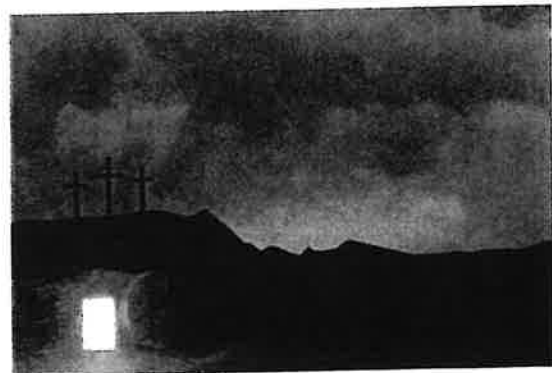
Lent: Holy Week

- Read the second chapter on Lent in your Alive in Christ book, p. 35

Easter: Holy, Holy, Holy

- Read the chapter on Easter in your Alive in Christ book, p. 39
- Complete the March response sheet that covers both chapters.

Have a Happy Easter!
He is risen, indeed!



LIFT March Level 3 Response Sheet

What are the three special days during Holy Week called?

What is the holiest day of the Church year? Why?

Why are we sprinkled with holy water during the Easter season?

What is your favorite family tradition at Easter?

LIVING IN FAITH TOGETHER



at Church
of the
Holy Eucharist
April
2025-2026

Level 3

Chapter 16: Sacraments of Initiation

- If you did not attend the April LIFT, please read Chapter 16 in your Alive in Christ book, p. 223.
- Complete the Chapter 16 activity master in this packet.

Chapter 17: Listen to God's Word

- Read Chapter 17 in your Alive in Christ book, p. 233.
- Complete the Chapter 17 activity master in this packet

Family Life: Unit 5

- Read Lesson 9 in your Family Life book, p. 57-62.
- Read Lesson 10 in your Family Life book, p. 63-66.
- Complete the Unit 5 activity master in this packet

Prayer Corner: Aspirations

The Catholic Church has a tradition of short prayers called aspirations. Aspirations can help us to focus on God, to deal with an anxious moment, to fall asleep, to still our busy minds. Try using aspirations this month as a family. Here are some favorites:

- Lord Jesus Christ, Son of the Living God, have mercy on me a sinner.
- Jesus, come.
- Jesus, I trust in You.
- Jesus, I surrender myself to you, take care of everything.

Name _____

Date _____

Sacraments of Initiation

1. Find everything relating to Baptism and color those circles in your favorite color.
2. Find everything relating to Confirmation and color those circles in a second color.
3. Find everything relating to Eucharist and color those circles in a third color.
4. Watch for one word, action, or effect that is used in more than one Sacrament.

BAPTISM

CONFIRMATION

EUCCHARIST

Sacred Chrism

anointing

water

immersion

bread and wine

seals and
completes Baptism

"Be sealed with
the gift of the
Holy Spirit."

A person becomes a
member of the Church.

strengthens a person
to live and proclaim
the faith

"The Body of Christ."
"The Blood of Christ."

gives new life
in Christ

unites all in the one
Body of Christ

"In the name of the
Father, and of the Son,
and of the Holy Spirit."

Name _____

Date _____

Links to Healing

Unscramble the letters before each sentence to find the sentence's missing word.

VERSOFNIGES

You receive God's

in the
Sacrament of Penance and Reconciliation.

DEARAPEST

Sin is choosing to be

from God.

SNECOFS

Catholics hear God's forgiveness through the words of the
priest when they their sins.

ISPRET

A presides at the two Sacraments
of Healing.

NUMHA

life is sacred.

LOSABEV

The priest will you from
your sins.

NONAIST

The priest the sick person's
head and hands.

HRITG

The Sacraments of Healing help you make relationships
 again.

Level 3

Family Life Unit 5, Response Sheet

REVIEWING UNIT 5

Name

Thinking It Through

Read each question. Then write a short response. Share your answers.

1. Tell about one good choice you made recently.

2. Tell about one way in which you were a good steward today.

3. How can you help your community be healthy and holy?

LIVING IN FAITH TOGETHER



at Church
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Holy Eucharist
May
2025-2026
Level 3

Please complete the following assignment if you were NOT at the May LIFT session.

Chapter 19: The Church Through Time

- Read Chapter 19 in your Alive in Christ book, p. 257.
- Complete the activity master in your packet.

Once you have completed the assignment, please return your Alive in Christ and Family Life books to the Faith Formation Office. Thank you and enjoy your summer!



A Prayer for Summer

Father, Creator of all, thank you for summer! Thank you for the warmth of the sun and the increased daylight. Thank You for the beauty I see all around me and for the opportunity to be outside and enjoy your Creation. Thank You for the increased time I have to be with my friends and family, and for the more casual pace of the summer season. Draw me closer to You this summer. Teach me how to pray no matter where I am or what I am doing. Warm my soul with the awareness of Your presence and light my path with Your Word and Wisdom. As I enjoy Your creation, create in me a pure heart and a hunger and a thirst for you! Amen.

Chapter 19 Activity: Sacred Promise

Read Chapter 19.

A covenant is a sacred promise or agreement between God and humans. God established a covenant with Abraham, and from that came the beginning of God's People. Through our Baptism, we enter into this covenant.

Write a promise that you will make to God.

Response:
