

LIVING IN FAITH TOGETHER 2025-2026

Level 1



LIVING IN FAITH TOGETHER



at Church
of the
Holy Eucharist
September
2025-2026

Level 1

Chapter 1: Created by God—covered in September LIFT

- If you didn't attend the September LIFT: Read Chapter 1 in your Alive in Christ book, p. 47 and complete the Chapter 1 activity master in this packet.

Chapter 2: God's Gifts for Us

- Read Chapter 2 in your Alive in Christ book, p. 57.
- Complete the Chapter 2 activity master in this packet.

Have fun! Remember: write on your activity master not in your book. :)

Prayer Corner: Our Father

Prayer the "Our Father" prayer everyday until we meet again:

Our Father, Who art in heaven,

Hallowed be Thy Name. Thy Kingdom come,

Thy Will be done, On earth as it is in Heaven.

Give us this day, our daily bread,

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil. Amen

Name _____

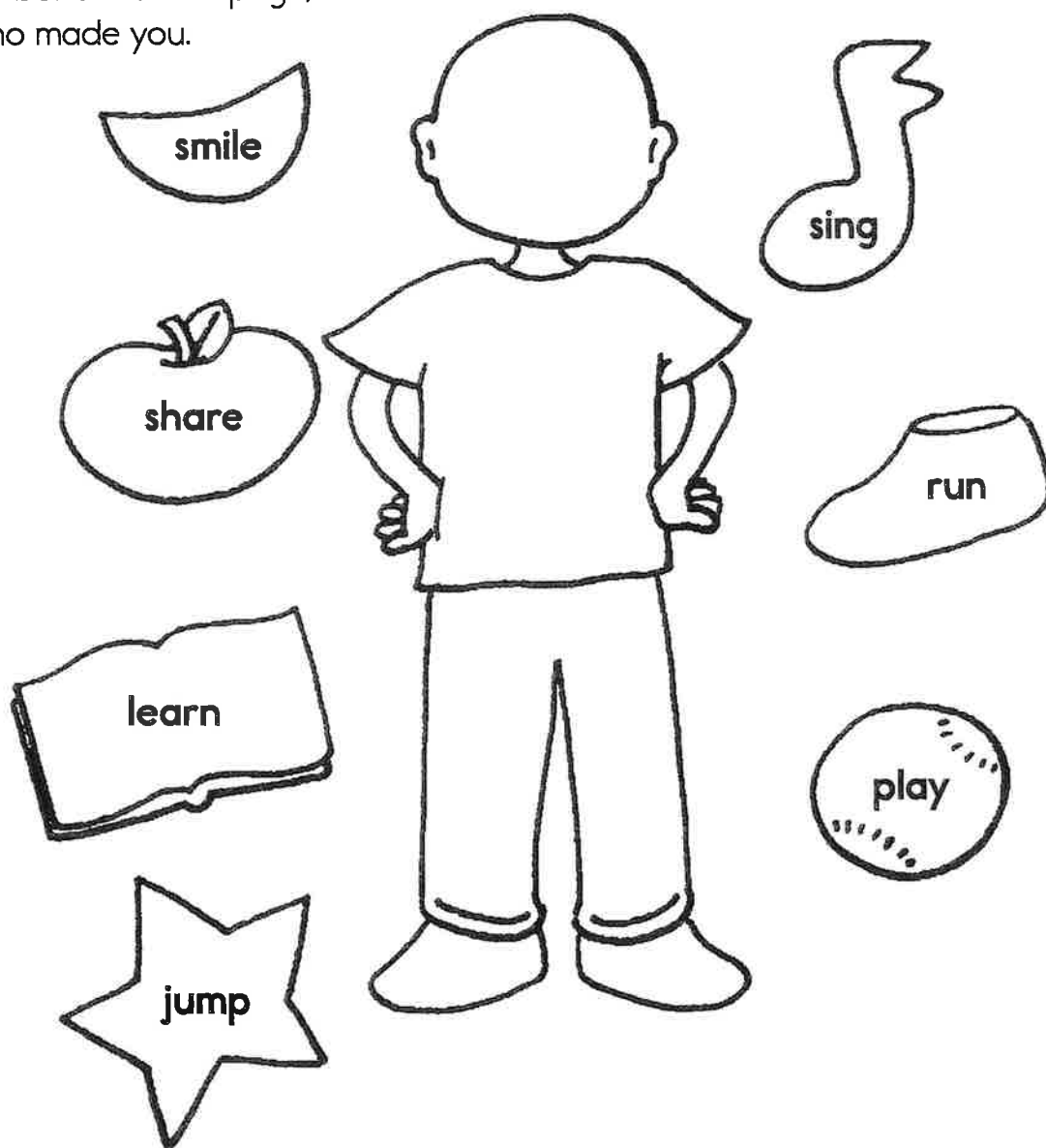
Date _____

Wonderful Me!

Make the drawing look like you.

Color the things that tell what you can do.

At the bottom of the page,
tell who made you.



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Name _____

Date _____

Gifts from God

God gives us a world full of gifts. Circle the hidden food and animals that are gifts from God.



Word Bank

● ● ● ● ● ● ● ● ● ● ● ● ●

feather

duck

loaf of bread

cat

snake

rabbit

crab

bird

apple

frog

octopus

COW

carrot

turtle

flower

LIVING IN FAITH TOGETHER



at Church
of the
Holy Eucharist
October
2025-2026

Level 1

Chapter 4: The Holy Trinity—covered in our Oct LIFT

- If you didn't attend the October LIFT: Read Chapter 4 in your Alive in Christ book, p. 81 and complete the Chapter 4 activity master in this packet.

Chapter 5: The Holy Family

- Read Chapter 5 in your Alive in Christ book, p. 91.
- Complete the Chapter 5 activity master in this packet.

Family Life: Unit 1

- Read Story 1 in this packet and Lesson 1 in the Family Life book p. 9-13.
- Read Story 2 in this packet and Lesson 2 in your Family Life book, p. 14-16
- Complete the Unit 1 activity master in this packet.

Prayer Corner: Hail Mary

Pray the "Hail Mary" prayer and the "Our Father" prayer every day until next month:

Hail, Mary, full of grace,
the Lord is with thee.

Blessed art thou amongst women
and blessed is the fruit of thy womb, Jesus.

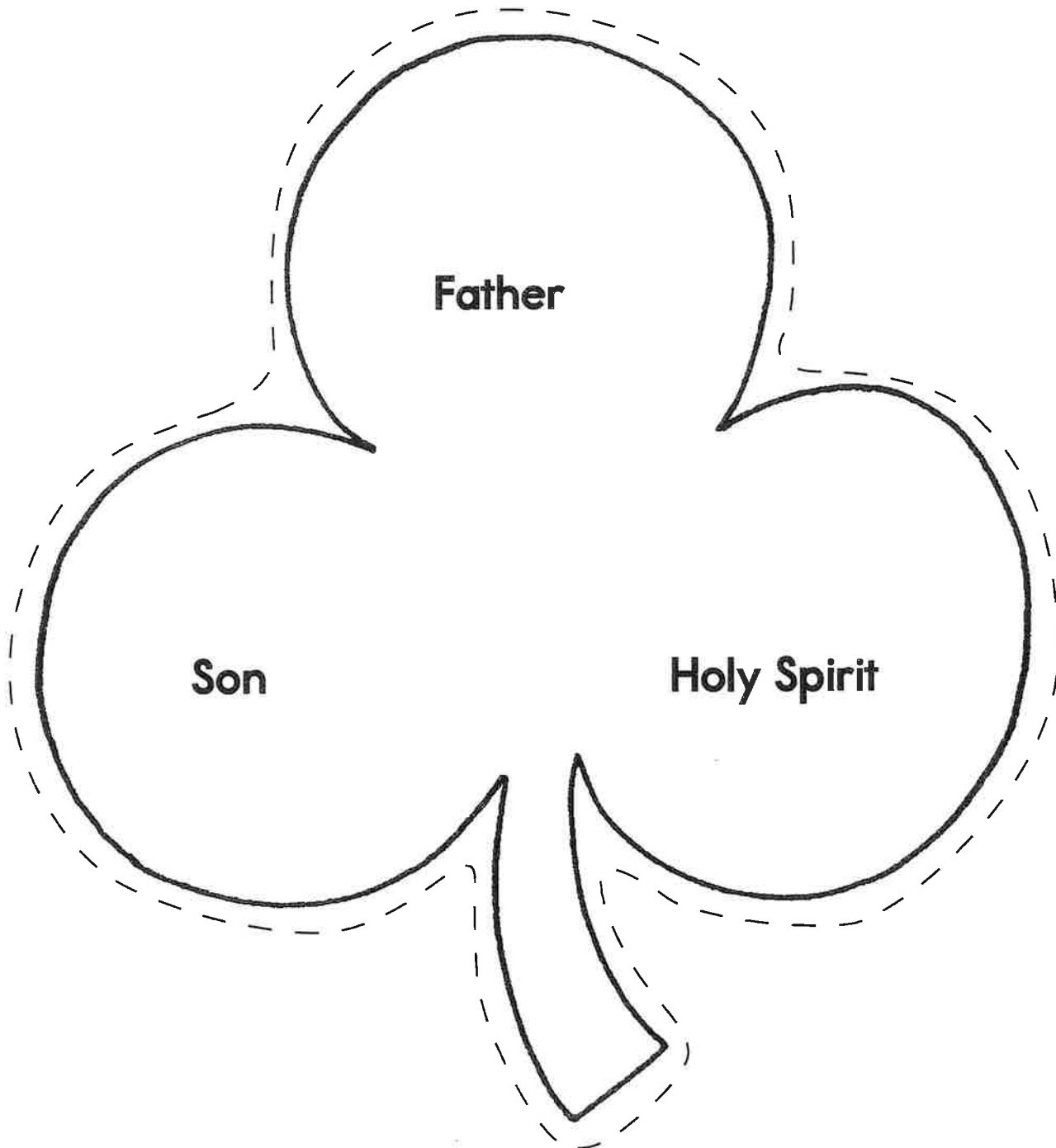
Holy Mary, Mother of God, pray for us sinners,
now and at the hour of our death. Amen.

Name _____

Date _____

The Holy Trinity

Some people use a three-leaf clover to represent the Holy Trinity. Color the clover to remind you of the three Divine Persons of the Holy Trinity.



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Chapter 5 Activity Master

Name _____ Date _____

Color the figures of the Holy Family.



Mary



Jesus



Joseph

Together

In cartoons, you sometimes see the characters moving around so fast that they're nothing but blurs. As Mark rode the big yellow bus to school one rainy day, he thought, "That's what my family is like in the morning: everybody zooming around fast in all directions. We never do anything together, like a real family."

Every morning, while Mark trotted to the corner to catch the bus, Mom whisked Dad to the commuter train, Lisa to nursery school and herself to her part-time job. They were all blurs, going every which way.

In school that day, Mark read about a pioneer family who did everything together—built a cabin, planted crops, tended animals. Mark thought, "Maybe my family could buy a farm. Then we'd do things together and be a real family."

When he came home from school, Mark smelled supper cooking. Mom and Lisa were sorting a fresh, nice-smelling stack of laundry together.

Then everyone piled in the car and went to pick up Dad at the train. As Dad slid into the seat, he laughed. "Good! It's still raining," he said. On rainy days, Dad liked to sing to the rhythm of the windshield wipers, "You are my sunshine, my only sunshine!" All four of them sang together, "You make me happy, when skies are gray!" The song hadn't quite ended when they got home, so they drove once around the block so they could finish it. As the family finally pulled into the driveway, they clapped at their performance and laughed together.

At the supper table, Mom and Dad and Mark and Lisa held hands to say the blessing together. They talked about their day.

And Mark said to himself, "We do a lot of things together. We aren't just blurs—I think we are a real family, after all!"

Helping

"It's not fair," Joanie said. "I shouldn't have to help with yard work on my sixth birthday!"

Dad smiled at Joanie and winked at Mom. "Well," he said. "Planting a tree takes a whole crew. I already have the hole dug. We'll be finished in plenty of time for the birthday celebration."

In the backyard, a young tree lay in the grass, its roots gathered into a burlap sack. "Poor thing," Mom said. "It'll feel better when it stands up."

Joanie held the heavy tree upright. Mom and Dad fussed around, getting it perfectly straight, and Joanie's arms got tired. "It isn't fair to have to help," Joanie said again, "not on my birthday."

Mom always had a saying for everything. She gave Joanie's shoulder a pat. "Helping," said Mom cheerfully, "is what families are for."

At last the tree was planted and watered. Everyone was cleaned up and ready by the time Grandma and Grandpa arrived for the birthday supper.

Of all the gifts Joanie got, her favorite was a beautiful golden-wood baseball bat. She loved baseball, and here was her very own bat. She and Dad went into the backyard for a little batting practice.

"Thanks, Dad," said Joanie. "With your help, I can be a real pro."

"That's what families are for," said Dad. He pitched a ball, and Joanie hit it with a good smack.

"Just don't hit the Joanie Tree," said Mom from the sidelines. "The Joanie Tree?" Joanie said. "Um-hmm," said Dad. "The tree is a birthday present, too. And someday, when you're ninety-six years old, you'll see that tree, tall and shady, and say, 'I helped to plant it.'"

Joanie pictured the tree reaching to the sky. "I'm glad I helped," she said. "That's what families are for."

Activity

A blank ledger page. The top section features three empty rectangular boxes for headers, separated by vertical lines. Below these boxes is a large area with horizontal ruling lines. A dashed line is present in the upper part of the ruled area, likely indicating a section for a running total or a specific type of entry. The page is otherwise empty of any text or data.

LIVING IN FAITH TOGETHER



at Church
of the
Holy Eucharist
November
2025-2026

Level 1

Chapter 7: Jesus the Healer—covered in our Nov LIFT

- If you didn't attend the November LIFT: Read Chapter 7 in your Alive in Christ book, p. 115 and complete the Chapter 4 activity master in this packet.

Chapter 8: Jesus Teaches Love

- Read Chapter 8 in your Alive in Christ book, p. 125.
- Complete the Chapter 8 activity master in this packet.

Family Life: Unit 2

- Read Story 3 in this packet and Lesson 3 in the Family Life book, p. 19-23.
- Read Story 4 in this packet and Lesson 4 in the book Family Life book, p. 24-26
- Complete the Unit 2 activity master in this packet.

Prayer Corner: Glory Be

Pray the "Glory Be" prayer as well as the "Our Father" and "Hail Mary" prayers every day until next month:

Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world without end.

Amen.

Name _____

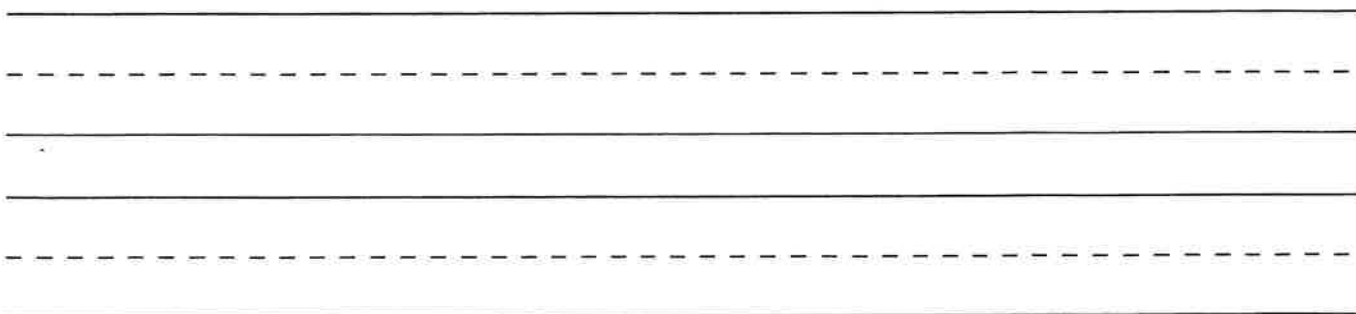
Date _____

Jesus' Life

Use words and pictures to tell about one part of Jesus' life.



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Name _____

Date _____

Love God and Others

Listen to each sentence. Draw a happy face next to some ways to love God and others.

☐

1. Say "I'm sorry."

☐

2. Pick up your toys.

☐

3. Tell someone they
can't play.

☐

4. Pray.

☐

5. Make your brother or
sister cry.

☐

6. Help at home.

☐

7. Go to Mass.

☐

8. Help a classmate
who is sad.

☐

9. Take something that
does not belong to you.

☐

10. Push or shove
someone.

Gifts

Curt's grandparents had an old-time porch swing, hung from the ceiling of their front porch with rusty chains. It creaked a lot, but that swing was the best place in the world to be.

Curt loved to sit in the swing between Grandma and Grandpa. Then Grandpa would recite old poems in time with the swinging. Grandpa had a wonderful gift for acting out every poem. He loved to make Grandma laugh.

Curt's favorite poem was about a ship in a storm. For this one, Grandpa made the sound of wind and waves. He'd give the swing an extra push, so they'd rock higher and higher till it seemed they'd hit the ceiling.

Grandma would laugh until she was breathless. Then she'd give Grandpa and Curt a big, strong hug. "Now, isn't life fun?" she'd ask with a sigh.

Then Grandpa died, and all of a sudden, the swing didn't feel the same. Curt and Grandma swung together, but it was an absent-minded kind of swinging, as if it didn't matter, anymore.

One day, Curt was sitting by Grandma in the swing, when he seemed to hear Grandpa's voice in his ears. He got an idea, "Maybe I can make Grandma laugh, like Grandpa used to."

Curt thought he could remember the words and actions to the storm-at-sea poem. He might not have Grandpa's gift for reciting, exactly, but he could try. Curt began to recite, and all the words came back to him like magic.

Halfway through the poem, he felt Grandma give an extra push with her feet. And pretty soon they were swinging so high, it seemed they'd rock clear up and hit the ceiling.

The poem ended, and Grandma laughed till she was breathless. It felt wonderful, making Grandma happy like that. "Thanks for your gift, Grandpa!" Curt whispered. Grandma gave him a rib-cracking hug. "Now, isn't life fun?" she asked.

STORY FOUR

We Can Talk

Kenny noticed that his mom had been wearing kind of a secret smile all day. She smiled at him, and at the cat, and even at a little piece of orange peel that fell on the kitchen floor.

When Dad came home from work, he was wearing the same kind of smile. And after supper, they said to Kenny, "We have a big surprise for you. We're going to have a new baby in our family."

Kenny stared, and his mouth fell open. A baby? There had always been three of them. Now there would be four. That was a strange idea to think about.

In bed that night, Kenny gazed up at the ceiling. A hundred thoughts seemed to run through his head, all at once. Dad came in and sat on the side of the bed. "How are you feeling tonight, Partner?" he asked Kenny.

Kenny didn't answer, for a minute. He wanted to say that he was happy about the baby coming— and he was, in one corner of his heart. But there were other feelings mixed in there, too.

Finally, he said, "I'm glad about the baby. But I feel a little sad that things will change. And I feel a little mad, I guess, that I'll have to share you and Mom with somebody else."

"Those are a lot of feelings," said Dad. "It's good that you can tell about them all." They were both quiet for a while. Then Kenny said, "I wish I could feel all happy. But I don't want things to change."

Dad nodded. "Everybody gets a little uncomfortable about changes."

"Even you?" Kenny asked. "Even me," said Dad. "Even Mom."

The next morning, Kenny checked his feelings again. They were still there, and all mixed up. But somehow, they were okay. Kenny knew he could handle them.

LIFT November

Level 1

Family Life Unit 2, Response Sheet



You can tell someone how you feel.

You can say, "I feel glad."

You can say, "I feel mad."

You can say, "I feel sad."

You can say, "Now I feel better."

Growing in Virtue

I can be brave. I can talk
about my feelings.

I can use my feelings well.

Activity

Circle one of the feeling words below.

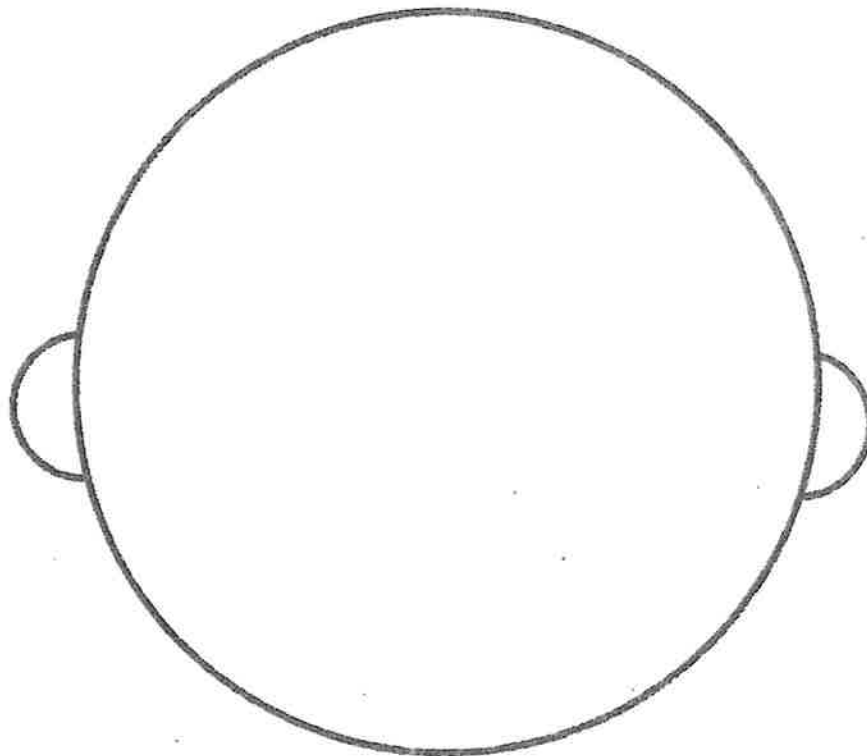
Pretend you are telling your teacher
you feel that way.

Color the face to show how you feel.

Happy

Mad

Sad



LIVING IN FAITH TOGETHER



at Church
of the
Holy Eucharist
December
2025-2026

Level 1

Please complete the following assignment if you were NOT at the December LIFT session.

If you were present at the December LIFT session, there is NO assignment due at this time.



Advent: Waiting for Jesus

- Read the chapter on Advent in your Alive in Christ book, p. 19.

Christmas: The Light of Christ

- Read the chapter on Christmas in your Alive in Christ book, p. 23.
- Complete the December activity master.

Have a Merry Christmas and a Happy New Year!

LIFT December Level 1 Response Sheet

What are we preparing for during the season of Advent?

What color does the priest wear during the season of Christmas?

What do we hear about during the readings at Mass in the Christmas season?

What is your favorite Christmas tradition?

LIVING IN FAITH TOGETHER



at Church
of the
Holy Eucharist
January
2025-2026

Level 1

Chapter 10: Responding to God

- If you did not attend the January LIFT, read Chapter 10 in your Alive in Christ book, p. 149 and complete the Chapter 10 activity master in this packet.

Chapter 11: The Church's Guide

- Read Chapter 11 in your Alive in Christ book, p. 159
- Complete the Chapter 11 activity master in this packet.

Family Life: Unit 3

- Read Story 5 in this packet and read Lesson 5 in your Family Life book, p. 29-33.
- Read Story 6 in this packet and read Lesson 6 in your Family Life book, p. 34-36.
- Complete the Unit 3 activity master in this packet

Prayer Corner: Up your prayer game!

What can you do this month to up your prayer game? Here are some ideas:

- If you are already praying at night, start praying in the morning before school too.
- If you pray for 5 minutes each day, try to stretch it to 10 minutes a day.
- Introduce saying grace before meals.
- Pull out a children's Bible and read a story before prayer.
- Pray a decade of the rosary each day as a family.



Name _____

Date _____

Kingdom of God

You belong to the Catholic Church.

The Church invites people to God's Kingdom.

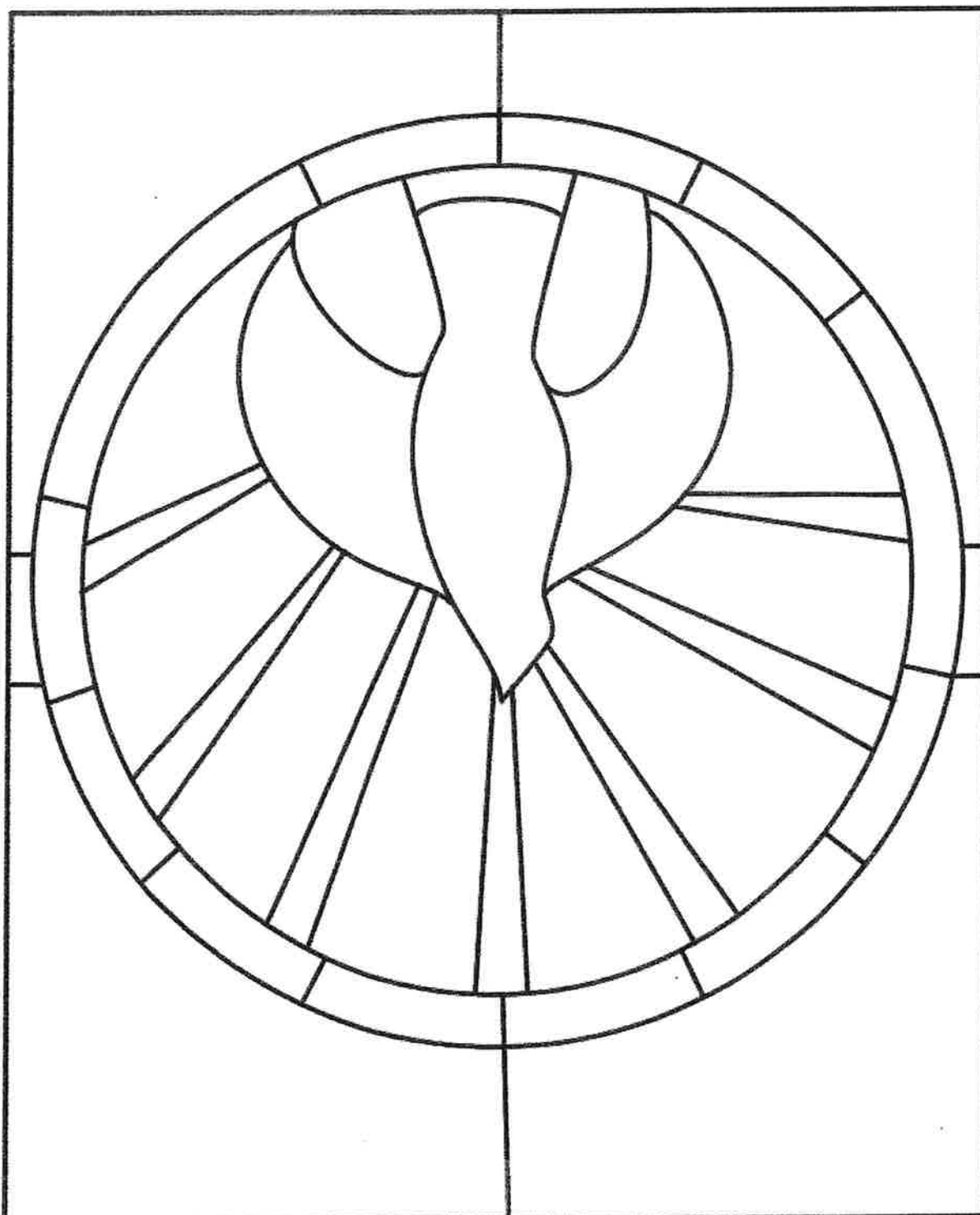
The Church shares God's love.

Draw a line from the person coming out of church to the picture of that same person sharing God's love.



Name _____ Date _____

The dove is an image of the Holy Spirit. Color the stained-glass image of the Holy Spirit as a dove.



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Growing

Alice's Uncle Carl came to visit once a year, and Alice looked forward to those visits. Uncle Carl had a gentle, old-fashioned way about him that Alice liked. She didn't know any other man who wore a hat every time he went out. What's more, he'd bow a little and tip his hat to ladies and say, "How do you do, Ma'am?" That seemed very nice.

Of course, the first thing Uncle Carl would say to Alice was, "Look at you! You're getting bigger and bigger!"

As the day came for Uncle Carl to arrive, Alice was thinking about that. Had she really grown up at all in the past year? She looked in the mirror. Well, she was certainly bigger; she had outgrown last year's clothes. But wasn't she still just a little girl?

Then Alice thought: Since her uncle's last visit, she had learned to help when Mom and Dad volunteered at the homeless shelter. At the shelter, she listened and learned. She talked to homeless children and tried to understand what their lives were like. She was also learning to cook, to play soccer and to ride a two-wheeler.

Well, maybe she was more grownup, after all. She was growing in a lot of ways. The question was: Would Uncle Carl notice how she had grown up?

The big day came, and Dad brought Uncle Carl home from the airport. Alice and all her family burst out the front door to greet him.

Uncle Carl hugged Mom and patted the heads of Alice's little brothers and sisters. "Just look at you!" he said to them. "You're getting bigger and bigger!" And then Uncle Carl turned to Alice. She looked into his face. Would he see all the ways that she had grown?

He looked at her and a big smile grew on his face. Then Uncle Carl bowed a little and tipped his hat to Alice. "How do you do, Ma'am?" he said.

Stop and Think

Randy and Mike were sitting on the front steps of their apartment building. Suddenly, Mike said, "Look!" He ran down to the sidewalk and picked up a small matchbook. He opened it. "Full of matches, too!" said Mike. Mike opened the matchbook and tore out one of the matches and lit it. Then he lit another and another.

"Hey, cut it out," Randy said, feeling uncomfortable. Mike paid no attention. He was looking at a cardboard box standing at the curb, filled with paper and trash.

"Know what we could do?" Mike said. "Set the box on fire. Boy, wouldn't that be a sight?" Randy grabbed Mike by the sleeve, before he could stand up. "Hey, stop and think," he said. "Think about what?" asked Mike.

"About what could happen next," Randy said. "Like, somebody might call the fire department. That would be a false alarm, taking the fire truck away from a real fire. Mrs. Weber is old and lives all alone, and the smoke could really scare her. And the fire could spread to the whole building."

"Ah, you worry too much," said Mike. "I just wanna have a little fun." With a quick move, Randy grabbed the matches from Mike's hand and put them in his pocket. "What's fun about hurting people?" Randy asked.

Mike held a fist up to Randy's face. They looked at each other for a long minute, while both of them pictured the building where they lived, red with flame and black with ashes.

Randy watched Mike walk up the steps and disappear into the building. Suddenly, Randy felt very grown up and proud.

LIFT January

Level 1

Family Life Unit 3, Response Sheet

Stop and Think



Some things can hurt you.
Some people can hurt you.

I can stop and think.
I can say no to people who
might hurt me.
I can say no to things that
might hurt me.

Growing in Virtue

I can take care of my body.
I can choose the right
things to do and say.



Activity

How do you care for your body every day?
Draw a picture to show how you care for your body.

LIVING IN FAITH TOGETHER



at Church
of the
Holy Eucharist
February
2025-2026

Level 1

Chapter 13: Disciples Serve

- If you did not attend the February LIFT, read Chapter 13 in your Alive in Christ book, p. 183 and complete the Chapter 13 activity master in this packet.

Chapter 14: Making Choices

- Read Chapter 14 in your Alive in Christ book, p. 193
- Complete the Chapter 14 activity master in this packet.

Family Life: Unit 4

- Read Story 7 in the packet and read Lesson 7 in your Family Life book, p. 39-43.
- Read Story 8 in the packet and read Lesson 8 in your Family Life book, p. 44-46.
- Complete the Unit 4 activity master in the packet.

Prayer Corner: Preparing for Lent

How do we prepare for Lent? Almsgiving, Fasting, Prayer.

- **Almsgiving** – giving money to the poor.
- **Fasting** - fasting literally means not eating but you can also fast from foods (ice cream, dessert, pizza) or fast from activities like playing video games or scrolling on Tik Tok.
- **Prayer** – For Lent, we can up our prayer game. Maybe if you pray as a family at night, add the morning as well. Consider saying grace together at dinner, if you don't already. Maybe if you are doing all of this, consider beginning to say the rosary.

What will you do as a family to observe Lent this year?

Name _____

Date _____

Watch Me Serve!

Think of three people you can serve. Print one of the names on each coupon. Then cut out the coupons. Give the coupons to the three people. Be sure to find loving ways to serve them!

Service Coupon

I want to serve _____

like Jesus served others.

Service Coupon

I want to serve _____

like Jesus served others.

Service Coupon

I want to serve _____

like Jesus served others.

Name _____

Date _____

Make Good Choices

Look carefully at the pictures below. They tell a story. Help the children in the story make a good choice. In the empty box, draw a picture of the good choice they make.



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A large, empty rectangular box with rounded corners, intended for a child to draw a picture of a good choice.

What Is Love?

Have you ever had a “Nobody-Loves-Me” day? Everyone has. You know what it’s like: Somebody is mad at you, or maybe you’re a little bit mad at yourself. Then it can be a little hard to feel love, even for your best friend.

Angela was having that kind of day. That loving heart that was supposed to be beating in her chest—it didn’t seem to be there. Instead, there was just a cold and empty space.

That day, Angela’s class had brought in food and clothing for a needy family. The kids were going to pack everything in boxes, and then some of the parents were going to take all the things over to the family.

As they began packing, Angela’s teacher talked about showing love to everybody. Angela thought, “I don’t even know who the family is. How can I love them? Besides, today I don’t feel love for anybody.”

But a strange thing happened as Angela picked up a soft package of rice to put in the box. She suddenly pictured a child, somewhere, just like herself. A child who would thankfully eat a steaming bowl of rice, who would think, because of that food, “Somebody, somewhere, really cares about me.”

By the time the boxes were full, Angela had begun to feel something warm growing in that cold empty place.

Angela turned to her teacher. “Would it be all right if I put a note in the box?” she asked. “Good idea,” said the teacher. “Anyone who wants to can send a message of love along in the boxes.”

Angela thought it over a minute; what could she say? Before she started doing this loving work, she hadn’t felt anything at all for the family.

Now it was different. She wrote just four words: “I love you. Angela.”

STORY EIGHT

We Have a New Baby

Early one morning, Kenny's Aunt Lily came to stay with him while Dad took Mom to the hospital. "Time for the baby to arrive," said Mom. "We'll give you a call when it's born." And then they drove off.

The family had done a lot of talking and planning, but still, it was hard to believe that the baby was actually going to be born. Kenny stayed inside that day, near the telephone. It finally rang. "Kenny?" said Dad's voice. "Guess what. You have a baby sister."

Kenny spent the rest of the day thinking about that. "Now you're a big brother," said Aunt Lily.

When the new baby came home from the hospital, everyone seemed to be busy all the time. Everything was different. Everybody's love and attention seemed to be going to the baby. And Kenny was thinking, "There's nothing left over for me."

The truth was, Kenny wasn't sure he liked his new sister. Then, little by little, Kenny began to feel good about being a big brother. He began to realize all the things that he could do for his sister. (That little shrimp of a baby couldn't do anything for herself, and she would sure have a lot to learn.) He would teach her.

But Kenny was learning some things, too. Girls' and boys' bodies were different, and yet, girls and boys were the same, too. He was feeling important and grown up. He was learning that when you had a new baby, there was still plenty of love to go around.

One day, Kenny went to church and stood with his family by the baptismal font. In the candlelight, he watched the water being poured on his sister's head. He felt kind of tall and strong and proud.

"I guess you're okay, after all," he thought. "Welcome, Little Sister."

LIFT February

Level 1

Family Life Unit 4, Response Sheet

Showing I Care for Others

I can show my love for people in many ways.

I can show I really care about them.

I can say kind words.

I can do kind deeds.



Read the question. Print a short answer.

1. Who can I be kind to at home?

2. What will I say or do?

Write a prayer to Jesus. Ask him
to help you to be kind to others.

Dear Jesus,

Amen.

LIVING IN FAITH TOGETHER



at Church
of the
Holy Eucharist
March
2025-2026

Level 1

If you were present at the March LIFT session, there is no assignment due at this time. Please complete the following assignment if you were not at the March LIFT session.

Lent: Time for Change

- Read the chapter on Lent in your Alive in Christ book, p. 27

Easter: He Is Risen

- Read the chapter on Easter in your Alive in Christ book, p. 37
- Complete the March response sheet that covers both chapters.

Have a Happy Easter!
He is risen, indeed!



LIFT March Level 1 Response Sheet

What are we preparing for during the season of Lent?

What color does the priest wear during the season of Lent?

Why is Easter a time of joy?

What is your favorite family tradition at Easter?

LIVING IN FAITH TOGETHER



at Church
of the
Holy Eucharist
April
2025-2026

Level 1

Chapter 16: Jesus the Savior

- If you did not attend the April LIFT, please read Chapter 16 in your Alive in Christ book, p. 217.
- Complete the Chapter 16 activity master in this packet.

Chapter 17: Holy Signs

- Read Chapter 17 in your Alive in Christ book, p. 227.
- Complete the Chapter 17 activity master in this packet

Family Life: Unit 5

- Read Story 9 in this packet and read Lesson 9 in your Family Life book, p. 49-53.
- Read Story 10 in this packet and read Lesson 10 in your Family Life book, p. 54-56.
- Complete the Unit 5 activity master in this packet

Prayer Corner: Aspirations

The Catholic Church has a tradition of short prayers called aspirations. Aspirations can help us to focus on God, to deal with an anxious moment, to fall asleep, to still our busy minds. Try using aspirations this month as a family. Here are some favorites:

- Lord Jesus Christ, Son of the Living God, have mercy on me a sinner.
- Jesus, come.
- Jesus, I trust in You.
- Jesus, I surrender myself to you, take care of everything.

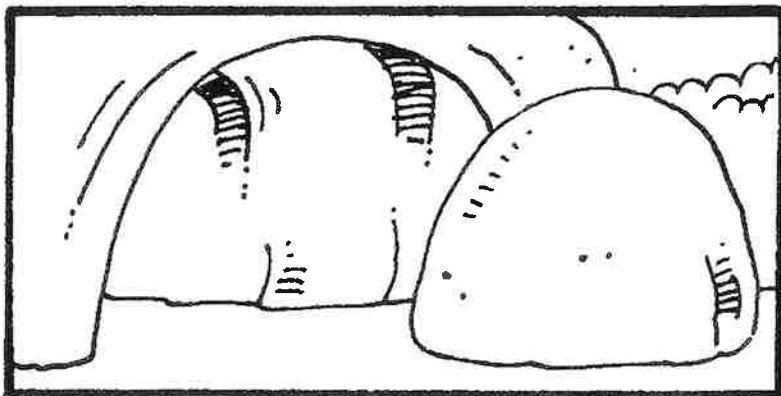
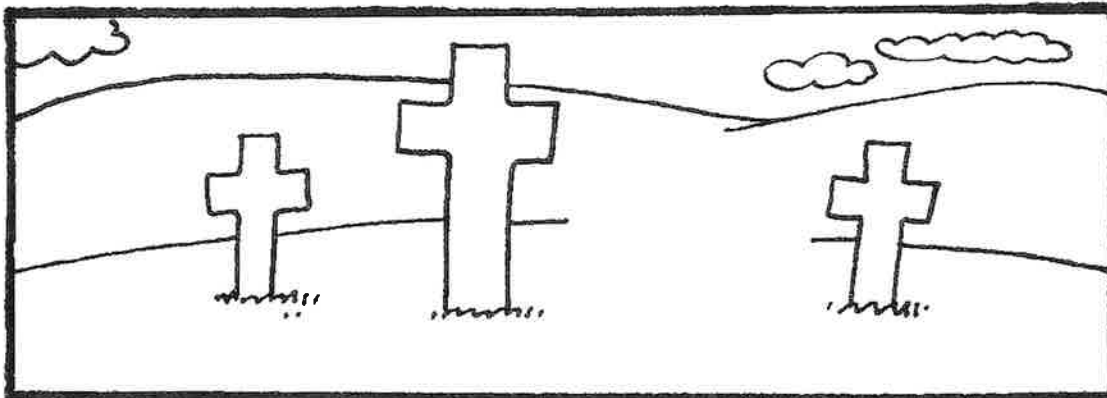
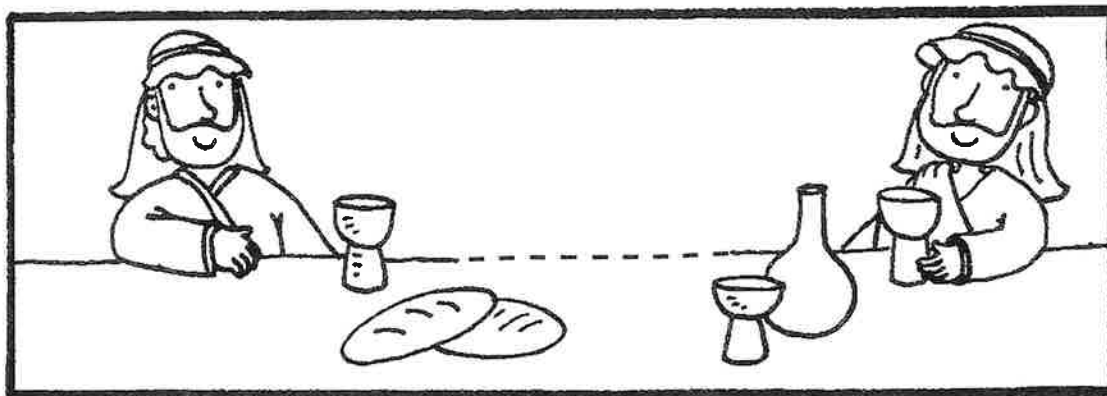
Name _____

Date _____

Jesus the Savior

Color the figure of Jesus and cut it out.

Put Jesus in every picture. Tell the story of Jesus from the Last Supper to his Resurrection.



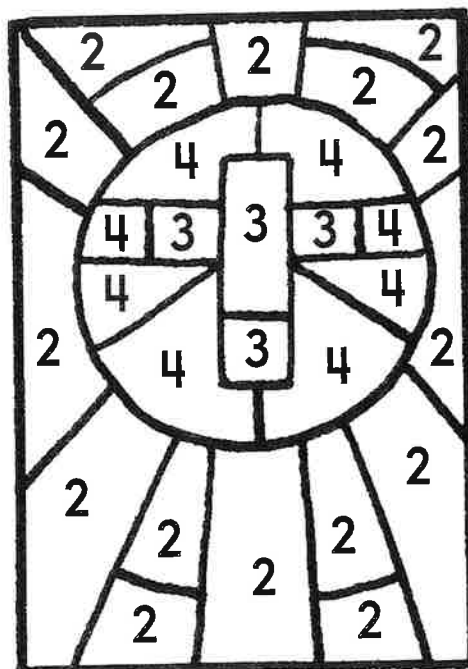
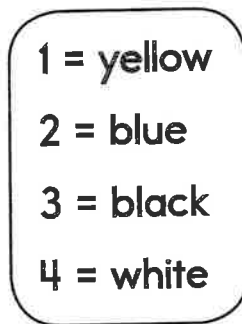
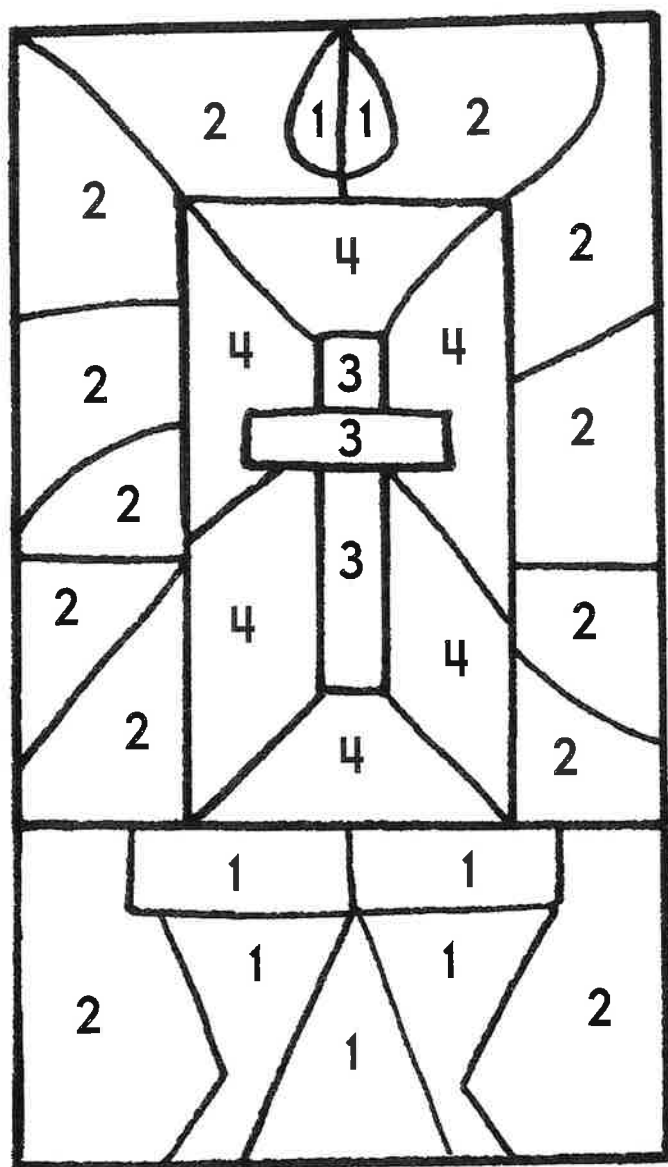
Name _____

Date _____

Holy Things

Holy things are used in the celebration of the Seven Sacraments.
The holy things are signs that God is there.

Use the chart to color the shapes. See two holy things.



Lots of Families

Liza used to think that she belonged to the smallest family you could have: two people. Just Liza and her father. They felt like a good family, and they had great times together on their dairy farm. But their family was small.

So, it was exciting when they took a long summer trip to visit her grandparents. All of a sudden, Liza was in the middle of a big family of aunts and uncles and cousins. She had known about them, of course, because they sent her letters and gifts. But until then, Liza had never been with them. Dad was always too busy with the farm.

It was like a big party all the time, with people coming and going and helping and doing everything together. On the last day of the visit, everyone gathered to have a picture taken. In the midst of all the laughing people, Liza felt warm and important and loved.

When she got back to the farm, she felt very lonely. Fall came. She went back to school, still feeling alone, still thinking of her big family.

But one day, Liza's school was working together to send food and clothing to a poor family who had lost all they owned in a fire. She was surrounded by people whose faces showed how much they cared. She felt that spark again, of being important and loved. And she thought, in surprise: "This is my family, too!"

Then, on Sunday, Liza sat next to her father in church, glancing up at his face now and then to see the special look it always had at Mass. She heard Father Ellis say, "Let us exchange the Sign of Peace."

A soft, happy current of voices seemed to roll through the pews, washing over the congregation. People hugged and shook hands and wished one another "Peace." Liza shook hands and looked into many faces warm with friendship and love. And once more, she thought: "This is my family, too!"

Making Things Right

Neither Jeannie nor her big brother, Rick, was sure how their fight started. Maybe it had begun at lunchtime. Jeannie had been telling how she was learning to dive at the park swimming pool, and her bracelet dropped off her wrist into her bowl of bean soup.

Rick roared with laughter. "Nice dive, little sister!" he said. Or maybe the fight started after lunch, when Rick was carrying out the trash. The bag split, and pea pods, coffee grounds and corncobs rained out. It was Jeannie's turn to laugh.

However it started, the big fight exploded at five o'clock, when Jeannie and Rick wanted to watch different TV shows. They yelled, and when that didn't work, they began wrestling each other for the remote control.

Mom came in and put a calming hand on each of her children. "Let's try a better way of solving this," she said. "Step Number One, say what went wrong."

First, they talked about who started the fight and who was to blame. But that didn't tell them what was wrong. And after a while, they had to agree on one thing: Neither of them had been fair to the other.

"Step Number Two," said Mom. "Say how you can make things right."

Well," said Rick, "We could flip a coin to see which TV show to watch."

"That's fair," said Jeannie.

Mom went back to her work and the children looked at each other. Then Jeannie said, "I think I know what Step Number Three is."

"Me, too," said Rick. And in chorus, they both said, "I'm sorry."

By the time Dad came home from work, everything was calm. At supper, the family joined hands to say grace.

"Nice to come home to a peaceful house," said Dad. Jeannie and Rick looked across the table at each other and grinned.

Family Life Unit 5, Response Sheet

Helping People

Jesus said, "When you help people,
you help me" (based on Matthew 25:40).

Look at the pictures.

Tell how each person helps you.

How does a priest help you?



How does a teacher help you?



How does a doctor help you?



How does a grocer help you?



LIVING IN FAITH TOGETHER



at Church
of the
Holy Eucharist
May
2025-2026
Level 1

Please complete the following assignment if you were NOT at the May LIFT session.

Chapter 19: We Give Thanks

- Read Chapter 19 in your Alive in Christ book, p. 251.
- Complete the activity master in your packet.

Once you have completed the assignment, please return your Alive in Christ and Family Life books to the Faith Formation Office. Thank you and enjoy your summer!



A Prayer for Summer

Father, Creator of all, thank you for summer! Thank you for the warmth of the sun and the increased daylight. Thank You for the beauty I see all around me and for the opportunity to be outside and enjoy your Creation. Thank You for the increased time I have to be with my friends and family, and for the more casual pace of the summer season. Draw me closer to You this summer. Teach me how to pray no matter where I am or what I am doing. Warm my soul with the awareness of Your presence and light my path with Your Word and Wisdom. As I enjoy Your creation, create in me a pure heart and a hunger and a thirst for you! Amen.

Name _____

Date _____

I Can Celebrate

Jesus is at Mass. I can give Jesus my love. At Mass people bring gifts to God. Some gifts are promises to do good. I give a gift.

Draw a picture of your gift to God.

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