

FAITH FORMATION AT THE CHURCH OF THE HOLY EUCHARIST

LIFT 2025-2026: See What's New!

Welcome to LIFT - Living in Faith Together - Holy Eucharist's Faith Formation Program for families with children in grades 1 to 8. At LIFT, we create opportunities for families to pray together, grow as disciples and develop spiritual habits that will lead them into a deeper relationship with Christ.

The LIFT program has three components that work together to help form our children in the faith:

First, **LIFT is a monthly faith formation program** for the whole family to enjoy. In addition to small group experiences for children in grades 1 to 8, we provide formation and volunteer opportunities for adults and teens, as well as a worship and play program called Kidzone LIFT for preschoolers ages 2 to 5.

Second, with the **Alive in Christ** and **Family Life** books, LIFT provides opportunities for families to keep the conversations around the faith alive throughout the month. Children use their **Alive in Christ** and **Family Life** textbooks to complete a meaningful home assignment.

NEW THIS YEAR! Finally, children will choose and participate in eight **Passbook** experiences within parish designed to connect their faith journey with the parish community. There are four categories of experiences in the Passbook: **Catechetical, Prayer, Service, Community**. Children will be asked to attend at **least one** from each category.

So what does the LIFT monthly faith formation program look like?

- LIFT is held on one weekend each month. **Mass is at the center of our Faith Formation program** so families attend Mass together as a family. When Mass is over, the whole family heads down to Hoffman Hall for our LIFT program.
- In Hoffman Hall, we share a meal and fellowship together. Then, we will introduce the session topic and receive a blessing from Fr. McClane.
- On most weekends, our children in grades 1-8 leave Hoffman Hall with group leaders who will work through the assigned chapter of the **Alive in Christ** book while the adults remain in Hoffman Hall for a presentation. For Christmas and Easter, we offer a seasonal program or experience for the whole family to enjoy together.
- After the hour long program, children return to Hoffman Hall where the experience concludes with prayer and families are dismissed.



2025-2026 LIFT SCHEDULE

LIFT Sessions Begin with Mass:

Saturday at 5:00 pm
Sunday at 8:30 am or
10:30 am

September	20, 21
October	18, 19
November	15, 16
December	6, 7
January	10, 11
February	21, 22
March	14, 15
April	18, 19
May	16, 17

Contacts:

Reverend Michael McClane
Pastor
609 268 8383

Donna Remaley

Director of Faith Formation
609 268 7742
dremaley@holyeucharist.org

LIFT CONTINUED...

EXPECTATIONS FOR LIFT

- **Attend Mass** as part of the LIFT session each month.
- **Attend each of the nine LIFT sessions.** If a child misses a session, home assignments are to be completed before the next session.
- **Complete work** for assigned chapters between LIFT sessions.
- **Note:** Missing more than two sessions could hinder your child's advancement in the program.
- **Complete 8 Passbook experiences** with at least one from each category over the course of the year.
- **Serve** at least once at LIFT during the 2025-2026 calendar year in one of the many volunteer opportunities in the parish. See the back page for a list of opportunities.
- A parent or guardian **must** attend the Mass and session with the child. **No unaccompanied children will be permitted to attend the program.**

We are delighted to partner with you on your family's faith journey! Participation at weekly Mass nourishes the spiritual growth of your family. We hope that your family will be active members of our faith community. Questions? Contact Donna Remaley at 609 268 7742 or dremaley@holyeucharist.org

SACRAMENTAL PREPARATION

FIRST RECONCILIATION AND EUCHARIST PREPARATION 2025-2026

Preparation for the sacraments is a journey for our entire faith community as we renew our understanding and commitment to the gift of grace we receive in the sacraments. Because we view the formation of our children in the context of the family, preparation for First Reconciliation and First Eucharist in our parish takes the form of family faith formation sessions. In accordance with diocesan guidelines, **there is a two year preparation period** for the reception of sacraments. This means that children receiving First Reconciliation and First Eucharist must be enrolled in LIFT during first grade so that they are ready to prepare for and receive the two sacraments the following year in second grade.

EXPECTATIONS

- Attendance at all preparation sessions in addition to LIFT sessions is required.
- If a prep session is missed, assignments will need to be completed and a meeting with the Director of Faith Formation may be necessary. Missing a session could hinder your child's advancement in the program.



FIRST RECONCILIATION PREPARATION

Date	Description	Time
Monday, September 22, 2025	Parent Orientation	7:00 pm— 8:00 pm
Saturday, October 4, 2025	First Reconciliation Prep 1 Parent and Child	10:00 am—12:00 noon
Saturday or Sunday October 18 or 19, 2025	First Reconciliation Blessing at all Masses	Choose one Mass Also a LIFT Weekend
Saturday, November 1, 2025	First Reconciliation Prep 2 Parent and Child	10:00 am—12:00 noon
Monday, November 10, 2025	First Reconciliation	7:00 pm – 8:30 pm

FIRST EUCHARIST PREPARATION

Date	Description	Time
Saturday or Sunday January 10 & 11, 2026	First Eucharist Blessing at all Masses	Choose one Mass Also a LIFT Weekend
Saturday, January 24, 2026	First Eucharist Prep 1 Parent and Child	10:00 am – 12:00 noon
Saturday, February 28, 2026	First Eucharist Prep 2 Parent and Child	10:00 am – 12:00 noon
Saturday or Sunday March 14 & 15, 2026	Children invite a parishioner to pray for them	Choose one Mass Also a LIFT Weekend
Saturday, March 21, 2026	First Eucharist Prep 3 Parent and Child	10:00 am — 12:00 noon
Saturday, April 25, 2026 Thursday, April 23, 2026	First Eucharist Rehearsal for April 25	5:00 pm Mass 7:00 pm — 8:00 pm
Sunday, April 26, 2026 Friday, April 24, 2026	First Eucharist Rehearsal for April 26	10:30 am Mass 7:00 pm — 8:00 pm
Saturday, May 2, 2025 Thursday, April 30, 2026	First Eucharist Rehearsal for May 2	5:00 pm Mass 7:00 pm — 8:00 pm
Sunday May 3, 2026 Friday, May 1, 2026	First Eucharist Rehearsal for May 1	10:30 am Mass 7:00 pm — 8:00 pm



CONFIRMATION PREPARATION 2025-26

Confirmation is the final sacrament of initiation. Those children who wish to receive the Sacrament of Confirmation must be **enrolled in the program for two years prior to the celebration**—typically beginning in 7th grade.

Year 1 (Level 7) Confirmation candidates attend a parent/candidate orientation session and five preparation sessions **in addition to** the LIFT Faith Formation Program.

Year 2 (Level 8) candidates attend a parent/candidate orientation session, a Service Project orientation, six preparation sessions and a retreat **in addition to** their LIFT Faith Formation Program. Candidates are introduced to service and ministry opportunities, and our Year 2 (Level 8) candidates also design and complete a service project. Candidates are introduced to our high school youth ministry program, HERO. At Holy Eucharist, Confirmation is celebrated in the fall of 9th grade.

EXPECTATIONS

- Attendance at the preparation sessions in addition to LIFT sessions is required.
- If a prep session is missed, assignments will need to be completed and a meeting with the Director of Faith Formation may be necessary. Missing sessions could hinder your child's advancement in the program.

CONFIRMATION YEAR 1 (LEVEL 7)

Date	Description	Time
Monday, October 6, 2025	Orientation for Parents and Candidates	7:00 pm—8:30 pm
Sunday, October 12, 2025	Level 7 Confirmation Prep Session 1	7:00 pm— 8:30 pm
Sunday, November 2, 2025	Level 7 Confirmation Prep Session 2	7:00 pm— 8:30 pm
Sunday, November 9, 2025	Level 7 Confirmation Prep Session 3	7:00 pm— 8:30 pm
Sunday, November 23, 2025	Level 7 Confirmation Prep Session 4	7:00 pm— 8:30 pm
Sunday, December 14, 2025	Level 7 Confirmation Prep Session 5	3:00 pm—5:45 pm followed by 6:00 pm Mass
Saturday and Sunday December 6 & 7, 2025	Blessing for Level 7 and 8 Confirmation Students	Choose one Mass Also a LIFT Weekend

CONFIRMATION YEAR 2 (LEVEL 8)

Date	Description	Time
Saturday and Sunday December 6 & 7, 2025	Blessing for Level 7 and 8 Confirmation Candidates	Choose one Mass Also a LIFT Weekend
Monday, January 12, 2026	Year 2 Parent and Candidate Orientation	7:00 pm—8:30 pm Worship Space
Saturday, January 25, 2026	Year 2 Confirmation Prep Session 1	7:00 pm—8:30 pm
Sunday, February 1, 2026	Year 2 Service Project Meeting Candidates only	7:00 pm—8:00 pm
Sunday, March 1, 2026	Year 2 Confirmation Prep Session 2	7:00 pm— 8:00 pm
Sunday, March 8, 2026	Level 8 Confirmation Prep Session 3	7:00 pm— 8:30 pm
Sunday, March 22, 2026	Level 8 Confirmation Prep Session 4	7:00 pm— 8:30 pm
Sunday, April 26, 2026	Level 8 Confirmation Prep Session 5	7:00 pm— 8:30 pm
Sunday, May 3, 2026	Level 8 Confirmation Prep Session 6	7:00 pm— 8:30 pm
Saturday, May 9, 2026	Retreat	9:00 am — 3:00 pm
Sunday, May 15, 2026	Year 2 Pizza and Project	6:00 pm— 8:00 pm

CONFIRMATION CELEBRATION (LEVEL 9)

Date	Description	Time
Sunday, September 28, 2025	Level 9 Evening of Reflection Parents and Candidate	7:00 pm – 8:30 pm
Monday, October 13, 2025	Level 9 Confirmation Practice Candidates only	7:00 pm – 8:30 pm
Monday, October 20, 2025	Level 9 Rehearsal Candidate and Sponsor	7:00 pm – 8:00 pm
Thursday, October, 30, 2025	Confirmation	6:00 pm

ORDER OF CHRISTIAN INITIATION FOR CHILDREN, TEENS AND ADULTS

OCIA FOR CHILDREN

OCIA for Children is open to children ages 8 to 13 who have not been baptized, have been baptized in another faith, and baptized children who have not learned about the Catholic faith. Our children meet once a week from October to May. Children in this program will have an opportunity to reflect on the Sunday readings and learn about Catholic Church teachings and beliefs while connecting these truths to their everyday lives. Also, these children will attend the LIFT program with the rest of the children in the Faith Formation Program and get connected into the community. For more information, contact Donna Remaley, Director of Faith Formation at dremaley@holyeucharist.org.

OCIA FOR TEENS

Our Breakthrough program is for teens who would like to receive the Sacrament of Communion and Confirmation. The program begins with our youth ministry program, HERO at 6:30pm on Wednesday evenings from September to May. The teens engage in service, community building, games, and reflect on the upcoming Sunday readings for Mass. Then, when HERO is over at 8pm, the teens participating in Breakthrough shift gears and learn about a topic related to the life, death, and Resurrection of Jesus and teachings of the Catholic Church. Many dynamic speakers are lined up to present the weekly topics, lead discussions and activities that bring our faith to life. Contact Jeff Siedlecki, our Coordinator of Youth Ministry at jsiedlecki@holyeucharist.org for more information.

OCIA FOR ADULTS

If as an adult, you have never been baptized, or have been baptized as a Catholic or another Christian faith but never received further faith formation, then OCIA is for you! The process by which adults come into the Church is called "OCIA" - the Order of Christian Initiation for Adults. Adults are fully initiated into the Catholic Church during this process, celebrating Baptism, if needed, Confirmation and First Eucharist. Holy Eucharist offers a year round OCIA process, so a person may enter the first phase, at any time throughout the year. Our adults meet after the 8:30am Mass and engage in an hour long reflection on the Sunday readings and how they connect to our lives and the Catholic faith. For more information, contact our parish office at 609-268-8383 x100.

PROTECTING GOD'S CHILDREN

The Child and Youth Protection unit of the Diocese of Trenton works with parishes to ensure that all employees and volunteers that have regular and consistent contact with children receive the proper training and have current criminal background checks. We currently offer mandatory, volunteer training programs through VIRTUS (www.virtus.org). The Trenton Diocese has mandated that all parishes comply with the "Protecting God's Children" Program. Diocesan policy requires background checks for all volunteers who have contact with minors and vulnerable adults. Background checks will be obtained through fingerprint analysis conducted by the New Jersey State Police and the Federal Bureau of Investigation. A Volunteer Application and Code of Conduct must also be completed. If you are an adult or teen over the age of 18 and wish to volunteer, you must comply with the Diocesan "Protecting God's Children" Program. Contact Janet Borris at jborris@holyeucharist.org for more information.



YOUR WEEKEND STARTS HERE

Welcome to the weekend at Holy Eucharist!

Every weekend we come together to experience vibrant liturgies, beautiful seasonal environments, relevant messages and inspiring music. We offer...

- A **Mass schedule** with times convenient for your busy schedules: Saturday 5:00 pm, Sunday 8:30 am or 10:30 am.
- A **Welcome Center** where you can find information on our parish, register for our many activities, or just be welcomed by a friendly face. Introduce yourself!
- Our **Café** offers a fresh cup of coffee and light refreshments after Sunday 8:30 am and 10:30 am Masses—a place to gather, meet others from our faith community, and explore the many events happening in our parish. Our Café is open from September to May.
- **Kidzone** is worship and play for kids ages 2 to 5 years old. We offer a warm environment for your child to play, and worship through song and activities in a small group setting. Kidzone is offered each weekend at the 10:30 am Sunday Mass during the school year. Kidzone is offered during **all** Masses on LIFT Faith Formation weekends. No previous sign up or payment required and there is a secure check-in and pick up procedure. Contact Lynne Beamer for more information at lbeamer@holyeucharist.org
- Our **Time Travelers** program is offered each weekend at the 8:30am and 10:30am Sunday morning Masses during the school year. Time Travelers is offered at **all** Masses on LIFT Faith Formation weekends. It offers children ages 5 to 9 years old the opportunity to experience the Liturgy of the Word (readings and homily) at an age appropriate level during Mass. Children arrive at Mass along with their families and then are invited forward to depart with trained volunteers for their twenty minute program. Children return to their family after the homily for the remainder of the Mass. There is no sign-up required.
- Our **Middle School Ministry** is for children in grades 5 to 7. This ministry meets once a month during the school year for fun snacks, interactive games, scripture reflection, service projects and more! Contact Donna Remaley at dremaley@holyeucharist.org for more information.
- **HERO**, our youth ministry program, is open to all teens, 13 –18 years of age. We meet from September to May on Wednesday evenings from 6:30pm to 8pm. At our weekly Meet Ups, we offer young people a spiritually challenging and world-shaping vision that meets their hunger to participate in a worthy adventure. As our young people learn more about their Catholic faith, their spiritual identity grows and matures, and they build friendships. Every meet up includes dynamic youth leadership, Gospel centered conversation, peer faith sharing, contemporary Christian music and tasty snacks. Challenge your teen to attend one Wednesday Meet Up, we know they will come back for more. Want more information? Contact Jeff Siedlecki the Coordinator of Youth Ministry at jsiedlecki@holyeucharist.org



Every year, we ask that our LIFT families volunteer to make our LIFT experience AWESOME! LIFT runs on volunteers!

Now is the time for you to do something extraordinary! We have a place for you to serve and a role that only YOU can fill! Consider one of our important weekend ministries. We provide training so that you feel comfortable in the role that you choose!



Group Leader: (enrollment fees are waived): Responsible for leading children in a small group. Materials and training are provided.

Commitment: Leaders commit their service for one session each month for nine sessions and attend planning sessions.

Aide: Works with the group leader and assists with children's small groups. A teen aide is always accompanied by an adult leader and this experience may be used for community service hours.

Commitment: Aides commit their service for one session each month for nine sessions.

Substitute: Lead a small group when group leader is not available. A lesson plan and all materials will be provided.

Commitment: One session or more

Hall Monitor: Supervise the hall of the Faith Formation Center while children are in small group sessions.

Commitment: One session or more

Arts and Crafts Team: Assemble centerpieces for Hoffman Hall and set up classrooms before LIFT.

Commitment: One session or more

Meal Prep Coordinator: (enrollment fees are waived). Responsible for coordinating meal/drink prep, clean up and volunteers for the nine monthly sessions during one time slot.

Commitment: Nine sessions for one year

Meal Preparation: Assist meal prep coordinator in set up, serving, and/or clean up during LIFT sessions. Teens welcome.

Commitment: One session or more

Check In: Check in LIFT families before Mass and before the session begins. Arrive 20 minutes before the start of Mass.

Commitment: One session or more

Kidzone: Assist with our pre-school program. Teens welcome. Arrive 20 minutes before the start of Mass. To attend Mass, you will need to choose a time other than the Mass you are serving.

Commitment: One session or more

Contact: Lynne Beamer at lbeamer@holyeucharist.org

Time Travelers: Assist in Time Travelers, our vibrant Children's Liturgy of the Word program, during the first 20 minutes of Mass. Middle Schoolers and Teens welcome!

Commitment: Serve as often as you like.

Contact: Donna Remaley at dremaley@holyeucharist.org

Welcome Ministry: Greeters welcome all who enter our doors before and after Mass. Host Ministers welcome all who enter the Worship Space. Welcome Center Ministers provide information about our parish to visitors, assist with sign ups, distribute literature and provide Mass cards. Training is provided for each ministry.

Commitment: Arrive 20 minutes before the start of Mass and stay 20 minutes after Mass is completed. Serve once a month and attend training session.

For **Greeter Ministry** contact: Kristine DiCoio – kdicioio@yahoo.com

For **Welcome Center Ministry** contact: Kathy Foster—dklfoster@verizon.net

For **Host Ministry** contact: Michael Cone—jmcconepa@comcast.net

Café: Serve in our Cafe following the 8:30am or 10:30am Sunday Mass. Put on the coffee, set out the refreshments, serve guests and clean up. The whole family can serve together!

Commitment: Arrive 30 minutes before the start of Mass. Remain after Mass approximately one half hour until the guests are served and clean up complete. Serve once a month.

Contact: Eileen Price—eprice15@comcast.net