

Sermon
The Power of Simply Being With
Rev. Jeremy Troxler

WE ARE SENT TO SERVE

^ Sending Hymn
Be Still My Soul, UMH #534

^Next Steps & Benediction

Postlude

Our worship services may be recorded and/or live streamed to YouTube, Facebook, and the church's website. Should you need a hearing device, please ask an usher for assistance.

FOR NEW FOLKS:

WELCOME TO GUILFORD COLLEGE UMC!

We are so glad that you chose to worship with us this morning. GCUMC is a place for all who long to grow closer to God and others. You are loved and accepted here. **Please take a moment to fill out our attendance pad with your name and contact information and leave it in the pew.**

JOIN US FOR "COFFEE WITH THE PASTORS"

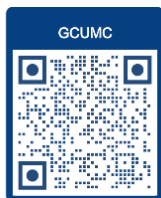
Join us in the parlor, just down the hall from the sanctuary, after the worship service **on September 20th** for "Coffee with the Pastors." This informal gathering with Pastors Jeremy and Susan will help you get to know them, meet other newcomers, learn more about our church, ask questions, and talk about how you might become more involved.

WE LOVE CHILDREN

If you brought the kids with you, please know that the noises children make are music in our, and God's, ears. You are welcome to keep your children with you in worship. We also have childcare available for infants through age 4 in Room C8 on the first floor of the children's building during the 11:00am worship service, and a separate children's worship experience at 11am that begins after the children's message for children in grades K-6.

PLEASE VISIT US ONLINE

To learn more about us, please visit us either at our website, guilfordcollegeumc.org, through our YouTube Channel, or on our Facebook Page (just search "Guilford College UMC" for each). You may also use your phone's camera or QR app to scan the QR code to the right:



CONNECT AND GROW

YOUTH (Grades 7-12) AND PARENT MEETING TONIGHT

We invite all Youth aged students and their parents to join us in the Fellowship Hall tonight. We will enjoy a meal and then the parents will discuss the 2026/2027 school year programming while the students split off for activities. We look forward to seeing you tonight!

YOUNG ADULT BIBLE STUDY

Begins TONIGHT: Young Adults (18-35ish) are invited to a weekly Sunday evening Bible Study. We'll meet at 6pm on Sundays beginning August 30th in the Hilltop Room. What do you need to participate? A Bible and journal—though we have some if you need them! Downloading the Connected Faith app will also be helpful if you want to keep up with the daily readings and spiritual faith practices throughout the week. Questions or want to be added to the communication list? Find Laurin: text 336-688-8396 /email lallred@guilfordcollegeumc.org / GroupMe DM / Discord (lorphin13) / Ready to dive in?

FALL WOMEN'S BIBLE STUDY COLOSSIANS & PHILEMON (9 week study)

What does it mean to be "complete in Christ?" Is Christ your "all in all?" Does He meet all your needs? Don't let anyone delude you with man-made philosophies or traditions that contradict the Word of God. Two options are available: Tuesday evenings via Zoom 6:00-7:45 p.m. starting September 22 AND Wednesday mornings in person and via Zoom 9:30-11:30 a.m. starting September 23. Cost of workbook is \$25. Contact Donna Ford, dford@guilfordcollegeumc.org, to register.

PASTOR JEREMY'S DISCIPLE SCHOOL

Disciple School is an hour on Wednesday night when we learn how to become better followers of Jesus together. No advance reading is required, and all are welcome. Disciple School will be held next on September 9th at 6:45pm in the James Tew Classroom (A3). Disciple School meets approximately every other week.

GIVE

MAKE AN OFFERING TO THE WORK OF GOD'S CHURCH

- 1 - Text GiveGCUMC to 73256. Then click on the link provided to give.
- 2 – Visit our website www.guilfordcollegeumc.org to use your credit card or to set up an automatic draft. Immediate receipts are available. You can even use the GCUMC QR code in this bulletin.
- 3 – Log into your REALM account to give through your profile's giving page.
- 4 - Checks can be made out to "Guilford College UMC" and placed in the offering plate and cash is always a good form of giving.

GCUMC FINANCIAL REPORT

YEAR ACTUAL:

Amount received for budget as of 7/31/26:	\$ 689,842.45
Expenses as of 7/31/26:	750,198.88
Difference:	(\$ 30,356.43)

FAITH IN ACTION SERVING DAY

Join us in reaching out on SUNDAY, SEPTEMBER 13th. There are many serving opportunities at GCUMC as well as around our community. Project start times vary, so please check out the SIGN UPS IN THE INFORMATION CENTER OR SIGN UP ONLINE! LINKS CAN BE FOUND ON THE CHURCH WEBSITE OR USE THIS QR CODE.



Some of the projects include: Painting the storage room; Landscaping; Creek Cleanup; Steps of Hope; Families in Transition School Supplies; Camp Guilrock repairs; Prepare meals for Pathways Family Shelter and Weaver House; Donate Meal Items for Pathways and Weaver House meals; Serve the meal at Pathways Family Shelter; Serve the meal at Weaver House; Fun and Games with families at Pathways.

There will be the 8:30am Worship Service, then Serving our Community will commence. More information? Write to Sandy Pearman (sandrawpearman@gmail.com) or Vicki Kidd (kiddvl48@gmail.com)

COSTUME COMEBACK

Give Halloween Costumes a Second Life!

Did you know that hundreds of Halloween costumes end up in the landfill every year? This year, the City of Greensboro is encouraging the community to help reduce waste by giving gently used costumes a second life. Donate clean, gently used Halloween costumes and accessories by placing them in the collection bin or on the hanging rack located in the Information Center.

PRAY AND WORSHIP

AMONG THOSE WE ARE PRAYING FOR TODAY:

Within Our Church Family: Those who are Grieving: The Family and Friends of David Ward; The Family and Friends of Bill Blyshak; Hank and Cheryl on the passing of Vivian Bullard; all those who have lost a loved one; **Healing:** Sandra Myers; Becky Pearce; Gabriel Planez; Tom Jenkins; Mike Ballard; Terry Weatherford; Carolyn McDuffie; Maria Maynard; Linda Jobe; Debbie Jenkins; Jack Vanstory; Linda Royal; Brooke Follo; Mike Duncan; Lynette Whittaker; **Surgery and Awaiting Tests:** Donna Garcia (9/22) **Strength & Faith:** Cam Waldron and Y'Josue (military); **Those With Cancer:** Becky Pearce; Tom Patterson; Mike Ballard; Tom Jenkins; **Sustaining and Guidance:** Ellen Lancaster; Helen Phillips; Dave Wasserboehr; Jim Baity; Charles Forbes; Tina Bell Midgett; Terri Hastings;

Extended Church Family: Grieving: All those who have lost a loved one; **Cancer:** Chip Tanneberger; Wally Jarrell; Freddy Foshay; Heather Rittner; Sean Sullivan; Wyatt Daufeldt; Rachel Gault; Darla Freeman; David Castro; Sarah Lemon; Fay Holliday; Janelle Reichl; Sutton Phillips; Linda Payne; Carla Morgan; Tim Vail; Sharon Guarino; Casey; Tammy Smith; Emily; Billy Carey; Jim Cashman; Ron Moser; Debra Rutt; Judy Journey; Tammy Strickland; **Surgery and Awaiting Test Results:** Roger Lewis; Joe Pedalino; Martina (brain tumor); John Tyson; Connie Reynolds; LaTonya Callaway; Michael Patterson (awaiting a heart transplant); **Healing:** Lilly Cheek; Patty Ritter; Susan Scott; Gayle Parrish; Mo Scalf; Pam Foil; Jasmine (stroke victim); John Scialpi; Jim Eldrett; Sherry Reittinger Kirch; Kathy McFillin; Heather Taylor; **Strength and Guidance:** The Tyson Family; Kayla and Archie Bingham; Lisa T. (employment); Jenny Clapp (brain tumor); Peggy Conaway; Jason Morgan; Y'Suan Mlo and H'Lai, H'Jina, H'Sally, Bunlim and Darwin Leng; **Missionaries:** Liz and David Gamble; **World:** our ministry partners in Kenya; all who suffer in war zones; famine, drought, fires, and earthquakes

SERMON NOTES

Many of us lead busy lives in which our days are filled with doing. We often feel overwhelmed by daily tasks or weekly responsibilities or “to-do” lists. We wish we could experience life at a slower, 0.5 speed. And yet whenever we do try to slow down, some of us find it equally hard to be still: we are haunted by the vague sense we should be accomplishing something



Mary and Martha Sit at Jesus’ Feet
by Kathleen Peterson

or engaged in some activity that makes us feel useful. Occasionally, even when we do try to rest, we feel bored or distracted instead. Why is that? Where do these feelings come from? Today in the sermon message, we remember the story of Jesus’ words to a woman named Martha and to her sister named Mary. Through this story, we are going to talk about our addiction to activity and distraction: and will instead be invited to consider a different focus for our lives, “the better part”: the power of simply “being with.”

Today's Scripture:

Luke 10:38-42 (NRSVue)

“Now as they went on their way, Jesus entered a certain village where a woman named Martha welcomed him. She had a sister named Mary, who sat at Jesus’s feet and listened to what he was saying. But Martha was distracted by her many tasks, so she came to him and asked, “Lord, do you not care that my sister has left me to do all the work by myself? Tell her, then, to help me.” But the Lord answered her, “Martha, Martha, you are worried and distracted by many things, but few things are needed—indeed only one. Mary has chosen the better part, which will not be taken away from her.”

NOTES:

THIS WEEK’S SCHEDULE

Sunday, August 30

Worship in the Sanctuary at 8:30am
Various Learning Groups at 9:45am
Worship in the Sanctuary and Livestream Broadcast at 11:00am
Brazos Abiertos: Pan in the Rock at 5:00pm
Youth and Parent Cookout and Orientation, in the Fellowship Hall 5:00-7:00pm
SnYP Bible Study (Navigators) in the Hilltop Room at 6:00pm

Monday, August 31

First day of Preschool Classes
NA in the Fellowship Hall at 7:00pm
Scouts in the Children’s Building in the evening

Wednesday, September 2

New Direction Nar-Anon Family Group in Room A2 at Noon
Mid-week Prayer Time in the Parlor at Noon
SnYP dinner, meet in the Rock, 5:45 - 6:45pm
SnYP in Hilltop Room from 6:45 – 7:45pm
Youth Fun Night, meet on the back field from 6:45-7:45pm
Choir Rehearsal in the Choir Room at 7:00pm

Thursday, September 3

Creation Care Team at 6:45pm in Room A4
NarAnon in Room A2 at 7:00pm

Friday, September 4

**Church Office Closed*

Sunday, September 6

Worship in the Sanctuary at 8:30am
Various Learning Groups at 9:45am
Worship in the Sanctuary and Livestream Broadcast at 11:00am
SnYP Bible Study (Navigators) in the Hilltop Room at 6:00pm

Monday, September 7 – Labor Day

**Church Office Closed*

CONTACT US

Guilford College United Methodist Church
1205 Fleming Road, Greensboro, NC 27410
Phone: 336-292-5833 / Website: www.guilfordcollegeumc.org
Email: welcome@guilfordcollegeumc.org

GCUMC STAFF

Jeremy Troxler , Lead Pastor	Susan Suárez Webster , Pastor
Donna Ford , Dir. of Christian Education	Randy Wall , Dir. of Youth & College Min.
Laurin Allred , Young Adult & Connections	Shelby Hallquist , Dir. Pre- & AfterSchool
Melanie Crump , Director of Music	Ginny Williamson , Accompanist
Amy Wall , Church Administrator	Carol Ingram , Administrative Assist.
Gloria Brown , Financial Director	

Guilford College United Methodist Church

August 30, 2026 – 8:30 & 11:00am

WE GATHER TOGETHER

Prelude
Ginny Williamson

Chiming of the Hour

Welcome, Praises & Opening Prayer
Rev. Susan Suárez Webster

^Fellowship Greeting & Opening Hymn
I Am Thine, O Lord, UMH #419

At this time, the children will be dismissed to participate in a service project with Mrs. Donna.
*At the 11am service, Children in Grades K-6 may exit for a Children’s Mission Project on the 2nd floor of the Children’s building. They can be picked up from the church Parlor after the service

WE PRAISE GOD AND PRAY

Offering + Offertory
Rev. Susan Suárez Webster

Prayer of Confession
Laurin Allred

Hymn
Take Time to Be Holy, UMH #395

Prayers of the People & The Lord’s Prayer

WE LISTEN TO THE WORD

Introduction to the Scripture Reading
Rev. Jeremy Troxler

^Scripture Reading
Luke 10:38-42 (NRSVue)

^ = Please stand as you are able.