

**Heather A. Keizur MA, MFT Intern
The Hope Connection
5319 SW Westgate Dr. Ste. 113
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Philosophy and Approach: I believe in a client-centered strengths based approach to therapy. It is the client who knows him/herself better than anybody and I believe that it is the client who holds the key to his/her own healing and understanding. I use an integrative holistic approach to therapy with the understanding that our mind, body, spirit, and soul are all connected affecting each aspect of our lives. With this in mind, I am systems-oriented, focusing on how the relationships and our present surroundings affect the way we interact with others, past, present and future. I consider the time in which I am given a front row seat to the occurrences of your life an honor.

Training and Education: I am a graduate from George Fox University and hold a Masters in Arts for Marriage, and Family Therapy. I hold a Bachelors of Science degree from Corbin University in Psychology with an emphasis on Family Studies. My education and training is based upon a strengths-based and systemic orientation, focusing on using the strengths one holds as an influence on the relationships around and within oneself.

Payment for Service: A typical 50-minute session is \$80. Should you be unable to continue services due to financial constraints, please inform me and I will work with you to consider alternative options. I am willing to discuss an alternative written agreement prior to services in consideration of current circumstances. Due to the value in the time I offer, I require a 24-hour notice for cancellation. I am able to offer you a receipt for you to bill your insurance as an out of network provider; however, I strongly recommend checking with your insurance prior to services to be aware of the coverage you are entitled to. I accept cash, checks, and all major credit cards. I am also able to charge directly to flexible spending accounts.

Emergencies: If you need immediate assistance for an emergency please call your county crisis line (Clackamas: 503-655-8585), (Multnomah County: 503-988-4888), (Washington County: 503-291-9111) or 911.

Supervision: As a registered intern with the Oregon Board of Licensed Professional Counselors, I abide by it's Code of Ethics. As I work toward the completion of licensure, I am supervised by Dr. Michelle Engblom-Deglmann Ph.D., LMFT(#T1004) from George Fox University.

Confidentiality: As your counselor, I hold your confidentiality as one of the greatest priorities to our relationship. The law also protects clients and their confidentiality. I CANNOT, and WILL NOT release information regarding you as a client without your written permission. As stated in the client bill of rights, the exceptions to a client's confidentiality come in if:

- There is clear evidence of danger to yourself or others,

- There is indication of child, elder or vulnerable adult abuse by your report or a child, elder or vulnerable adult is currently at risk
- I am ordered by a judge to either appear in court or produce a client's chart.

Clients Bill of Rights: *As a client of an Oregon registered intern, you have the right to the following:*

- To expect that your intern has met the qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of your therapist and supervisor;
- To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100)
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions:
 1. Reporting suspected child abuse;
 2. Reporting imminent danger to you or others;
 3. Reporting information required in court proceedings or by your insurance company, or other relevant agencies;
 4. Providing information concerning licensee case consultation or supervision; and
 5. Defending claims brought by you against me;
- To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

You may contact the Board of Licensed Professional Counselors and Therapists at 3218 Pringle Rd. SE, #250, Salem, OR 97302. Telephone: 503-378-5499. Email: lpct.board@state.or.us. Website: www.oregon.gov/OBLPCT.

If you have any questions regarding this disclosure statement, or the counseling process please feel free to ask me questions at our current or next session.

Signatures:

I have read and understand the above Practices and Procedures.

Client: _____ **Date:** _____

Client: _____ **Date:** _____

Therapist: _____ **Date:** _____

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