PARISH VISITOR January 2024



Pilgrim Lutheran Church Frederic, Wisconsin

Pilgrim Lutheran Church is a family of God, centered in Christ, inviting all people to journey with us in faith, hope, and love."

We worship Sunday mornings at 10:30 Find our services online at bplutheran.com

Church office Wednesdays & Thursdays, 9am-3pm Pastor's Office Hours Thursday, 3-6pm

PILGRIM LUTHERAN VOLUNTEERS January 2024

USHERS

LECTORS

07

14

21

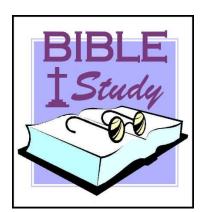
28

COFFEE SERVERS

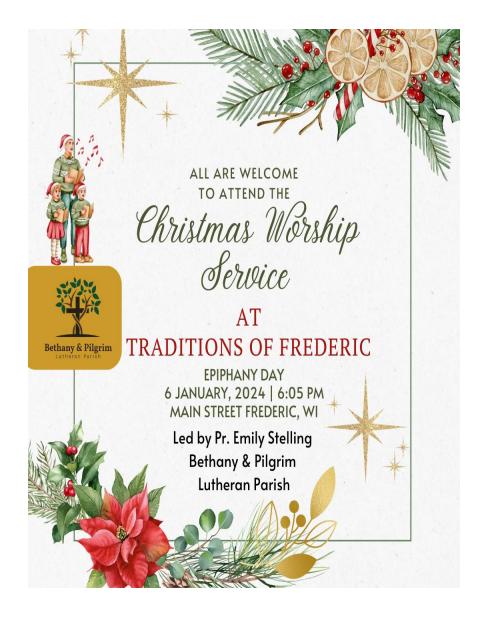
- **07** Karen Swanberg & Marlyce McKinney
- **14** John & Diane Utley
- 21 Wayne & Kathie Koball
- 28 Annual Meeting-Gilbert & Janice Berg

ALTAR COMMITTEE

Rhoda Jensen Janice Berg



Tuesday Morning Adult Bible Study meets 10am at Pilgrim in January. All are welcome to join us for discussion of the Scripture readings for the coming Sunday.



Did you know we have a prayer chain online!? Visit at:

www.bplutheran.com



What Is Epiphany?

Epiphany (also called Three Kings' Day) is a global Christian holy-day commemorating the first manifestation of Jesus to gentiles (those who are not Jewish).

The shepherds in the Nativity represent the Jewish tradition and is the link between the Old and New Testament, much like Mary and Joseph's lineage does. The Three Kings or Wise Men represent the gentiles as they were not Jewish.

Epiphany also reflects on the baptism of Christ, the beginning of his ministry, and the overall epiphany (or revelation) that Jesus (God) is incarnate (human). It is a sort of second Christmas for many around the globe. The time after Epiphany is considered "ordinary time" and as such, the color is green. January usually plays out like this: 2nd Sunday of Christmas, Epiphany Day, Baptism of our Lord Sunday, all following Sundays until Transfiguration of our Lord Sunday are known as "ordinary Sundays".



The letters C M B come from the Latin "<u>Christus Mansionem</u>
<u>Benedicat"</u> which means "May Christ bless this dwelling!" It is also ascribed by tradition to be the names for the "three kings" -Caspar, Melchior & Balthazar.

Practicing Gratitude

Why is practicing gratitude beneficial? And how can you make giving thanks a daily habit and not just a seasonal activity?

Gratitude helps improve sleep, helps support the immune system, helps the brain to focus on the positive, builds stronger relationships, and more! Try starting the day by

listing what you are grateful for. If that seems overwhelming, start with small steps-name one thing! The more you do it, the more you'll begin to see all the things to be grateful for! You can also try journaling, praying, or sending a thank you note.





Do you know any adults who wish to be baptized?

Please reach out to Pastor Emily







End Christmas on a high note!
The American Swedish Institute's "Lila Spelmanslag" will lead music in worship on:

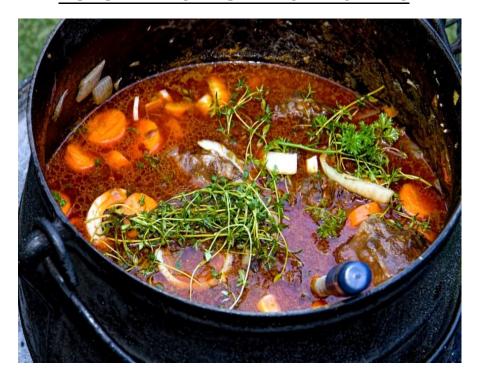
Sunday, January 7, 2024 10:30am at Pilgrim Lutheran Church Frederic, WI

Potluck Smorgesbord to follow!



COME JOIN US FREE SOUP

TUESDAY - JANUARY 9 - from 4-6



Frederic Community Center 109 Elm Street W

(Small yellow building behind Frederic Grocery; used to be Senior Center)

ALL ARE WELCOME

Sponsored by Pilgrim Lutheran Church of Frederic
Carol Thompson 715-371-0580 or
Karen Swanberg 715-491-2700



Confirmation Class will be held at Pilgrim for the month of January-Hope to see you all there! 6:30-8pm



Yellow Lake Distribution

We set another record this month, serving 671 families, a total of 1878 people, we handed out 23,314 pounds of food. It looked like we had some new customers this month and a lot of those had large families.

It's YOUR church!



YOUR opinions and YOUR vote matter!

What: Pilgrim Annual Meeting When: Sunday, Jan 28, after worship Why: Please join us as we look back on 2023 and look forward to an exciting 2024!

Please have all committee reports in by Jan. 14th, 2024 for all to have time to look them over before the meeting.



Secretary Faith got to spend some fun time "Christmas Crafting" with cutie granddaughter Ember Wren & it's too good not to share!!



Jackie with her 3 gorgeous grandkids! Sending Christmas Blessings to all! We have the new Acolyte Sign-up ready for those willing to help out. Please feel free to use the sign up yourself or contact Faith in the Pilgrim office & she can add your child to the list. https://www.signupgenius.com/go/10C0E45A8A62DAAFDC52-bethanypilgrim#/



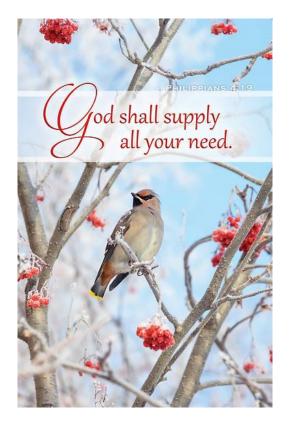
PILGRIM LUTHERAN CHURCH COUNCIL MEETING MINUTES – December

The December council meeting was cancelled, and the next meeting will be held Mon., Jan. 8, at 6pm. Agenda items for discussion will include the 2024 budget proposal.



THANK YOU from Joan Spencer of Community Referral Agency (CRA). "We are grateful to your congregation for gathering all of the items over the last several months. We will put them to good use! Thank you again!"





PLCW NEWS...(Pilgrim Lutheran Church Women) I bring you greetings from the women of the church; "Ordinary Women Serving an Extraordinary God."

OPENING PRAYER - Gracious God, you have been with us from before the dawn of time and will be in the stillness of it. Be with us now, gracing us with your presence, opening our hearts, minds, and imaginations to welcome you into the Bible Study time together. In Jesus' name. Amen (taken from the Gather Magazine)

QUIITERS will meet every Wed. morning at 9:30 in the Fellowship Hall during the month of January. Check with Karen S. at 715-327-8150 to confirm the dates for quilting. All women and women within the community are invited to come help with this special mission project and bring friend or relative to help out or to share in the camaraderie.

JAN 9 - Tues 4-6 - FREE SOUP at Frederic Senior Center/Community Center. This is a monthly "Mission Outreach Program" that PLCW, and the church is sponsoring with your help. The public is invited, and we encourage Pilgrim people to come and provide fellowship for this event. Get to know your neighbor! We are looking for volunteers to make soup (for 25), 5 dozen cookies or bars and bread for this event as we continue to offer it the first Tuesday of each month.

<u>JAN 10 - Wed 10</u> - The women of the church, PLCW, will be meeting to plan events for the coming year. All women are invited to come and bring your ideas of what you would like to see us do in the coming year. <u>Jan B. will present devotions and Karen S. will provide refreshments.</u>

JAN 17 - Wed 1 pm - Faith Circle Bible Study will meet in the Upper Fireside Room of the church. Hostess is Chris Byerly and Bible Study Leader is Eileen Wikstrom. From the Gather Magazine - Winter/Spring 2024: "Scripture and nature: Teachers of faith" by the Rev. Sara Olson-Smith. Weather: Powerful force for change - We cannot control the weather, but we can learn from it. Storms, rain, drought and wind shape the lives of human and non-human beings, both in scripture and today. As we face catastrophic storms and the weird weather of climate change, biblical stories of extraordinary weather convict and humble us. They show us how to live faithfully, moving us to act even when we feel powerless.

Carol Thompson...jcthompson1943@gmail.com or 715-371-0580(cell)



We are updating our "volunteer lists" for 2024 – if you are willing to help with any church activities~ (Usher, lector, Altar Guild, or coffeetime serving) please contact a member of Council or Faith in the office & we will get you added. We appreciate giving your time to your church family!







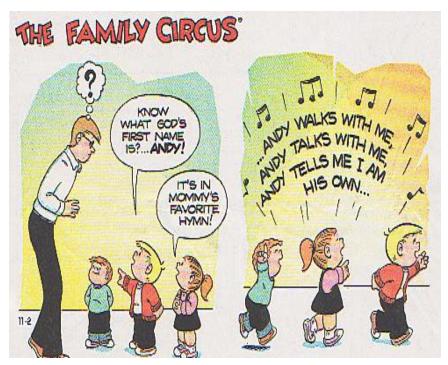








It was AMAZING to see all the gifts pile up for the two families that were chosen this year! Together, we surpassed our goal & I KNOW the families were so appreciative this Christmas! You ALL are Blessings!!!





Special Thanks for all the prayers for Brynleigh Brass (Karen Swanberg's great granddaughter) She is home & just look at her Smile!! GOD IS SO GOOD!!!! Field trip to Central Lutheran Church (ELCA cathedral) and Basilica of Saint Mary's for the National Lutheran Choir's annual Christmas



Festival











FAMILY RULES

Honor God in everything

Always be honest ... PROVERBS 12:22 ...

COUNT YOUR BLESSINGS

Forgive and forget ... MICAH 7:18 ...

Be kind and Tenderhearted

Comfort one another ... 1 THESSALONIANS 4:18 ...

Keep your promises

... ROMANS 4:21 ---

LOVE ONE ANOTHER

above all.

· · · 1 PETER 1:22 · · ·



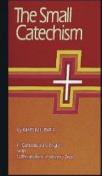
Are You Smarter Than a Confirmand?

The current confirmation class challenges <u>all</u> former confirmands, mentors, family members and friends to a Trivia Game Night!



Bethany & Pilgrim

Wednesday January 31, 2024 At Pilgrim 6:30-8pm



Pilgrim Lutheran Church

507 Wisconsin Avenue PO Box 127

Frederic, WI 54837

Phone: 715-327-8012

Email: pilgrimlutheranfrederic@gmail.com

bplutheran.com

On Facebook at Pilgrim Church Check us out and "Like" us!

The Parish Visitor JANUARY 2024