

“The Civil War Inside Me”
Series: Truth that Transforms (Romans 7)
7/12/26

I. “Freedom from the Law” (Romans 7:1-13)

Four Results of “Dying” to the Law:

1. I have a NEW _____

Romans 7:3 “...released from the law...”

2. I have a NEW _____

Romans 7:4 “*You died to the Law through the body of Christ that you might belong to another.*”

3. I have a NEW _____

Romans 7:4,5 “*That you might belong to another (Jesus), who was raised from the dead in order that we might bear fruit to God.*”

4. I have a NEW _____

Romans 7:4,5 “*That you might belong to another (Jesus), who was raised from the dead in order that we might bear fruit to God.*”

II. “The Civil War” (Romans 7:14-25)

I Have Two Natures

Ephesians 4:22-24 “*You were taught...to put off your old self...and to put on the new self...*”

Galatians 5:16,17 “*So I say, live by the Spirit, and you will not gratify the desires of the sinful nature. For the sinful nature desires what is contrary to the Spirit, and the Spirit what is contrary to the sinful nature. They are in conflict with each other, so that you do not do what you want.*”

III. A Description of a Struggling Follower (Romans 7:14-25)

When we try to live the Christian life by our own energy and power, we’re doomed to fail.

Five Personal Characteristics of a “Struggler”

1. I have a _____

Romans 7:14 “*We know that the law is spiritual; but I am unspiritual, sold as a slave to sin.*”

Romans 7:18 “*For I know that good itself does not dwell in me, that is, in my sinful nature.*”

2. I am _____

Romans 7:15 “*I do not understand what I do. For what I want to do I do not do, but what I hate I do.*”

3. I am _____

Romans 7:17-20 “*As it is, it is no longer I myself who do it, but it is sin living in me. For I know that good itself does not dwell in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out. For I do not do the good I want to do, but the evil I do not want to do—this I keep on doing. Now if I do what I do not want to do, it is no longer I who do it, but it is sin living in me that does it.*”

Matthew 26:41 “*The spirit is willing, but the flesh is weak.*”

4. I’m in a _____

Romans 7:21-23 “*So I find this law at work: Although I want to do good, evil is right there with me. For in my inner being I delight in God’s law; but I see another law at work in me, waging war against the law of my mind and making me a prisoner of the law of sin at work within me.*”

5. I feel _____

Romans 7:24 “*What a wretched man I am! Who will rescue me from this body of death?”*

The Solution-Romans 7:25 “*Thanks be to God—through Jesus Christ our Lord!”*

Christianity is not _____ it’s _____ !

IV. Lessons from Romans 7

1. We have _____

2. Your will power is _____ to _____

3. The only _____ is through _____

Next week: Romans 8